

# Self Destructing Dark Matter

Yue Zhang

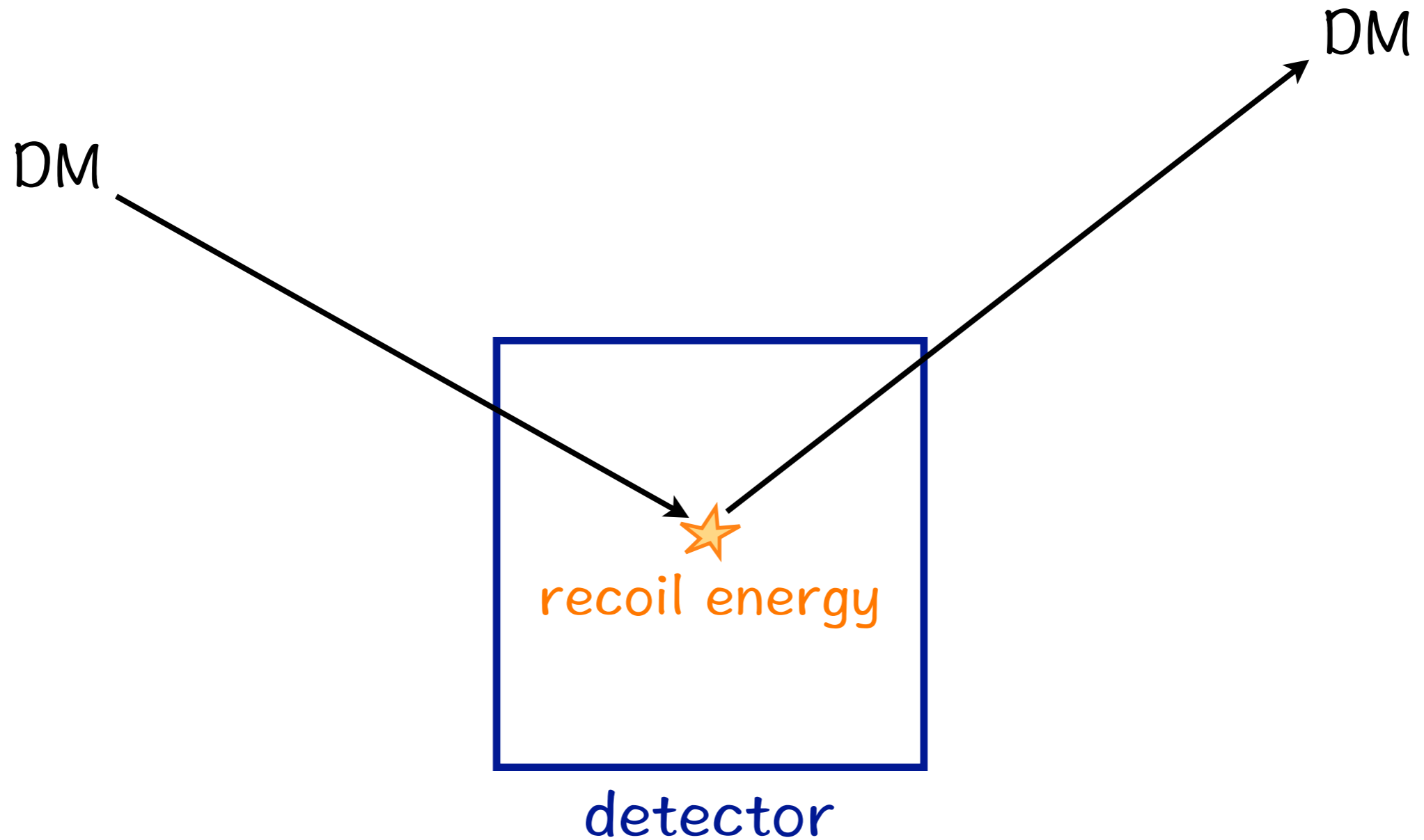
Northwestern & Fermilab

Brookhaven Forum, 10/12/2017

In collaboration with Yuval Grossman, Roni Harnik  
& Ofri Telem, to appear very soon.

# Dark Matter Direct Detection

Can laboratories detect the dark matter that exists in nature?

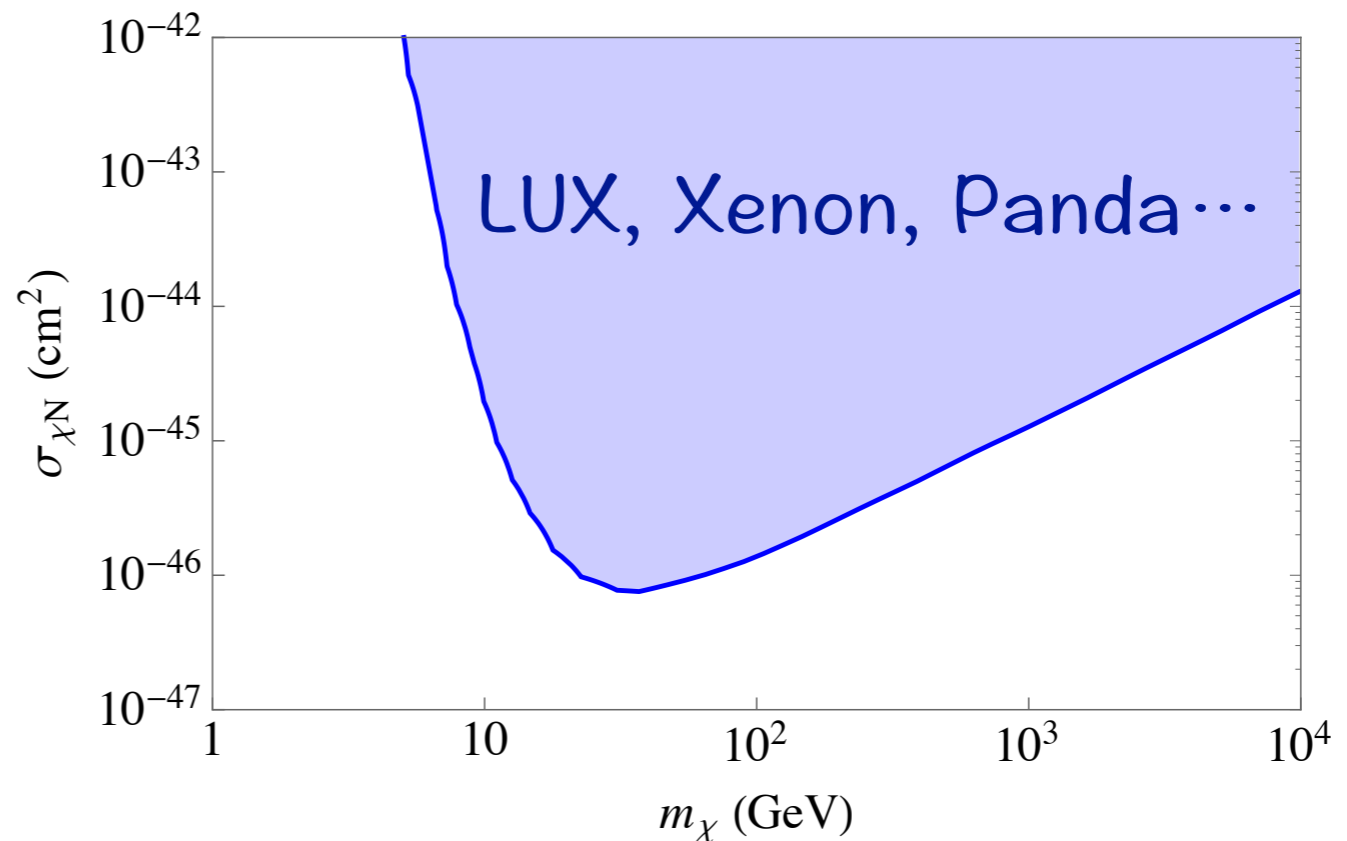


# Available Energy (the usual story)

Recoil energy  $\sim \mu v^2/2$ , with  $v \sim 10^{-3}$ .

Lighter dark matter  $\Rightarrow$  smaller recoil energy.

Threshold for dark matter detectors  $\sim 10$  keV or lower.

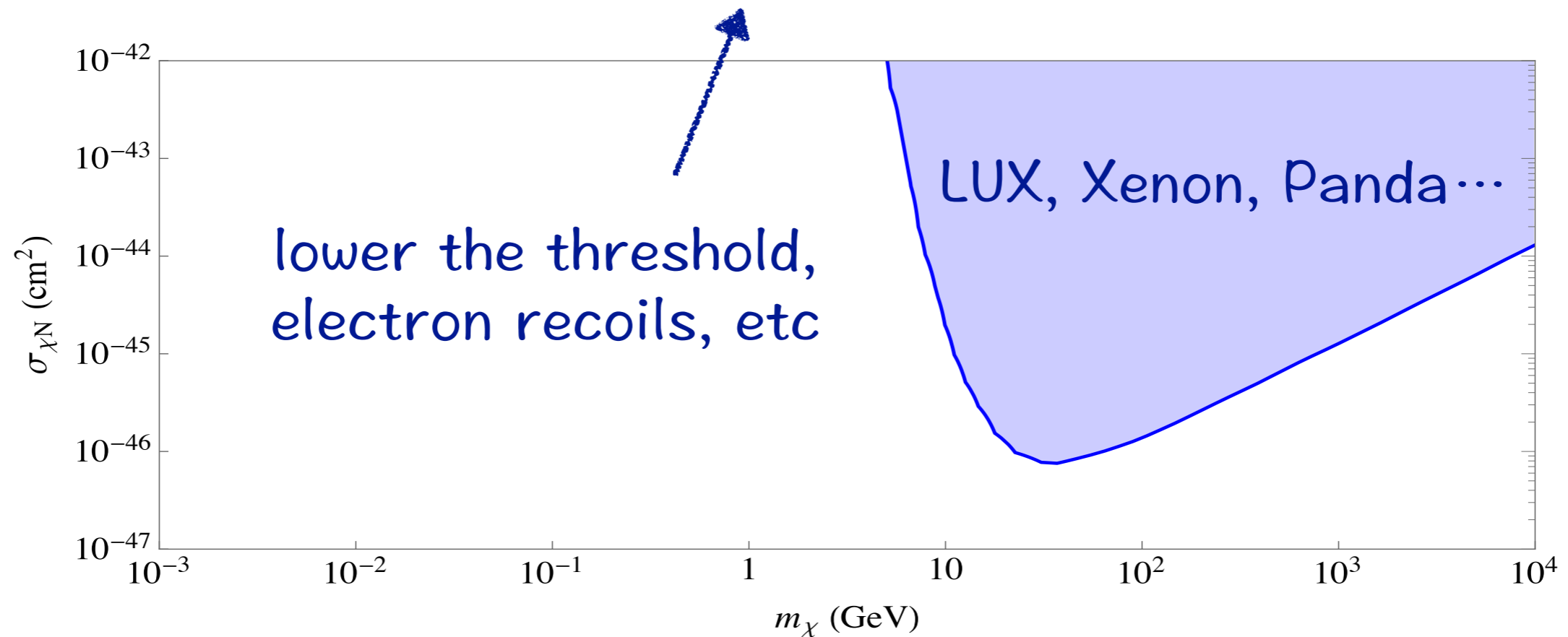


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# This Talk

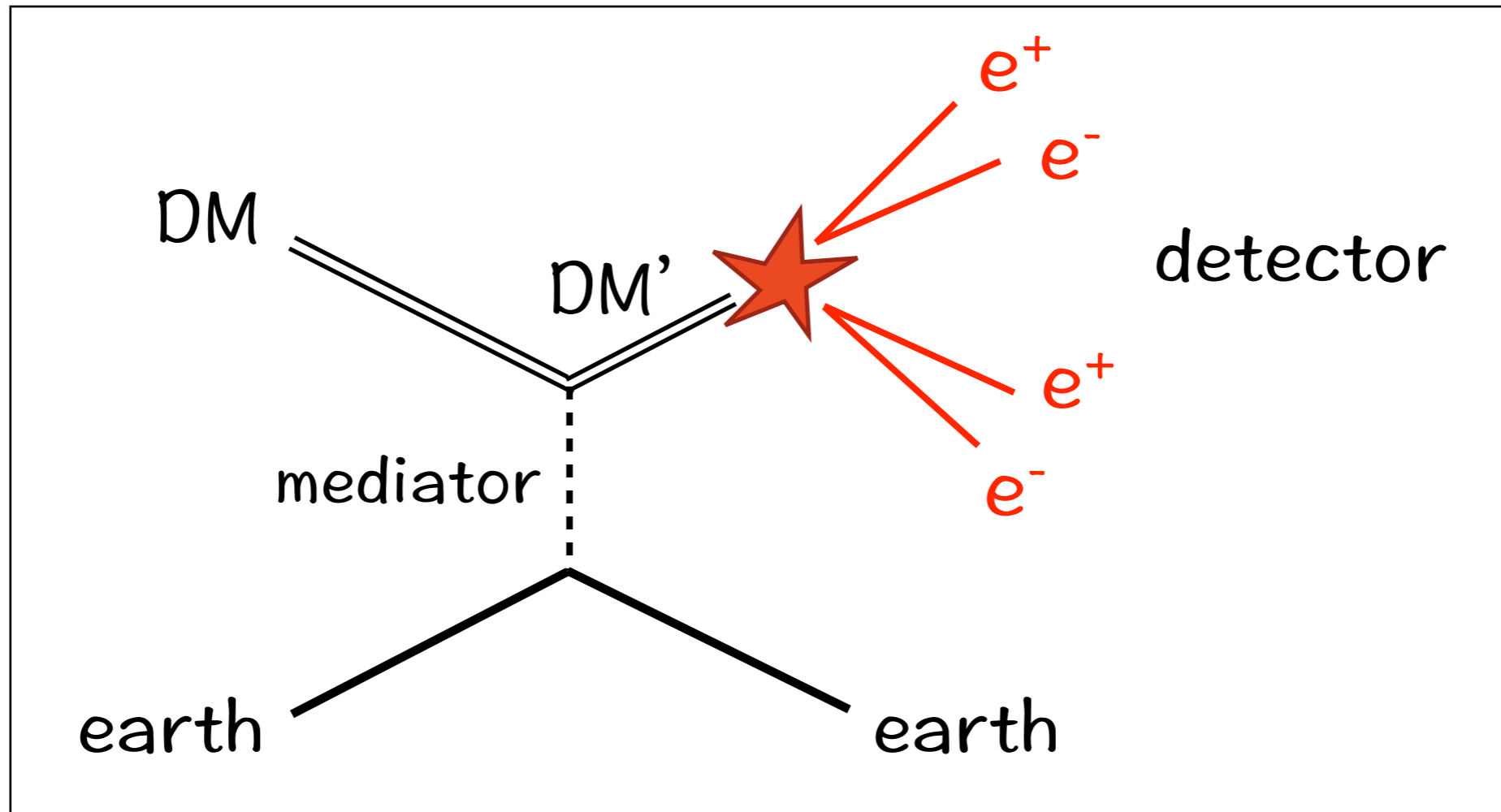
Go beyond simple WIMP-like scattering picture:

Instead of lowering thresholds, increase available energy.

- 1) There are models where ALL DM mass turns into energy after a scattering.
- 2) Such model could be detected in neutrino detectors, for DM mass between MeV to GeV scale.

Neutrino detectors: clean, large & higher thresholds ( $\sim$ MeV)

# Self Destructing Dark Matter



Self destruction only triggered by a scattering; does not occur to DM state by itself.

Very natural to build models with dark matter bound states.

# Self Destructing Dark Matter

DM has lived in the galaxy (not empty) for a long time, why would self destruction still occur at the earth today?

Place	Time spent, $\Delta t$	Density of stuff, $n$
Galactic Halo	$10^{17}$ sec	$\sim 1 \text{ cm}^{-3}$ (DM@1GeV)
Earth	10 sec	$\sim 10^{23} \text{ cm}^{-3}$

There is room for our Earth to do better

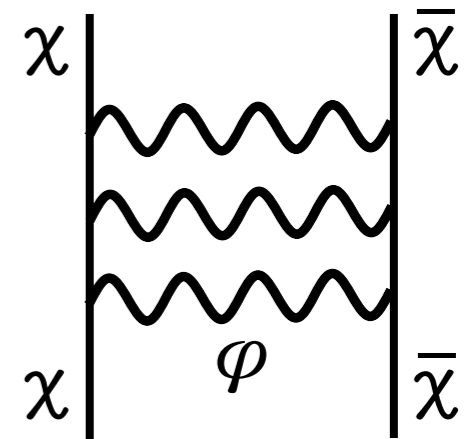
# The Dark Analogy to Positronium

A light (well below MeV, this study) dark force  $\varphi$  for binding two particles  $\chi$  and  $\bar{\chi}$  together,

$$\alpha_D^2 m_\chi / 4 < m_\varphi < \alpha_D m_\chi / (2n)$$

Rydberg

Bohr radius



A heavier (above MeV) mediator  $V$  for talking to SM:  $\kappa F_{\mu\nu} V^{\mu\nu}$ ,

$$\chi\bar{\chi} \rightarrow VV, \quad V \rightarrow e^+e^-$$

Mass range of  $V$ :  $\alpha_D m_\chi / 2 < m_V < m_\chi$



# Stabilization With High $\ell$

Higher angular momentum states are (much) more stable.

- Direct annihilation into  $V$  or  $\varphi$ .

$$\Gamma(\Psi_{n,\ell} \rightarrow VV) \sim (\alpha_D/n)^{2\ell+3} \alpha_D^2 m_\chi$$

- De-excitation by radiating SM particles ( $3\gamma$  or  $2\nu$ ) via  $V^*$  strongly suppressed ( $\Delta\text{binding energy} \ll 2m_e$ ).

If  $\alpha_D=0.01$ ,  $m_\chi=1\text{GeV}$ , the  $n=10$ ,  $\ell=9$  state very long-lived

$$\tau(\Psi_{10,9}) > 10^{40} \text{ sec}$$

# Scattering and Self Destruction

Turn into a lower  $\ell$  state,  $\Psi_{10,q} + (A,Z) \rightarrow \Psi_{1,0} + (A,Z)$

$$\sigma \sim g_D^2 k^2 e^2 Z^2 \left( \frac{m_x^2}{m_V^4} \right) \left( \frac{\alpha_D}{v} \right) F(q)^2$$

$\alpha_D/v$  enhancement if  $\alpha_D \gg v$ : binding energy release enlarges the phase space of scattering,

$$|\vec{q}| \sim m_x \alpha_D + m_x v \cos \vartheta$$

Form factor for bound state transition

$$F(q) = \int dV \Psi_{10,q}^*(x) \Psi_{1,0}(x) ( e^{iq \cdot x} - e^{-iq \cdot x} )$$

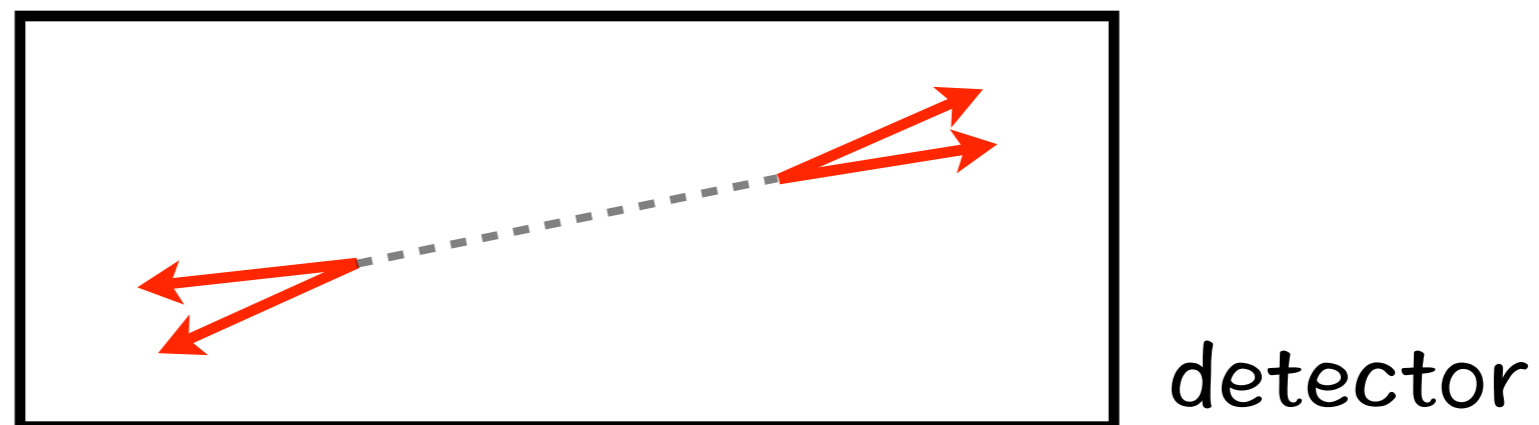
# Signals of DM Self Destruction

Self destruction: final  $\Psi_{1,0}$  state decays promptly into  $V$ 's

$$\tau(\Psi_{1,0}) = (\alpha_D^5 m_\chi / 2)^{-1} \sim 2 \times 10^{-14} \text{sec} \left(\frac{\alpha_D}{0.01}\right)^{-5} \left(\frac{m_\chi}{1 \text{GeV}}\right)^{-1}$$

$\Psi_{1,0} \rightarrow VV \rightarrow 2(e^+e^-)$  produces two pairs of  $e^+e^-$ . Each pair carries energy dictated by mass of  $\chi$ .

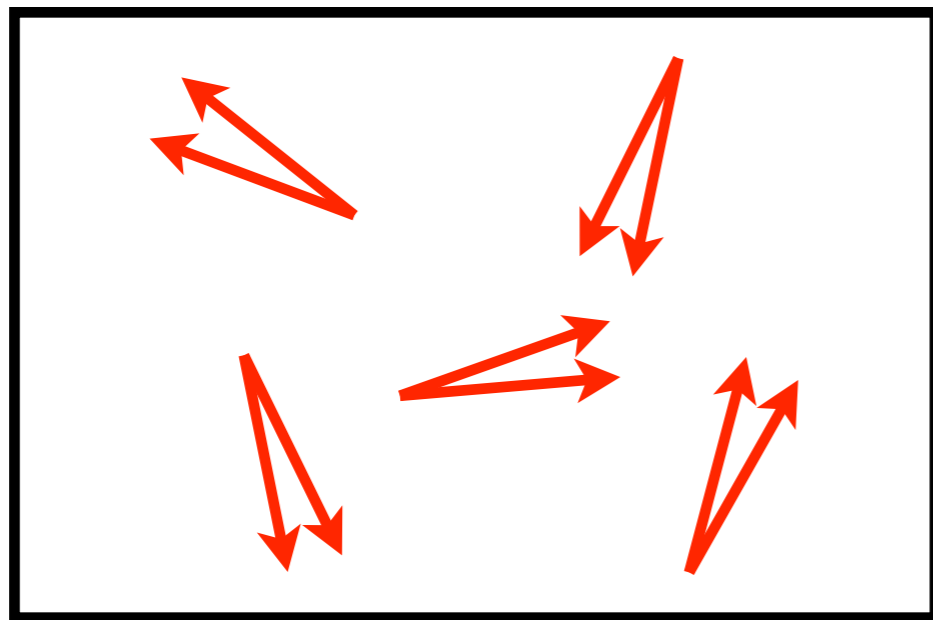
$V$  decay length  $\lesssim 10$ meter, observe both pairs, back to back.



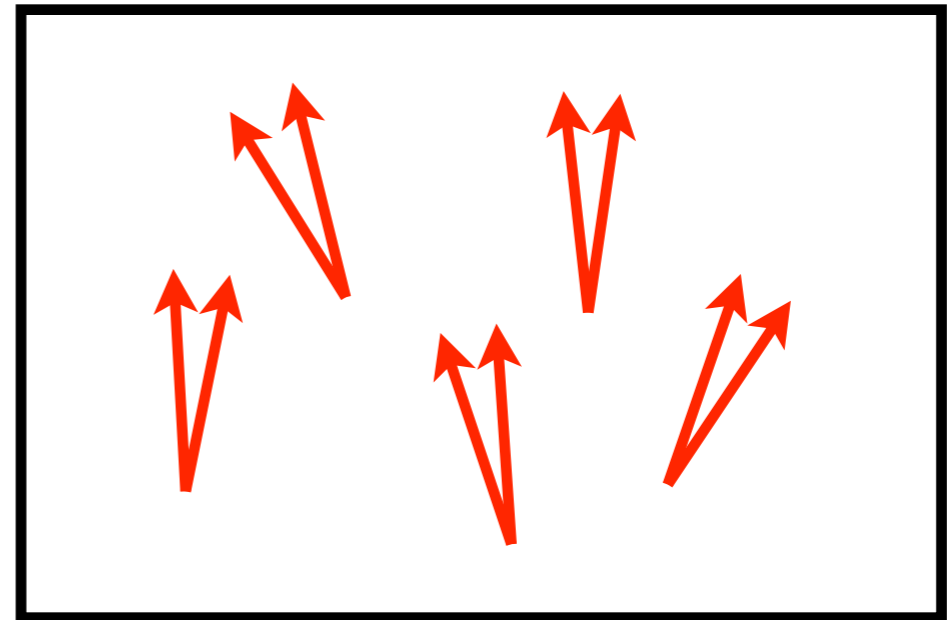
# Signals of DM Self Destruction

Dark photon  $V$  could be long lived,  $c\tau \gtrsim 10$  m. Scattering on earth, only one  $V$  travels to detector — see single pair.

- $c\tau \lesssim \text{km}$ : isotropic
- $\text{km} \lesssim c\tau \lesssim 10^4 \text{ km}$ : most pairs up-going



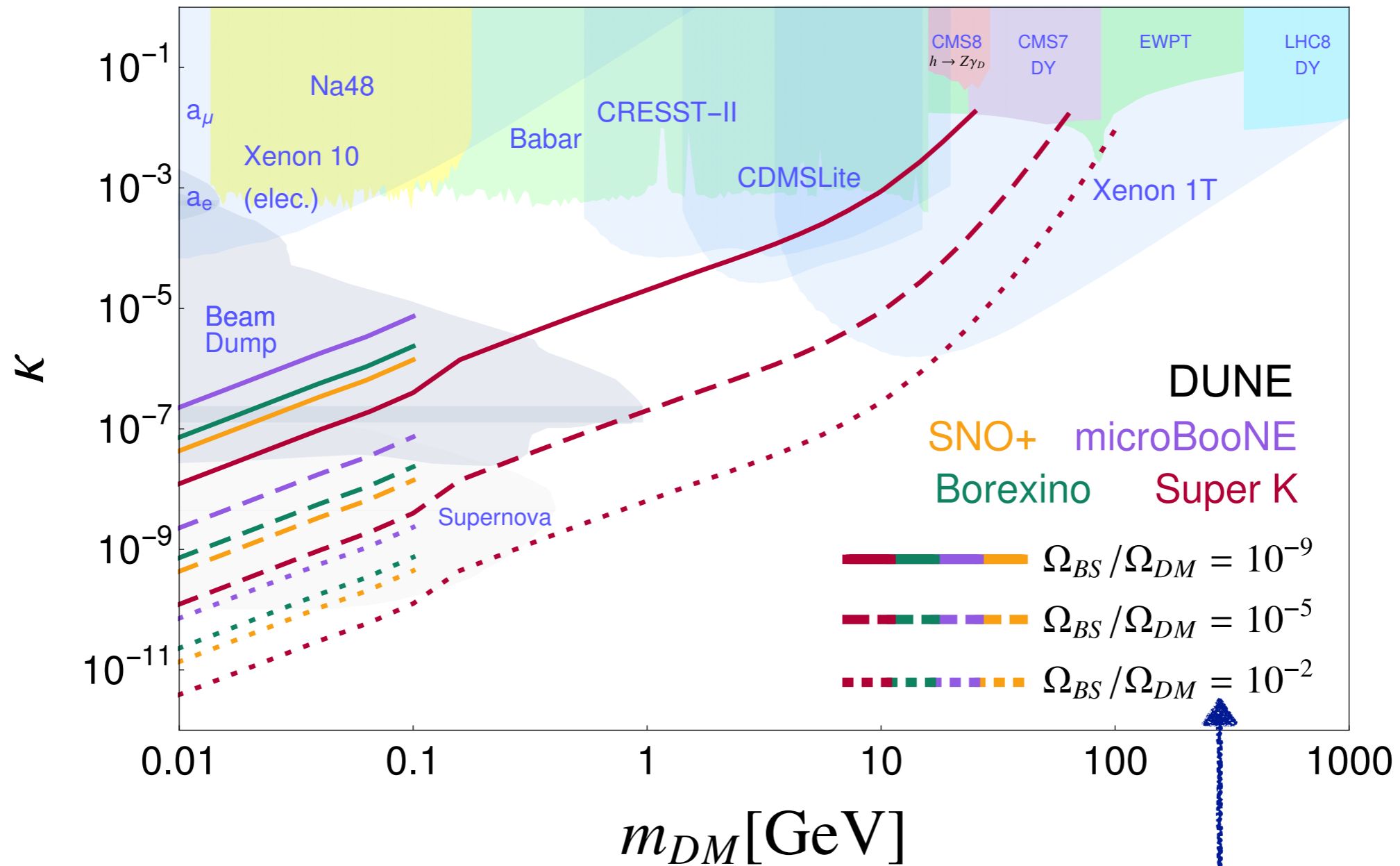
detector



detector

# New Constraints

$$m_{\gamma_D} = 2/3 m_{DM}, \alpha_D = 10^{-2}, \alpha_D^{BS} = 10^{-3}, \text{Signal rate} = 100 \text{ events/yr}$$

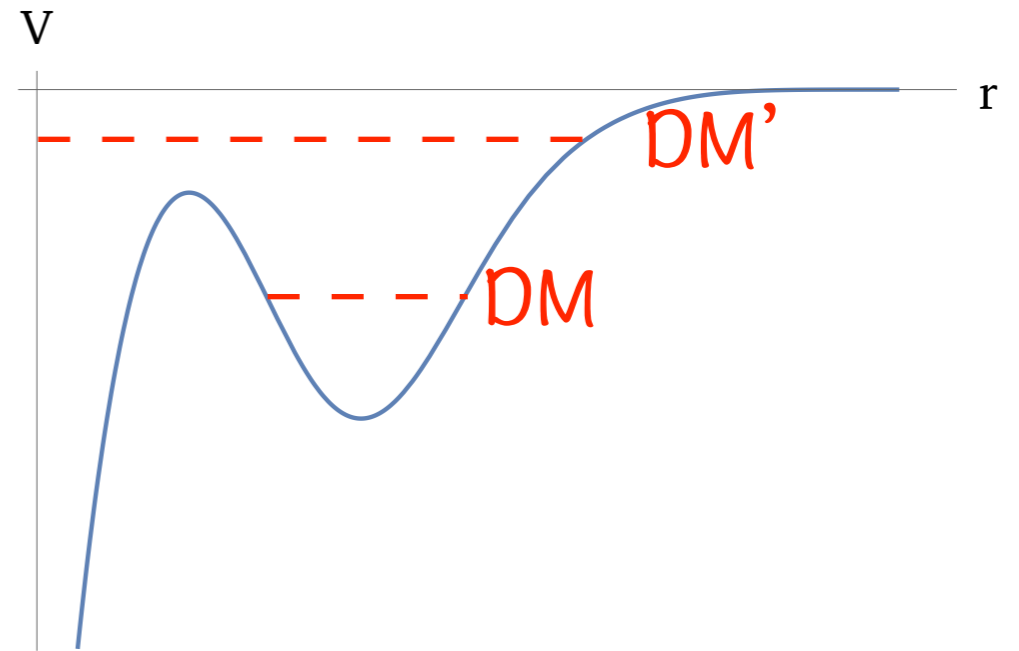


Even a tiny fraction of SDDM can have a strong impact

# Other SDDM Models

## Tunneling stabilization:

- Ground state wavefunction exponentially suppressed at origin.
- Unsuppressed for excited state.
- Analogy to  $D_2$  molecule  $\rightarrow$   ${}^4\text{He}$  (add a confining potential).



## Symmetry stabilization: $\chi$ carries baryon number

- $(\chi\chi)$  and  $(\chi\bar{\chi})$  are bounded by an  $SU(2)$  confining dark force.
- $(\chi\chi) + (A, Z) \rightarrow (\chi\bar{\chi}) + (A-1, Z)$ , steal a neutron away.

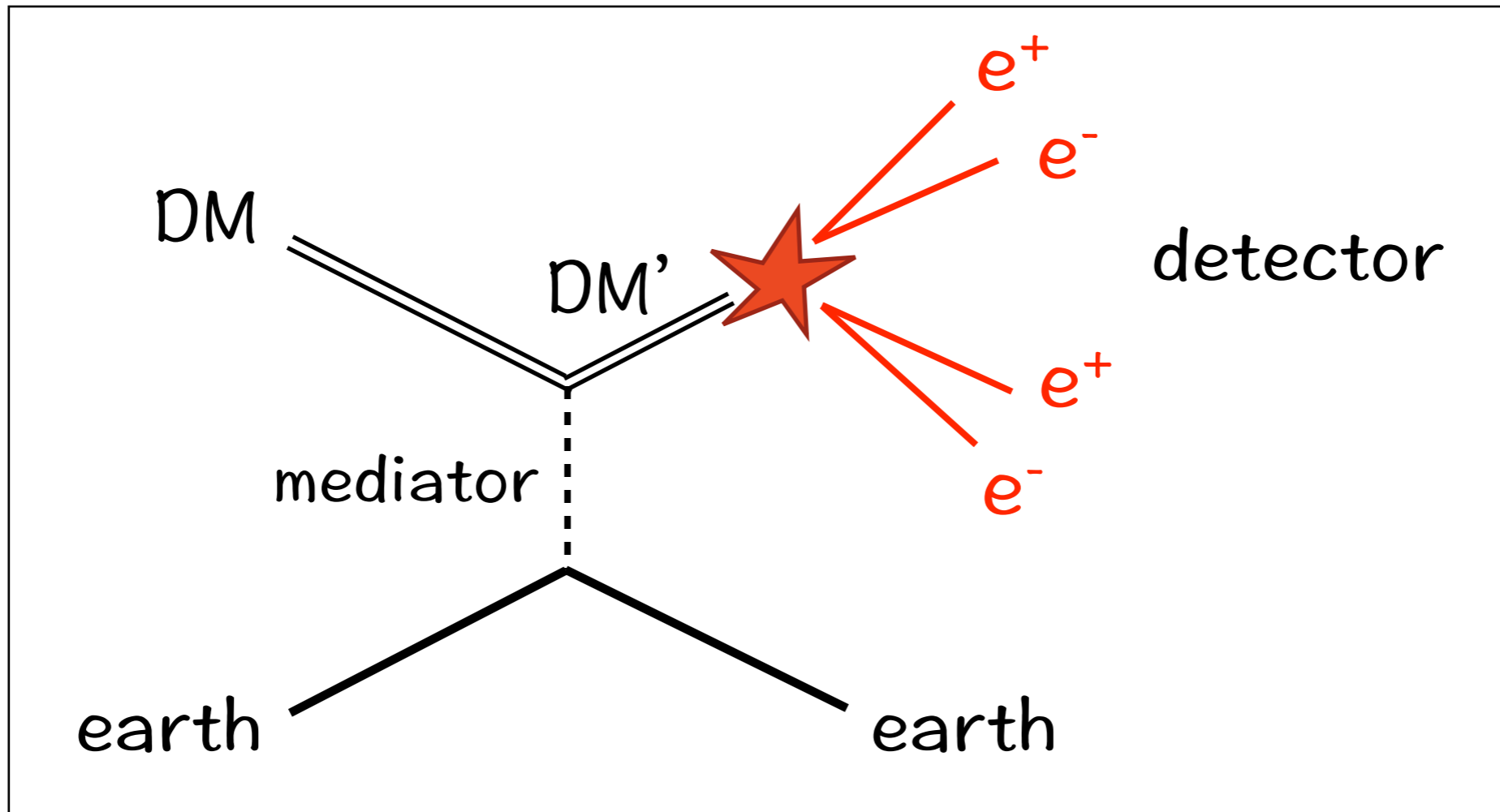
# Conclusion

Light dark matter is harder to leave a signal in direct detection if only the kinetic energy is available.

There is a class of models where all the DM mass turns into energy after a scattering.

Such a DM with mass MeV-GeV can be searched for using neutrino detectors

I discussed a few models where DM bound states can be the self destructing dark matter.



Thank you!