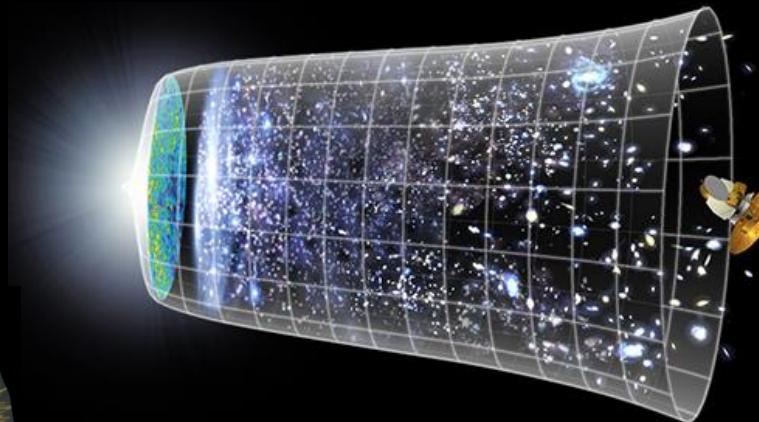
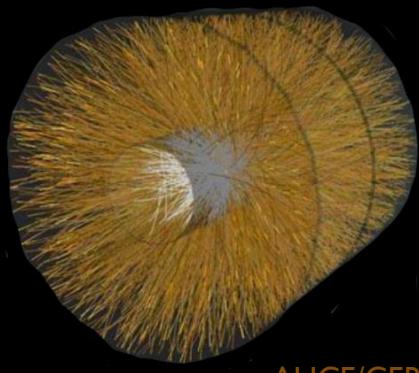
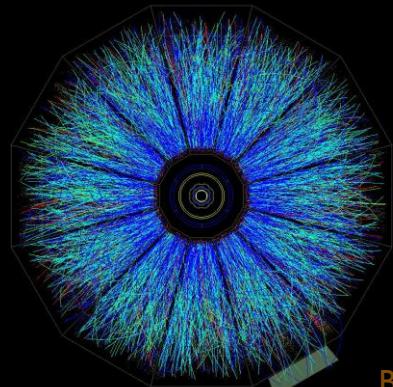


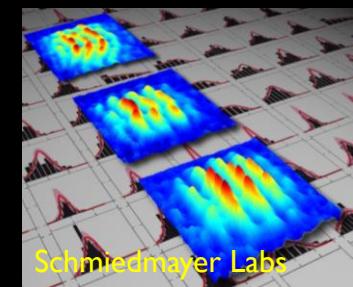
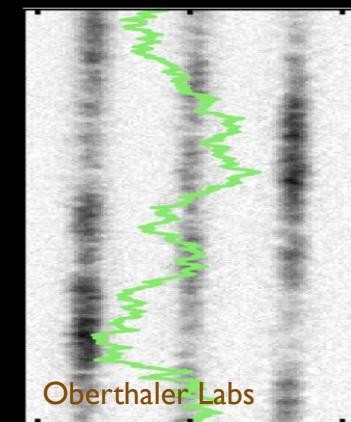
# Thermalization across energy scales



J. Berges  
Heidelberg University

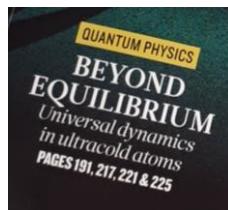


Initial Stages 2019



# Content

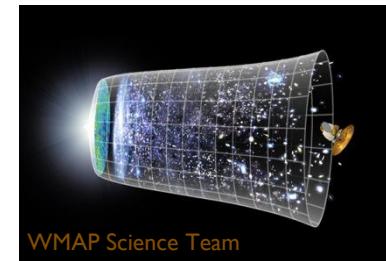
- Thermalization dynamics from **initial over-occupation**
  - a) heavy-ion collisions
  - b) early-universe reheating
  - c) ultracold quantum gases
- Early-time **nonthermal attractors** vs. thermal hydro attractors
- **(Pre-)scaling & Bose condensation**
  - a) gauge-invariant order-parameter field for QCD
  - b) relativistic scalar inflaton
  - c) non-relativistic Bose field
- **Experimental discovery** of nonthermal attractor in cold atomic gases



# Extreme quantum systems across energy scales

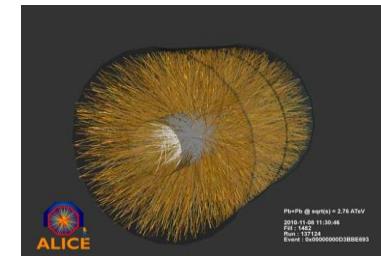
## Early-universe inflaton dynamics

(P)reheating after inflation ( $\sim 10^{16}$  GeV)



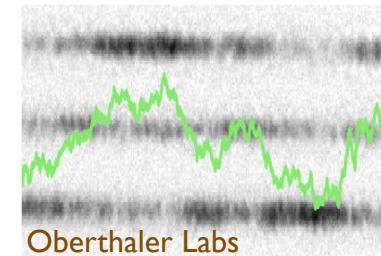
## Heavy-ion collision experiments

Quark-Gluon Plasma ( $\sim 100$  MeV  $\sim 10^{12}$  K)



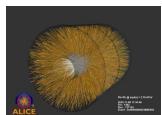
## Quenches with ultracold atoms

Quantum gases at nanokelvins



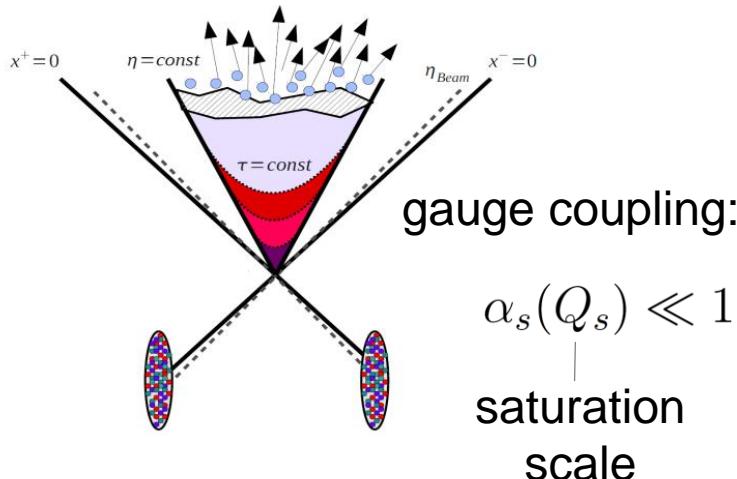
→ ***Thermalization dynamics with far-from-equilibrium initial conditions***

# Over-occupation at early times



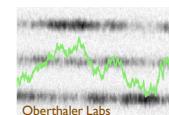
## Heavy-ion collisions in the high-energy limit

'Color Glass Condensate+Gasma':  
Krasnitz, Lappi, McLerran, Venugopalan,...



$$\frac{\langle A^2 \rangle(Q_s)}{\langle A^2 \rangle_{\text{eq}}(T)} \sim \frac{1}{\alpha_s}$$

**Over-occupation**  
at time  $\sim 1/Q_{(s)}$



## Quenches in dilute Bose gases

'Bose-Einstein condensation':  
Cornell, Ketterle, Wieman,...



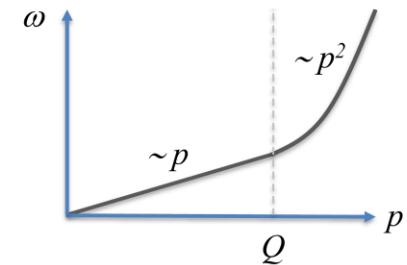
typical scattering length:  $a \simeq 5 \text{ nm}$   
typical bulk density:  $n \simeq 10^{14} \text{ cm}^{-3}$

diluteness:  $\zeta \simeq 10^{-3}$

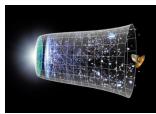
$$\zeta = \sqrt{n a^3} \ll 1$$

coherence length $^{-1}$ :

$$Q = \sqrt{16\pi n a}$$



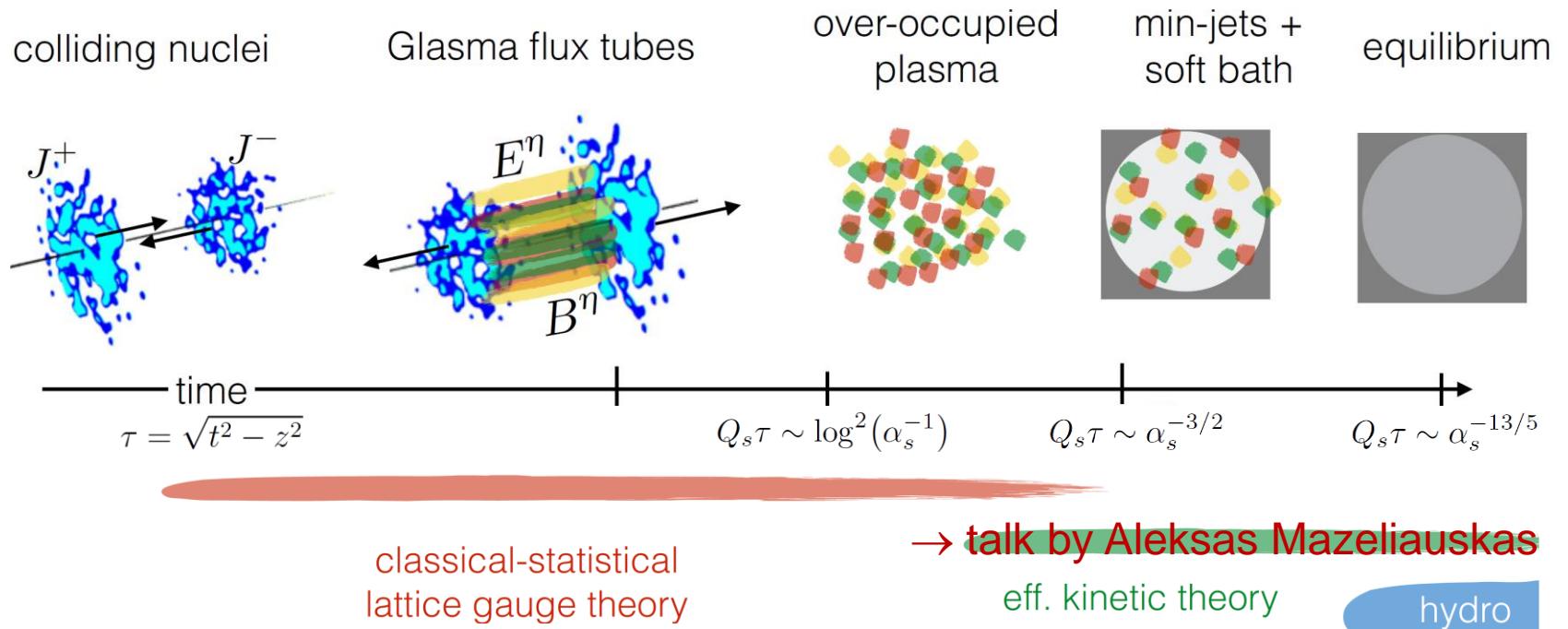
$$\frac{\langle \phi^2 \rangle(Q)}{\langle \phi^2 \rangle_{\text{eq}}(T)} \sim \frac{1}{\zeta}$$



cf. scalar inflaton over-occupation after preheating

Kofman, Linde,  
Starobinsky,...

# 'Bottom-up' thermalization for over-occupied gluons



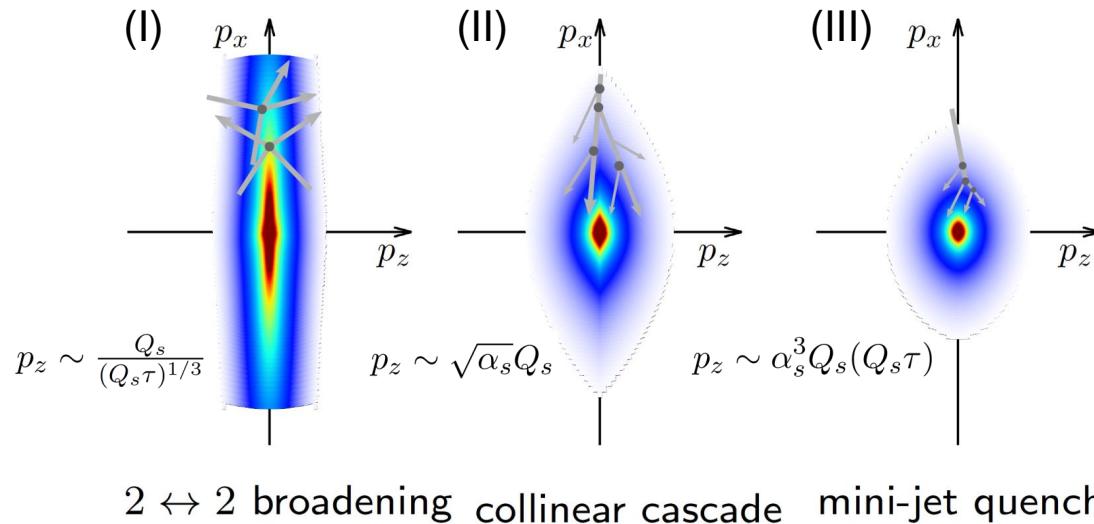
Evolution stages of initially over-occupied gluons:

Baier, Muller, Schiff, Son, *PLB* (2001)

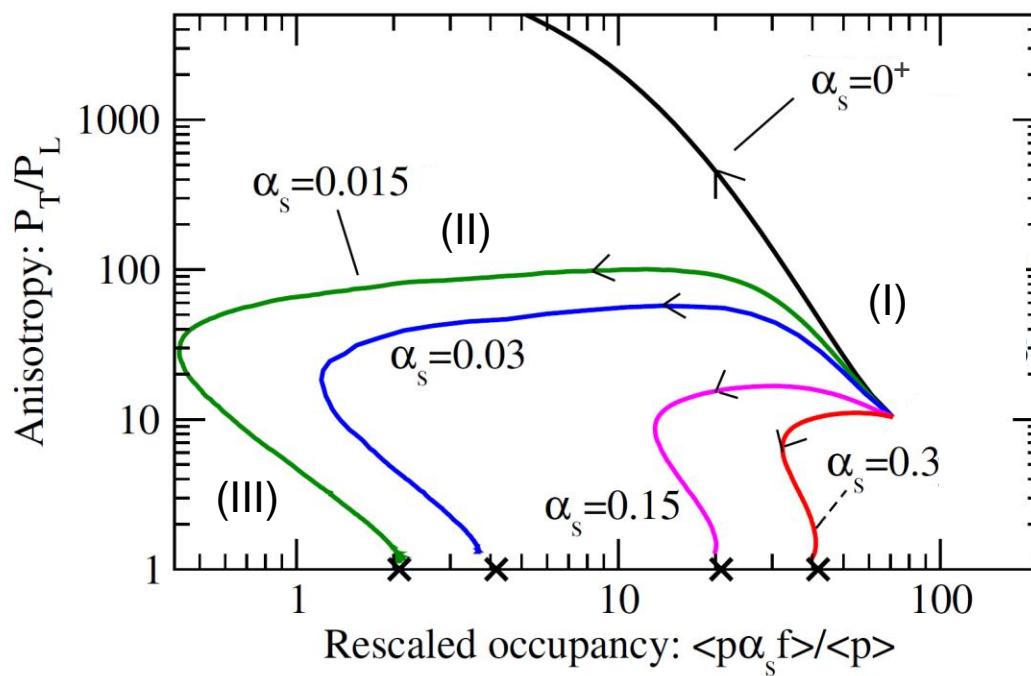
I) over-occupied	$p_z \sim \frac{Q_s}{(Q_s \tau)^{1/3}}$	$1 \ll Q_s \tau \ll \alpha_s^{-3/2}$
II) under-occupied	$p_z \sim \sqrt{\alpha_s} Q_s$	$\alpha_s^{-3/2} \ll Q_s \tau \ll \alpha_s^{-5/2}$
III) mini-jet quenching	$p_z \sim \alpha_s^3 Q_s (Q_s \tau)$	$\alpha_s^{-5/2} \ll Q_s \tau \ll \alpha_s^{-13/5}$

Berges, Boguslavski, Schlichting, Venugopalan, *PRD* (2014); Kurkela, Zhu, *PRL* (2015); Keegan, Kurkela, Mazeliauskas, Teaney, *JHEP* (2016); Kurkela, Mazeliauskas, Paquet, Schlichting, Teaney, *PRL* (2019)

# 'Bottom-up' thermalization for over-occupied gluons

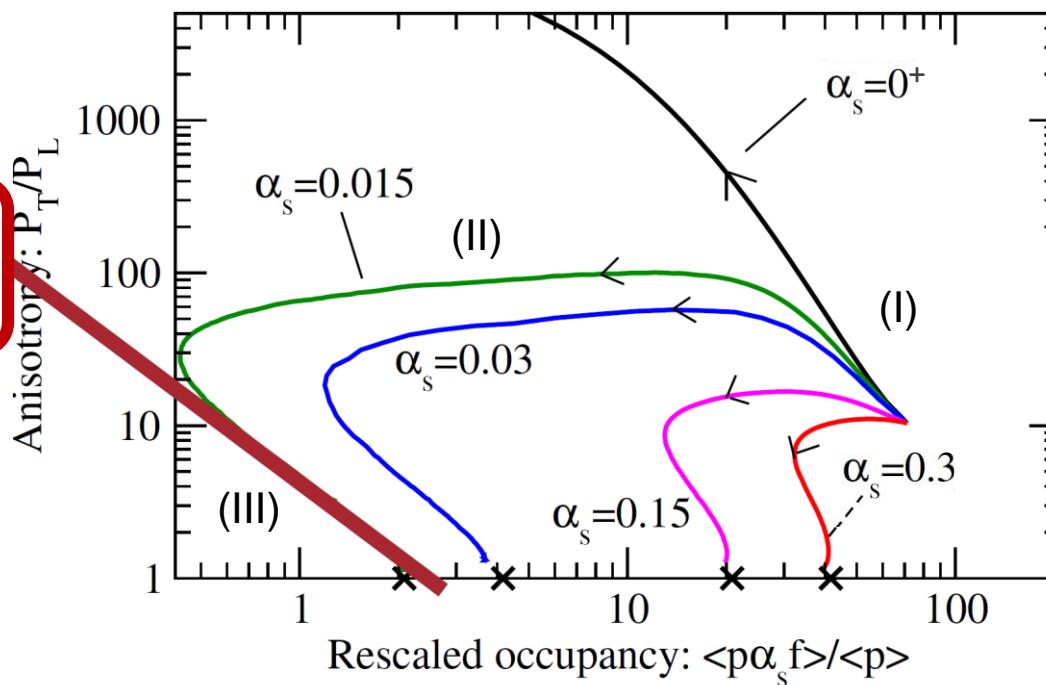
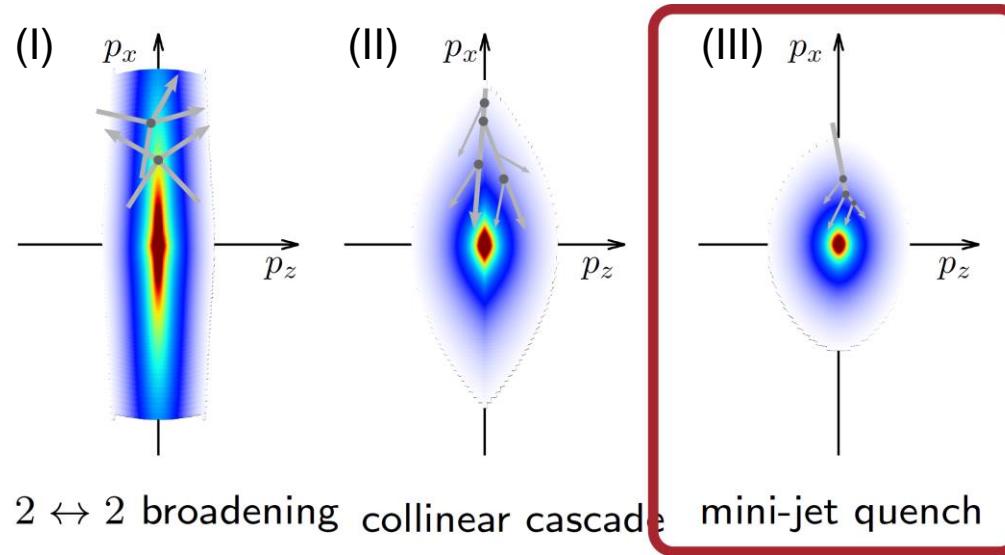


Kurkela, Mazeliauskas,  
 Paquet, Schlichting,  
 Teaney, *PRC* (2019)

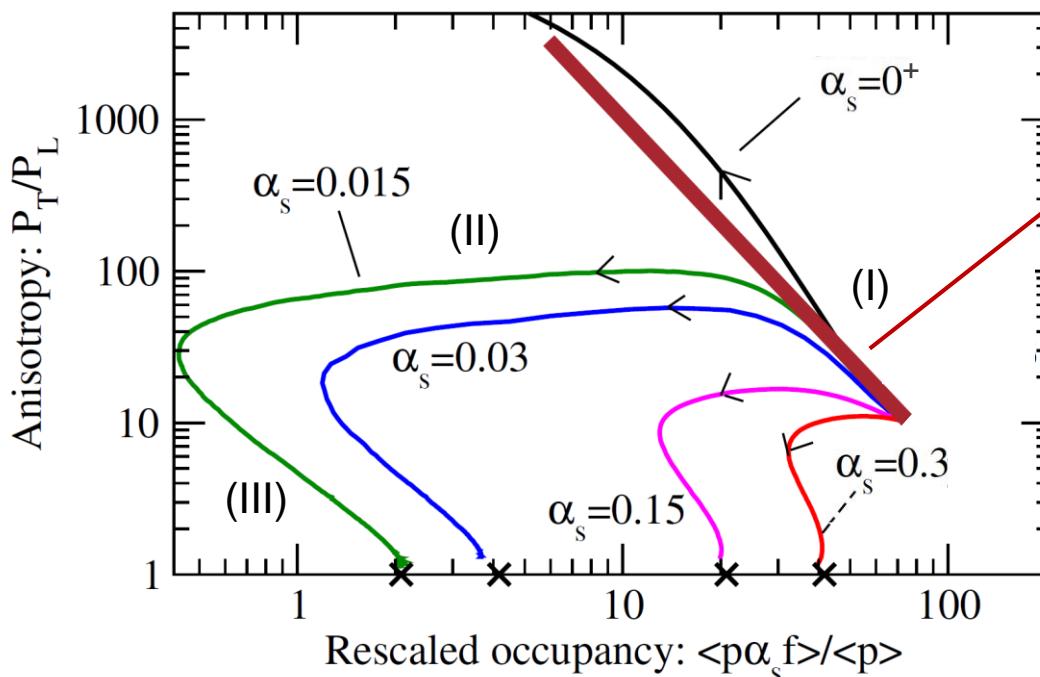
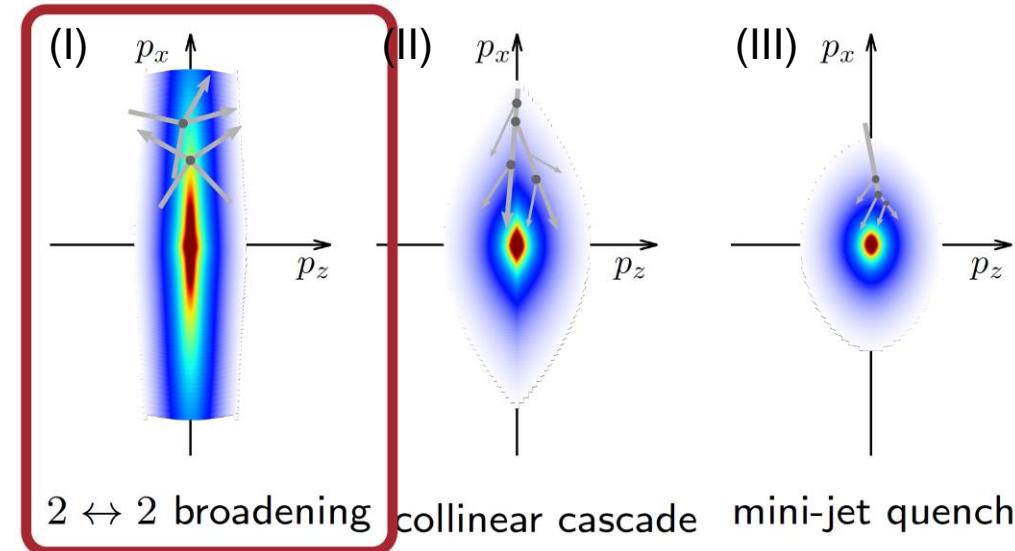


AMY gluon kinetic theory:  
 Kurkela, Zhu, *PRL* (2015)

# Late-time hydrodynamic attractor



# Early-time nonthermal attractor



Cl.-stat.:  
Berges, Boguslavski,  
Schlichting, Venugopalan,  
*PRD* (2014) ...  
Gluon kinetic:  
Kurkela, Zhu, *PRL* (2015)  
Full QCD kinetic:  
Mazeliauskas, Berges,  
*PRL* (2019)

# (Pre-)scaling & condensation from nonthermal attractors

## Inflaton/rel. scalar dynamics

UV scaling: Micha, Tkatchev, *PRL* (2003);  
IR scaling: Berges, Rothkopf, *PRL* (2008);  
Condensation: Berges, Sexty, *PRL* (2012);  
Berges, Boguslavski, Schlichting Venugopalan, *PRD, JHEP* (2014); Moore, *PRD* (2016); Deng, Schlichting, Venugopalan, Wang, *PRA* (2018);  
Walz, Boguslavski, Berges, *PRD* (2018) ...

→ talks by  
Jarkko Peuron,  
Qun Wang

Spectral function:  
Boguslavski,  
Kurkela, Lappi,  
Peuron,  
*PRD* (2018) ...

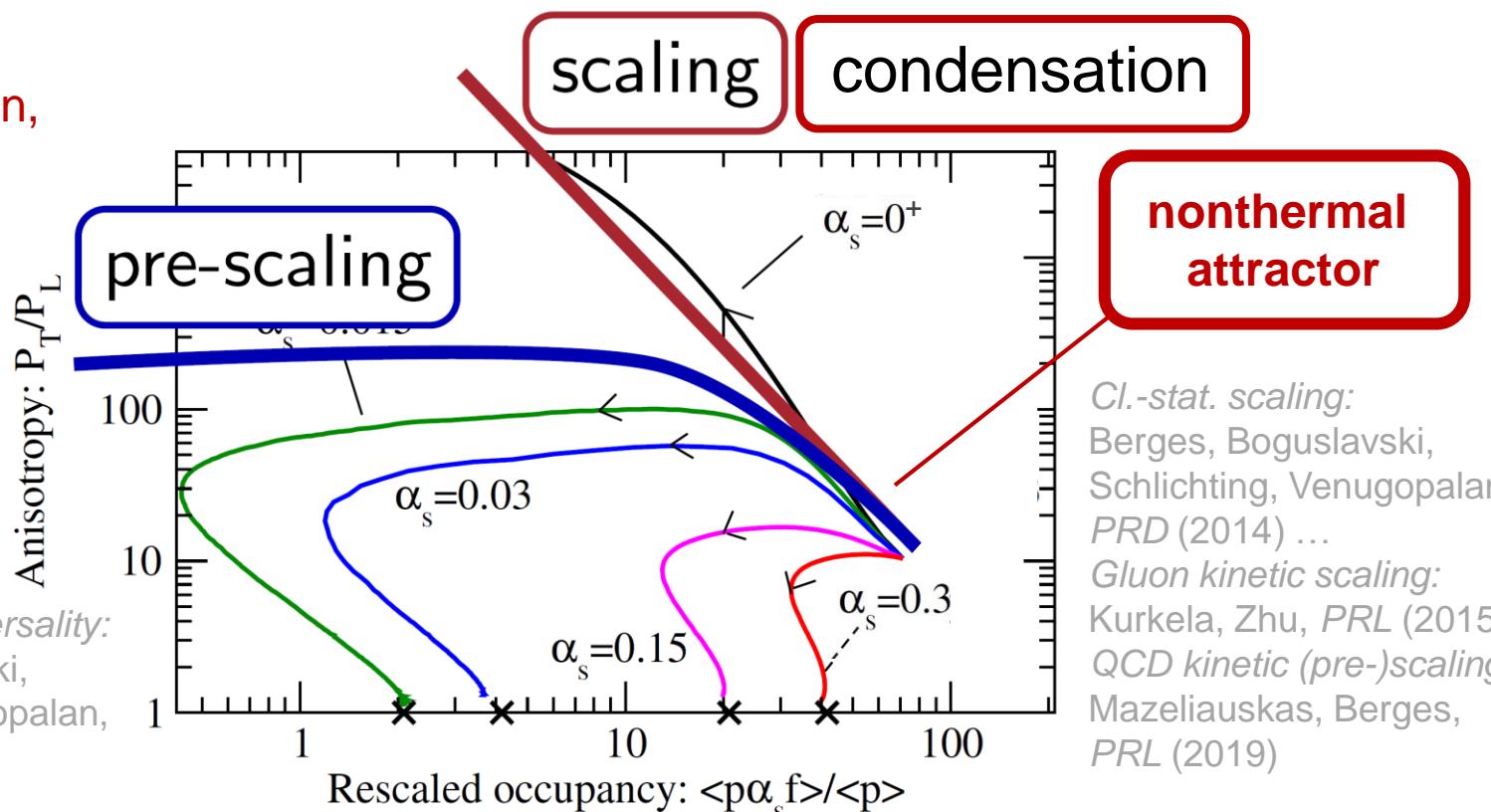
Plasmon mass:  
Lappi, Peuron,  
*PRD* (2017,2018)

Gauge/scalar universality:  
Berges, Boguslavski,  
Schlichting, Venugopalan,  
*PRL* (2015)...

## Ultracold quantum gases

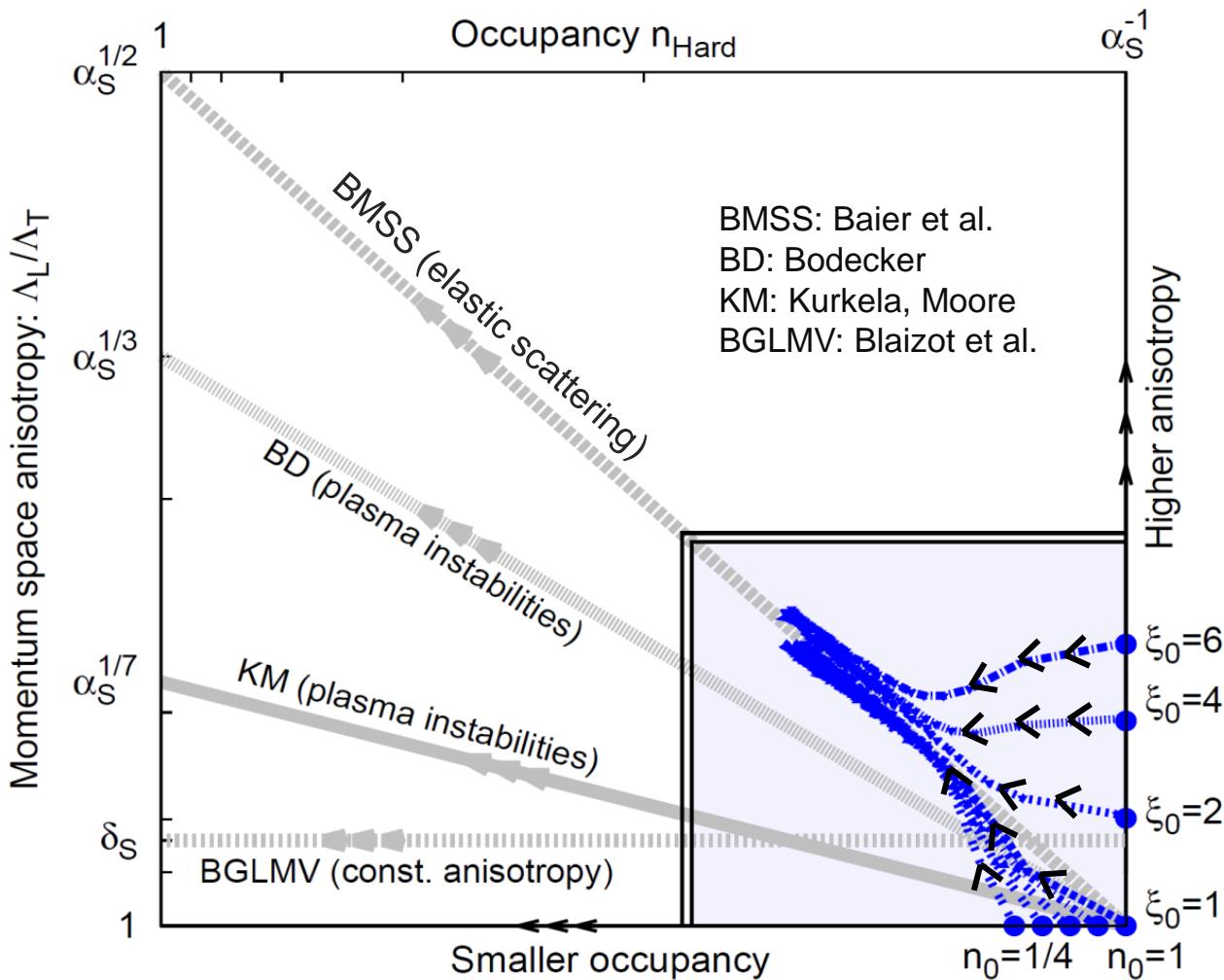
Theory: Pineiro Orioli, Boguslavski, Berges, *PRD* (2015); Karl, Gasenzer, *NJP* (2017); Chantesana, Pineiro Orioli, Gasenzer, *PRA* (2019); Pineiro Orioli, Berges, *PRL* (2019); Schmied, Mikheev, Gasenzer, *PRL* (2019) ...

Experiment: Prüfer et al., *Nature* (2018); Erne et al., *Nature* (2018)



# Nonthermal attractor for over-occupied gluons

## Evolution in the ‘anisotropy-occupancy plane’



Berges, Boguslavski,  
Schlichting, Venugopalan,  
PRD (2014)

Lattice data  
(256<sup>2</sup> × 4096)

→ Early stage of ‘bottom-up’ scaling emerges as a consequence of the attractor

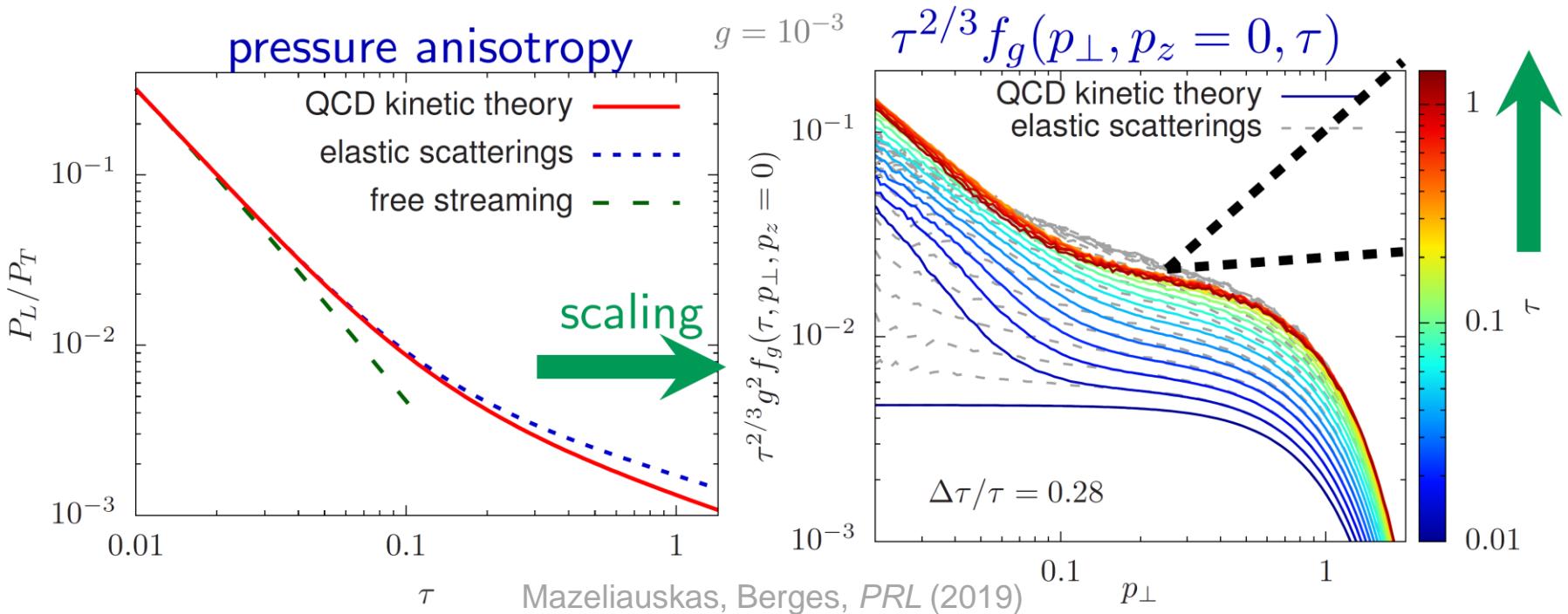
# (Pre-)scaling around nonthermal fixed-point distribution

Effective loss of information due to nonthermal attractor:

$$f_g(p_\perp, p_z, \tau) = \tau^{\alpha(\tau)} f_S(\tau^{\beta(\tau)} p_\perp, \tau^{\gamma(\tau)} p_z)$$

*gluon distribution function*      *(pre-)scaling exponents*  
*universal fixed-point distribution*

→ **Scaling limit at weak couplings: universal exponents**  $\alpha \approx -\frac{2}{3}$ ,  $\beta \approx 0$ ,  $\gamma \approx \frac{1}{3}$



→ **Approach to nonthermal fixed point in full leading-order QCD kinetic theory**

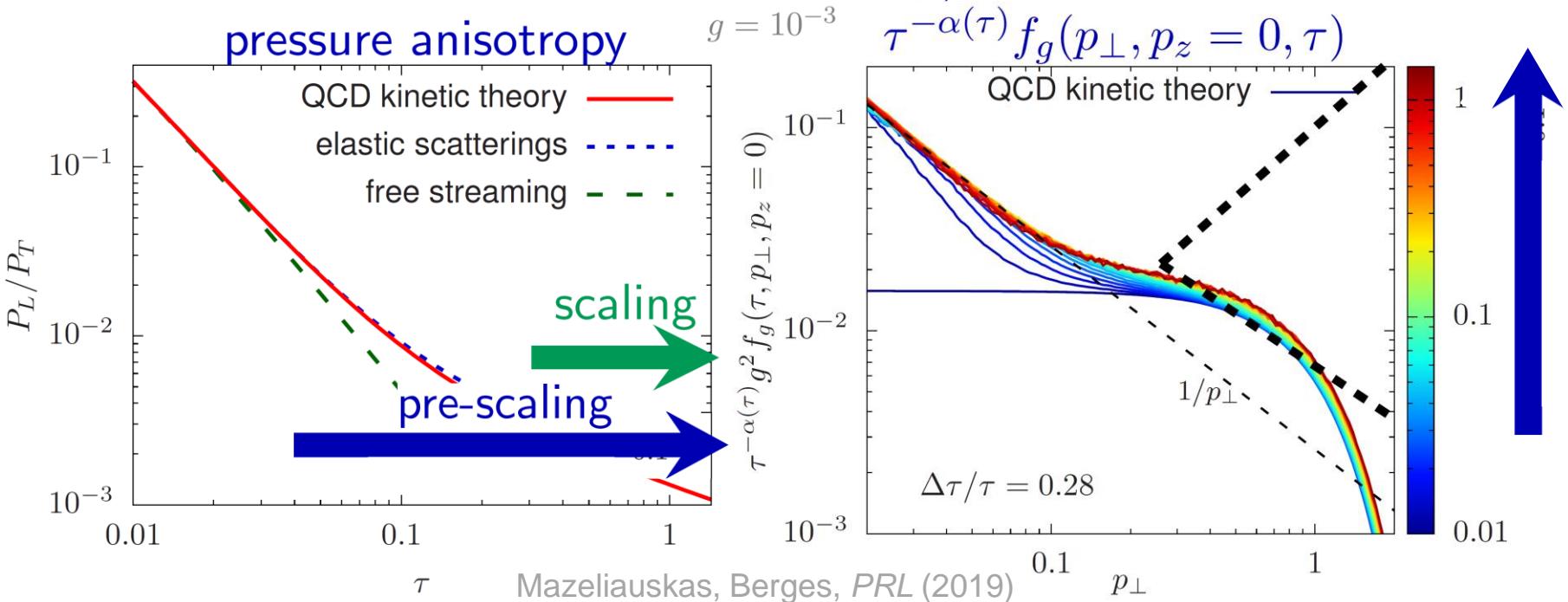
# Nonthermal hydrodynamics from pre-scaling

Effective loss of information due to nonthermal attractor:

$$f_g(p_\perp, p_z, \tau) = \tau^{\alpha(\tau)} f_S(\tau^{\beta(\tau)} p_\perp, \tau^{\gamma(\tau)} p_z)$$

*gluon distribution function*      *(pre-)scaling exponents*  
*universal fixed-point distribution*

→ **Pre-scaling: non-universal time-dependent exponents = hydrodynamic modes**



→ **Universal fixed-point distribution established already in pre-scaling regime**

# Beyond the first stage of ‘bottom-up’ thermalization

**Effective loss of information due to nonthermal attractor:**

*gluon distribution function*

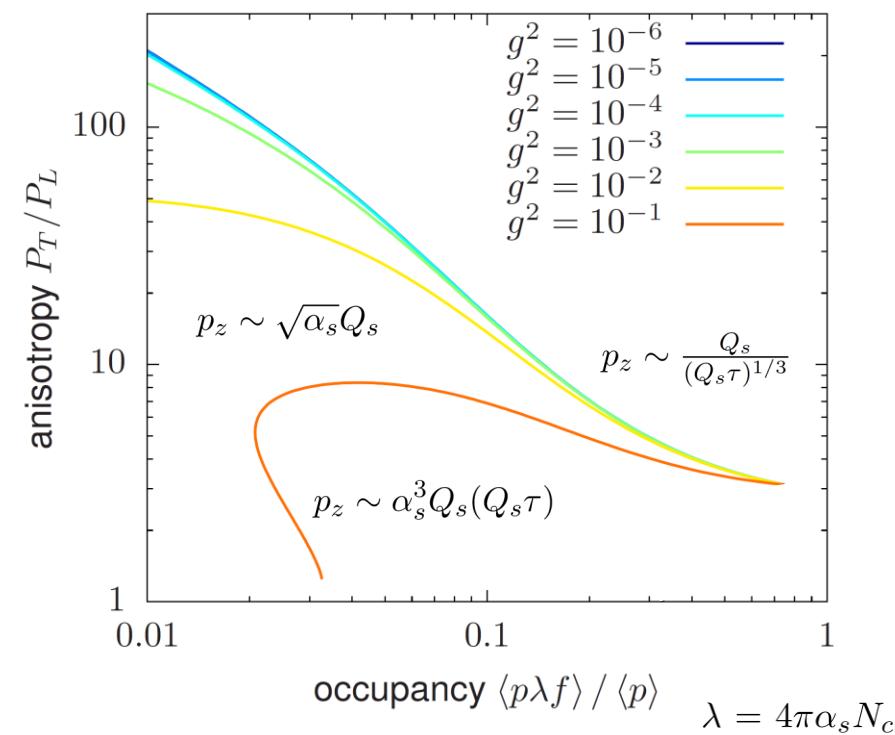
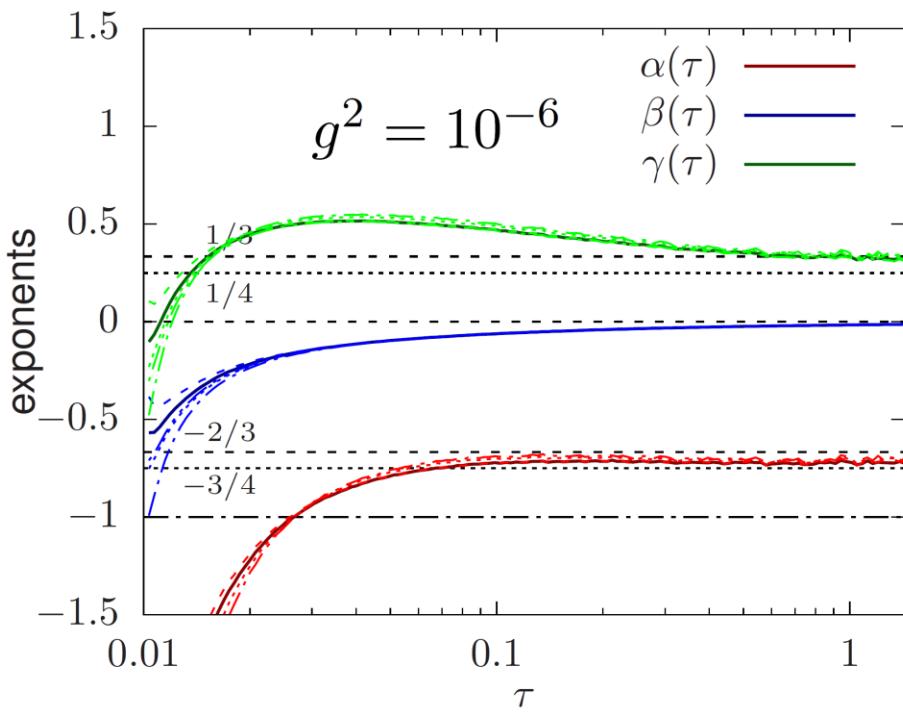
*(pre-)scaling exponents*

$$f_g(p_\perp, p_z, \tau) = \tau^{\alpha(\tau)} f_S(\tau^{\beta(\tau)} p_\perp, \tau^{\gamma(\tau)} p_z)$$

*universal fixed-point distribution*

Vary the coupling constant  $\alpha_s = g^2/(4\pi)$

Berges, Mikheev,  
Mazeliauskas, *in prep.*



# Beyond the first stage of ‘bottom-up’ thermalization

**Effective loss of information due to nonthermal attractor:**

$$f_g(p_\perp, p_z, \tau) = \tau^{\alpha(\tau)} f_S(\tau^{\beta(\tau)} p_\perp, \tau^{\gamma(\tau)} p_z)$$

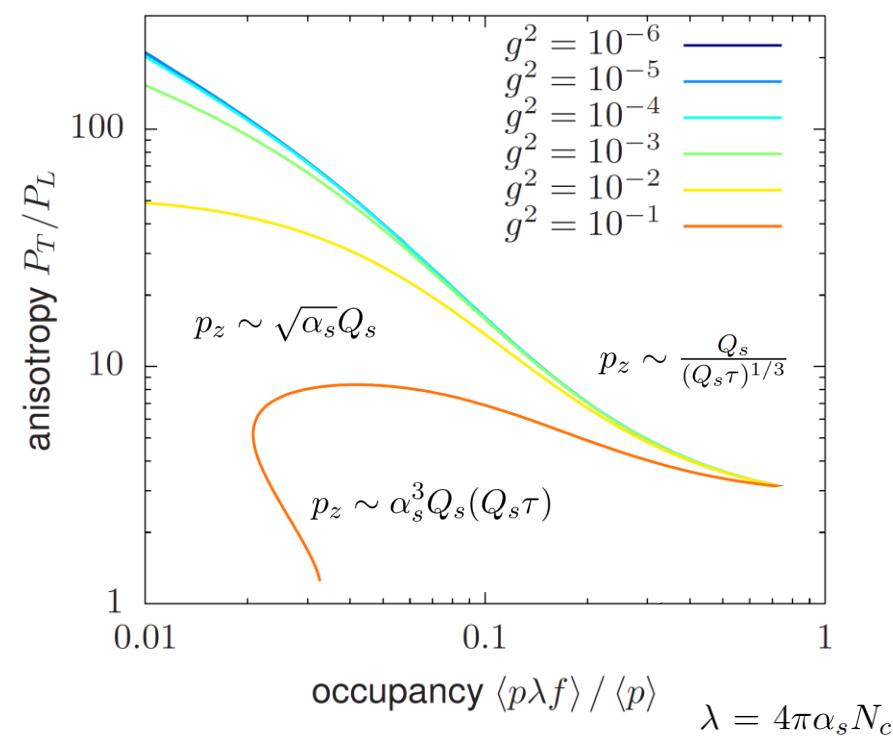
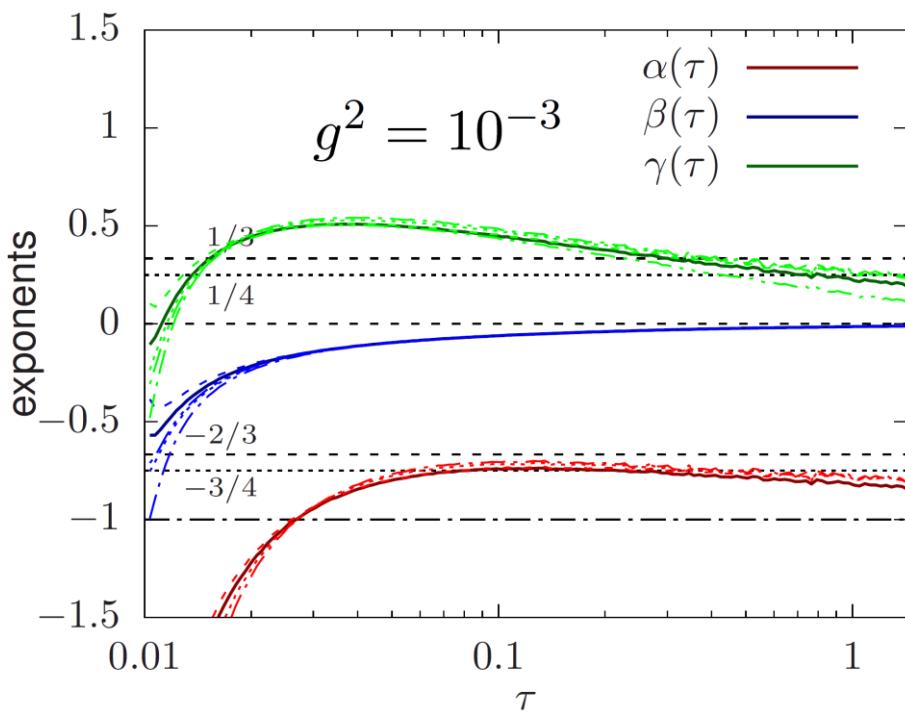
*universal fixed-point distribution*

gluon distribution function

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Effective loss of information due to nonthermal attractor:

gluon distribution function

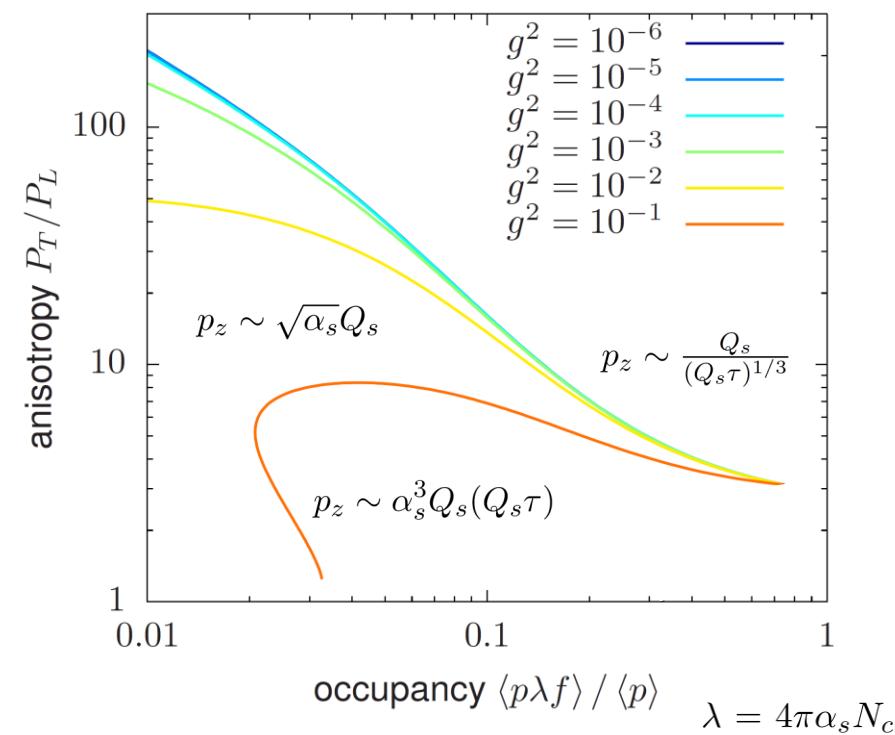
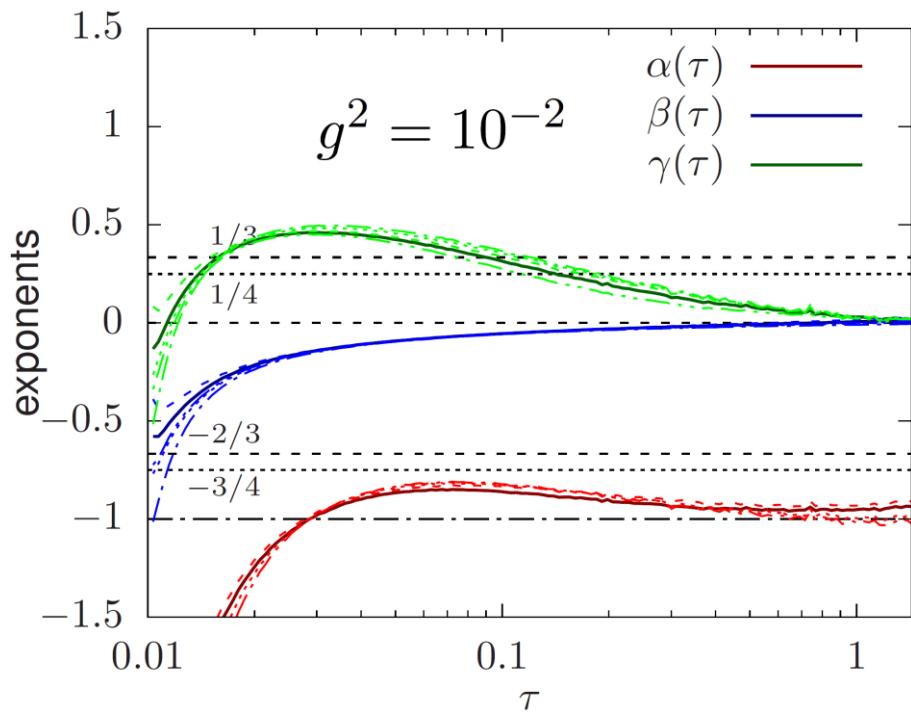
(pre-)scaling exponents

$$f_g(p_\perp, p_z, \tau) = \tau^{\alpha(\tau)} f_S(\tau^{\beta(\tau)} p_\perp, \tau^{\gamma(\tau)} p_z)$$

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# Beyond the first stage of ‘bottom-up’ thermalization

**Effective loss of information due to nonthermal attractor:**

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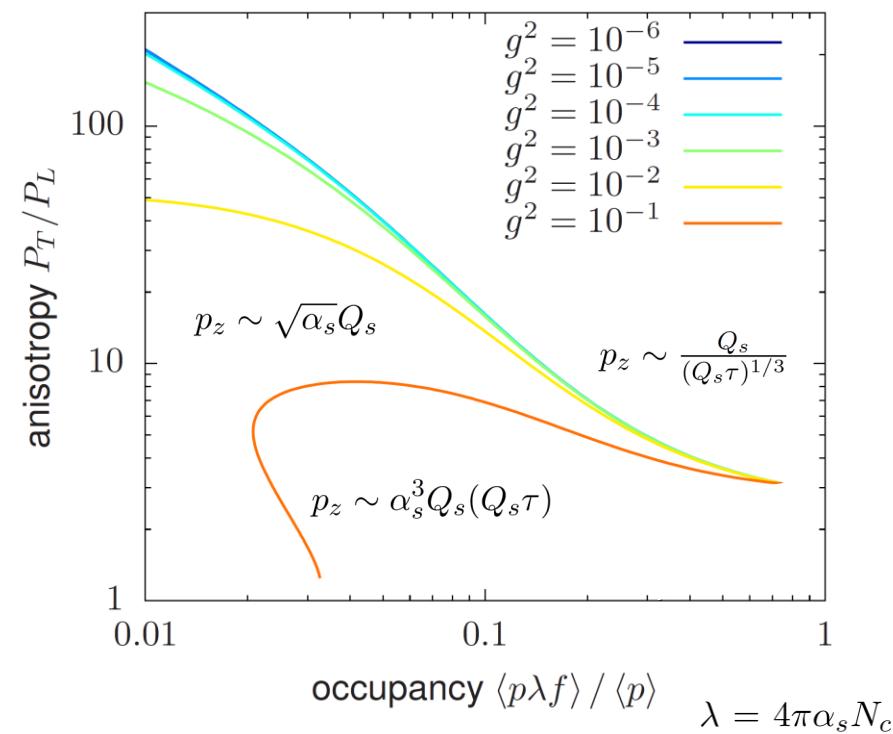
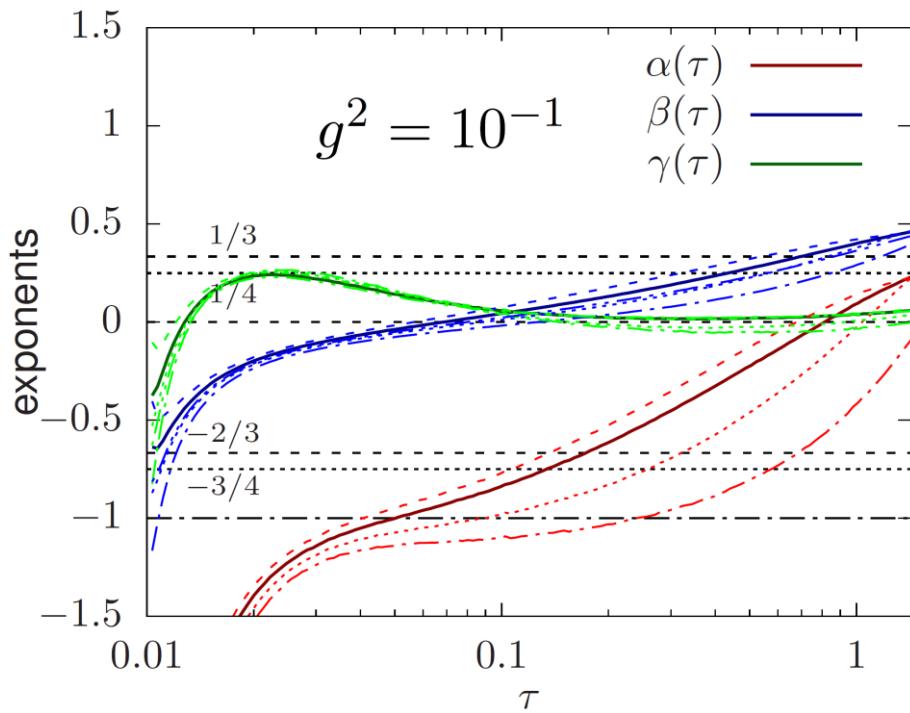
*universal fixed-point distribution*

gluon distribution function

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Vary the coupling constant  $\alpha_s = g^2/(4\pi)$

Berges, Mikheev,  
Mazeliauskas, *in prep.*

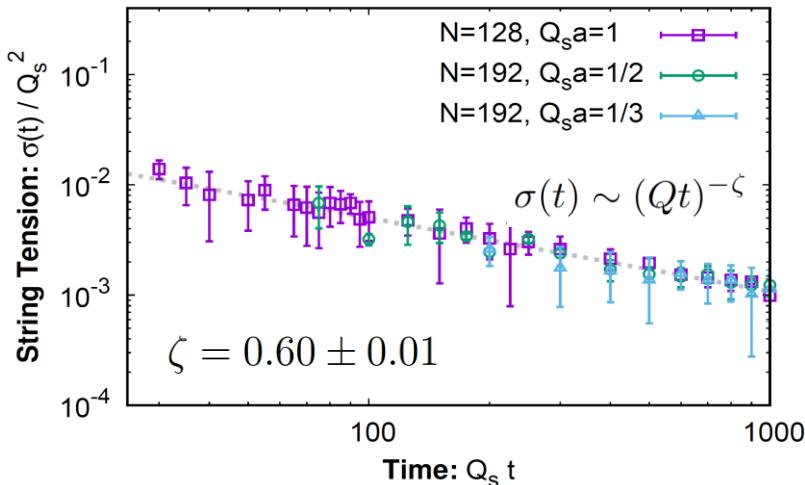


# Separation of scales far from equilibrium

Consider for a moment initial over-occupation in fixed box (no expansion):

## Soft scale evolution

Berges, Scheffler, Sexty, *PRD* (2008); Mace, Schlichting, Venugopalan, *PRD* (2016); Berges, Mace, Schlichting, *PRL* (2017)



Wilson loop:

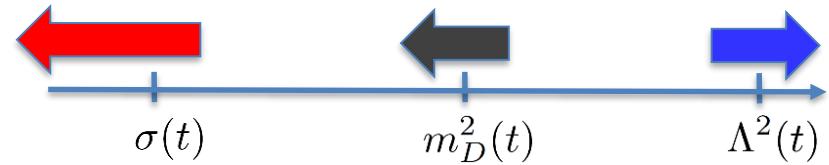
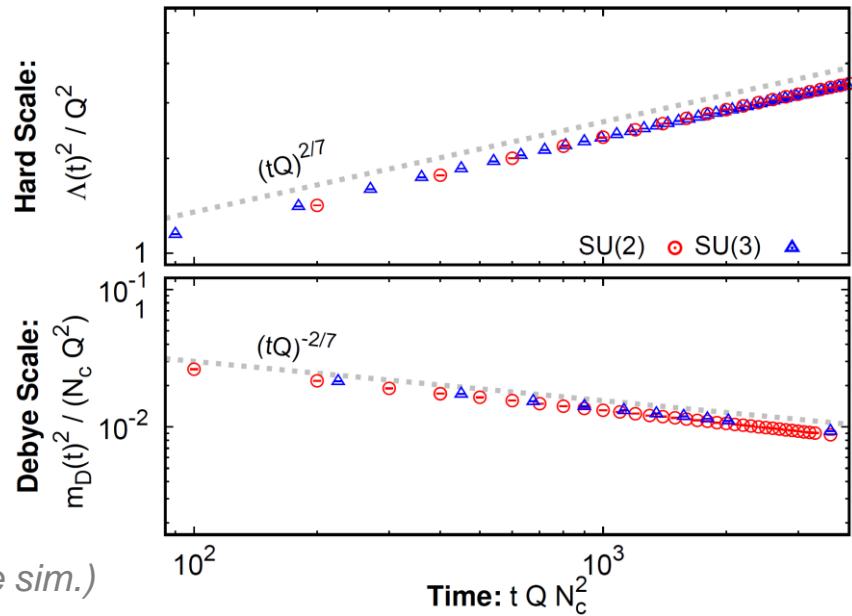
(cl.-stat. lattice sim.)

$$W = \frac{1}{N_c} \text{Tr } \mathcal{P} e^{ig \oint_C dx^\mu \mathcal{A}_\mu(x)}$$

$$\sigma(t) = -\frac{\partial \log \langle W \rangle(t, A)}{\partial A}$$

## Hard scale evolution

Schlichting, *PRD* (2012); Kurkela, Moore, *PRD* (2012); ...



→ **Dynamical separation of soft non-perturbative scale and perturbative scales**

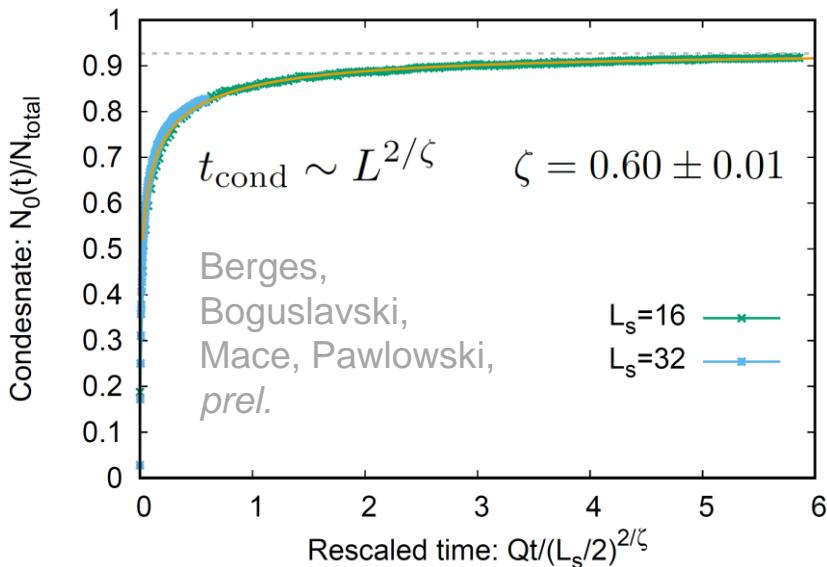
# Bose condensation from initial over-occupation

## Gauge field theory    closed spatial Wilson lines

$$\langle W(\Delta x, L, t) \rangle = \langle P(\mathbf{x}_1, L, t) | P^\dagger(\mathbf{x}_2, L, t) \rangle$$

$$\frac{N_0(t, L)}{N_{\text{total}}} = \frac{1}{V} \int_0^L d^d x \langle W(\Delta x, L, t) \rangle$$

$$\text{scaling} \equiv \frac{1}{V} \int_0^L d^d \Delta x \omega_S(\Delta x L / t^\zeta)$$



→ **Gauge-invariant condensation!**

Cf. proposed & disputed vector field condensation:

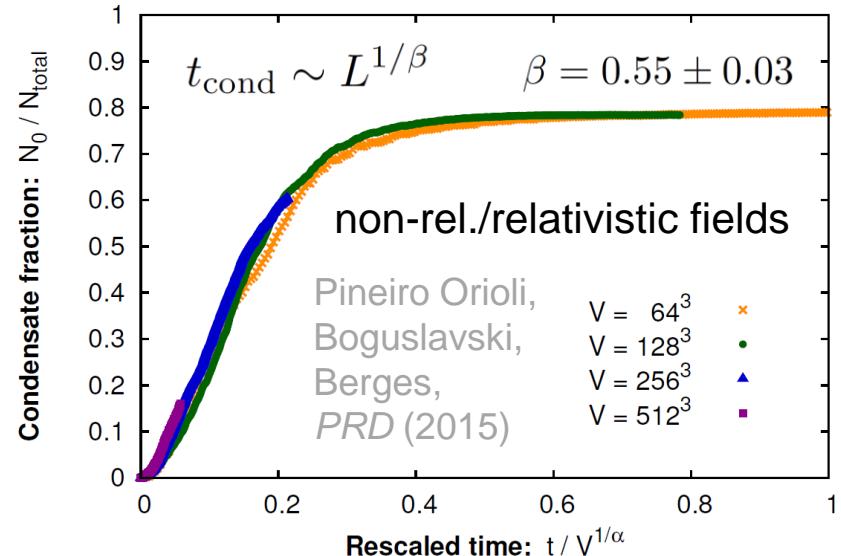
Blaizot, Gelis, Liao, McLerran, Venugopalan, *NPB* (2012);  
Kurkela, Moore, *PRD* (2012); Floerchinger, Wetterich *JHEP* (2014)

## Scalar field theory

$$N_{\text{total}}^\phi = \langle \phi(\mathbf{x}, t) \phi^\dagger(\mathbf{x}, t) \rangle$$

$$\frac{N_0^\phi(t)}{N_{\text{total}}^\phi} = \frac{1}{N_{\text{total}}^\phi V} \int_0^L d^d x \langle \phi(x) \phi^\dagger(0) \rangle$$

$$\text{scaling} \equiv \frac{1}{N_{\text{total}}^\phi V} \int_0^L d^d \Delta x f_S(\Delta x / t^\beta)$$



→ **Scalar condensation**

Also with longitudinal expansion:

Berges, Boguslavski, Schlichting,  
Venugopalan, *PRD* (2015)

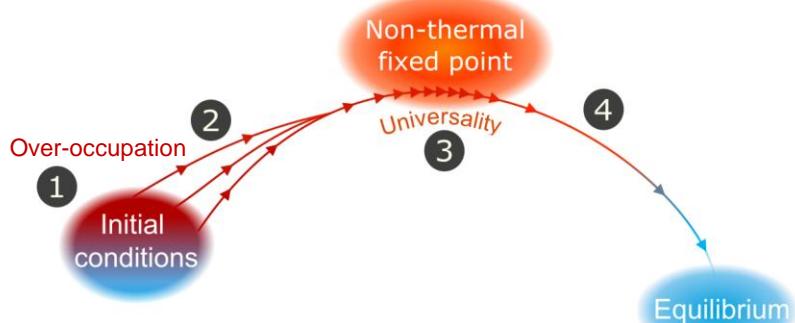
# Observing nonthermal attractor scaling with cold atoms

$^{87}\text{Rb}$  BEC in a quasi 1D optical trap:

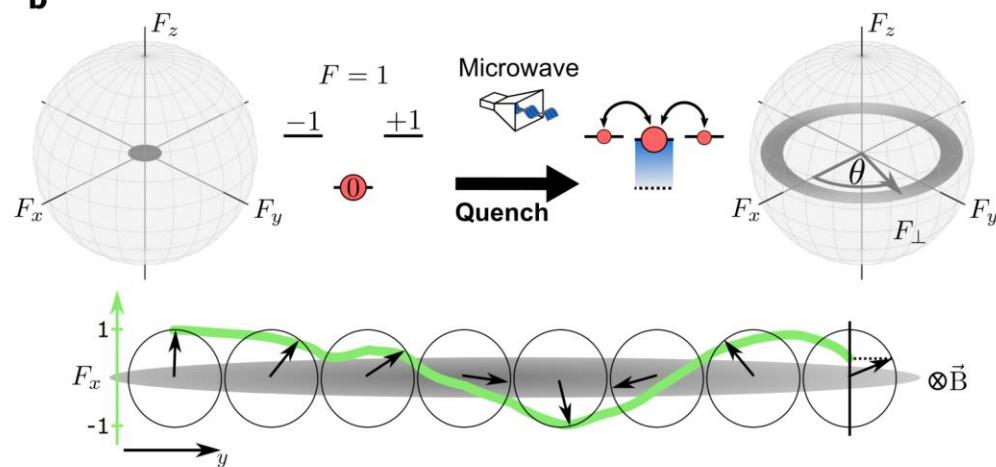
Oberthaler BEC labs @ SynQS

Spin-1 BEC ( $F=1$  hyperfine state with magnetic sublevels  $m_F = 0, \pm 1$ )

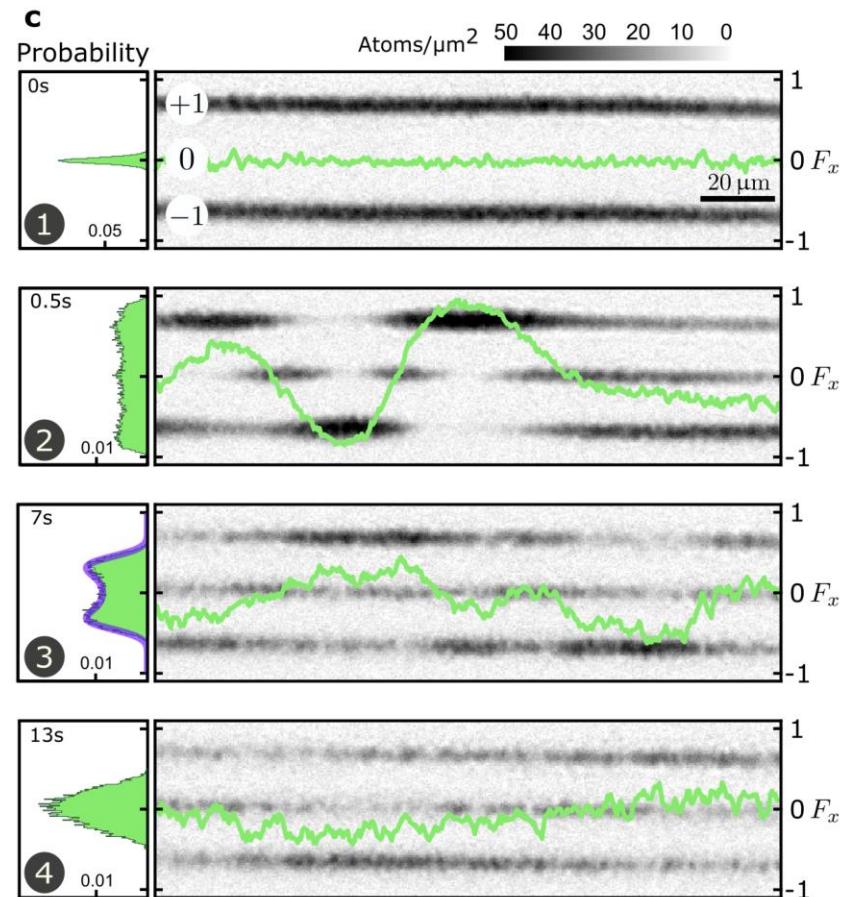
a



b

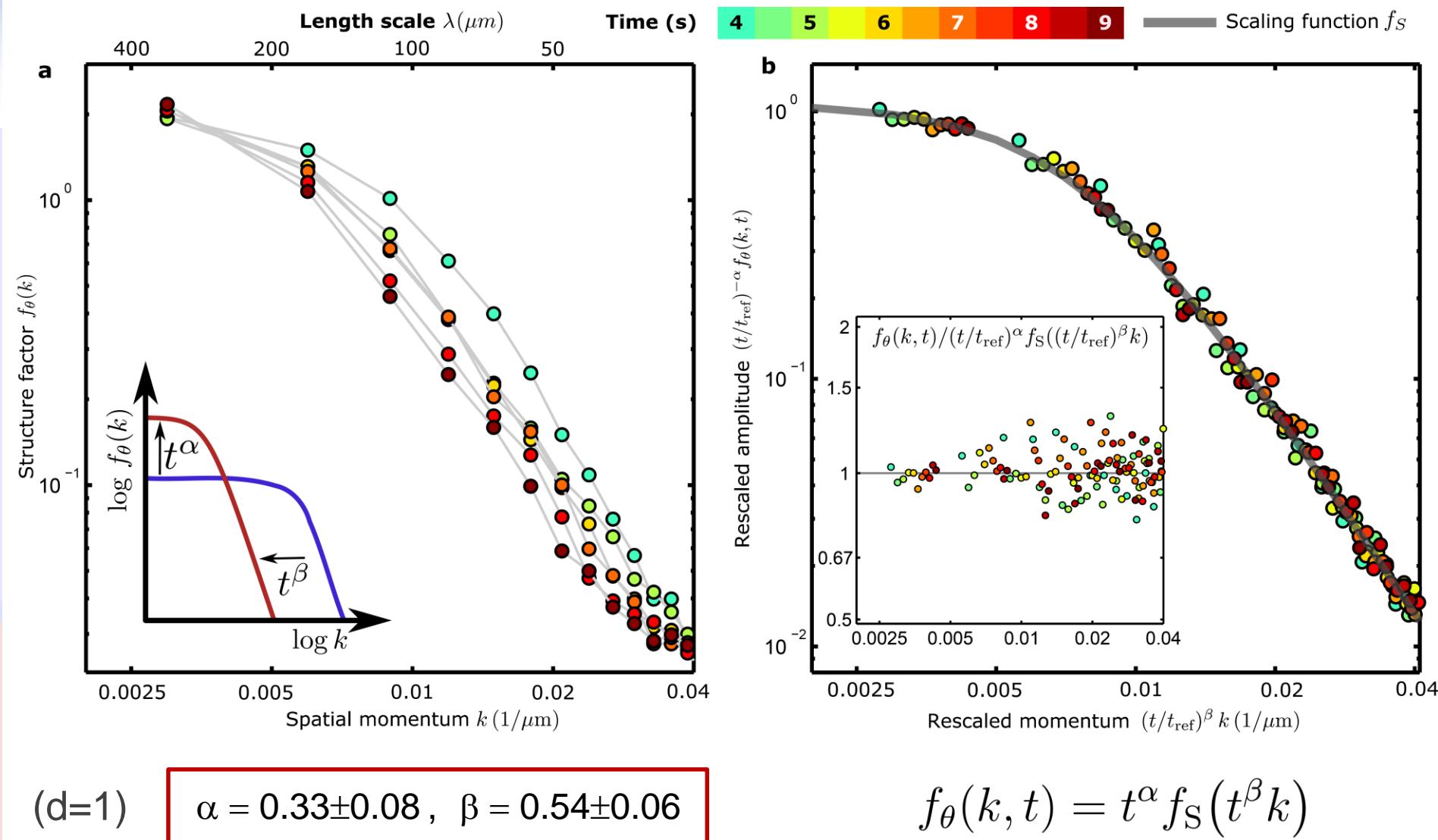


c



Prüfer, Kunkel, Strobel, Lanning, Linnemann, Schmied, Berges, Gasenzer, Oberthaler, *Nature* (2018)  
See also Erne, Bücker, Gasenzer, Berges, Schmiedmayer, *Nature* (2018)

# Scaling exponents and fixed-point distribution



Prüfer, Kunkel, Strobel, Lanning, Linnemann, Schmied, Berges, Gasenzer, Oberthaler, *Nature* (2018)

# Conclusions

Thermalization across energy scales starting from over-occupation:

- **Nonthermal attractors**

→ early effective loss of microscopic details

- **Universal scaling at weak coupling**

→ new links between very different systems (heavy-ion collisions/early-universe reheating/cold-atom quenches)

- **Pre-scaling**

→ early hydrodynamic evolution with nonthermal fixed-point distribution (rather than thermal distribution in conventional hydrodynamics)

- **Bose condensation**

→ far-from-equilibrium formation of a (gauge-invariant) Bose condensate

