

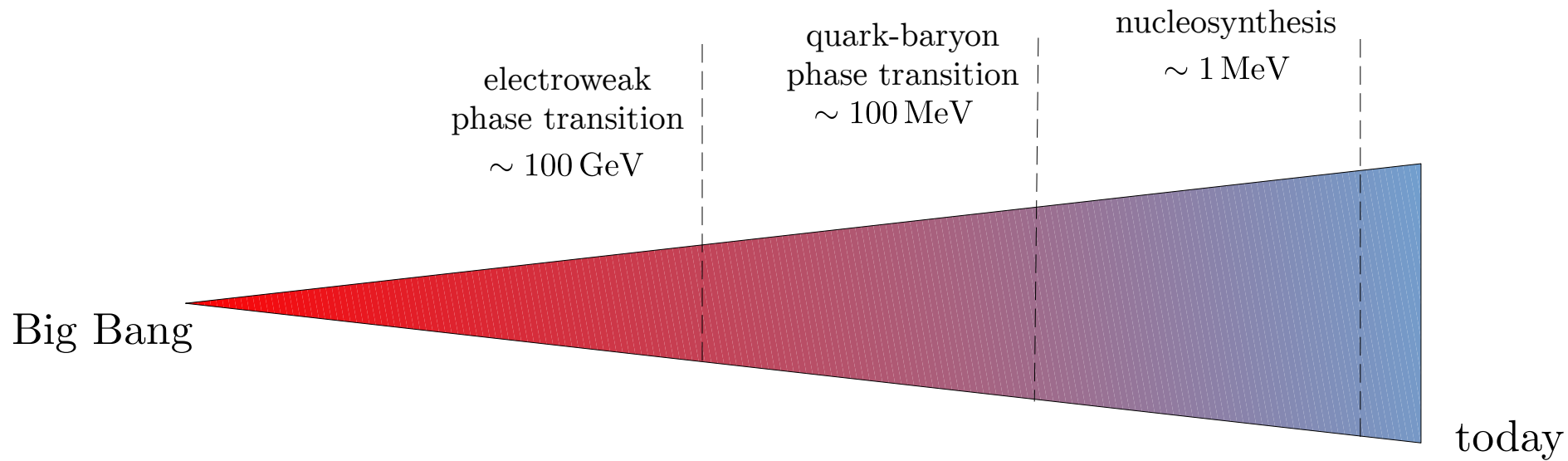


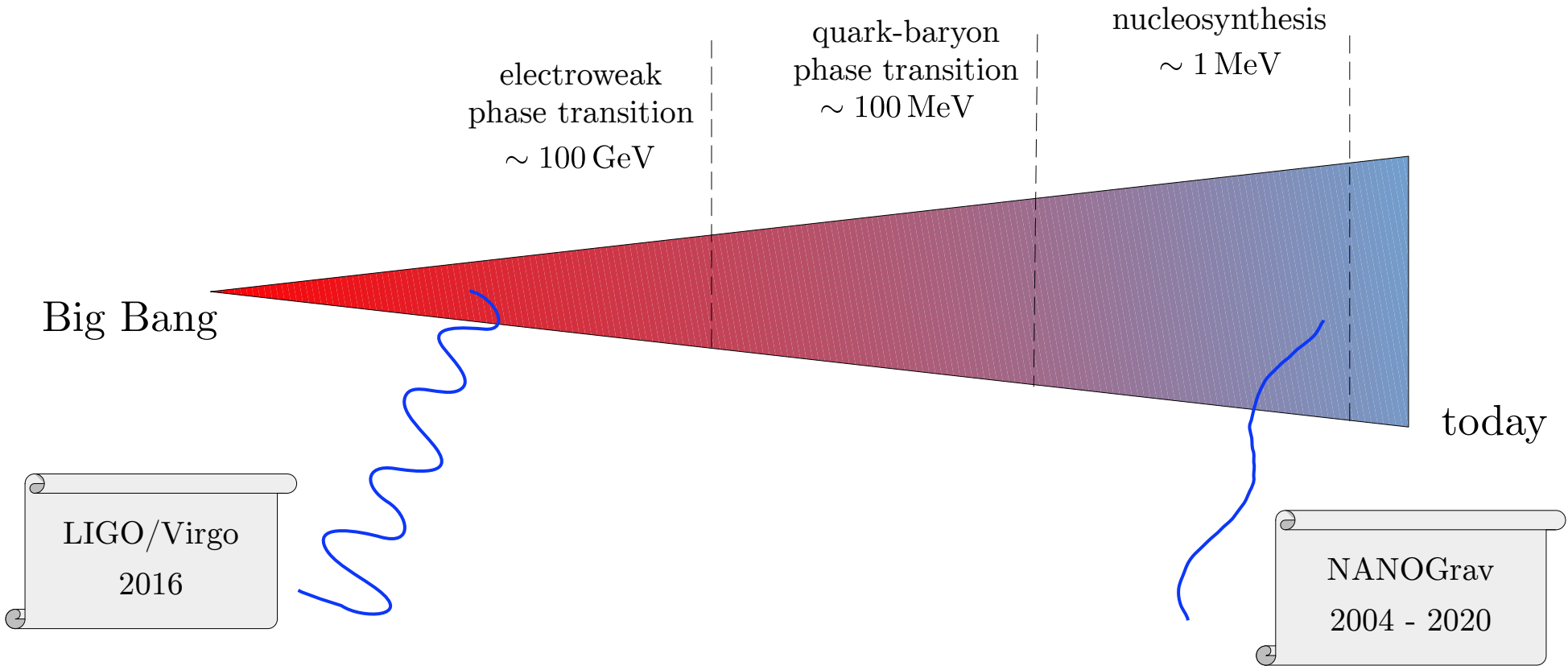
Precise computation of phase transition parameters

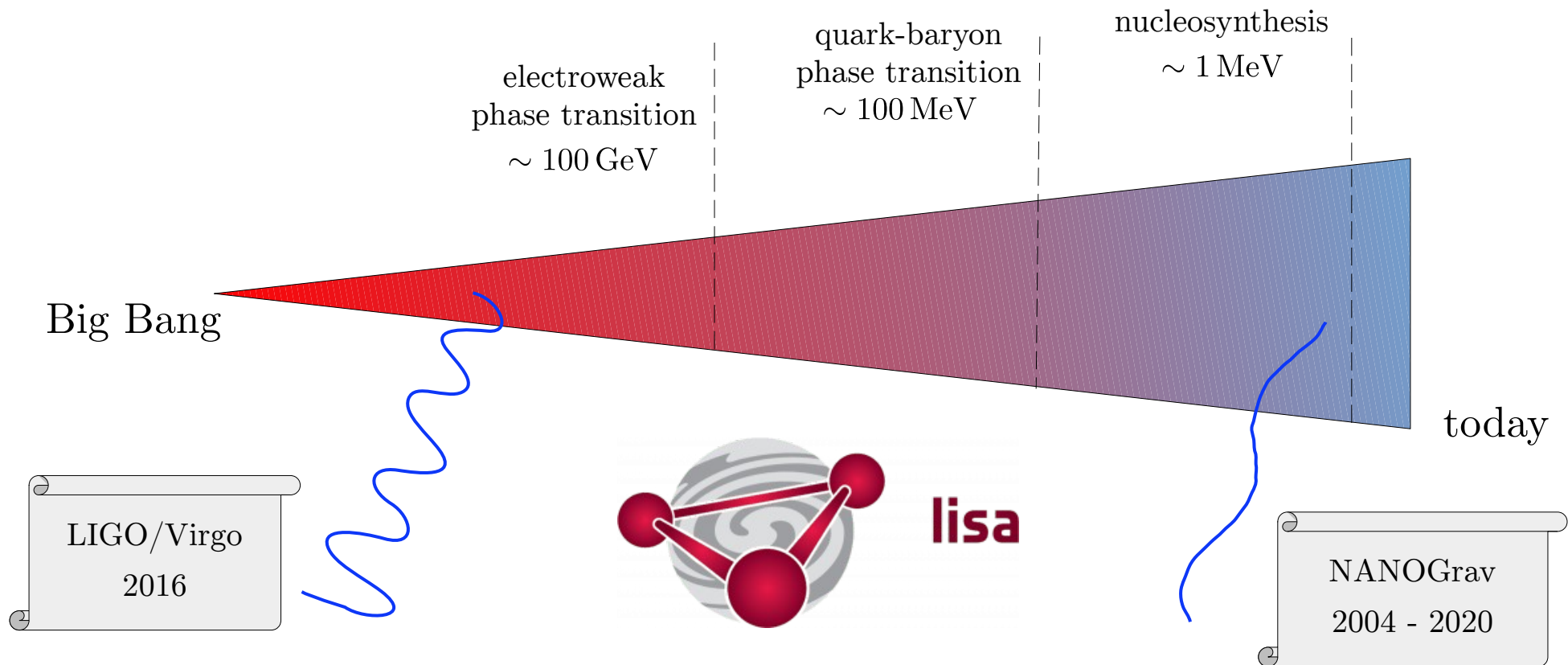
Mikael Chala
(University of Granada)

based on MC, JC. Criado, L. Gil, J. López-Miras; *2406.02667*

BNL HET Seminar; January 9, 2025





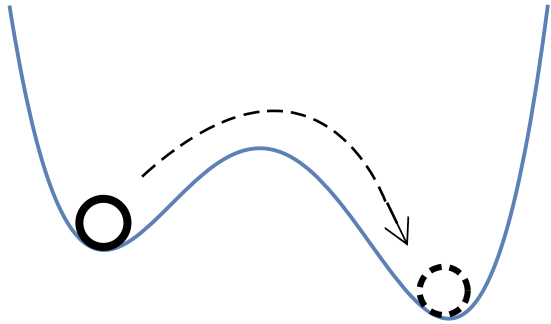


The next revolution is around the corner: LISA 2035

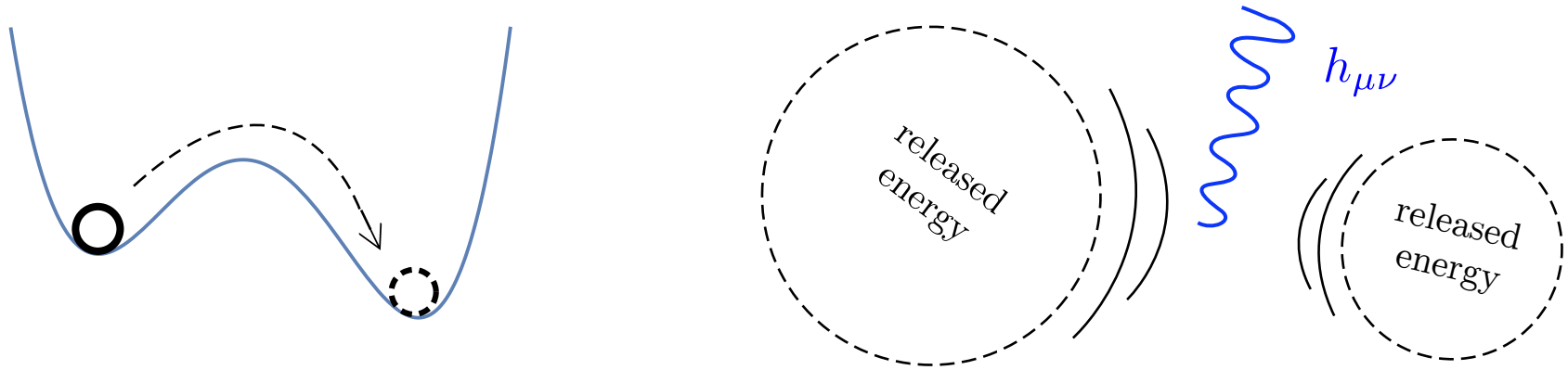
Compute **reliably** and **accurately** the **spectrum** of gravitational waves from phase transitions

Precise description of quantum field theory at finite temperature

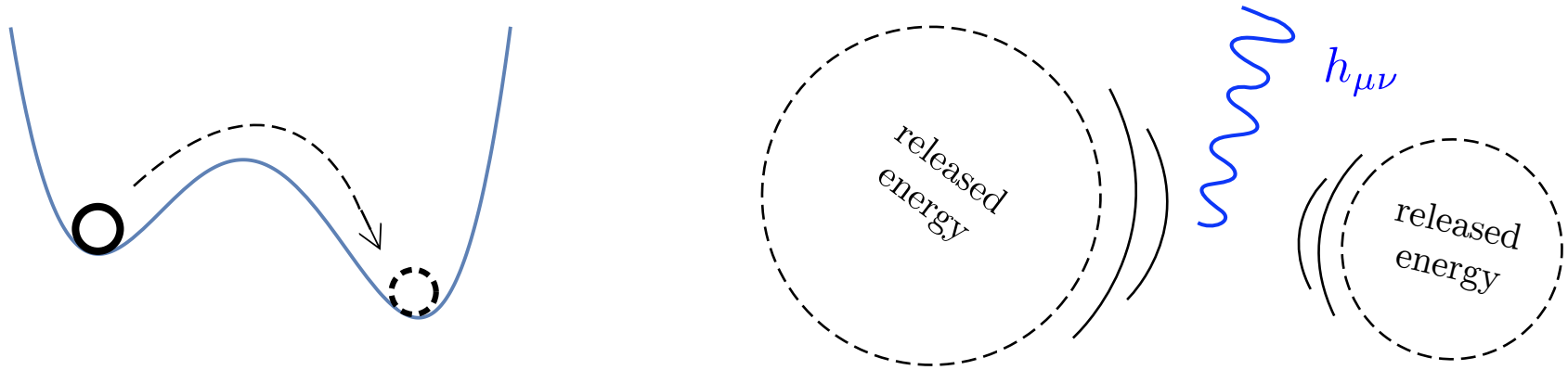
Gravitational waves from phase transitions



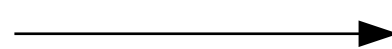
Gravitational waves from phase transitions



Gravitational waves from phase transitions



$S[m, T]$

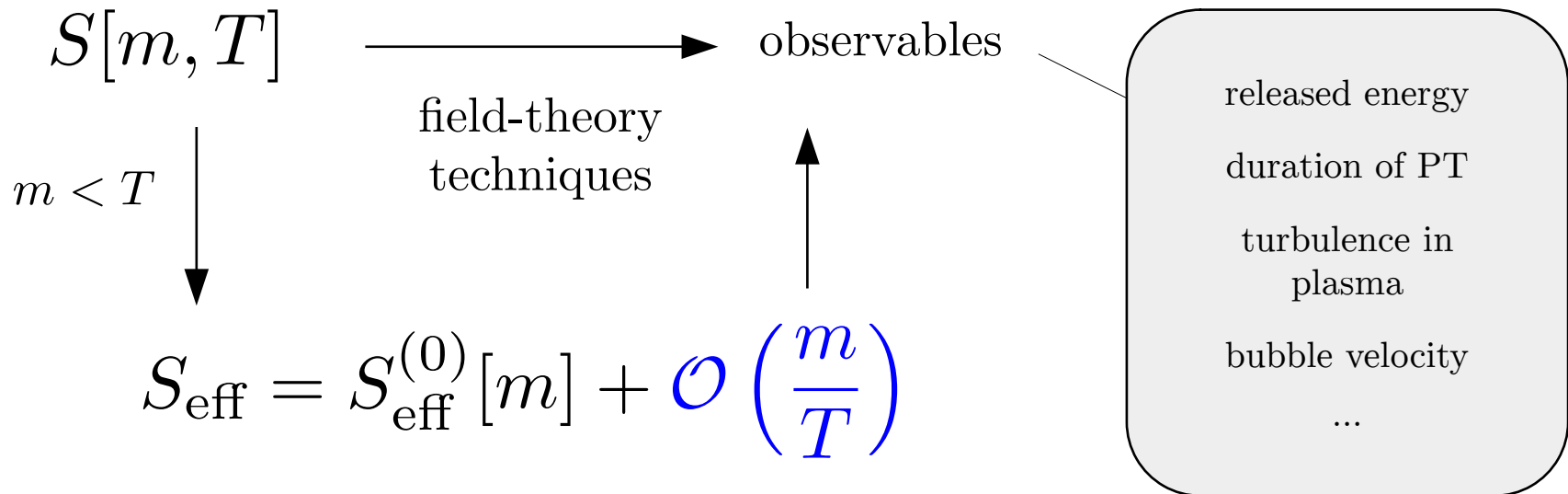
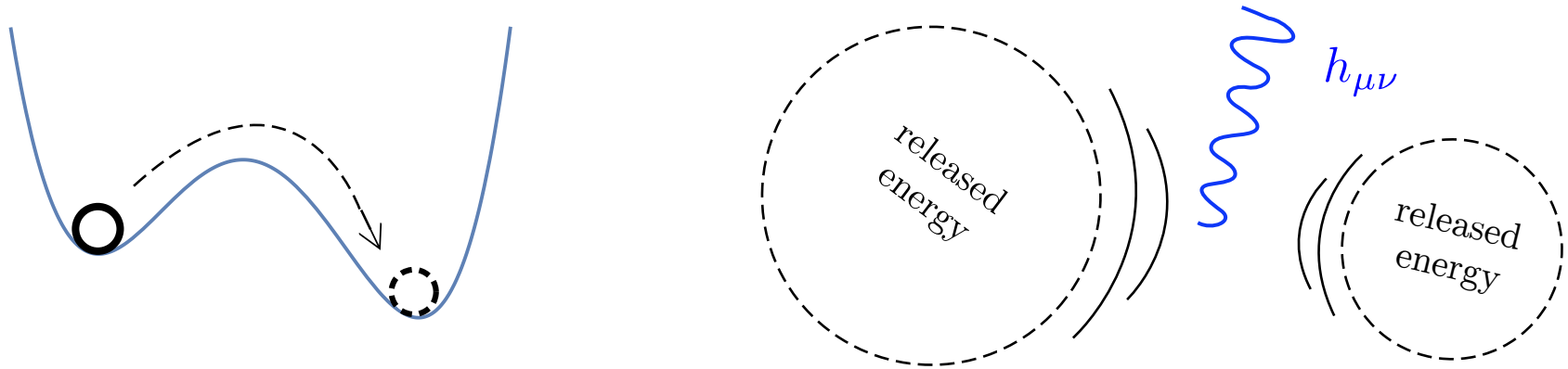


field-theory
techniques

observables

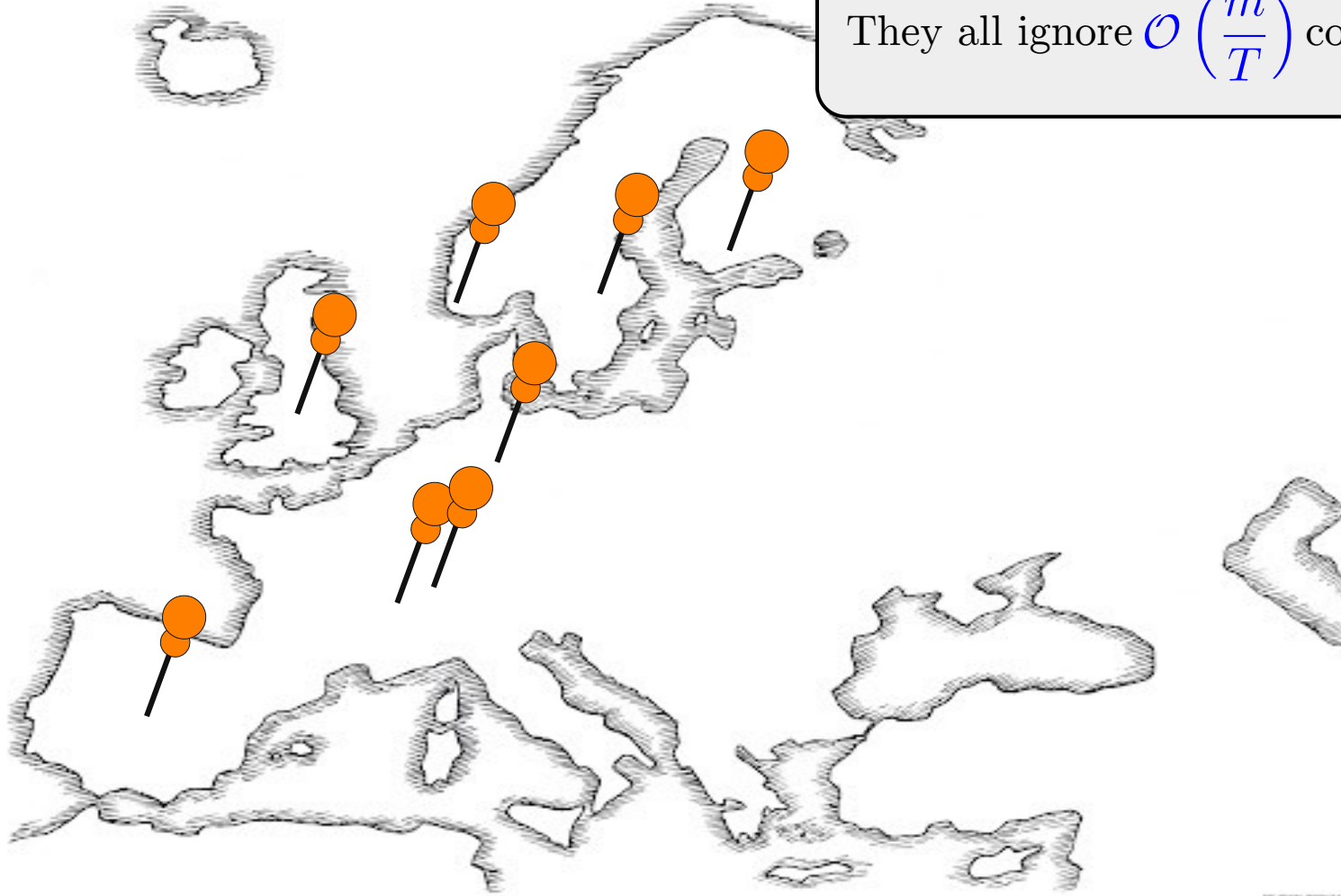
- released energy
- duration of PT
- turbulence in plasma
- bubble velocity
- ...

Gravitational waves from phase transitions

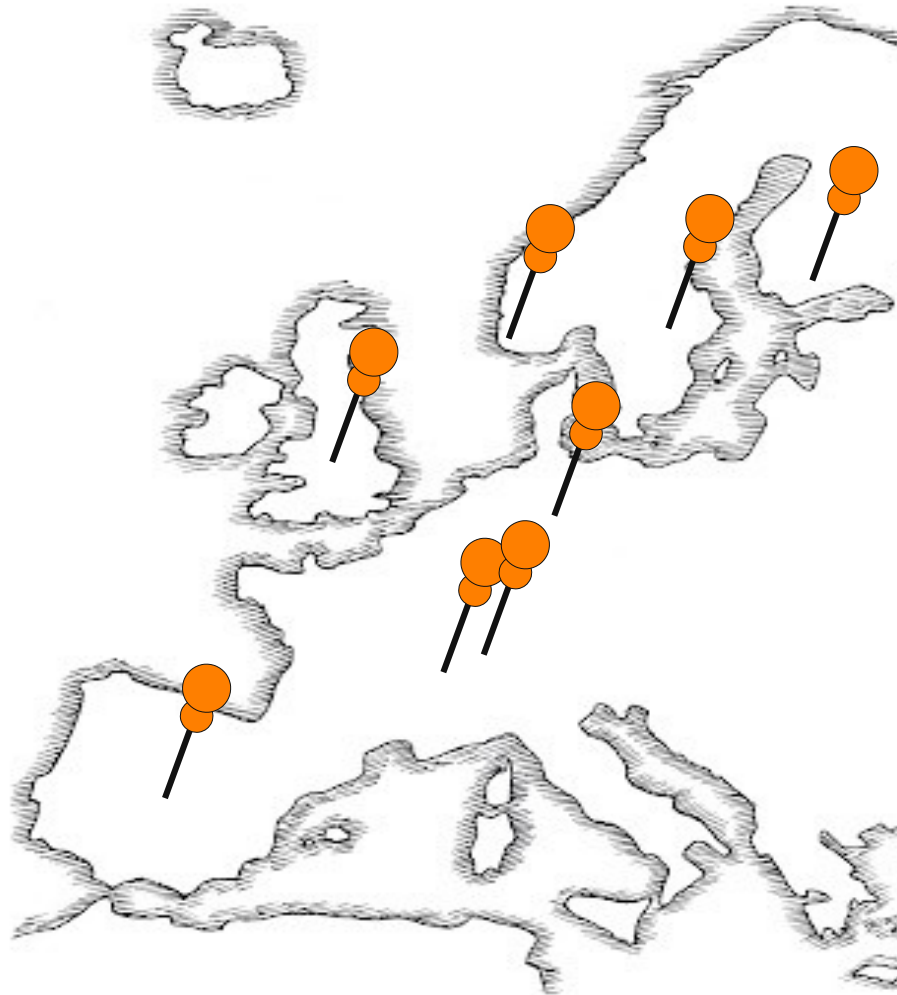


A (lame) effort worldwide

They all ignore $\mathcal{O}\left(\frac{m}{T}\right)$ corrections!



A (lame) effort worldwide



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“Accurately determining [the effects of higher-dimensional operators] remains **important**

Ekstedt et al '24

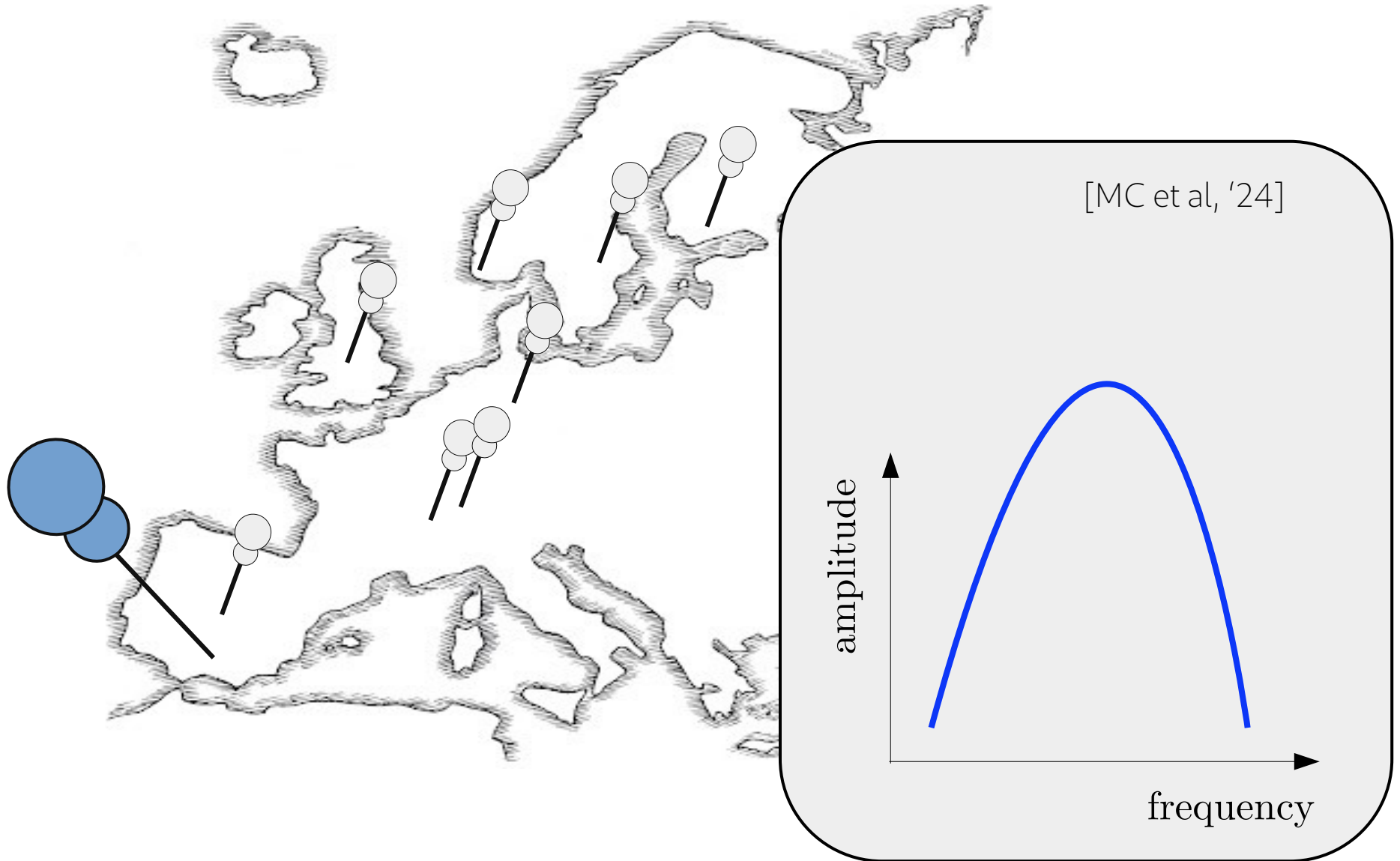
“It is rather **difficult** to estimate the effect of higher-dimensional operators comprehensively”

Kajantie et al '95

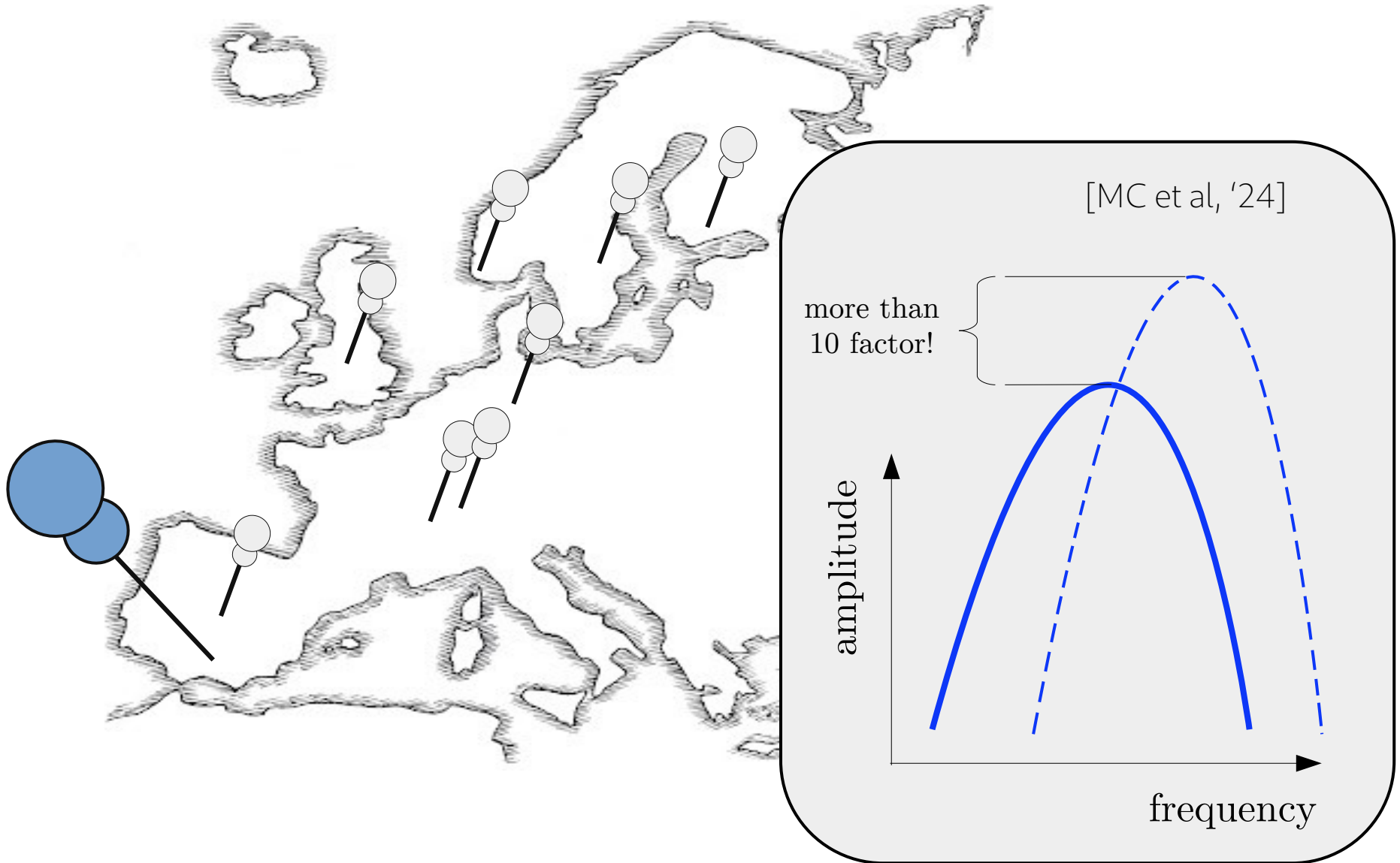
“In order to probe the [very strong transitions], **alternative approaches** are needed

Niemi et al '24

A (lame) effort worldwide



A (lame) effort worldwide



Short summary of field theory at finite temperature

$$\mathcal{Z} = \text{Tr}(e^{-\beta H}) = \int \mathcal{D}\varphi \langle \varphi | e^{-\beta H} | \varphi \rangle$$

(For equilibrium physics) equivalent to a regular Euclidean field theory with **periodic time**

This gives rise to so-called **Matsubara modes** (equivalent to Kaluza-Klein excitations in extra-dimensions), which screen the masses and couplings of zero modes

This implies the presence of **large logarithms** in finite-temperature calculations:

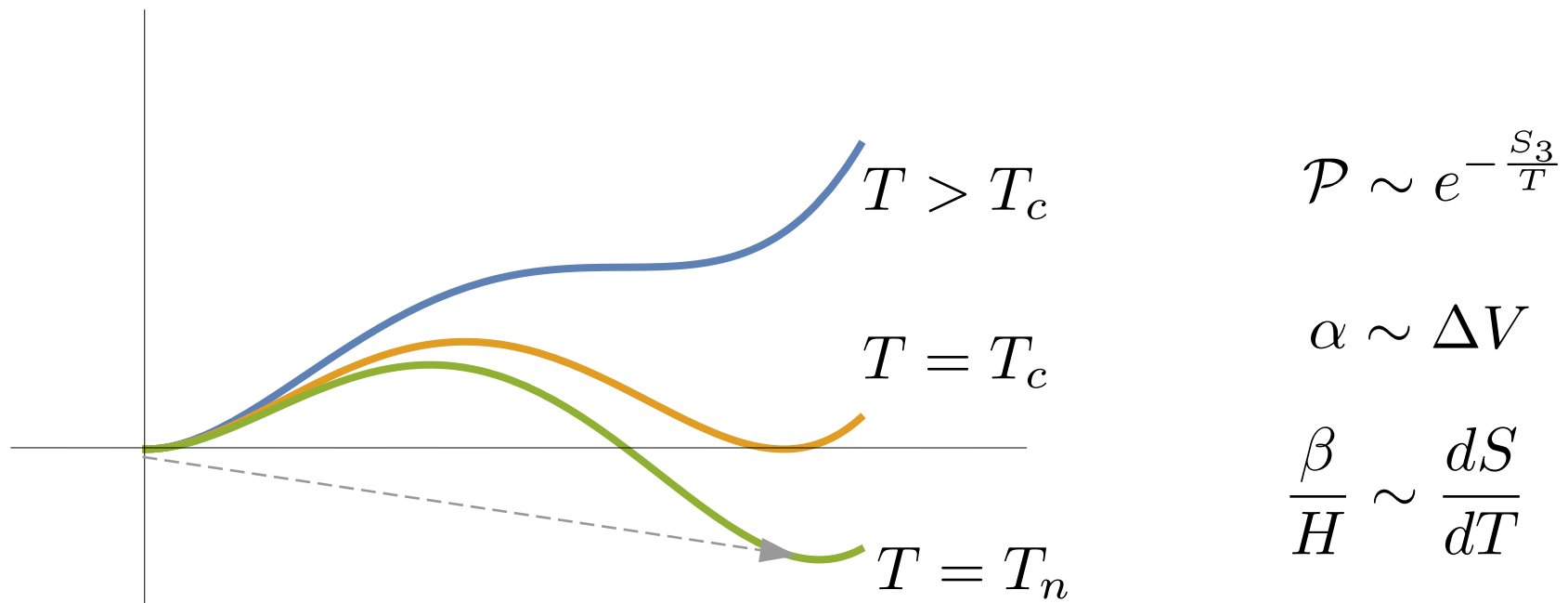
$$\log \frac{T}{m} \rightarrow \infty \quad \text{for} \quad m \rightarrow 0$$

Phase transitions

A scalar field gets an **effective temperature-dependent mass** in its interaction with a thermal bath

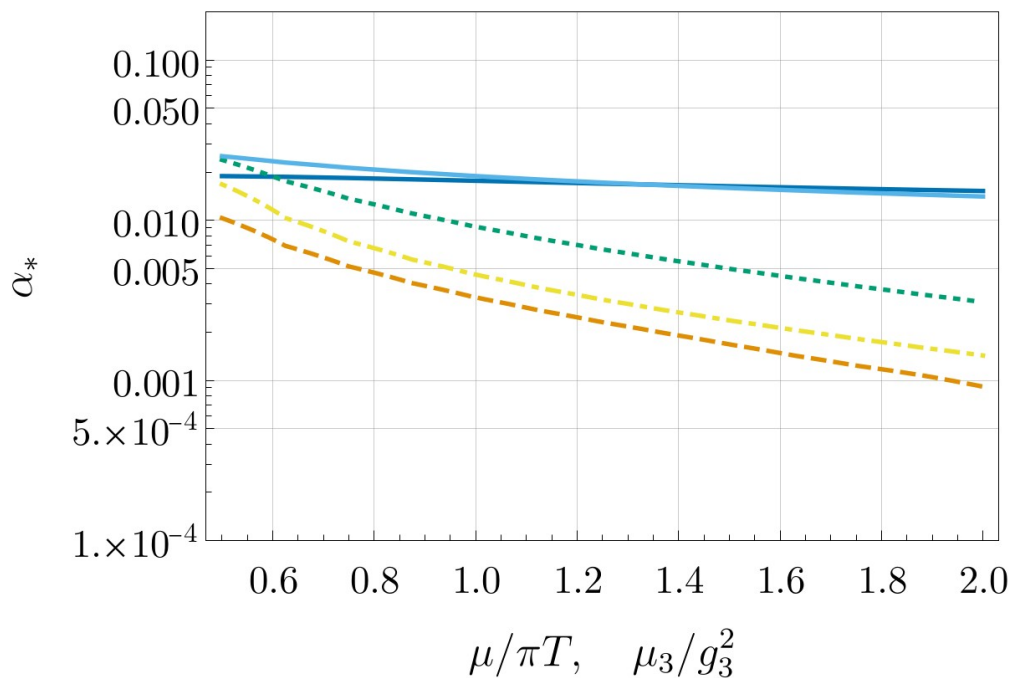
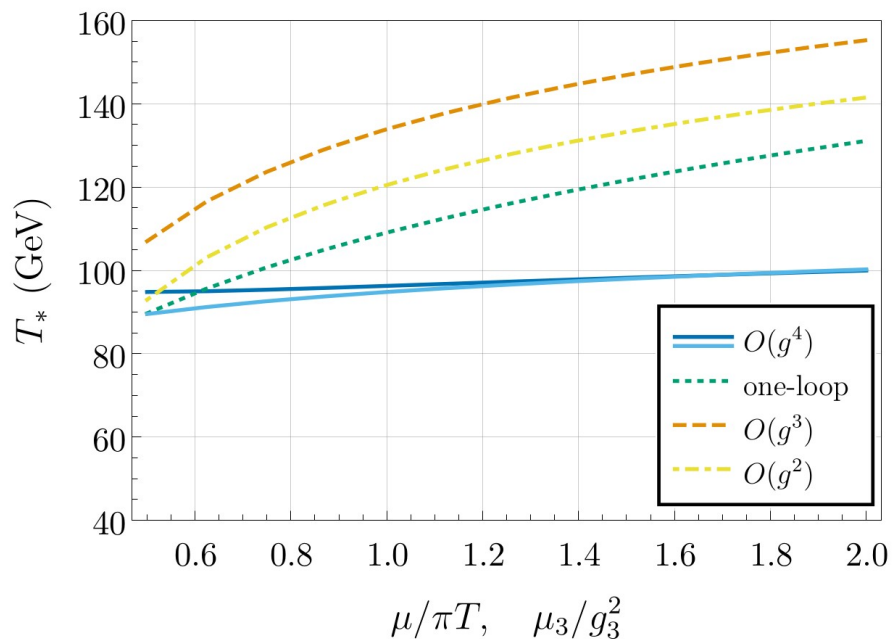
$$V(\varphi) = \frac{1}{2}(m^2 + g^2 T^2)\varphi^2 + \kappa\varphi^3 + \lambda\varphi^4$$

Finite-temperature **loops compete with tree** level terms



Phase transitions

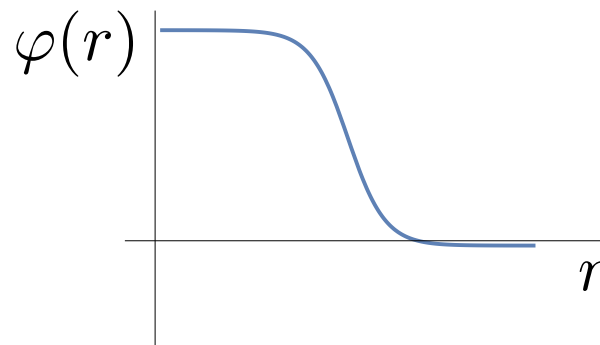
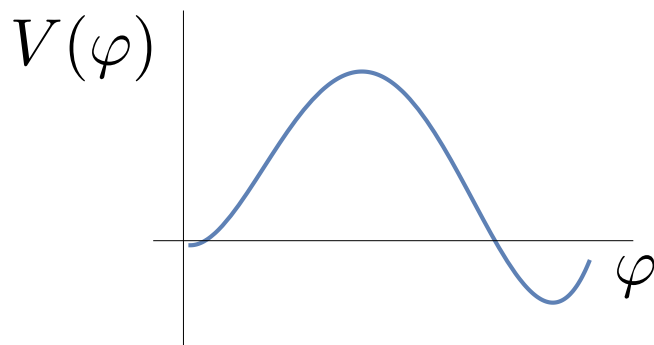
The perturbation theory at finite temperature is not organised in loops; **large renormalisation scale dependence** otherwise



[Gould and Tenkanen '21]

Effective action on the bounce

The effective action must be evaluated at the **inhomogeneous bounce** solution [Coleman '77]



$$\dot{\varphi}(0) = 0$$

$$\lim_{r \rightarrow \infty} \varphi(r) = \varphi_F$$

This jeopardizes the computation of the effective action as an **expansion in derivatives** of the field [Langer '74]

Other issues: double counting, gauge dependence, ... [Langer '74, Strumia and Tetradis '98, Croon et al '21, ...]

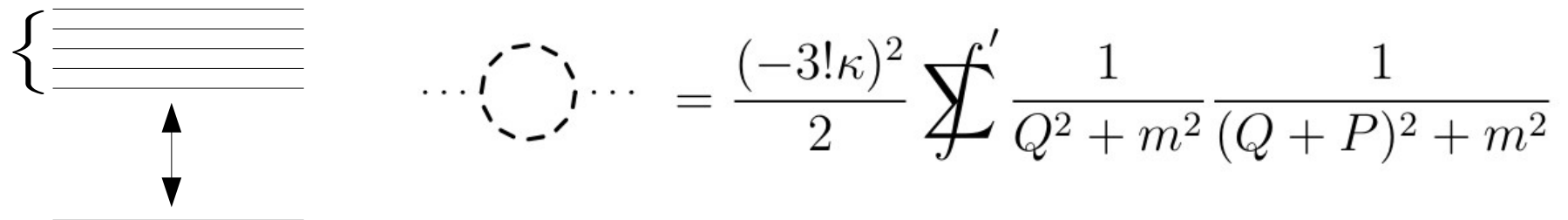
Dimensional-reduction solution

Build a 3D EFT integrating out all Matsubara modes. Capture the thermal effects in a local action, **no derivative problems**

Systematic resummation, renormalisation-scale dependence under control

Large logarithms avoided at the matching scale; summed within the EFT using renormalization group.

$$M \sim \pi T$$



$$\left\{ \begin{array}{c} \text{---} \\ \text{---} \\ \text{---} \\ \text{---} \end{array} \right\} \cdots \text{---} \bigcirc \text{---} \cdots = \frac{(-3!\kappa)^2}{2} \sum' \frac{1}{Q^2 + m^2} \frac{1}{(Q + P)^2 + m^2}$$

Properties of the 3D EFT

It involves only bosons (no zero fermionic Matsubara modes)

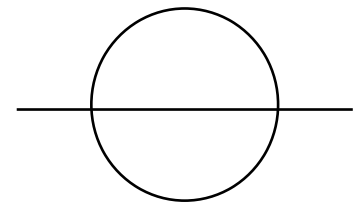
“Renormalisable” couplings are dimensionful

$$V(\varphi) = \frac{1}{2} m^2 \varphi^2 + \kappa \varphi^3 + \lambda \varphi^4 \quad [m] = 1 \quad [\kappa] = 3/2 \\ [\lambda] = 1$$

It is renormalised first at two loops

$$\text{div}_{1\text{-loop}} \sim \int \frac{d^3 k}{k^3}$$

In the absence of operators of dimension larger than 3, only the mass (and tadpoles) gets renormalised



State-of-the-art of dimensional reduction

Automation of matching for “renormalizable” terms in arbitrary theories completed [Ekstedt, Schicho, Tenkanen ‘22]

Two-loop sum-integrals solved recently [Davydychev, Navarrete and Schroder ‘23]

Application to the study of phase transitions (including crossover of the SM): [Kajantie et al ‘95, Andersen ‘96, Niemi et al ‘05, D’Onofrio et al ‘16, Brauner et al ‘17, Croon et al ‘21, Gould ‘21, Hirvonen ‘22, ...]

Effective potential computed at N³LO in the 3D EFT [Ekstedt, Schicho, Tenkanen ‘24]. Remarkable agreement with lattice results

Further progress in dimensional reduction

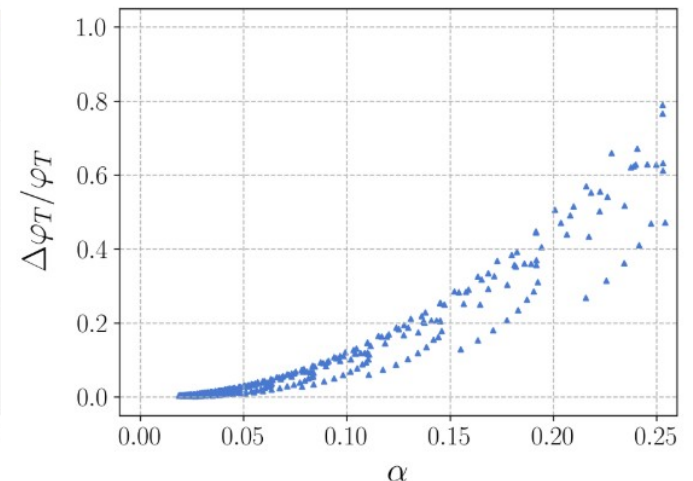
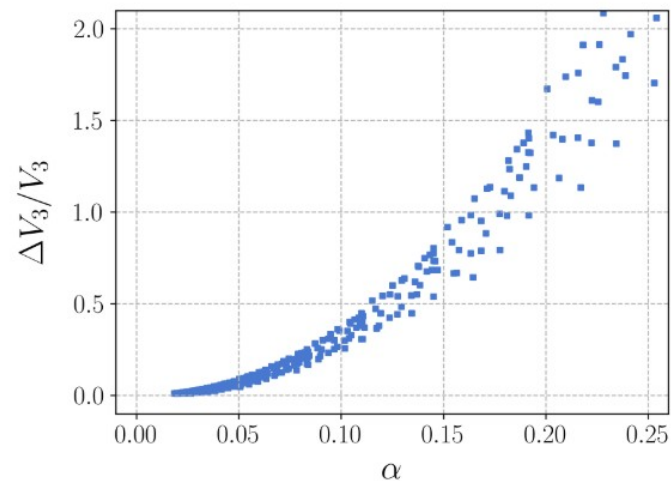
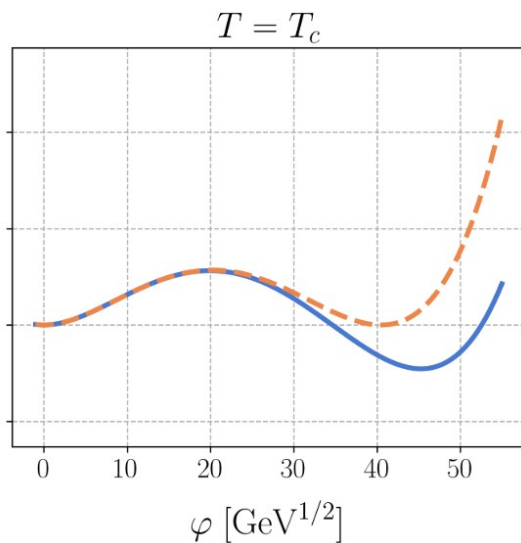
Strong phase transitions produce gravitational waves. Observable in the strong regime, $v/T \gtrsim 1$. **Unavoidable** effective operators not negligible! [MC, Criado, Gil and Miras; '24]

Further progress in dimensional reduction

Strong phase transitions produce gravitational waves. Observable in the strong regime, $v/T \gtrsim 1$. **Unavoidable** effective operators not negligible! [MC, Criado, Gil and Miras; '24]

Take, for example,

$$\mathcal{L}_3 = \frac{1}{2}K_3(\partial\varphi)^2 + \frac{1}{2}m_3^2\varphi^2 + \kappa_3\varphi^3 + \lambda_3\varphi^4 + \alpha_{61}\varphi^6$$

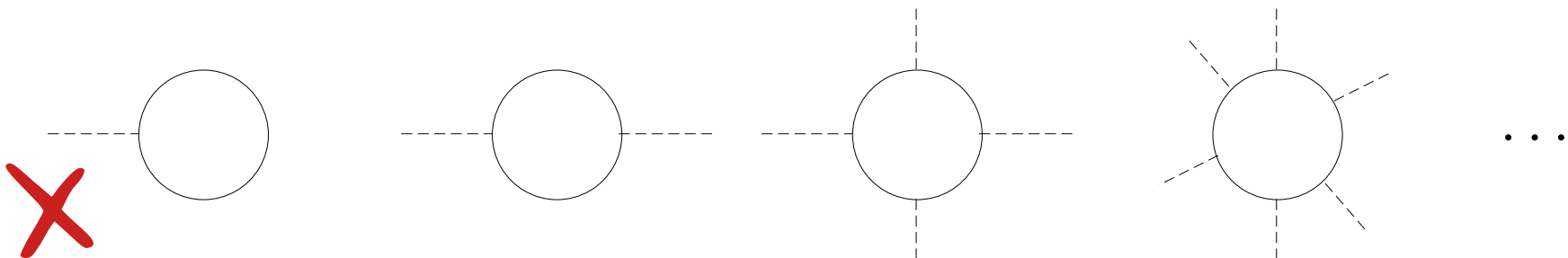


Further progress in dimensional reduction

Our goal: understanding the impact of **unavoidable higher-dimensional operators** on the estimation of phase-transition (and gravitational wave) parameters

Strategy: Consider a simple model, perform the matching to higher-order, compute the parameters, compare with results without higher-order terms

$$L = \frac{1}{2}(\partial\varphi)^2 - \frac{1}{2}m^2\varphi^2 - \kappa\varphi^3 - \lambda\varphi^4 + i\bar{\psi}D\psi + g\varphi\bar{\psi}\psi$$



Matching

We assume the standard power counting: $\partial^2 \sim p^2 \sim \mathcal{O}(g^2 T^2)$

We compute off-shell (1PI) Green's functions in the full theory to order $\mathcal{O}(g^8)$ (so at most six external momenta)

This amounts to **dimension-8** in the (4-dimensional counting in the) effective theory

The effective field theory

The problem of building **an off-shell basis** of the effective field theory of a set of fields to a specified dimension is solved [Criado '19, Fonseca '19]

In our case, it reads:

$$\begin{aligned}\mathcal{L} = & \frac{1}{2}(\partial_i\phi)^2 + \frac{1}{2}m_3^2\phi^2 + \kappa_3\phi^3 + \lambda_3\phi^4 \\ & + \alpha_{61}\phi^6 + \beta_{61}\partial^2\phi\partial^2\phi + \beta_{62}\phi^3\partial^2\phi \\ & + \alpha_{81}\phi^8 + \alpha_{82}\phi^2\partial_\mu\partial_\nu\phi\partial^\mu\partial^\nu\phi + \beta_{81}\phi\partial^6\phi + \beta_{82}\phi^3\partial^4\phi + \beta_{83}\phi^2\partial^2\phi\partial^2\phi + \beta_{84}\phi^5\partial^2\phi \\ & + \dots\end{aligned}$$

All the beta operators, however, can be removed upon field redefinitions

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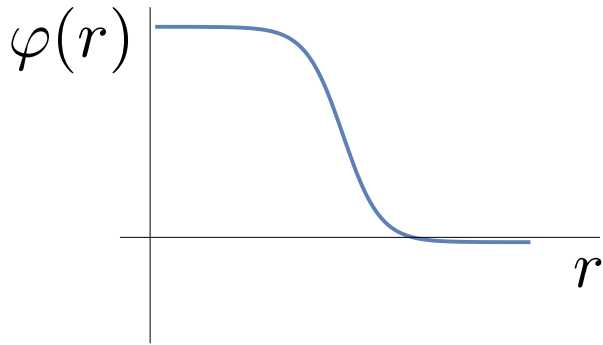
$$\begin{aligned} K_3 &= 1 + \frac{g^2}{12\pi^2}, & m_3^2 &= m^2 + \frac{g^2 T^2}{6}, & \kappa_3 &= \kappa\sqrt{T}, & \lambda_3 &= \lambda T; \\ \alpha_{61} &= -\frac{7\zeta(3)g^6}{192\pi^4}, & \beta_{61} &= -\frac{7\zeta(3)g^2}{384\pi^4 T^2}, & \beta_{62} &= \frac{35\zeta(3)g^4}{576\pi^4 T}; \\ \alpha_{81} &= \frac{31\zeta(5)g^8}{2048\pi^6 T}, & \alpha_{82} &= -\frac{31\zeta(5)g^4}{10240\pi^6 T^3}, & \beta_{81} &= -\frac{31\zeta(5)g^2}{10240\pi^6 T^4}, \\ \beta_{82} &= \frac{217\zeta(5)g^4}{20480\pi^6 T^3}, & \beta_{83} &= \frac{279\zeta(5)g^4}{20480\pi^6 T^3}, & \beta_{84} &= -\frac{217\zeta(5)g^6}{5120\pi^6 T^2}. \end{aligned}$$

All the beta operators, however, can be removed upon field redefinitions

How to compute the bounce?

Well known methods/codes for computing the bounce solution in the presence of a “standard” kinetic term

$$S_3 = \int dr r^2 \left[\frac{1}{2} m^2 \varphi^2 + \frac{1}{2} (\partial\varphi)^2 + V(\varphi) \right]$$



$$\ddot{\varphi} + \frac{2}{r}\dot{\varphi} = V'(\varphi)$$
$$\dot{\varphi}(0) = 0, \quad \lim_{r \rightarrow \infty} \varphi(r) = 0$$

Neither the bounce nor the effective action are physical; only the value of S_3 at extrema is (naive computations unphysical!)

Perturbative bounce solution

We have a perturbative expansion, so let's use it **consistently**

$$\varphi_c = \varphi_c^{(0)} + \epsilon \varphi_c^{(1)} + \epsilon^2 \varphi_c^{(2)} + \dots, \quad S_3 = S_3^{(0)} + \epsilon S_3^{(1)} + \epsilon^2 S_3^{(2)} + \dots$$

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$+ \epsilon \int \varphi_1 \frac{\delta S^{(0)}}{\delta \varphi} \Big|_{\varphi_c^{(0)}} \qquad + \epsilon^2 \int \varphi_2 \frac{\delta S^{(0)}}{\delta \varphi} \Big|_{\varphi_c^{(0)}}$

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Then require that $\frac{\delta}{\delta \varphi} S_3 \Big|_{\varphi_c} = 0$

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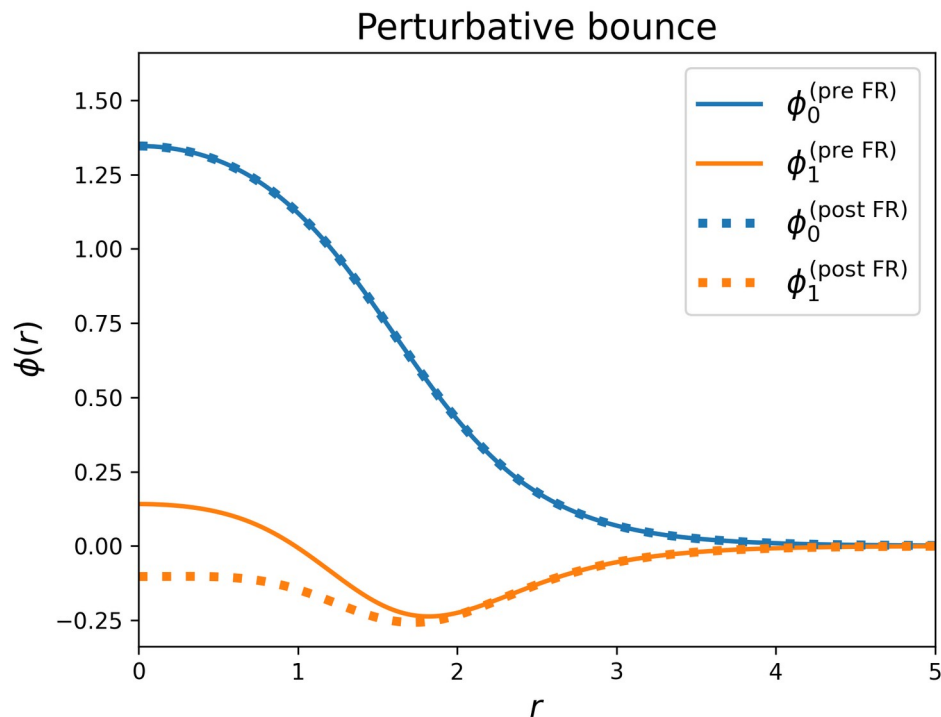
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$$\frac{\delta}{\delta \varphi} S_3^{(0)} \Big|_{\varphi_c^{(0)}} = 0 \quad \ddot{\varphi}_c^{(1)} + \frac{2}{r} \dot{\varphi}_c^{(1)} - V_3^{(0)''}(\varphi_c^{(0)}) \varphi_c^{(1)} - \frac{1}{4\pi r^2} \frac{\delta S_3^{(1)}}{\delta \varphi} \Big|_{\varphi_c^{(0)}} = 0$$

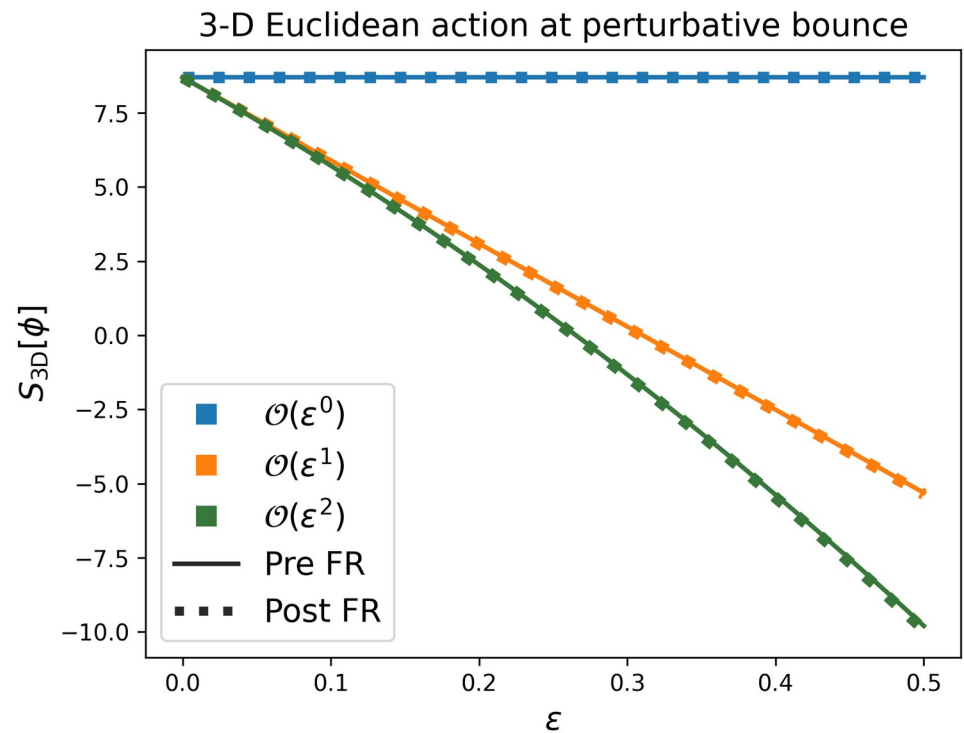
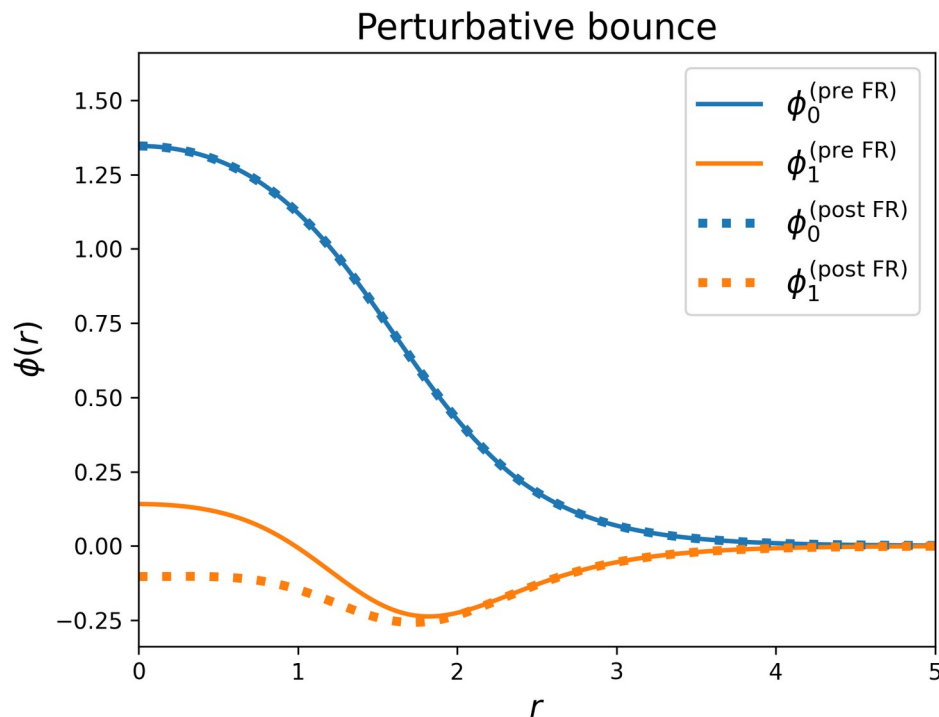
Perturbative bounce solution

$\mathcal{S}_3[\varphi_c]$ computed this way is physical (i.e. invariant under field redefinitions); physical observables independent of how matching is performed



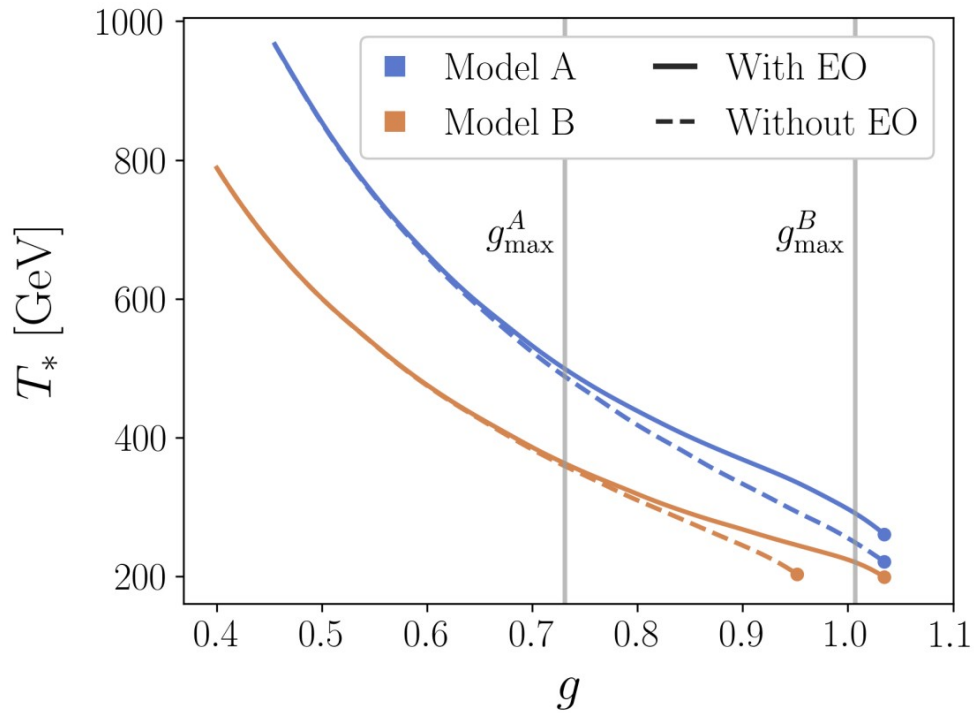
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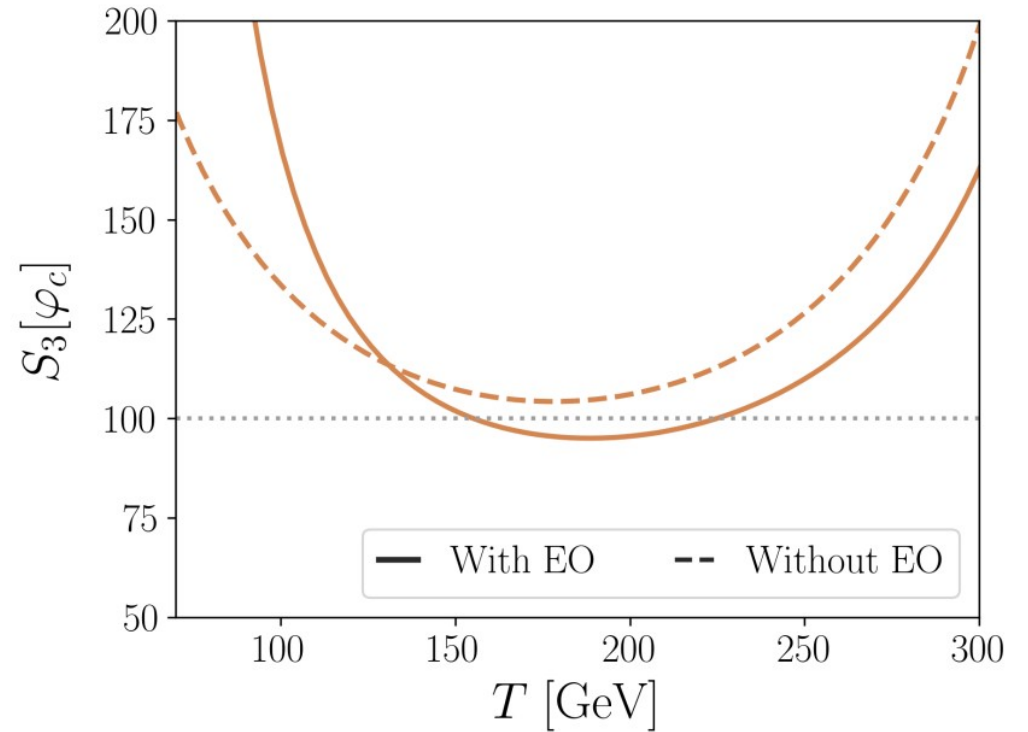
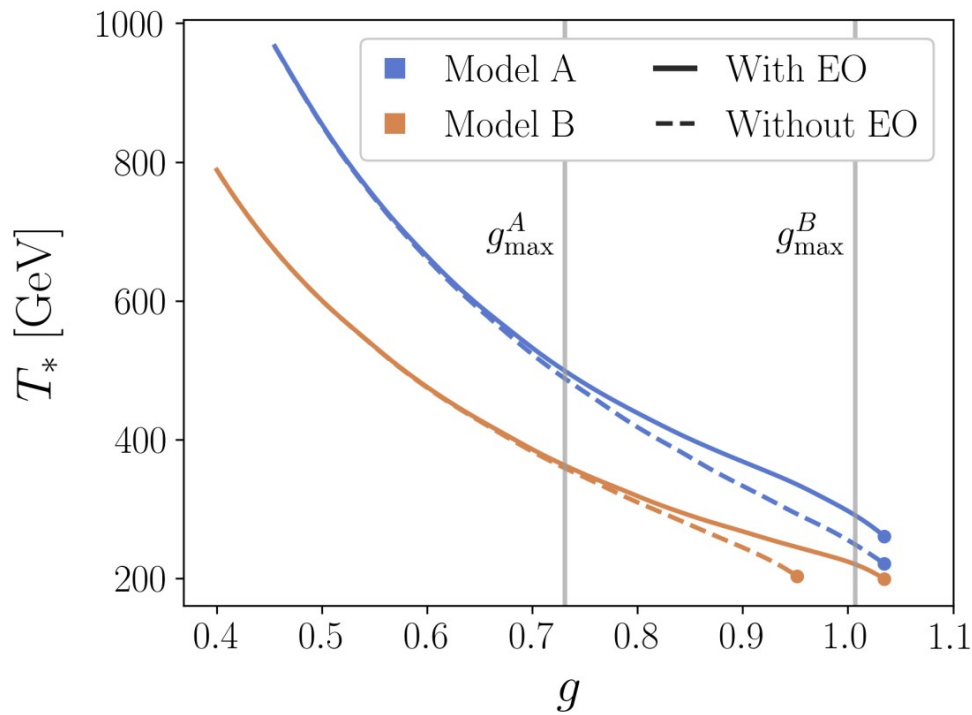
Phase transition parameters

Nucleation temperature: $S_3[\varphi_c] \sim 100 - 4 \log \frac{T_*}{100 \text{ GeV}}$



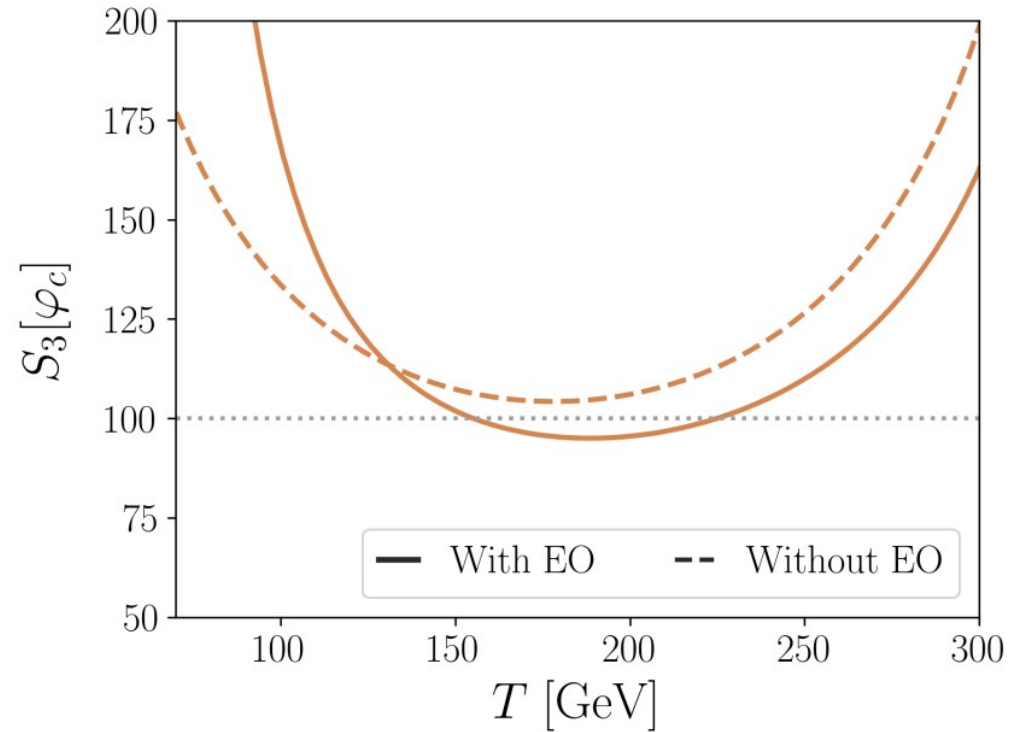
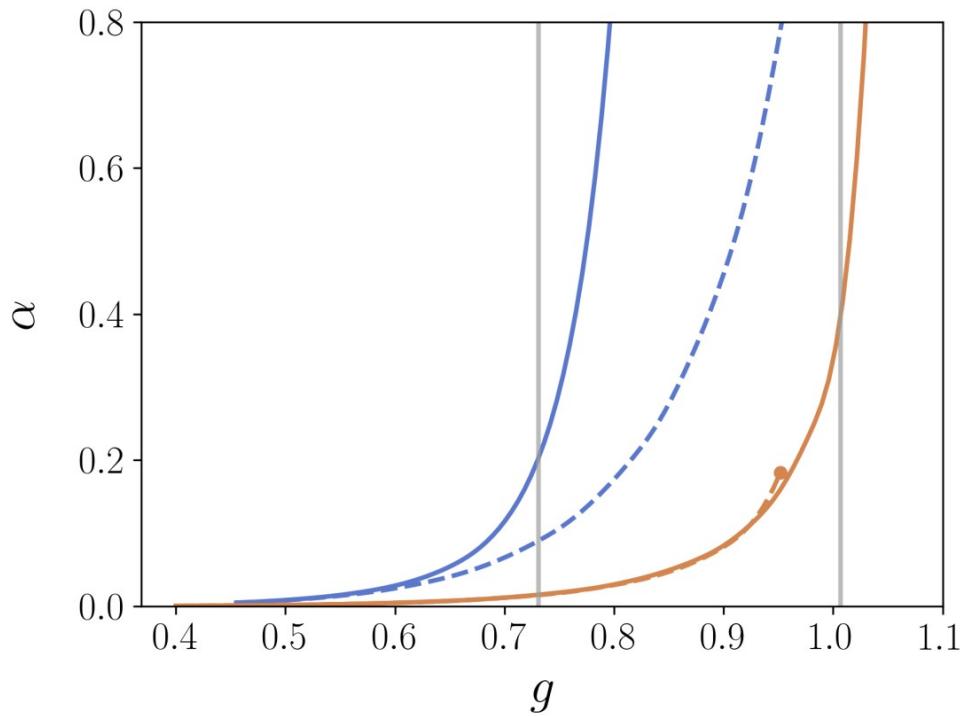
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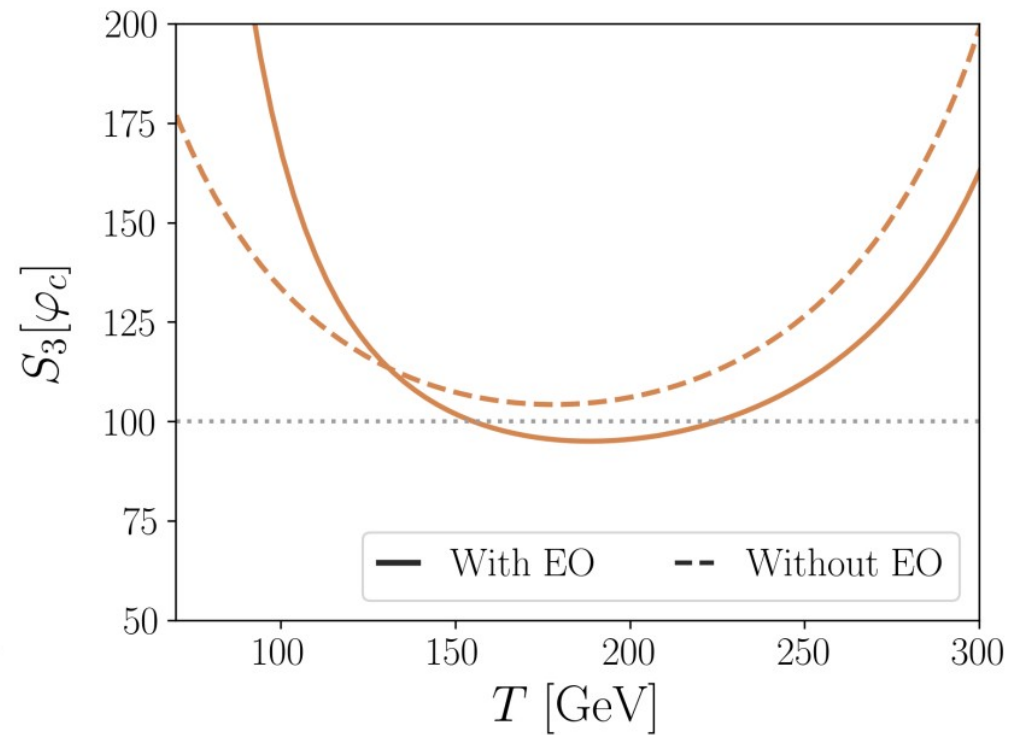
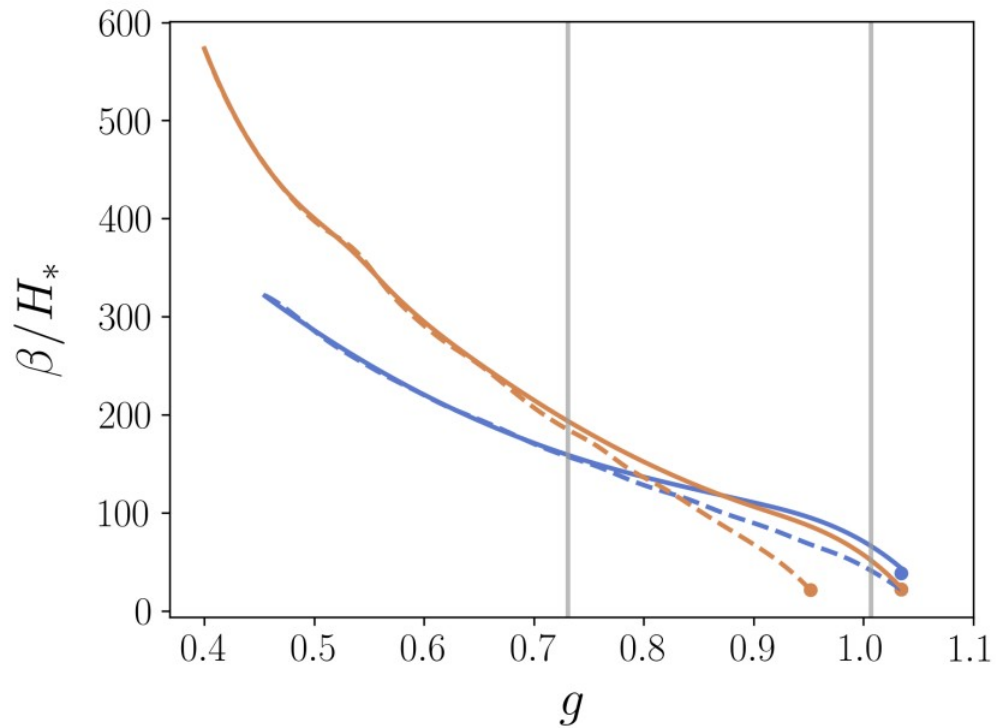
Phase transition parameters

Latent heat: $\alpha = \frac{\Delta (V_3(\varphi) - \frac{T}{4} \frac{d}{dT} V_3(\varphi))|_{T_*}}{\rho_r(T_*)} \approx -0.03 \frac{\Delta (V_3(\varphi) - \frac{T}{4} \frac{d}{dT} V_3(\varphi))|_{T_*}}{T_*^3}$



Phase transition parameters

Inverse duration: $\frac{\beta}{H_*} = T_* \left. \frac{dS_3[\varphi_c]}{dT} \right|_{T_*}$



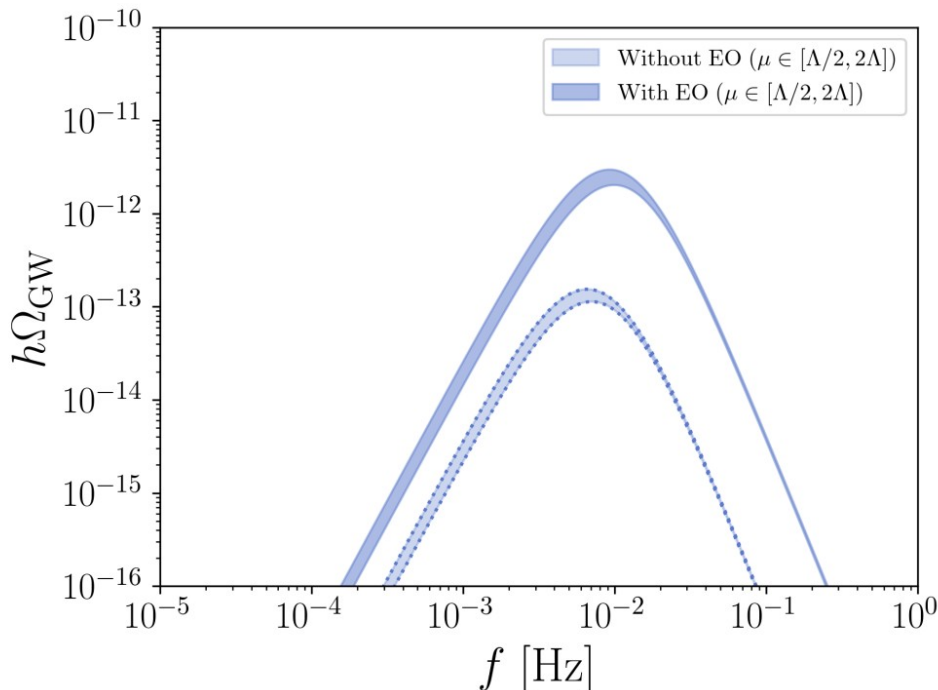
Gravitational waves

Higher-order terms open the parameter space of phase transitions and modify substantially the phase transition parameters.

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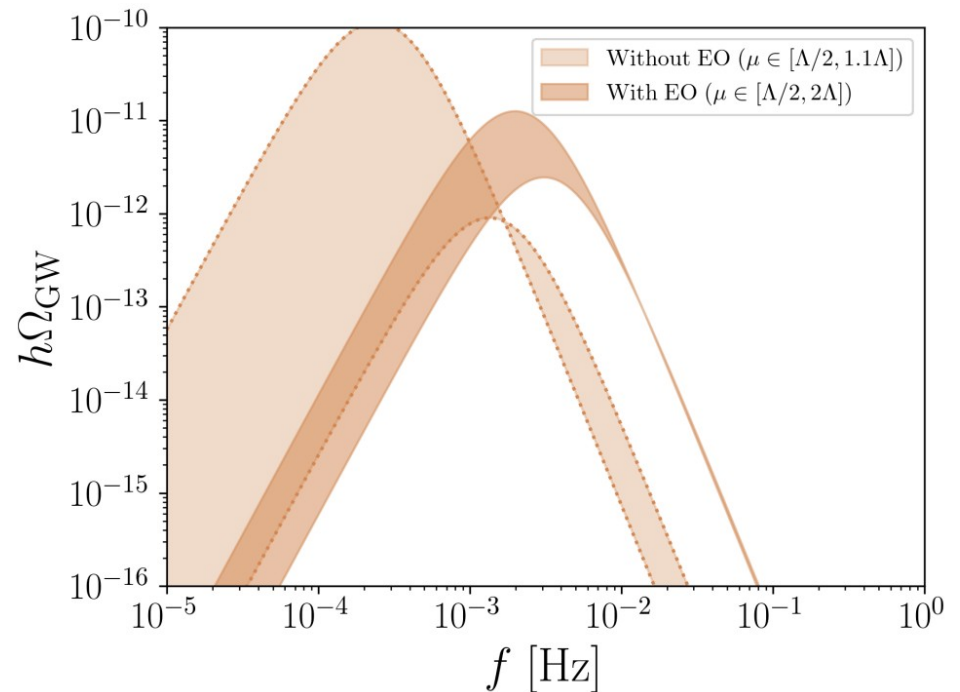
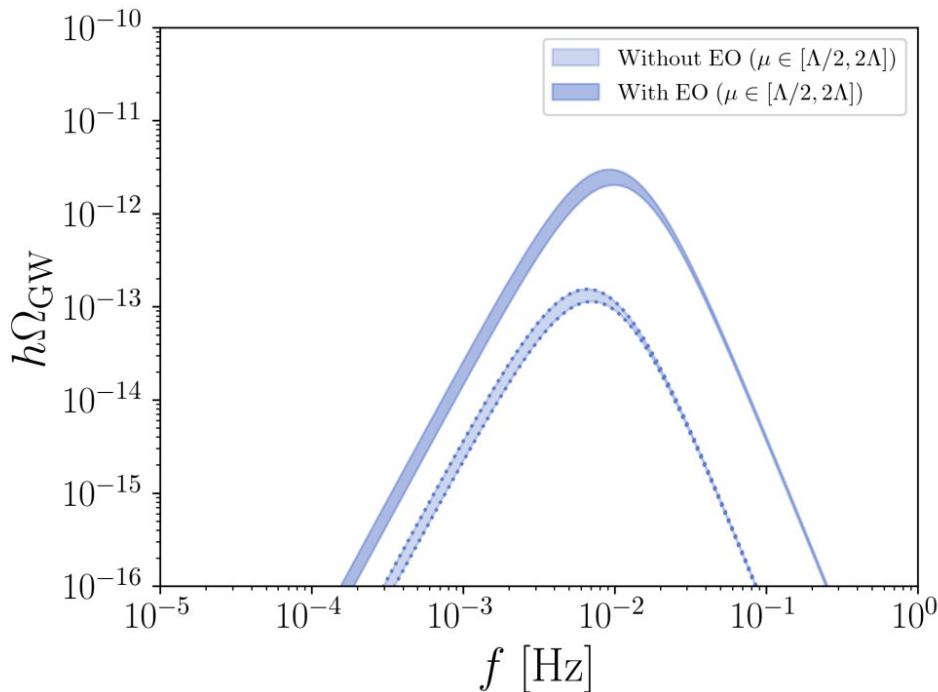
Effect **complementary to renormalisation scale dependence** in gravitational wave spectrum:



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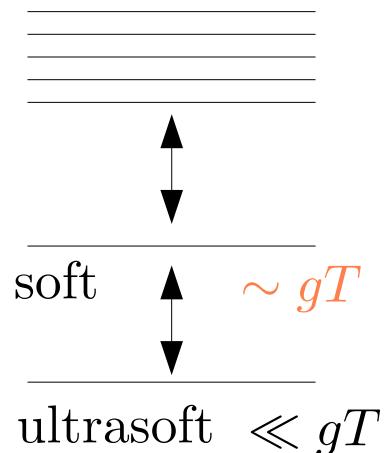
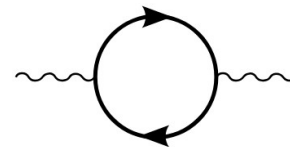
Further progress in dimensional reduction

3-dimensional theory of the SM? Leading part used to determine the nature of electroweak phase transition [D'Onofrio and Rummukainen '16]

Partial results for higher-dimensional operators [Moore '95]

Complications associated to the presence of gauge bosons. First, because further scalars (temporal components) proliferate. Second, because they acquire Debye masses larger than m_{eff} [MC, Ekstedt and Guedes 'work in progress]

$$\mathcal{L}_{\text{SM3D}}^{(4)} = k_\phi (D_r \phi)^\dagger (D^r \phi) + \frac{k_{B_0}}{2} (D_r B_0)(D^r B_0) - \frac{k_B}{4} B_{rs} B^{rs} + \lambda_{\phi^4} |\phi|^4 + \lambda_{B_0^4} B_0^4 + \lambda_{\phi^2 B_0^2} |\phi|^2 B_0^2,$$



Outlook

Dimensional-reduction is the most appropriate description of systems at finite temperature

Up to now, the **higher-point/higher-derivative** terms in the 3-dimensional theory have been mostly ignored

We derived the **correct way of computing physical quantities** taking these interactions into consideration

For strong phase transitions, the effects of these interactions are often larger than those ensuing from variations of renormalisation scale

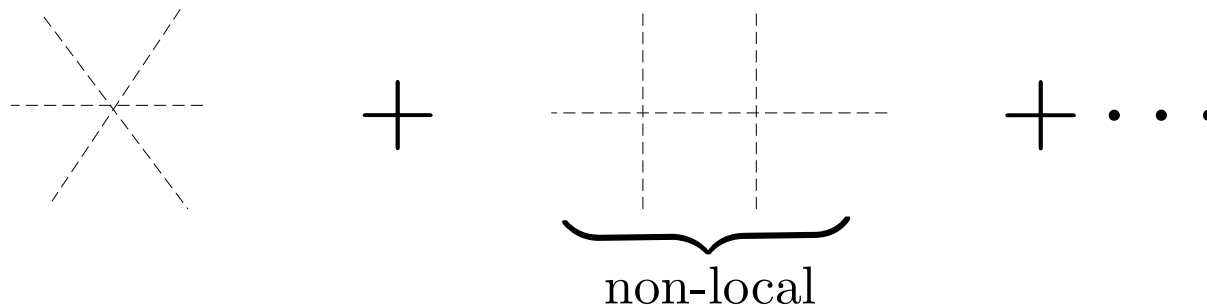
Thank you!

Field redefinitions

No systematic/automated way of removing the redundant interactions (notice that equations of motion correct only to linear order [Criado and Perez-Victoria '18])

The closest public solution implemented in Matchete [Fuentes-Martin et al '22], however the target physical basis cannot be chosen

Our solution [MC, Lopez-Miras, Santiago, Vilches-Bravo 'wip]: if the redundant and non-redundant bases are physically equivalent, find relation between both upon requiring they give the same S-matrix



Field redefinitions

Many restrictions on-shell: $p^2 = m^2, \sum_i p_i = 0, \dots$

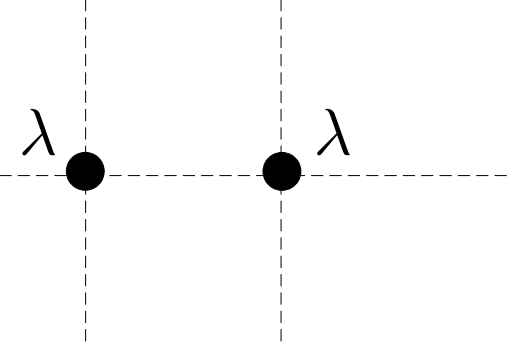
Non-localities makes the system of equations complicated (impossible?) to solved symbolically

Proposal: compute S-matrix elements in specific **physical** phase-space points

We use rational kinematics, based on momentum twistors [Badger '16, Angelis '22]

$$\alpha_1 \left(\text{Complicated non-local function of momenta} \right) + \alpha_2 \left(\text{another complicated non-local function of momenta} \right) + \dots = 0$$

Field redefinitions



$$m^2 \rightarrow m^2 \left(1 - \frac{2m^2\beta_{61}}{\Lambda^2} + \frac{1}{\Lambda^4}(8m^4\beta_{61}^2 + 2\beta_{81}) \right),$$

$$\lambda \rightarrow \lambda + \frac{m^2}{\Lambda^2} (\beta_{62} - 8\lambda\beta_{61}) + \frac{m^4}{\Lambda^4} (64\lambda\beta_{61}^2 - 10\beta_{61}\beta_{62} + 12\lambda\beta_{81} - \beta_{82} - \beta_{83}),$$

$$\alpha_{61} \rightarrow \alpha_{61} + \boxed{16\lambda^2\beta_{61}} - 4\lambda\beta_{62} - \frac{m^2}{\Lambda^2} \left(\frac{1728}{5}\lambda^2\beta_{61}^2 + \frac{22}{5}\beta_{62}^2 - \frac{512}{5}\lambda\beta_{61}\beta_{62} + 12\alpha_{61}\beta_{61} + \frac{304}{5}\lambda^2\beta_{81} - \frac{56}{5}\lambda\beta_{82} - 8\lambda\beta_{83} + \beta_{84} \right)$$

$$\alpha_{81} \rightarrow \alpha_{81} - \frac{3072}{5}\lambda^3\beta_{61}^2 - \frac{108}{5}\lambda\beta_{62}^2 + \frac{1248}{5}\lambda^2\beta_{61}\beta_{62} - 48\alpha_{61}\beta_{61} + 6\alpha_{61}\beta_{62} - \frac{576}{5}\lambda^3\beta_{81} + \frac{144}{5}\lambda^2\beta_{82} + 16\lambda^2\beta_{83} - 4\lambda\beta_{84},$$

$$\alpha_{82} \rightarrow \alpha_{82}.$$