

Large neutrino mass in cosmology and keV sterile neutrino dark matter from a dark sector

Seminar talk BNL 17 July 2025



Outline

- Introduction
 - Status of neutrino mass determination
 - Neutrino mass from cosmology the ``neutrino tension''
- How to relax the cosmological neutrino mass bound
- Seesaw model for neutrino mass, dark radiation, keV sterile neutrino DM



Based on

M. Escudero, T. Schwetz, J. Terol-Calvo
[arXiv:2211.01729] JHEP 02 (2023) 142
A seesaw model for large neutrino masses in concordance with cosmology





C. Benso, T. Schwetz, D. Vatsyayan

[arXiv:2410.23926] JCAP 04 (2025) 054

Large neutrino mass in cosmology and keV sterile
neutrino dark matter from a dark sector



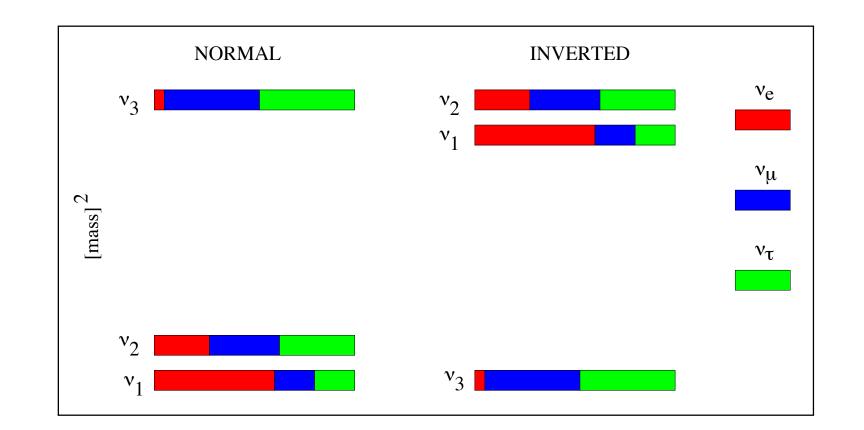


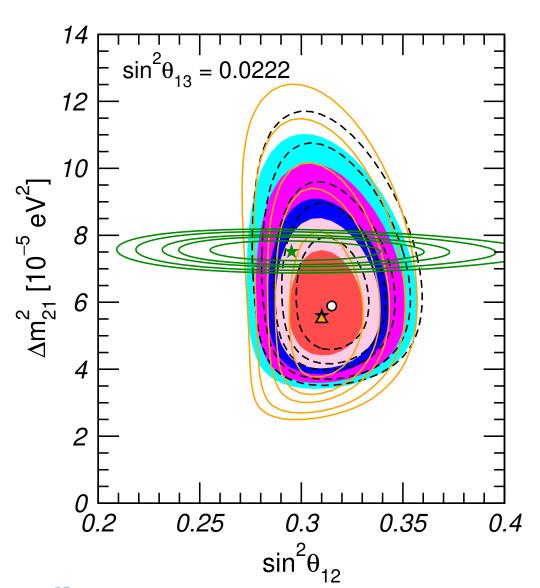


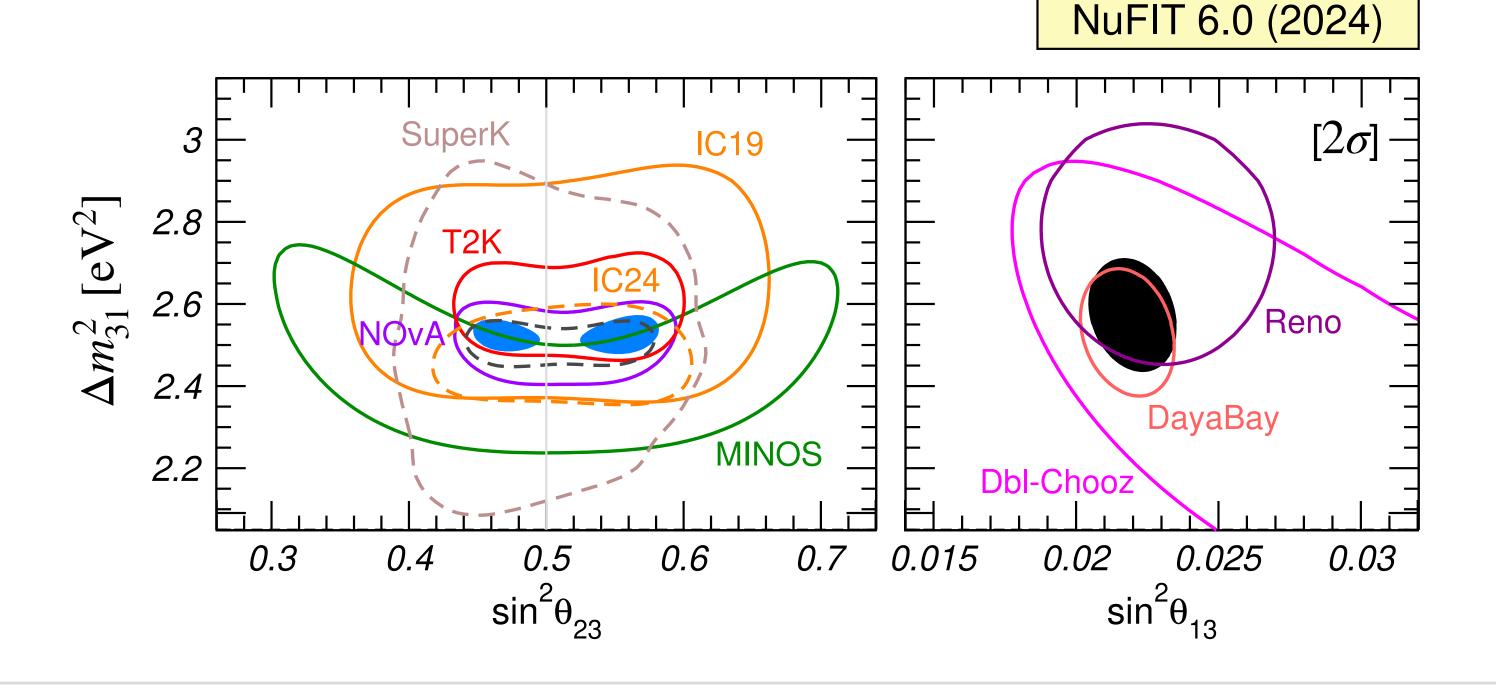
Neutrino masses

Neutrino oscillations:

- $|m_3^2 m_1^2| \approx (2.52 \pm 0.023) \times 10^{-3} \,\mathrm{eV}^2$
- $m_2^2 m_1^2 = (7.49 \pm 0.19) \times 10^{-5} \,\mathrm{eV}^2$

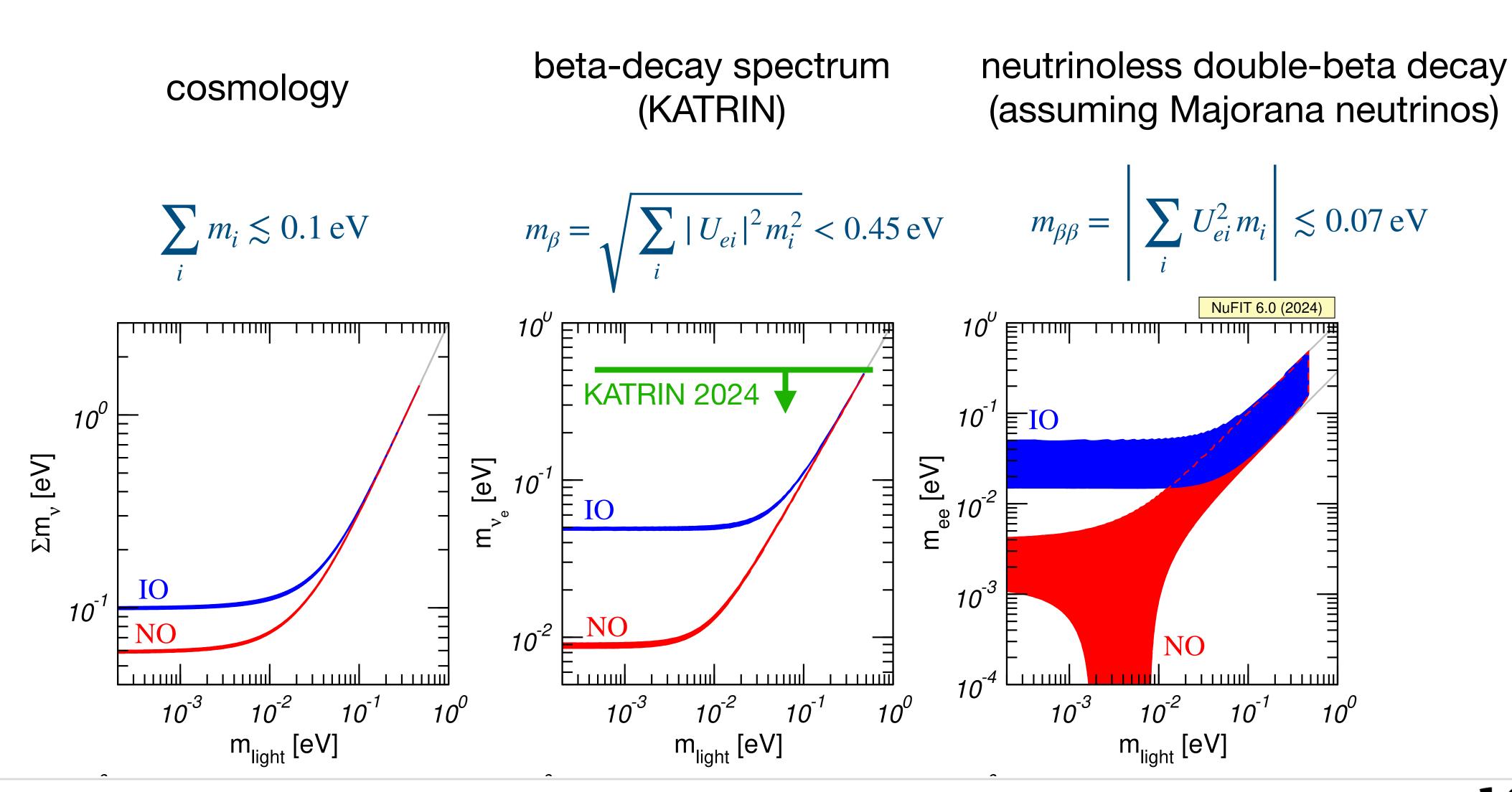






www.nu-fit.org

absolute neutrino mass



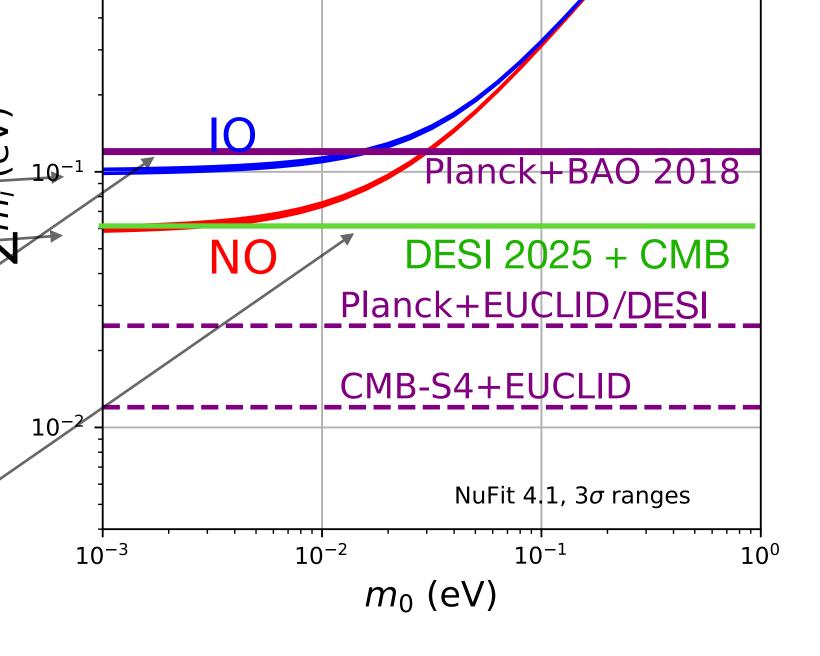


Neutrino mass from cosmology

$$\Sigma \equiv \sum_{i=1}^{3} m_i = \begin{cases} m_0 + \sqrt{\Delta m_{21}^2 + m_0^2} + \sqrt{\Delta m_{31}^2 + m_0^2} \\ m_0 + \sqrt{|\Delta m_{32}^2| + m_0^2} + \sqrt{|\Delta m_{32}^2| - \Delta m_{21}^2 + m_0^2} \end{cases}$$
(NO)

• minimal values predicted from oscillation data for $m_0=0$:

- Upper bounds from current data:
 - $\Sigma m_{\nu} < 0.12 \, \mathrm{eV} \, (95 \, \% \, \mathrm{CL})$ Planck CMB+BAO 2018
 - $\Sigma m_{\nu} < 0.064 \, \mathrm{eV} \, (95 \, \% \, \mathrm{CL})$ DESI 2025 + CMB

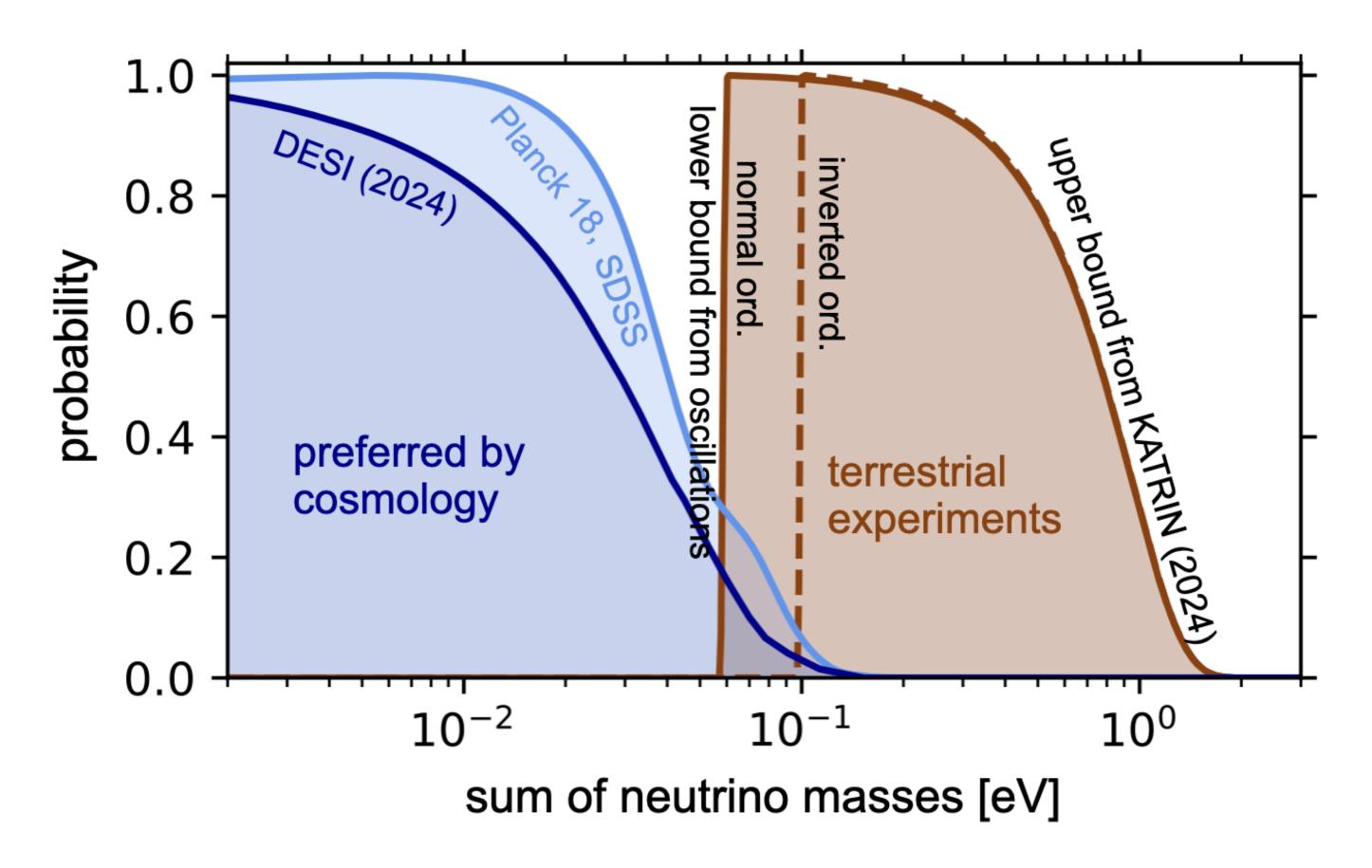


 10^{0}



Tension between cosmology and laboratory?

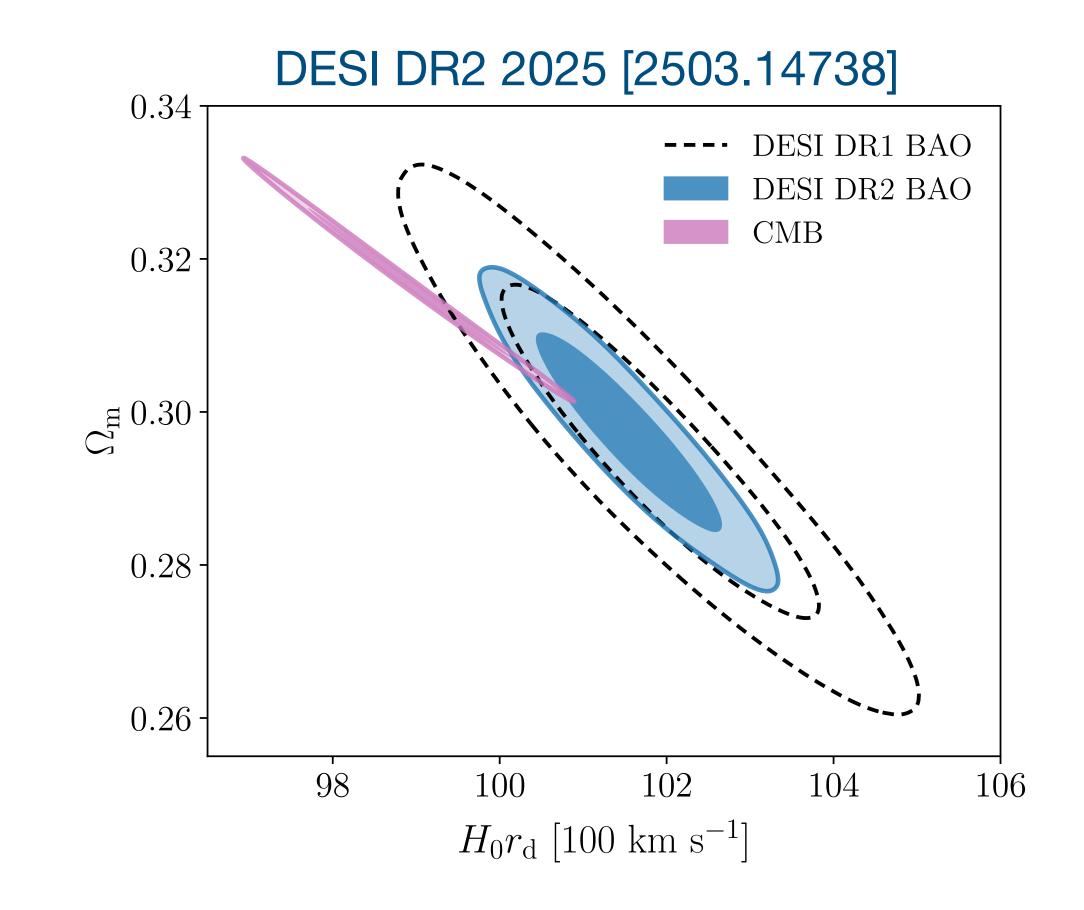
updated from Gariazzo, Mena, TS, 2302.14159





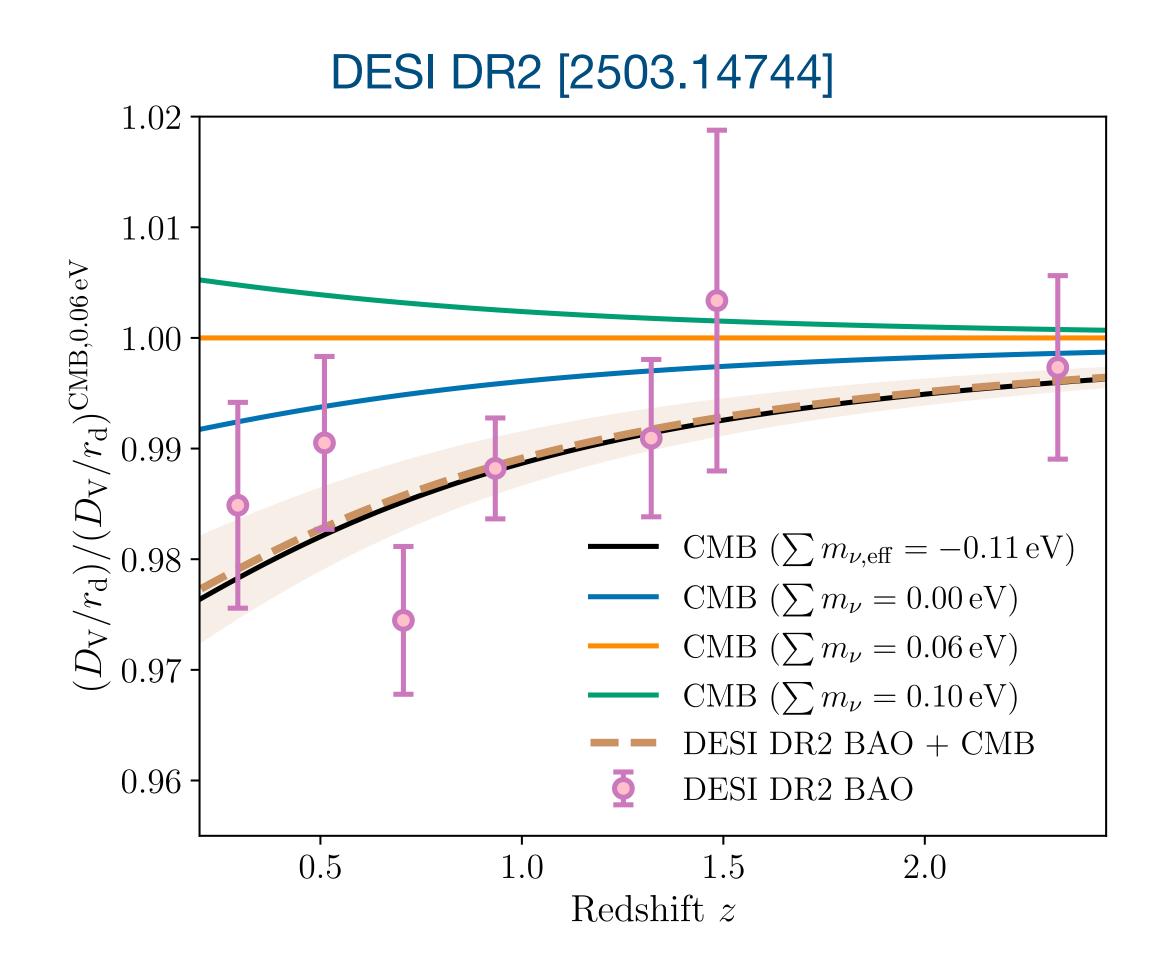
How robust are cosmological bounds?

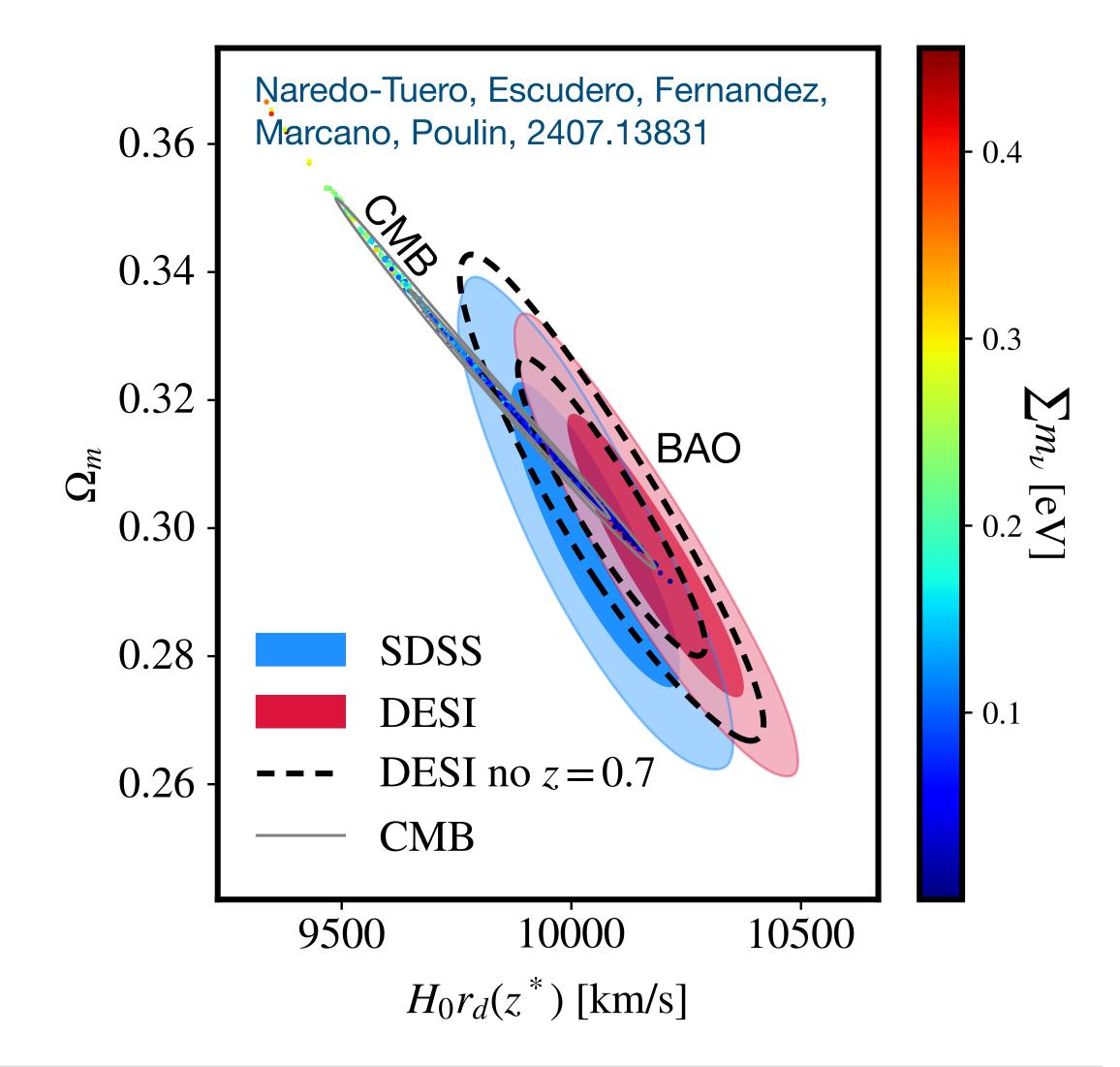
- Hubble tension
- σ_8 tension (mostly gone)
- Planck lensing anomaly
- tension between CMB and BAO?





Powerful complementarity between BAO and CMB







- What if cosmology does not see finite neutrino mass and upper bounds become tighter than the minimal value predicted by neutrino oscillation?
- Can we relax cosmological bounds such that neutrino mass can be in reach for terrestrial experiments?

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Cosmology bounds can be relaxed in non-standard scenarios

dynamical dark energy

Mena et al; Green, Meyers, 2407.07878; DESI 2025, 2503.14738: $\sum m_{\nu} < 0.14 \, \mathrm{eV}$

neutrino decay into dark radiation

Chacko et al. 1909.05275; 2002.08401; Escudero et al., 2007.04994; Barenboim et al.,2011.01502; Chacko et al. 2112.13862: $\sum m_{\nu} < 0.42 \,\mathrm{eV}$

• time dependent neutrino mass

Lorenz et al. 1811.01991; 2102.13618; Esteban, Salvado, 2101.05804; Sen, Smirnov, 2306.15718, 2407.02462



modified momentum distribution

Cuoco et al., astro-ph/0502465; Barenboim et al., 1901.04352; Alvey, Sabti, Escudero, 2111.14870

reduced neutrino density + dark radiation

Beacom, Bell, Dodelson, 04; Farzan, Hannestad, 1510.02201; Renk, Stöcker et al., 2009.03286; Escudero, TS, Terol-Calvo, 2211.01729; Das, Dev et al., 2506.08085



Counting the number of neutrino flavours

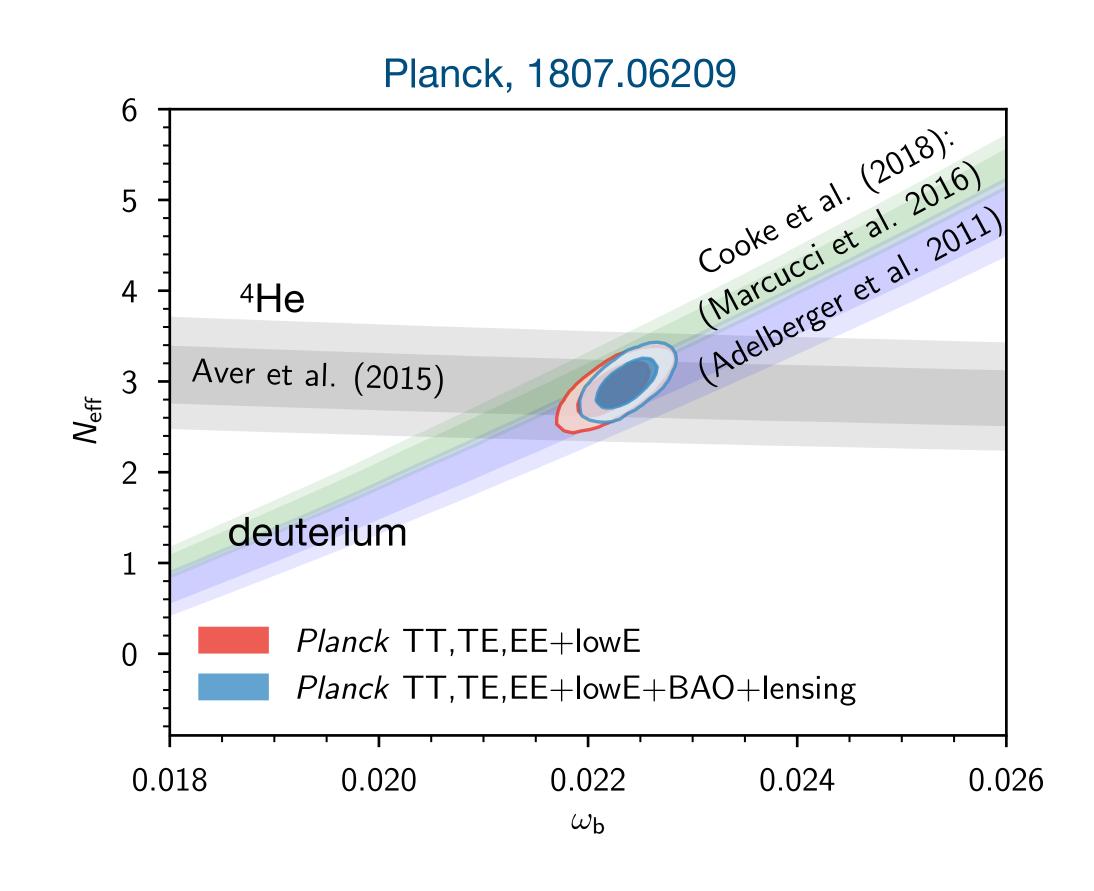
$N_{\rm eff}$ affects

formation of light elements (BBN),
 T ~ MeV, t ~ 1 min

$$N_{\rm eff} = 2.78 \pm 0.28 \, (68\% \, {\rm CL})$$

CMB decoupling, T ~ eV, t ~ 400 000 yr

$$N_{\rm eff} = 2.99 \pm 0.17 \, (68\% \, {\rm CL})$$





Relaxing the neutrino mass bound from cosmology

Cosmology is sensitive to:

 energy density in non-relativistic neutrinos (late times)

$$\rho_{\nu}^{\text{non.rel.}} \approx n_{\nu} \sum m_{\nu} < 14 \,\text{eV} \,\text{cm}^{-3}$$

 energy density in relativistic neutrinos (early times, BBN, CMB)

$$N_{\rm eff}^{\rm relat.} = 2.99 \pm 0.17$$

relax bound on m_{ν} by reducing neutrino number density

$$\sum m_{\nu} < 0.12 \,\mathrm{eV} \left(\frac{n_{\nu}^{\mathrm{SM}}}{n_{\nu}} \right)$$

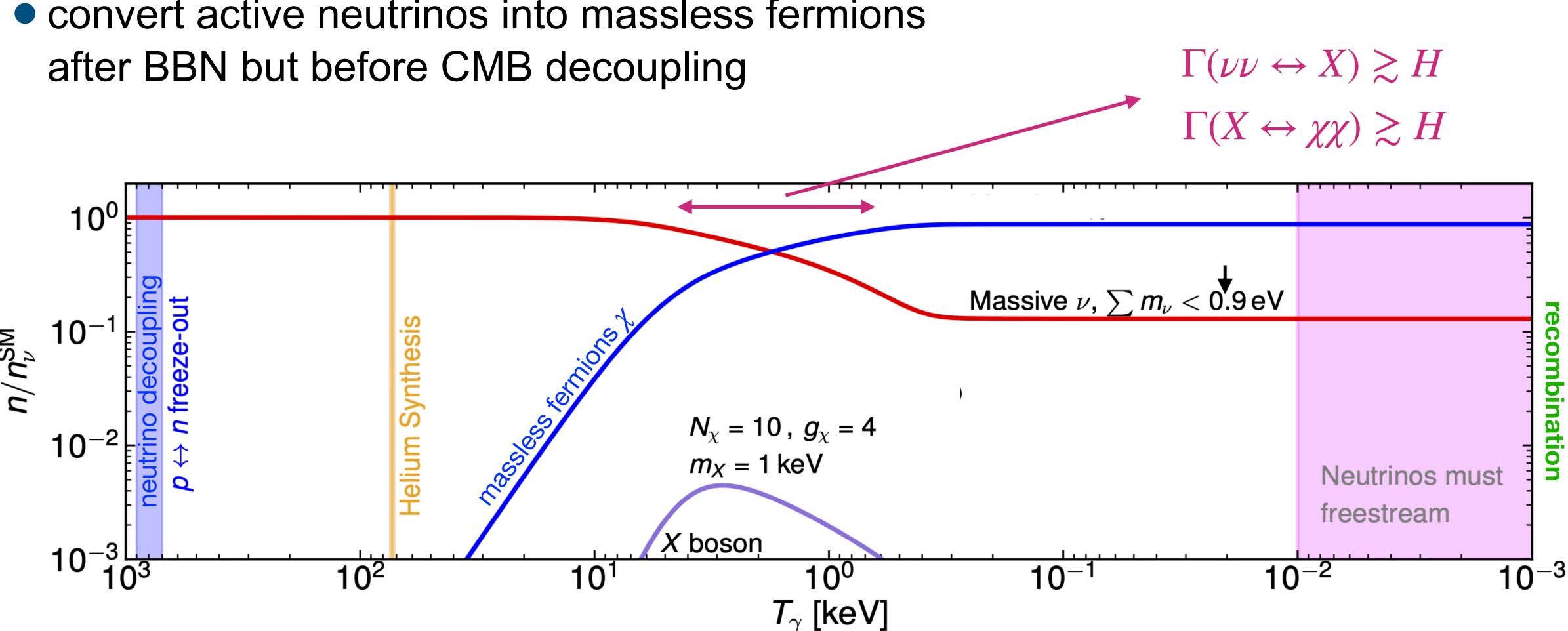
introduce "dark radiation" to keep $N_{\rm eff}^{\rm relat.} \approx 3$

$$N_{\rm eff}^{\rm relat.} = N_{\rm eff}^{\nu} + N_{\rm eff}^{\rm DR} \approx 3$$



Escudero, TS, Terol-Calvo, 2211.01729

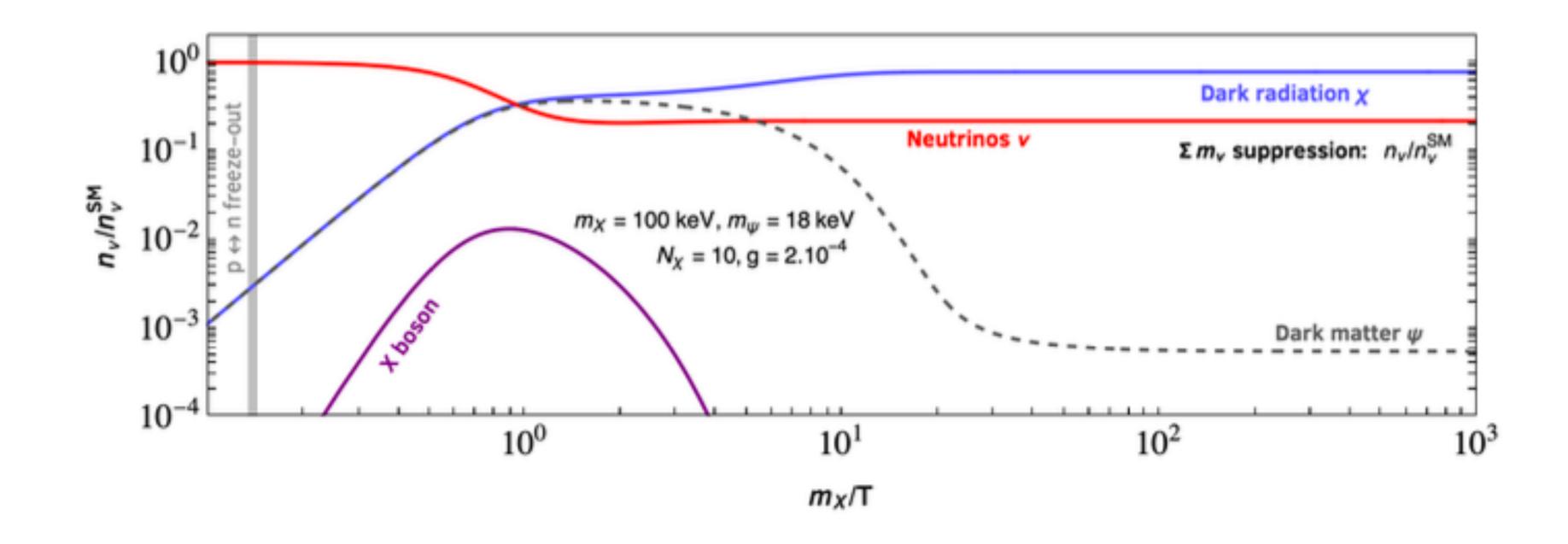
- ullet introduce a set of N_γ massless fermions
- a mediator X coupled to neutrinos (vector med. preferred)
- convert active neutrinos into massless fermions



freeze-out in the dark sector

$$\psi\psi \leftrightarrow \chi\chi, Z'Z'$$

similar to A. Berlin, N. Blinov, 1706.07046, 1807.04282





Equilibration of dark sector, neutrino mass suppression and $N_{ m eff}$

ullet DS gets equilibrated at $T_
u^{
m eq}$ by

$$Z' \leftrightarrow ff$$
, $Z' \leftrightarrow ff'$, $Z'Z' \leftrightarrow ff$ $f, f' = \nu, \chi, \psi$.

• both, $1 \leftrightarrow 2$ and $2 \leftrightarrow 2$ prozesses are in equilibrium \Rightarrow chem. potentials vanish, DS abundances fully characterized by temperature

$$\rho_{\nu}(T_{\nu}^{\text{eq}}) = \sum_{f=\nu,\chi,\psi} \rho_f(T_{\text{eq}}) + \rho_{Z'}(T_{\text{eq}})$$

ullet adiabatic evolution till $T_{
m fin} \ll m_\psi, m_{Z'}$

$$a_{\rm eq}^3 s_{\rm eq}(T_{\rm eq}) = a_{\rm fin}^3 s_{\rm fin}(T_{\rm fin})$$

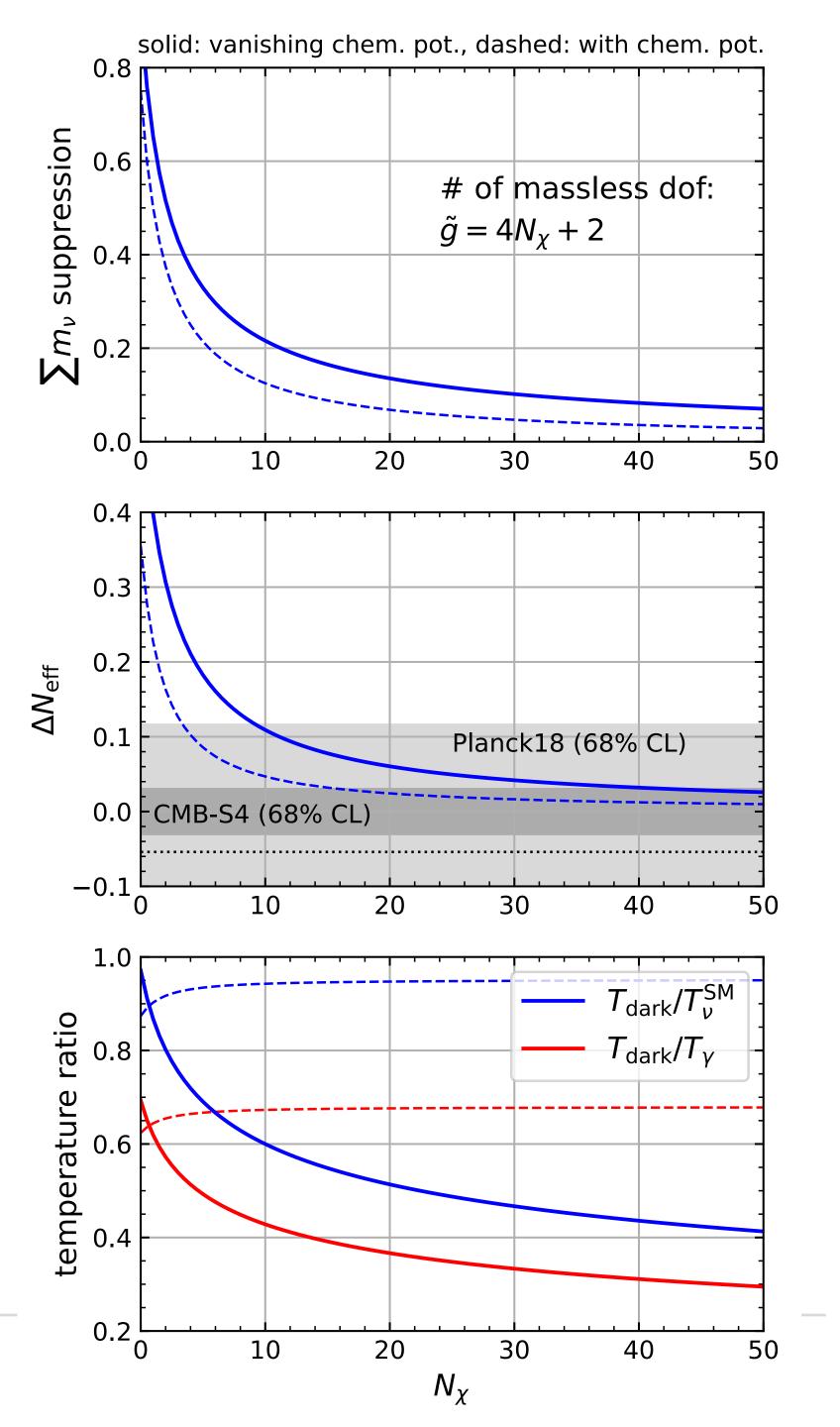


$$\frac{n_{\nu}}{n_{\nu}^{\text{SM}}} = \left(\frac{T_{\text{dark}}}{T_{\nu}^{\text{SM}}}\right)^{3} = \frac{g_{\nu} + \tilde{g} + g_{\psi} + \frac{8}{7}g_{Z'}}{g_{\nu} + \tilde{g}} \left(\frac{g_{\nu}}{g_{\nu} + \tilde{g} + g_{\psi} + \frac{8}{7}g_{Z'}}\right)^{3/4}$$

$$N_{\mathrm{eff}} \equiv \frac{8}{7} \left(\frac{11}{4}\right)^{4/3} \frac{\rho_{\mathrm{dark}}}{\rho_{\gamma}} = \frac{g_{\nu} + \tilde{g}}{2} \left(\frac{T_{\mathrm{dark}}}{T_{\nu}^{\mathrm{SM}}}\right)^{4}$$

from energy and entropy conservation:

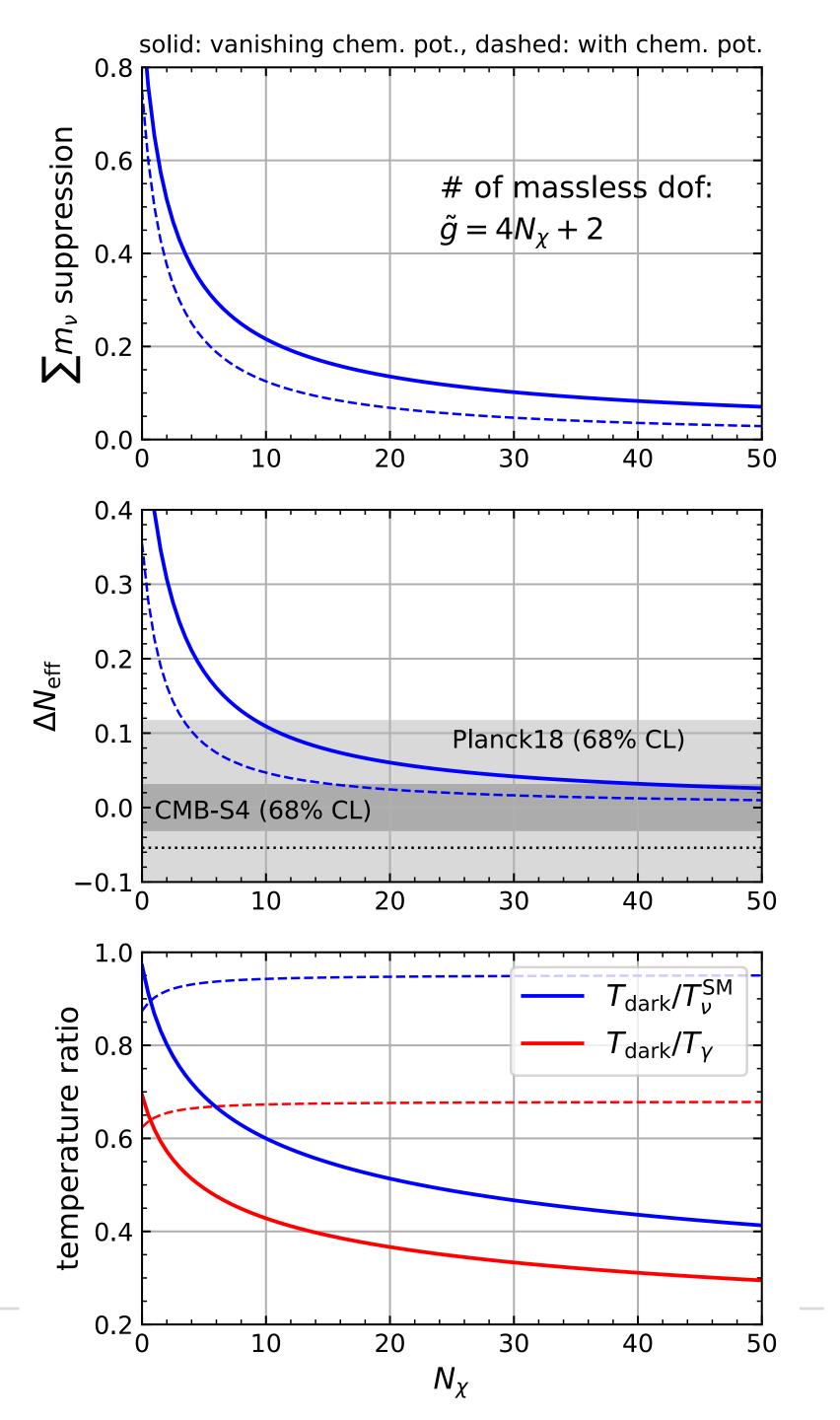
$$\frac{T_{\text{dark}}}{T_{\nu}^{\text{SM}}} = \left(\frac{g_{\nu} + \tilde{g} + g_{\psi} + \frac{8}{7}g_{Z'}}{g_{\nu} + \tilde{g}}\right)^{1/3} \left(\frac{g_{\nu}}{g_{\nu} + \tilde{g} + g_{\psi} + \frac{8}{7}g_{Z'}}\right)^{1/4}$$



$$\frac{n_{\nu}}{n_{\nu}^{\text{SM}}} = \left(\frac{T_{\text{dark}}}{T_{\nu}^{\text{SM}}}\right)^{3} = \frac{g_{\nu} + \tilde{g} + g_{\psi} + \frac{8}{7}g_{Z'}}{g_{\nu} + \tilde{g}} \left(\frac{g_{\nu}}{g_{\nu} + \tilde{g} + g_{\psi} + \frac{8}{7}g_{Z'}}\right)^{3/4}$$

• if only $1\leftrightarrow 2$ processes $Z'\leftrightarrow ff, Z'\leftrightarrow ff',$ but not $2\leftrightarrow 2$ processes $Z'Z'\leftrightarrow ff$ are in equilibrium, chem. potentials develop, need $T_{\rm dark}$ and μ

$$\Rightarrow \frac{n_{\nu}}{n_{\nu}^{\text{SM}}} = \frac{g_{\nu}}{g_{\nu} + \tilde{g}}$$



Escudero, TS, Terol-Calvo, 2211.01729







- 3 heavy right-handed neutrinos (seesaw)
- ullet new abelian symmetry $U(1)_X$ local or global
- ullet a scalar Φ charged under $U(1)_X$
- \bullet a set of $N_{\!\chi}$ massless fermions charged under $U(1)_{\!X}$

Yukawa sector
$$-\mathcal{L} = \overline{N_R} \, Y_\nu \, \ell_L \, \widetilde{H}^\dagger + \frac{1}{2} \, \overline{N_R} \, M_R \, N_R^c + \overline{N_R} Y_\Phi \, \chi_L \, \Phi + \, \mathrm{h.c.}$$

Scalar potential
$$V=\mu_H^2H^\dagger H+\lambda_H\left(H^\dagger H\right)^2+\mu_\Phi^2|\Phi|^2+\lambda_\Phi|\Phi|^4+\lambda_{H\Phi}|\Phi|^2H^\dagger H$$

Gauge interaction
$$\mathscr{L}_{\mathrm{int}} = g_X Z'_{\mu} \, \overline{\chi} \gamma^{\mu} \chi$$



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$$-\mathcal{L} = \overline{N_R} Y_{\nu} \ell_L \widetilde{H}^{\dagger} + \frac{1}{2} \overline{N_R} M_R N_R^c + \overline{N_R} Y_{\Phi} \chi_L \Phi + \text{h.c.}$$

$$\mathcal{M}_n = egin{pmatrix} 0 & m_D & 0 \ m_D^T & M_R & \Lambda \ 0 & \Lambda^T & 0 \end{pmatrix}$$

$$m_D = \frac{v_{\text{EW}}}{\sqrt{2}} Y_{\nu}, \quad \Lambda = \frac{v_{\Phi}}{\sqrt{2}} Y_{\Phi}$$

$$\Lambda \ll m_D \ll M_R$$

$$m_{
m heavy} \approx M_R$$
 $m_{
m active} \approx m_D^2/M_R$
 $m_{\chi} = 0$, $\theta_{\nu\chi} \approx \Lambda/m_D$



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$$-\mathcal{L} = \overline{N_R} Y_{\nu} \ell_L \widetilde{H}^{\dagger} + \frac{1}{2} \overline{N_R} M_R N_R^c + \overline{N_R} Y_{\Phi} \chi_L \Phi + \text{h.c.}$$

$$\mathcal{L}_{\rm int} = g_X Z'_{\mu} \bar{\chi} \gamma^{\mu} \chi$$

$$g_X = \frac{m_{Z'}}{v_{\Phi}}$$

couplings to neutrinos induced by mixing: $Z' \leftrightarrow \nu \nu l \nu \chi l \chi \chi$

$$\lambda_{Z'}^{\chi\chi} = g_X$$

$$\lambda_{Z'}^{\chi\nu} = g_X \theta_{\nu\chi}$$

$$\lambda_{Z'}^{\nu\nu} = g_X \theta_{\nu\chi}^2$$



- 3 heavy right-handed neutrinos (seesaw)
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$$-\mathcal{L} = \overline{N_R} Y_{\nu} \ell_L \widetilde{H}^{\dagger} + \frac{1}{2} \overline{N_R} M_R N_R^c + \overline{N_R} Y_{\Phi} \chi_L \Phi + \text{h.c.}$$

$$\mathcal{L}_{\text{int}} = g_X Z'_{\mu} \overline{\chi} \gamma^{\mu} \chi \qquad g_X = \frac{m_{Z'}}{v_{\Phi}}$$

indep. params for pheno:

$$m_{\nu}, M_{R}, \theta_{
u\chi}$$
 $v_{\Phi}, m_{Z'}$



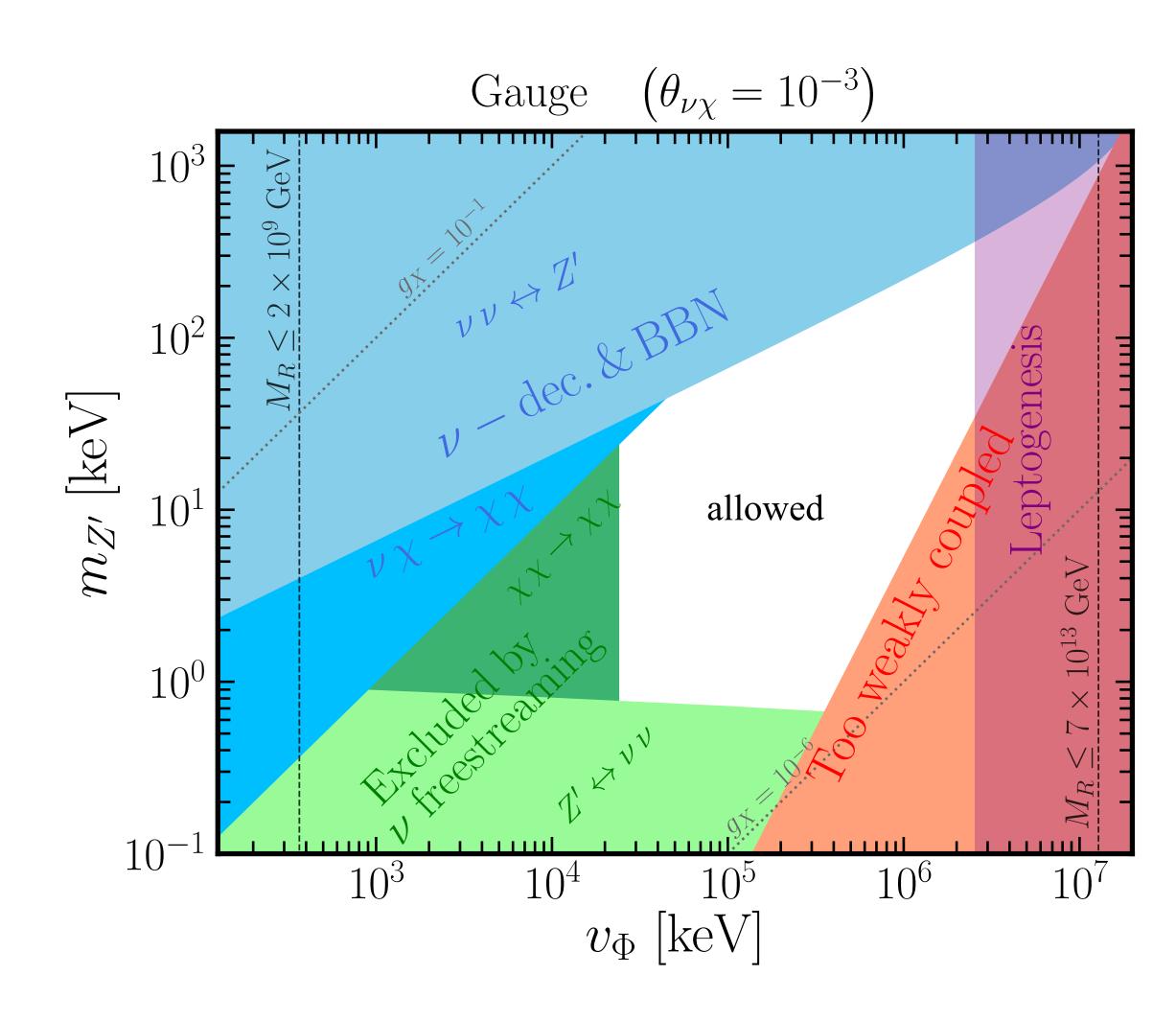
Available parameter space

$$\theta_{\nu\chi} \simeq 10^{-3}$$

$$m_{Z'} \sim 10 \,\mathrm{keV}$$

$$v_{\Phi} \sim 100 \,\mathrm{MeV}$$

$$g_X = \frac{m_{Z'}}{v_{\Phi}} \sim 10^{-4}$$





Available parameter space

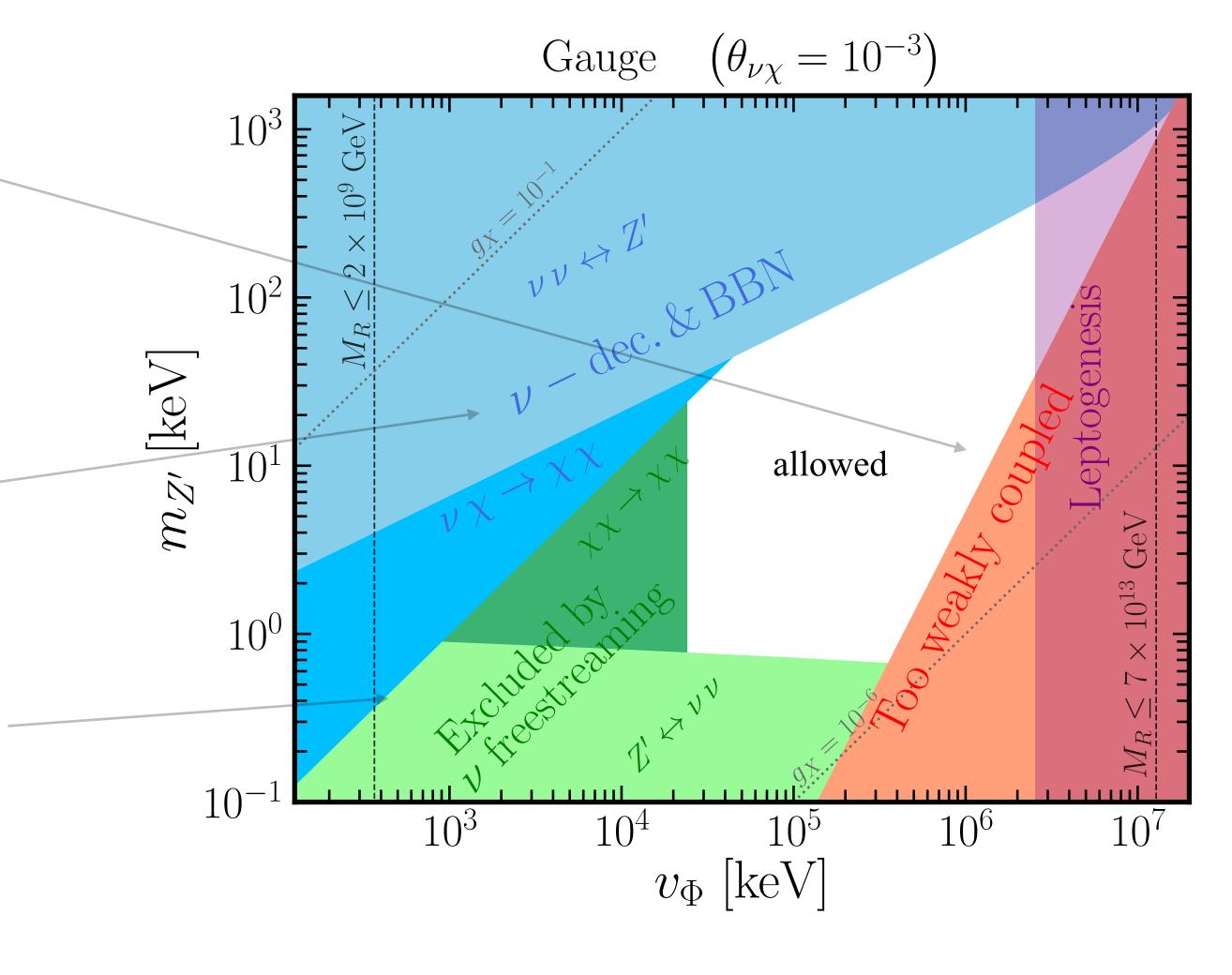
• thermalization of the dark sector:

$$\Rightarrow \langle \Gamma(\nu\nu \to Z') \rangle \gtrsim H(T = m_{Z'}/3)$$

 avoid thermalization of the dark sector before BBN:

$$\langle \Gamma(\nu\nu \to Z') \rangle < H(T = 0.7 \text{ MeV})$$

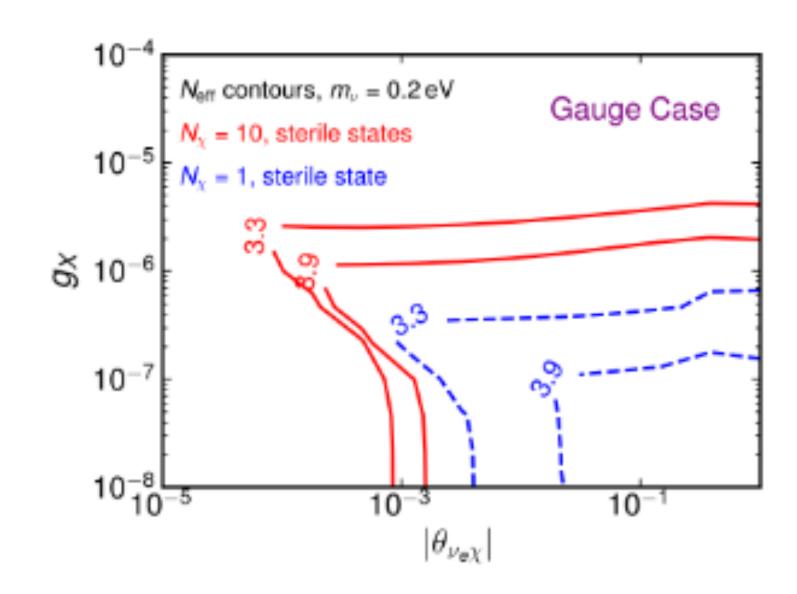
• free-streaming of neutrinos & dark radiation before/around recombination $\langle \Gamma \rangle < H$ for $z < 10^5$ Taule, Escudero, Garny, 2207.04062

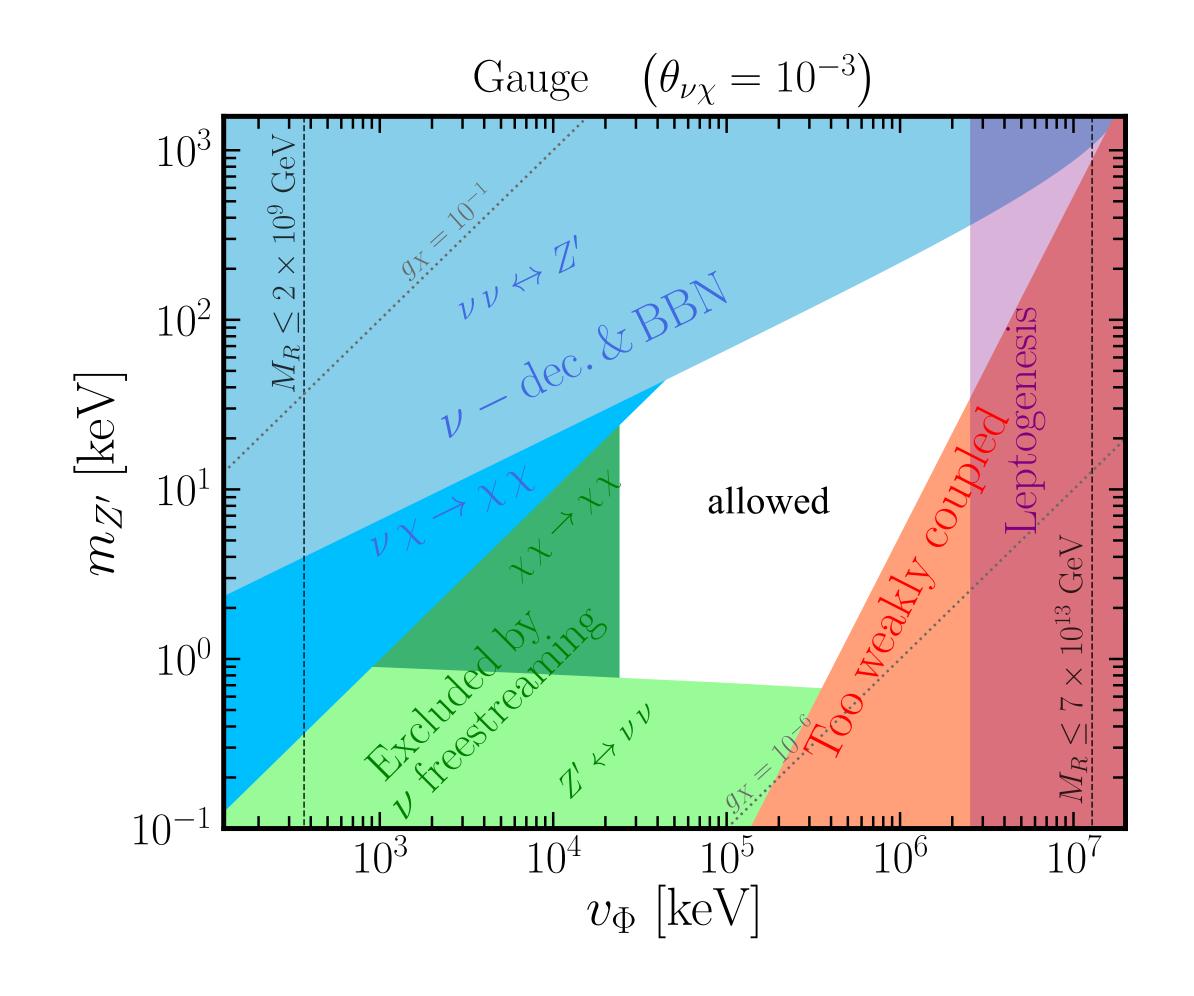




Neutrino mixing with massless states $\theta_{\nu\chi}$

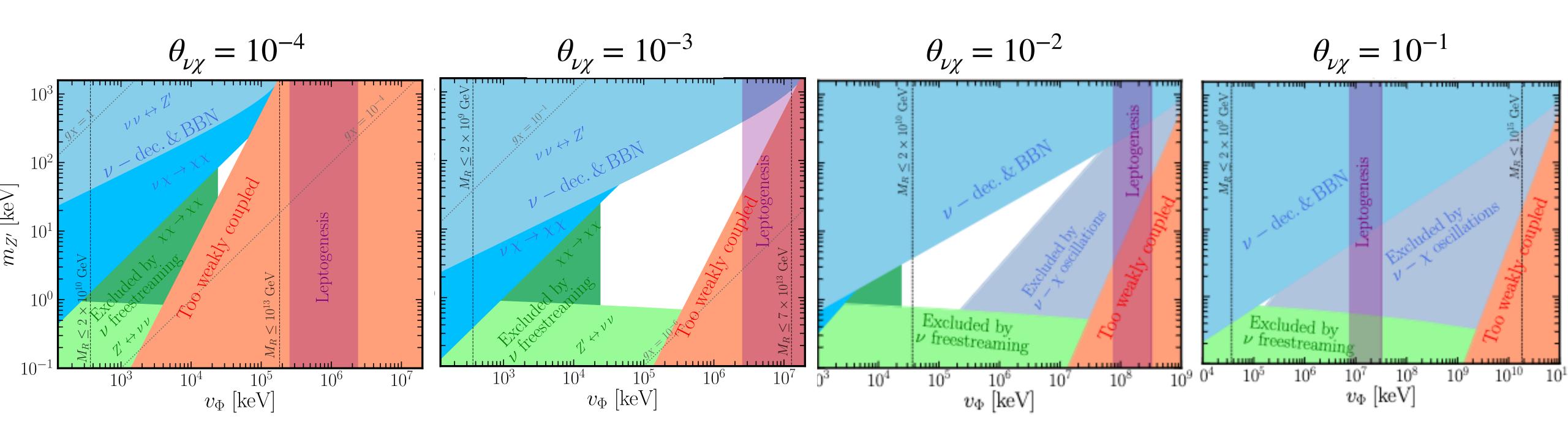
- avoid thermalization of χ prior neutrino decoupling due to oscillations
- take into account effective potential due to self-interactions







Neutrino mixing with massless states $\theta_{\nu\chi}$



$$10^{-4} \lesssim \theta_{\nu\chi} \lesssim 10^{-1}$$

upper range potentially testable in oscillation experiments T. Ota, 2411.16356



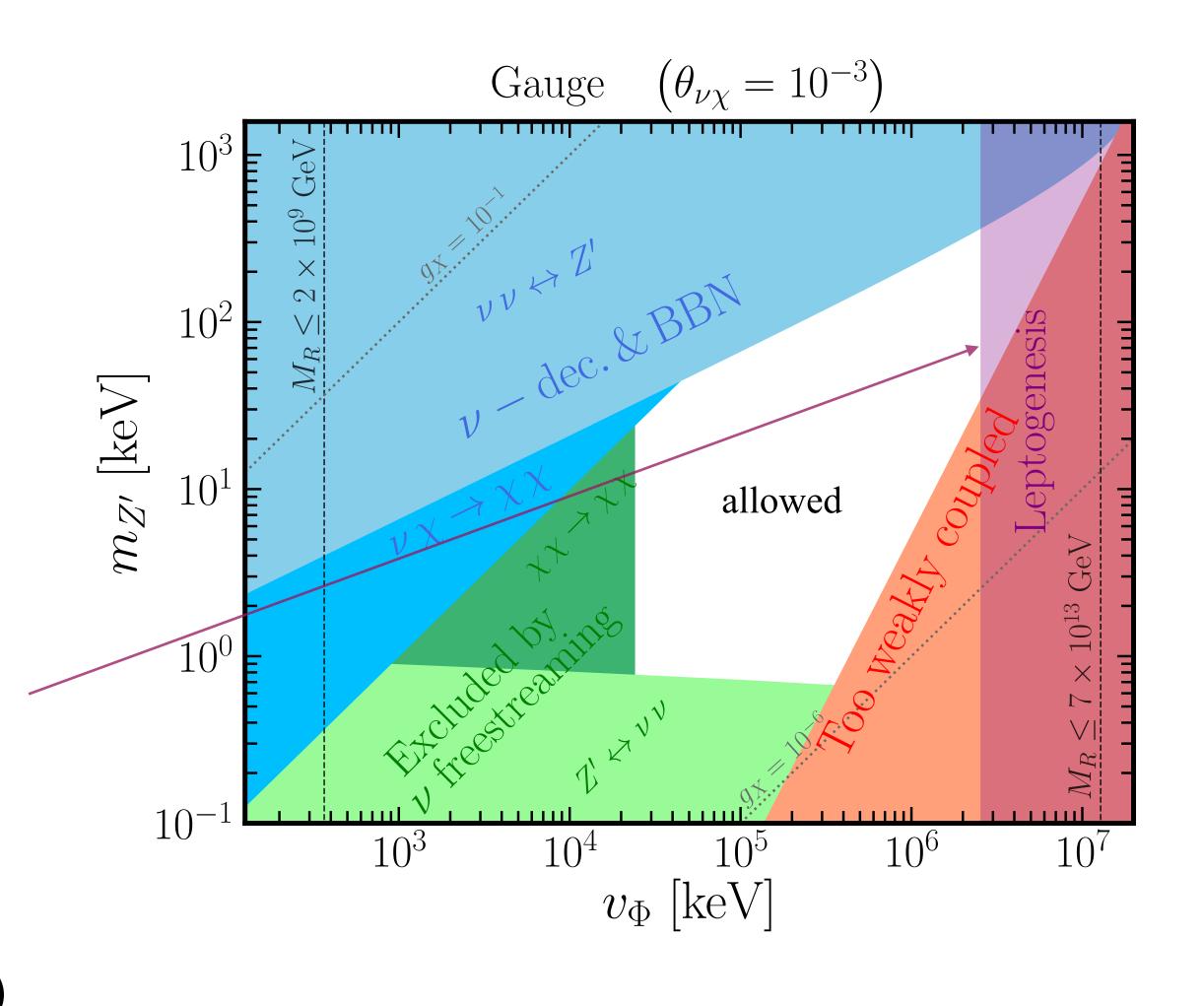
Constraints on heavy RH neutrinos

$$M_R \lesssim 10^{10} - 10^{14} \,\text{GeV}$$

- perturbativity of Yukawa $Y_{\Phi} \, \overline{N}_{\!R} \, \chi_{\!L} \Phi$
- loop-induced Higgs portal $\lambda_{\Phi H} |\Phi|^2 H^\dagger H$ remains small to avoid thermalization of Φ prior BBN

Comment on leptogenesis:

- standard thermal LG works if N o HL dominates over $N o \phi \chi$
- otherwise χ would thermalize and conflict with $N_{\rm eff}$ \Rightarrow require $T_{RH} < M_R$ (allows still for $T_{RH} \gg T_{EW}$)





Signatures in a super nova

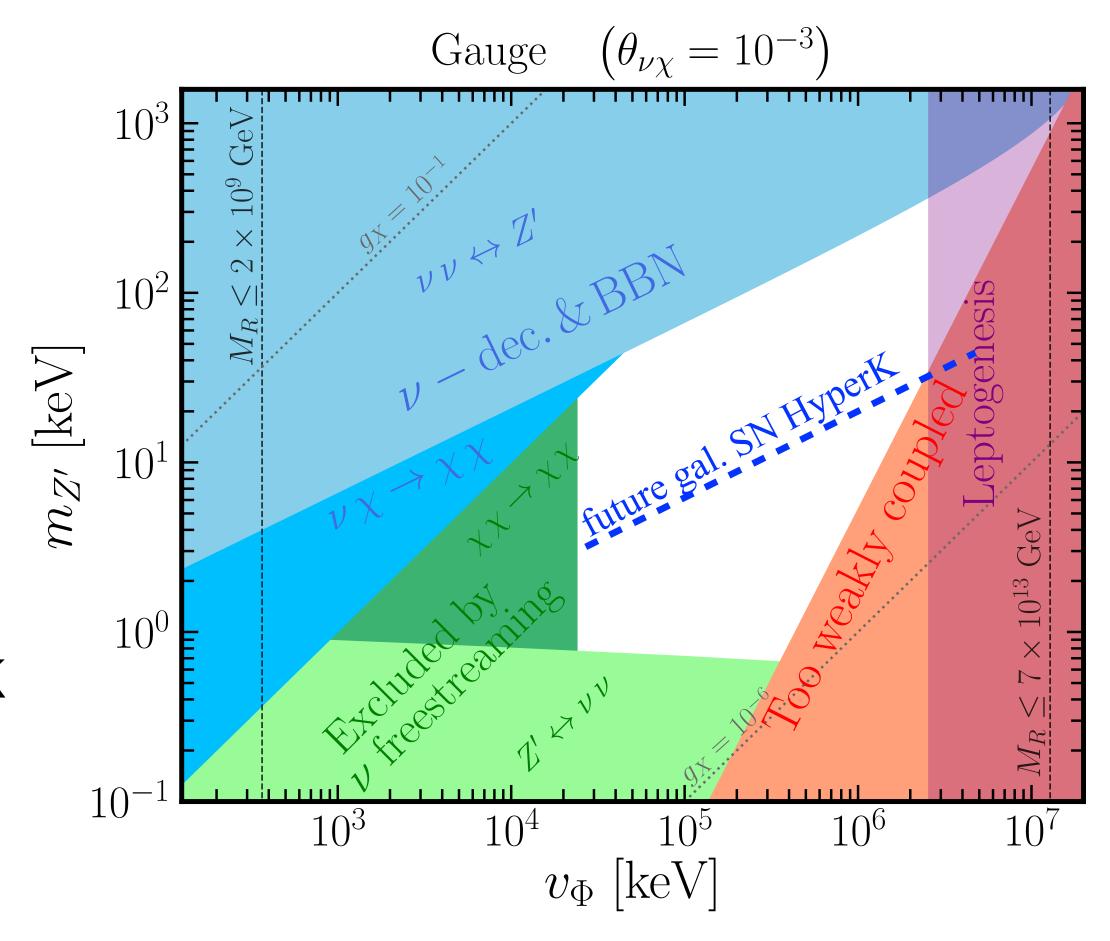
SN cooling arguments for SN1987A exclude

$$3 \times 10^{-7} \, \frac{\mathrm{keV}}{m_{Z'}} \lesssim \lambda_{Z'}^{\nu\nu} \lesssim 10^{-4} \, \frac{\mathrm{keV}}{m_{Z'}}$$
 Fiorillo, Raffelt, Vitagliano, 2209.11773

weaker than BBN constraint $\lambda_{Z'}^{\nu\nu} \lesssim 10^{-7} (\text{keV}/m_{Z'})$

• Future galactic SN at 10 kpc: neutrino signal in HyperK from $Z' \to \nu \nu$: sensitivity down to

$$\lambda_{Z'}^{\nu\nu} \sim 10^{-9} ({\rm keV}/m_{Z'})$$
 Akita, Im, Masud, 2206.06852

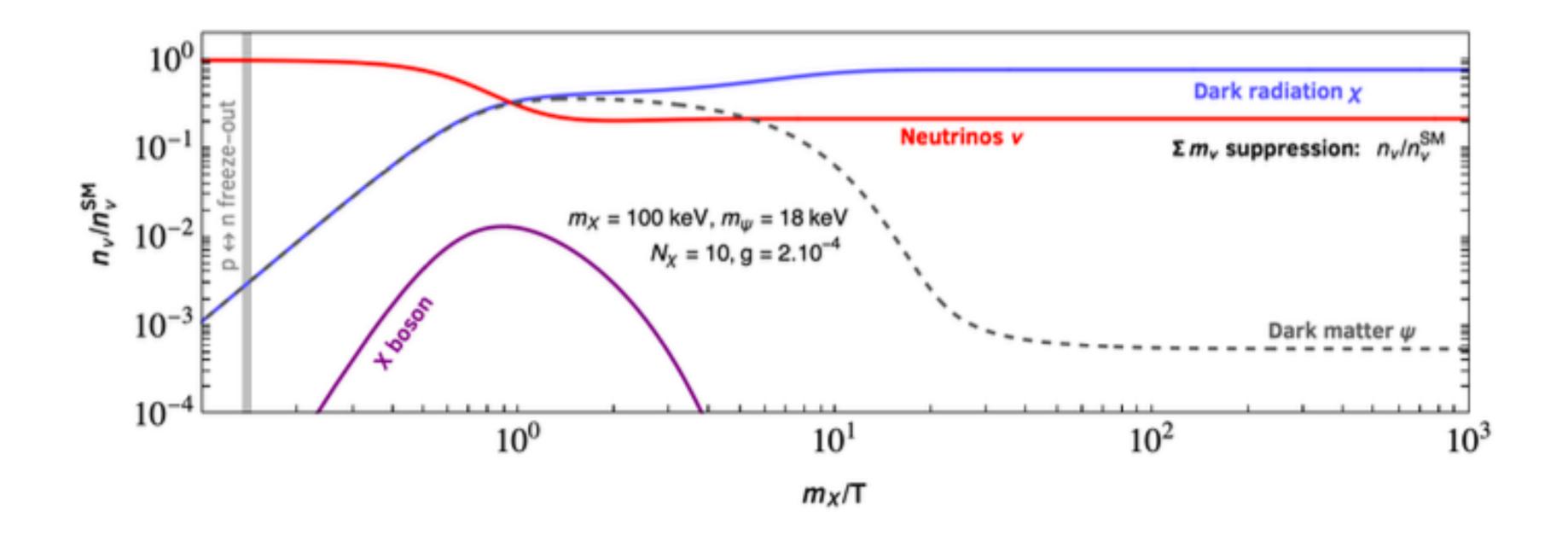




Adding keV sterile neutrino dark matter

Benso, Schwetz, Vatsyayan, 2410.23926

• freeze-out in the dark sector $\psi\psi \leftrightarrow \chi\chi, Z'Z'$









Fermion sector

basis $(\chi_L^c, \nu_L^c, \psi_L^c, N', N)$:

$$\mathcal{M}_n = egin{pmatrix} 0 & 0 & 0 & \Lambda' & \Lambda \ 0 & 0 & 0 & m_D' & m_D \ 0 & 0 & 0 & \kappa' & \kappa \ \Lambda'^T & m_D^T & \kappa'^T & M' & 0 \ \Lambda^T & m_D^T & \kappa^T & 0 & M \end{pmatrix}$$

dark freeze-out due to gauge interactions:

$$\lambda_{Z'}^{\psi\psi} = \lambda_{Z'}^{\chi\chi} = \frac{m_{Z'}}{v_{\phi}}$$

assumed hierarchy:

$$M \gg M' \gg m_D \gg \kappa', \Lambda \gg m_D', \Lambda', \kappa$$

 $M'm_D^2 \ll M{\kappa'}^2$

seesaw masses

$$m_{\nu} \approx m_D M^{-1} m_D^T$$
, $m_{\psi} \approx \kappa' M'^{-1} \kappa'^T$.

mixing with active neutrinos

$$\theta_{\nu\psi} = \frac{m_D'}{\kappa'} \rightarrow 0$$



Fermion sector

basis $(\chi_L^c, \nu_L^c, \psi_L^c, N', N)$:

$$\mathcal{M}_n = egin{pmatrix} 0 & 0 & 0 & \Lambda' & \Lambda \ 0 & 0 & 0 & m_D' & m_D \ 0 & 0 & 0 & \kappa' & \kappa \ \Lambda'^T & m_D^{T'} & \kappa'^T & M' & 0 \ \Lambda^T & m_D^T & \kappa^T & 0 & M \end{pmatrix}$$

assumed hierarchy:

$$M \gg M' \gg m_D \gg \kappa', \Lambda \gg m_D', \Lambda', \kappa$$

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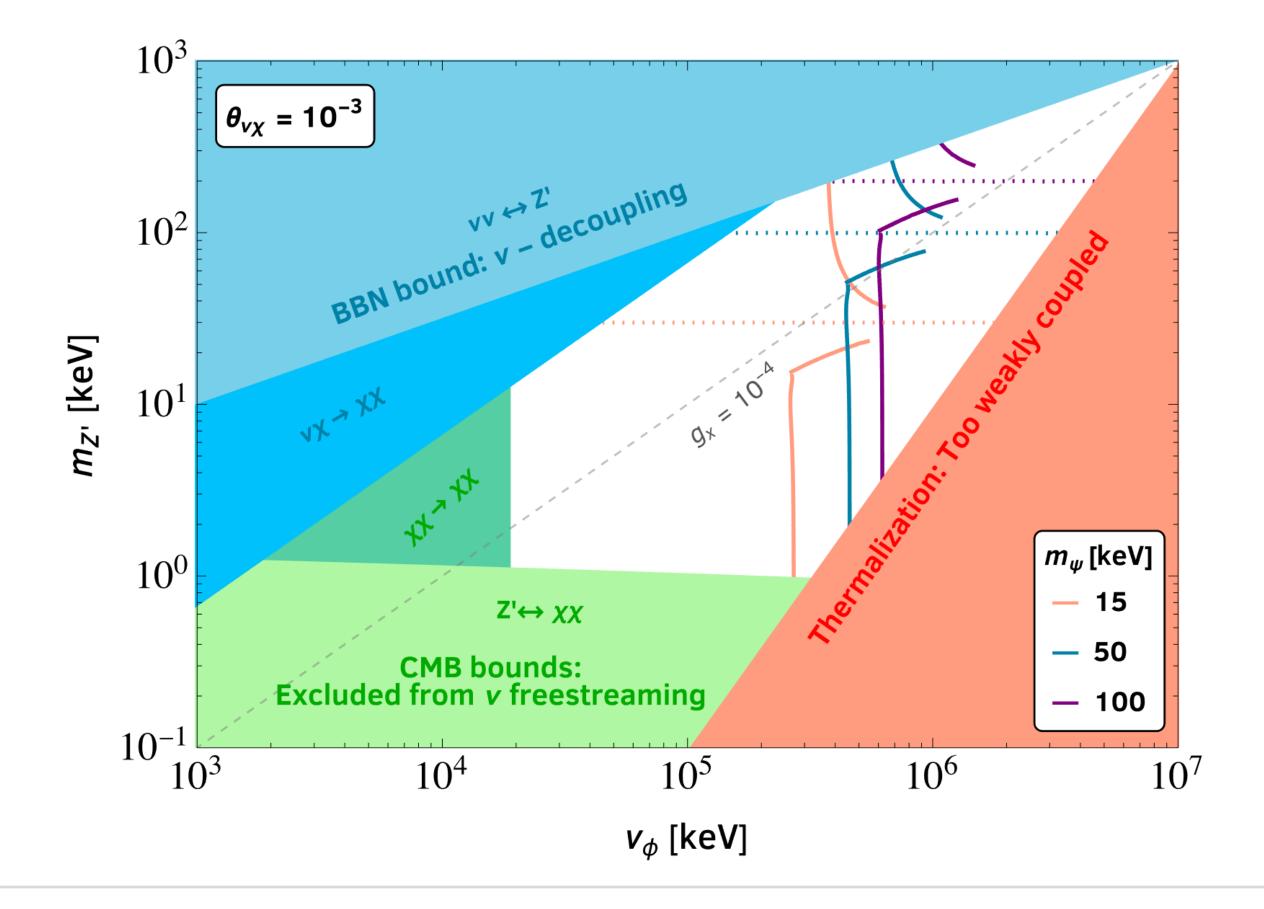
seesaw masses

$$m_{\nu} \approx m_D M^{-1} m_D^T$$
, $m_{\psi} \approx \kappa' M'^{-1} \kappa'^T$.

M [GeV]	M' [GeV]	$m_D [{ m GeV}]$	κ' [GeV]	$\Lambda \ [{ m GeV}]$	$v_{\phi} [{\rm GeV}]$	$m_{\psi} \; [\mathrm{keV}]$	$m_{Z'} [{\rm keV}]$	$g = m_{Z'}/v_{\phi}$	$\theta_{ u\chi}$	N_{χ}	$n_{ u}/n_{ u}^{ m SM}$	$\Delta N_{ m eff}$
10^{11}	10^{2}	4.47	0.043	0.004	0.5	18.5	100	2×10^{-4}	10^{-3}	10	0.216	0.109
10^{12}	10^{3}	14.14	0.23	0.141	0.8	53	77	9.6×10^{-5}	10^{-2}	10	0.216	0.109
10^{13}	10^{2}	44.7	0.1	0.044	0.6	100	32	5.3×10^{-5}	10^{-3}	20	0.135	0.060

DM abundance: freeze-out in the dark sector

$$\langle \sigma v \rangle = \frac{m_{\psi}^2}{8\pi v_{\phi}^4 x_d} \times \begin{cases} \tilde{N} & (m_{Z'} \gg m_{\psi}) & \psi \psi \leftrightarrow \chi \chi \\ 3 & (m_{Z'} \ll m_{\psi}) & \psi \psi \leftrightarrow Z' Z' \end{cases}$$





DM-neutrino mixing strongly constrained by DM lifetime

require $\tau_w > 20\tau_{\mathrm{Univ}}$. e.g., Poulin, Serpico, Lesgourgues, 1606.02073

• $m_{\psi} < m_{Z'}$: dominating decay $\psi \to \nu \chi \chi$ ($\psi \to 3\chi$ highly suppressed)

$$\theta_{\nu\psi}^2 < 2 \times 10^{-16} \left(\frac{15 \text{ keV}}{m_{\psi}}\right)^5 \left(\frac{21}{\tilde{N}}\right) \left(\frac{v_{\phi}}{2 \text{ GeV}}\right)^4$$

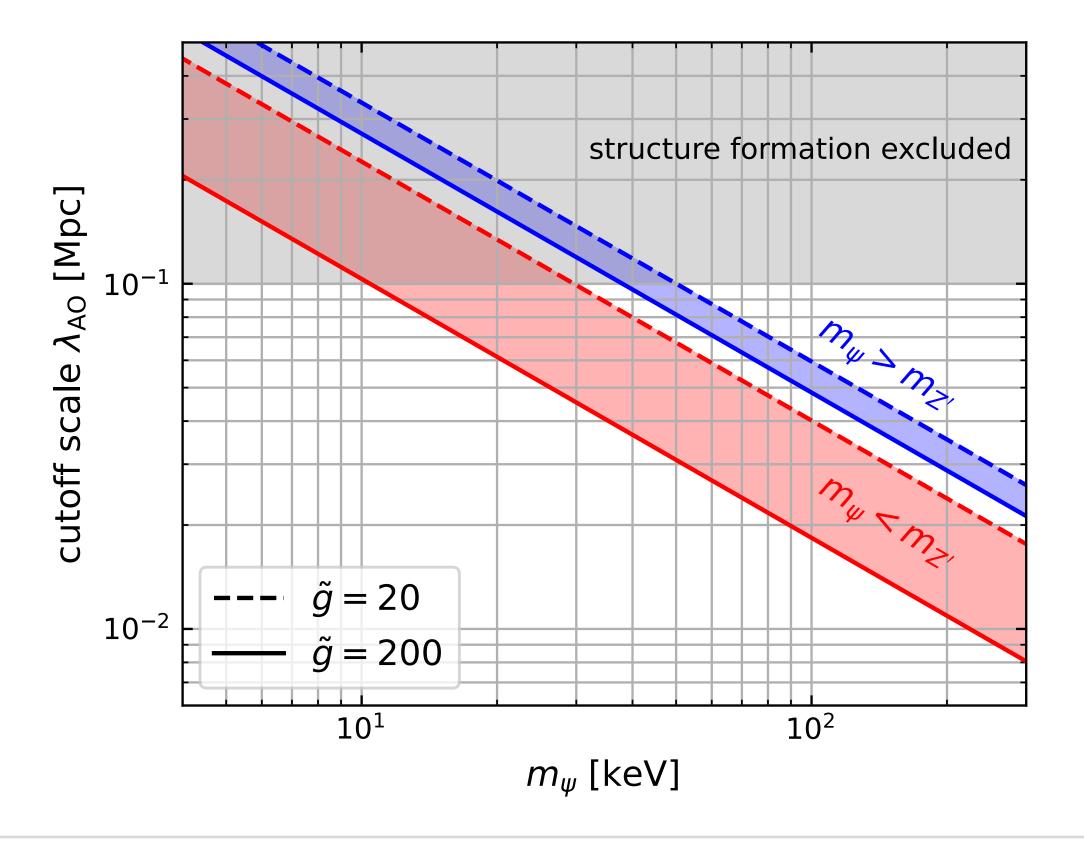
• $m_{\psi} > m_{Z'}$: dominating decay $\psi \to \nu Z'$

$$\theta_{\nu\psi}^2 < 1.2 \times 10^{-30} \left(\frac{m_{Z'}}{10 \text{ keV}}\right)^2 \left(\frac{10^{-4}}{g}\right)^2 \left(\frac{40 \text{ keV}}{m_{\psi}}\right)^3$$



Cosmic structure formation

• DM free-streaming and dark acoustic oscillations suppress growth of structure at scales $\lambda_{\mathrm{cutoff}} = \max(\lambda_{\mathrm{FS}}, \lambda_{\mathrm{AO}})$ A. Berlin, N. Blinov, 1807.04282





Summary

- ullet Relaxing cosmo bound on $\sum m_
 u$ requires exciting new physics
- Presented simple seesaw model:
 - large number of massless sterile neutrinos ($N_{\chi} \gtrsim 10-30$)
 - dark U(1) symmetry with breaking scale between 10 MeV and 10 GeV
 - weakly coupled Z' with mass 1 100 keV with $\lambda_{Z'}^{
 u
 u} \sim 10^{-9}$
 - including keV sterile neutrino DM
- possible signatures:
 - ullet deviation of $N_{
 m eff}$ at CMB
 - galactic SN observations
 - sterile neutrino searches at oscillation experiments
 - cut-off scale in cosmic structure





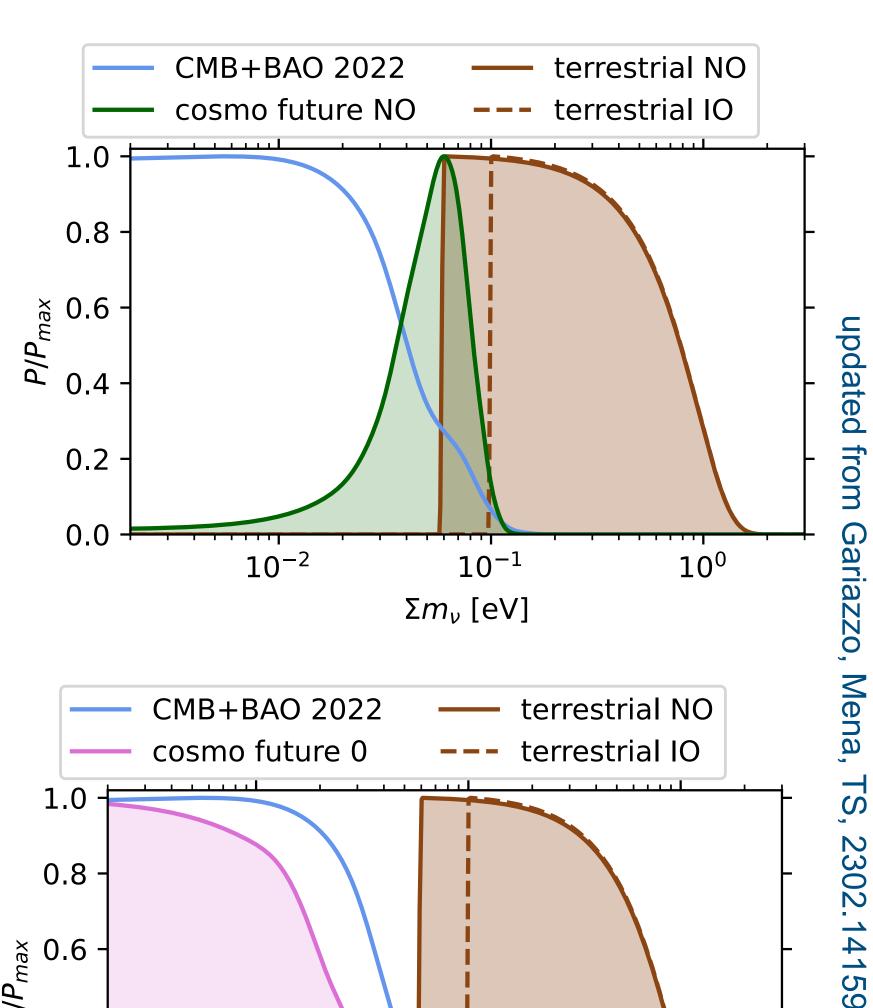
Backup

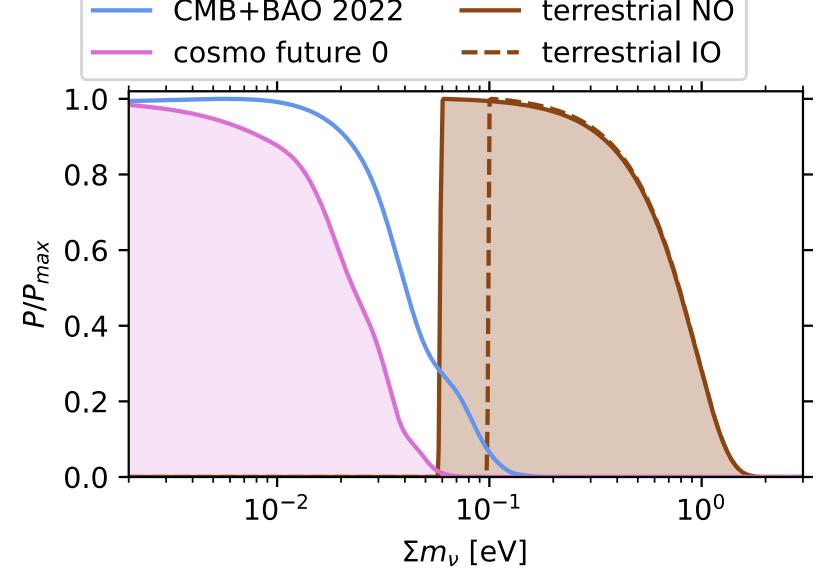


Possible near-term scenarios

$$\sigma(m_{\nu}) = 0.02 \, \rm eV$$
 e.g. from Planck + EUCLID or DESI 5 yr obs. e.g., Archidiacono et al., 1808.05955

- $\sim 3\sigma$ determination of finite neutrino mass consistent with 60 meV (NO), 100 meV (IO) still consistent at $\sim 2\sigma$
- $\sim 3\sigma$ tension between cosmo and lab could indicate either non-standard cosmology or neutrino properties or both

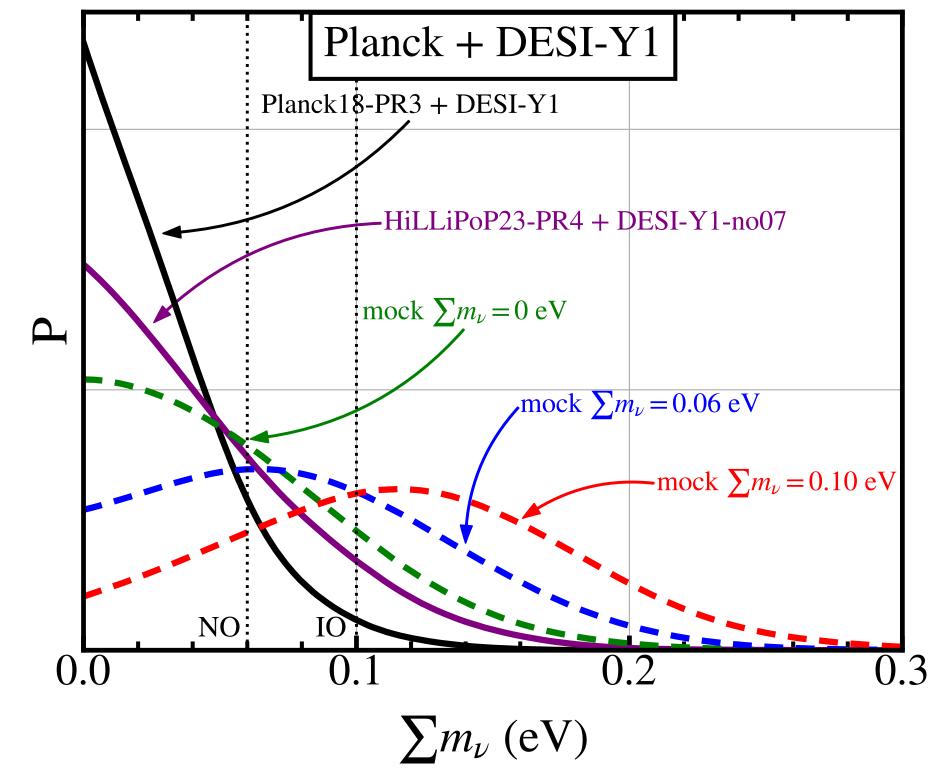






"too strong" bound due to Planck lensing anomaly, statistical fluctuation in DESI BAO data?





Example 1: hint for dynamical dark energy?

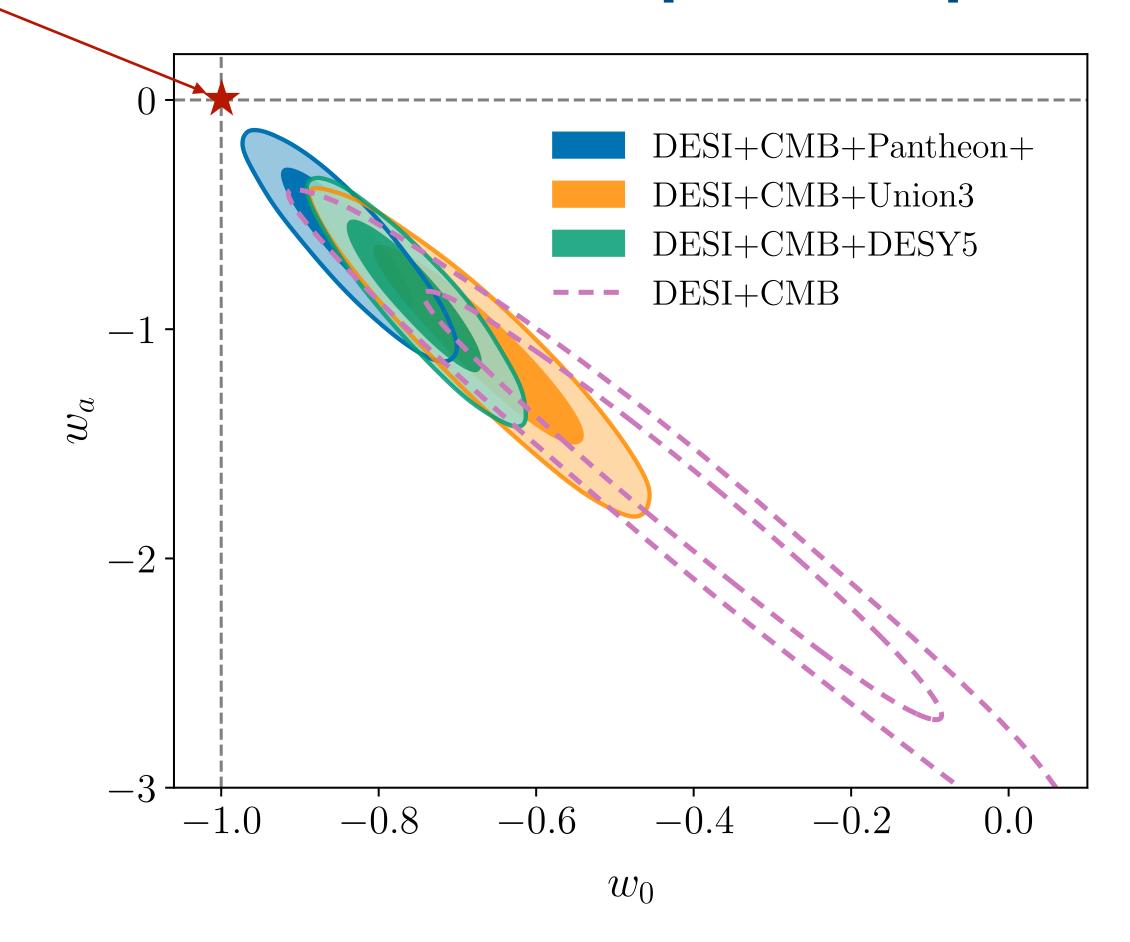
 $cosm.const.: w_0 = -1, w_a = 0$

DE equation of state: $p = w\rho$

$$w(z) = w_0 + w_a \frac{z}{1 + z}$$

 $2.8\sigma - 4.2\sigma$ indication for deviation from cosmolog. const.

DESI DR2 2025 [2503.14738]

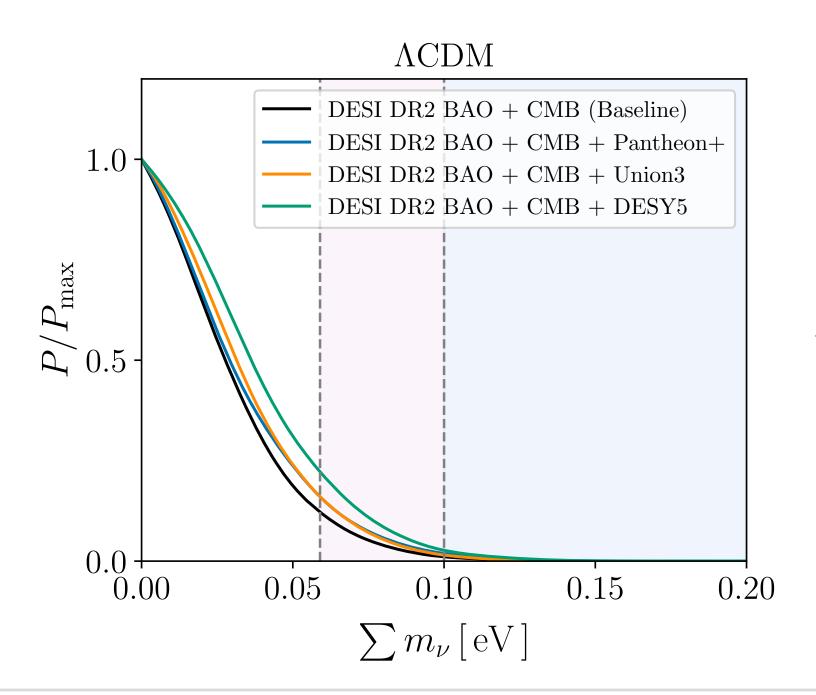


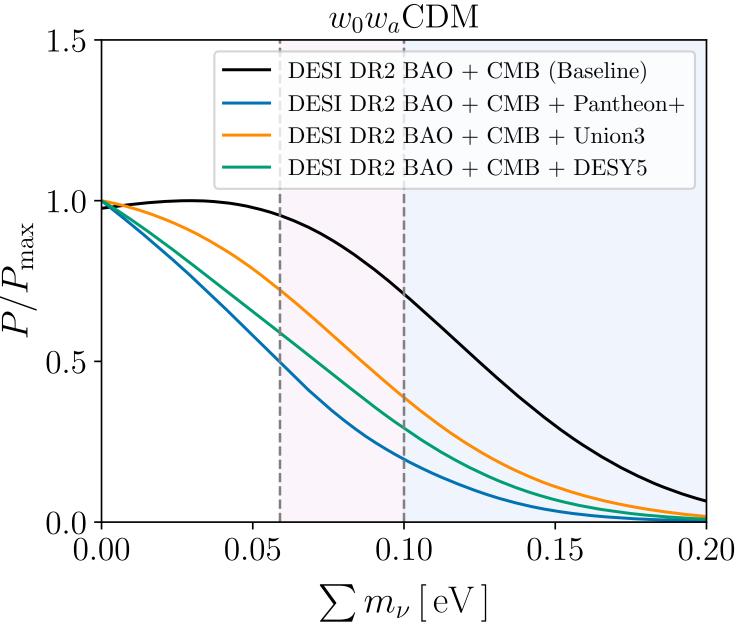


Example 1: hint for dynamical dark energy?

	$\sum m_{\nu} \ [eV]$
$\Lambda { m CDM} + \sum m_ u$	
DESI BAO+CMB [Camspec]	< 0.0642
DESI BAO+CMB [L-H]	< 0.0774
DESI BAO+CMB [Plik]	< 0.0691

	$\sum m_{\nu} [eV]$
$w_0w_a ext{CDM} + \sum m_ u$	
DESI BAO+CMB	< 0.163
DESI BAO+CMB+Pantheon+	< 0.117
DESI BAO+CMB+Union3	< 0.139
DESI BAO+CMB+DESY5	< 0.129





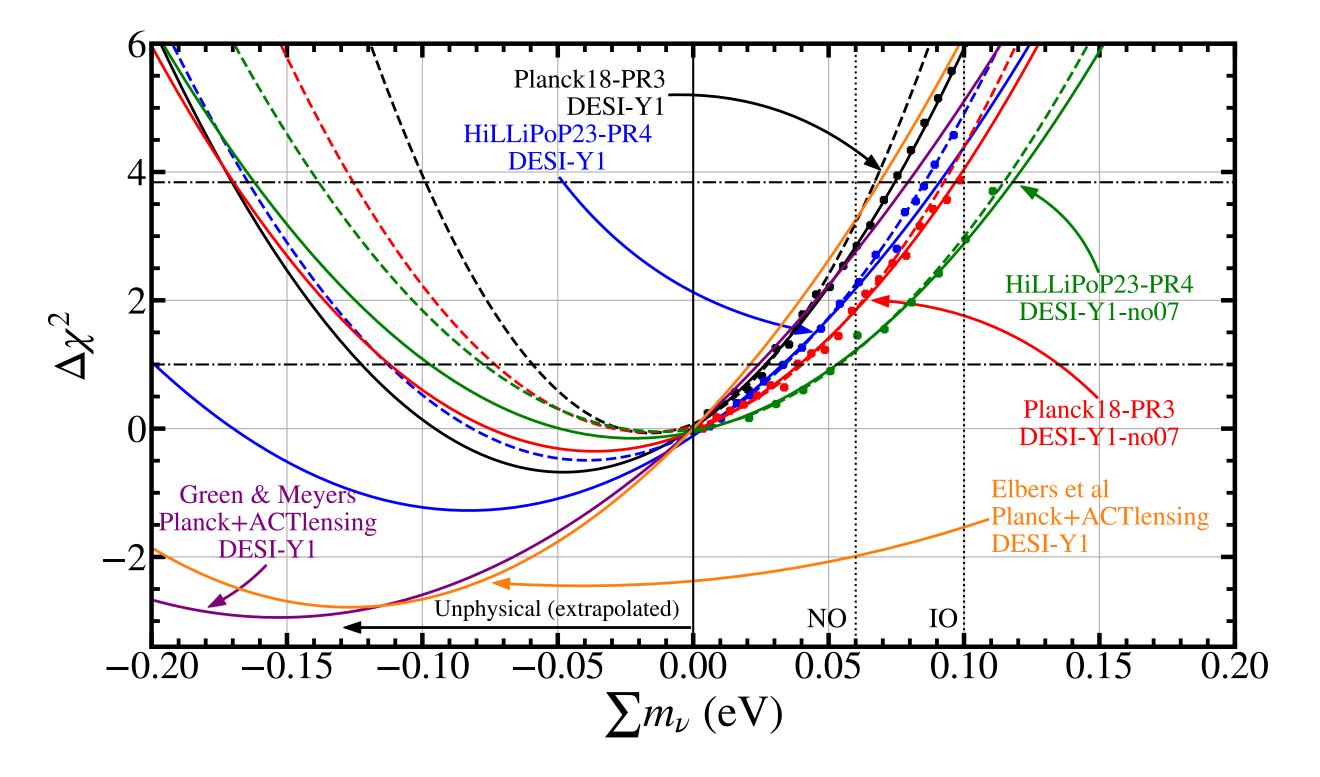
DESI DR2 [2503.14743]



Preference for negative neutrino mass?

$$\Delta \chi^2(m_{\nu} = 0) \lesssim 3$$
, $\Delta \chi^2(\text{NO}) \lesssim 6$

Naredo-Tuero, Escudero, Fernandez, Marcano, Poulin, 2407.13831



DESI DR2 [arXiv:2503.14743]

