

Light Inflation –
 ϕ^4 Inflation After Planck
and Possible Search on Colliders

based on F.B., D.Gorbunov arXiv:1303.4395
F.B., D.Gorbunov JHEP 1005 (2010) 010
A.Anisimov, Y.Bartocci, F.B. Phys.Lett.B671(2009)211

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Outline

- 1 Minimal models
- 2 X^4 inflation after Planck
- 3 Coupling to the SM and cosmological constraints
- 4 How to detect the inflaton

Minimal models are good

No new *physical* scales (massive particles) above electroweak scale – no problems with “quadratic divergences”

Minimal models:

- No new scales
 - Minimal number of new particles
 - Should explain all experimental data
 - Neutrino masses
 - Dark Matter
 - Baryon Asymmetry
 - **Inflation**
 - Dark Energy
- } sterile neutrinos (ν MSM)
- May link particle physics directly to inflation

“Standard” chaotic inflation

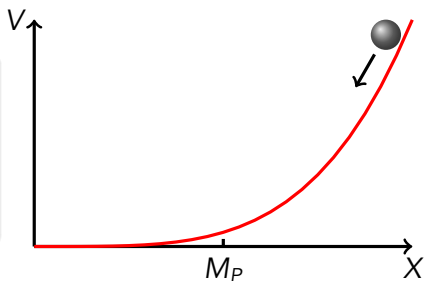
Scalar part of the action

$$S = \int d^4x \sqrt{-g} \left\{ -\frac{M_P^2}{2} R + \frac{\partial_\mu X \partial^\mu X}{2} - \frac{\beta}{4} X^4 \right\}$$

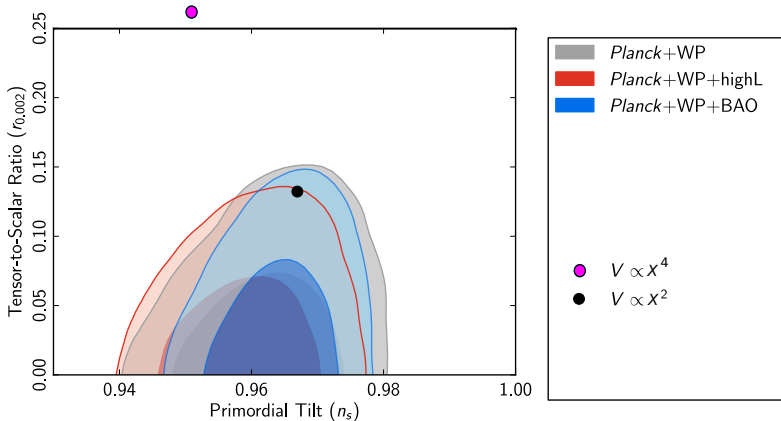
Required to get
 $\delta T/T \sim 10^{-5}$

$$\beta \sim 10^{-13}$$

$$m \sim 10^{13} \text{ GeV}$$



Fields $\gtrsim M_P$, energy $\sim \lambda^{1/4} M_P$.

Planck results disfavor plain χ^4 

Non-minimal coupling to gravity leads to good inflation

Scalar action with non-minimal coupling

$$S = \int d^4x \sqrt{-g} \left\{ -\frac{M_P^2}{2} R - \frac{\xi}{2} X^2 R + \frac{\partial_\mu X \partial^\mu X}{2} - \frac{\lambda}{4} X^4 \right\}$$

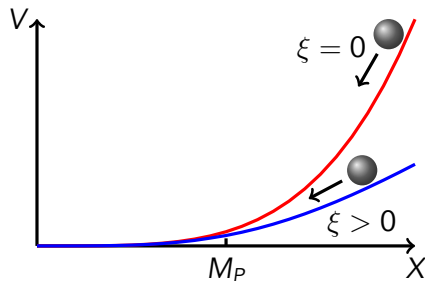
Conformal transformation to the Einstein frame

$$\hat{g}_{\mu\nu} = \sqrt{1 + \frac{\xi X^2}{M_P^2}} g_{\mu\nu},$$

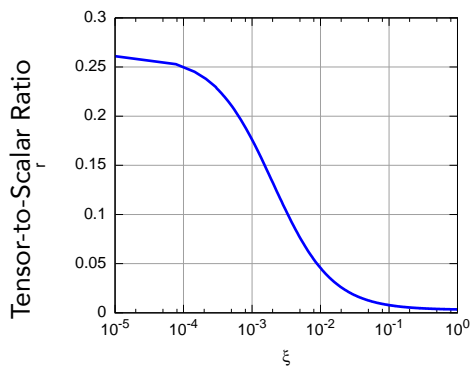
flattens the potential

$$V(\phi) \rightarrow \hat{V}(\phi) = \frac{V(\phi)}{(1 + \xi X^2/M_P^2)^2}$$

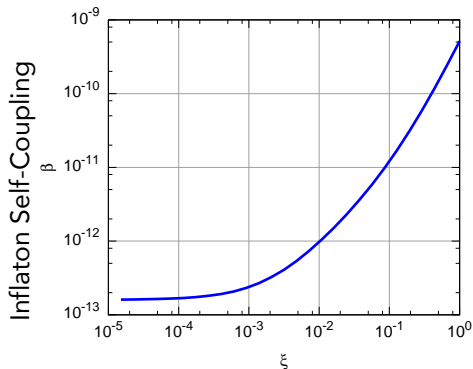
(Change of the field $\frac{dX}{d\hat{X}} = \sqrt{\frac{1 + (\xi + 6\xi^2)X^2/M_P^2}{(1 + \xi X^2/M_P^2)^2}}$ is also needed)



The tensor perturbations are suppressed, inflaton self-coupling β is increased

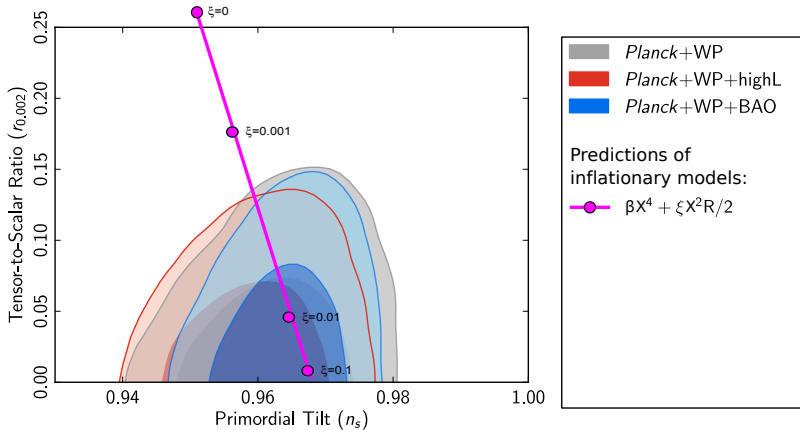


Non-minimal coupling



Non-minimal coupling

Inflationary predictions are ok for $\xi \gtrsim 0.003$



SM + Light Inflaton coupled in the Higgs sector only

$$\mathcal{L} = \mathcal{L}_{\text{SM}} + \alpha H^\dagger H X^2 + \left(\frac{\beta}{4} X^4 + \frac{\xi X^2}{2} R \right)$$

Standard Model
Interaction
Inflationary sector

Inflaton mass depends on interaction strength: $m_\chi = m_h \sqrt{\beta/2\alpha}$

Specifically: the Higgs-inflaton scalar potential is

$$V(H, X) = \lambda \left(H^\dagger H - \frac{\alpha}{\lambda} X^2 \right)^2 + \frac{\beta}{4} X^4 - \frac{1}{2} \mu^2 X^2 + V_0$$

We assumed here, that the scale invariance is broken *in the inflaton sector only*

[Anisimov, Bartocci, FB'09, FB, Gorbunov'10, FB, Gorbunov'13]

Inflaton is in the experimentally explorable range

CMB normalization sets $\beta(\xi)$

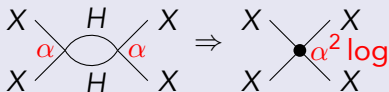
$$\beta = \frac{3\pi^2 \Delta_{\mathcal{R}}^2}{2} \frac{(1+6\xi)(1+6\xi+8(N+1)\xi)}{(1+8(N+1)\xi)(N+1)^3}$$

CMB tensor modes bound ξ

$$r = \frac{16(1+6\xi)}{(N+1)(1+8(N+1)\xi)} \lesssim 0.15$$

$\alpha \lesssim \beta^2$ (mass lower bound)

Inflation is not spoiled by the radiative corrections

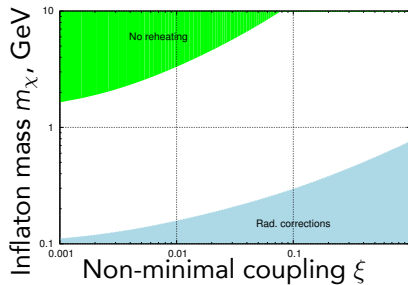


$\alpha > 10^{-7}$ (mass upper bound)

Sufficient reheating

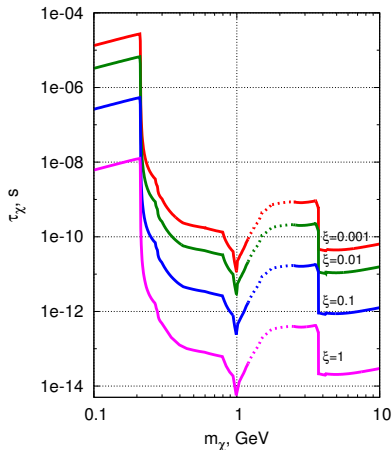
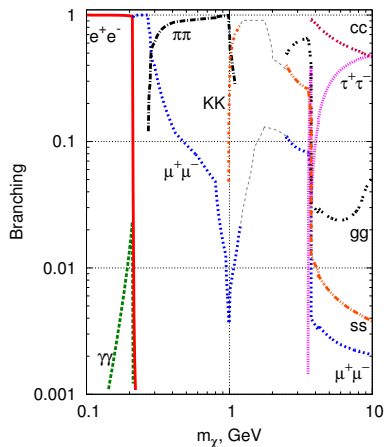
- After inflation: empty & cold
- Needed: hot, $T_r \gtrsim 150$ GeV (to get baryogenesis)

The Inflaton mass is bounded from cosmology



Inflaton decays and lifetime

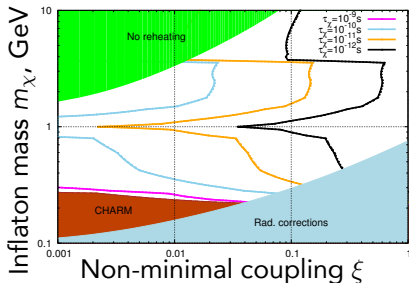
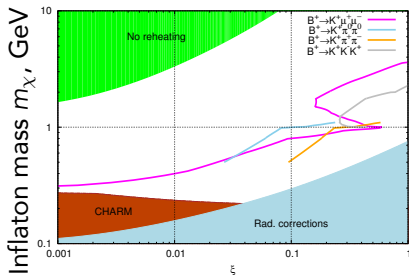
Coupled to everything proportional particle mass



Created in meson decays:

$$\text{Br}(B \rightarrow \chi X_s) \simeq 10^{-6} \frac{\beta(\xi)}{1.5 \times 10^{-13}} \frac{300 \text{ MeV}^2}{m_{\chi}}$$

Experimental searches are possible



Behaves as light "Higgs" boson, suppressed by

$$\theta = \sqrt{2\beta}v/m_\chi$$

- Created in meson decays
- Decays: KK , $\pi\pi$, $\mu\mu$, ee , ...
- Interacts with media: extremely weakly

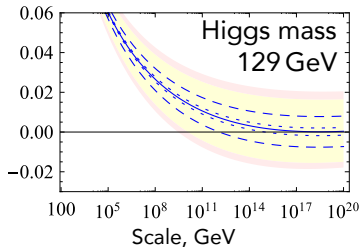
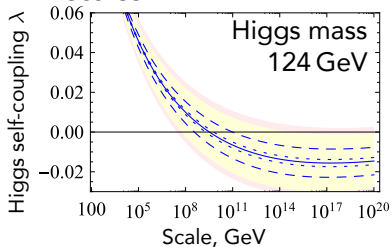
Search (LHCb, Belle)

- Events with offset vertices in B decays
- Peaks in Dalitz plot of three body B decays

Another prediction: The Higgs boson can not be light

Inflation proceeds along $H^\dagger H = \frac{\alpha}{\lambda} X^2$

- The Higgs self-coupling λ : positive up to inflationary scales



Current experimental value: $m_H = 125.7 \pm 0.4$ GeV (CMS)

Mass for $\lambda(\mu) = \beta_\lambda(\mu) = 0$

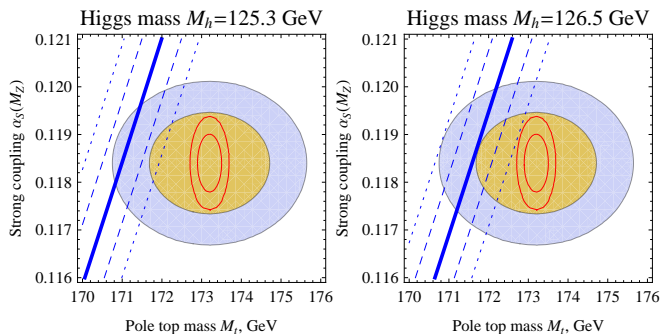
$$M_{\min} = \left[129.5 + \frac{M_t - 173.2 \text{ GeV}}{0.9 \text{ GeV}} \times 1.8 - \frac{\alpha_s - 0.1184}{0.0007} \times 0.6 \pm 2 \right] \text{ GeV}$$

[FB, Kalmykov, Kniehl, Shaposhnikov'12, Degraasi et.al'12]

Critical Higgs mass is compatible with M_t and α_s

Tevatron value: $M_t = 173.2 \pm 0.6(\text{stat}) \pm 0.8(\text{syst})\text{GeV}$

$\alpha_s(M_Z) = 0.1184 \pm 0.0007$



- Coincidence? Given parameters at EW scale: M_h , M_t , α_s , G_F , α , $\sin \theta_W$ you get: $\lambda = \beta_\lambda = 0$ at exactly Planck scale.

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Conclusions

- There is a good model with light inflaton and no scales up to inflation
- Cosmological observations constrain the inflaton mass to be light (in GeV range)
- The inflaton can be searched in low energy experiments – rare B decays
 - Offset vertices in B decays
 - Peaks in B three body decay Dalitz plot
- Minimal models without new scales give interesting predictions relating cosmology and particle physics.

Dark matter – add ν MSM and stir

A ν MSM inspired model with inflation χ
 (Shaposhnikov&Tkachev'06)

$$\mathcal{L} = (\mathcal{L}_{SM} + \bar{N}_I i \partial_\mu \gamma^\mu N_I - F_{\alpha\beta} \bar{L}_\alpha N_I \Phi - \frac{f_I}{2} \bar{N}_I^c N_I X + \text{h.c.}) + \frac{1}{2} (\partial_\mu X)^2 - V(\Phi, X)$$

$$\Omega_N = \frac{1.6 f(m_\chi)}{S} \cdot \frac{\beta}{1.5 \times 10^{-13}} \cdot \left(\frac{M_1}{10 \text{keV}} \right)^3 \cdot \left(\frac{100 \text{MeV}}{m_\chi} \right)^3 ,$$

DM sterile neutrino mass bound

$$M_1 \lesssim 13 \cdot \left(\frac{m_\chi}{300 \text{MeV}} \right) \left(\frac{S}{4} \right)^{1/3} \cdot \left(\frac{0.9}{f(m_\chi)} \right)^{1/3} \text{keV} .$$

How to reheat universe after inflation?

State of the Universe after inflation

- Empty! Cold!
- Only the uniform (oscillating) inflaton field.

Needed for the Hot Big Bang cosmology

- All the known and unknown particles and HOT!

HOT – means at least above electroweak transition,
 $T_r > 150 \text{ GeV}$ – for baryogenesis (via leptogenesis)

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Parametric enhancement

Let us suppose again that there is an inflaton X coupled to some particle ϕ . Then, during inflaton oscillations, for the ϕ modes with momentum k we have

$$\ddot{\phi}_k + 3H\dot{\phi}_k + \left(\frac{k^2}{a^2(t)} + g^2 X(t)^2 \right) \phi_k = 0$$

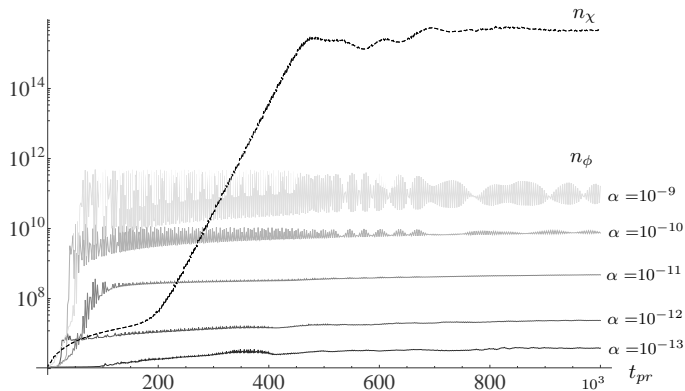
- Important – $X(t)$ oscillates
- Let us neglect the Universe expansion, and say that $X(t) = A \sin(\omega t)$, then

Mathieu equation

$$\frac{d^2 \phi_k}{d\eta^2} + (A_k - 2q \cos 2\eta) \phi_k = 0$$

where $A_k = k^2/\omega^2 + 2q$, $q = g^2 X_0^2/4\omega^2$, $\eta = \omega t$.

Not so easy to create the Higgs



The large Higgs self interaction destroys coherence and spoils parametric resonance.

Temperature estimate for the reheating

Equating mean free path $n\sigma_{2I\rightarrow 2HV} \sim n\frac{\alpha^2}{\pi p_{\text{avg}}^2}$ with the Hubble rate $H = \frac{T^2}{m_{\text{Pl}}} \sqrt{\frac{\pi^2 g_*}{90}}$ we get

$$T_R \approx \frac{\zeta(3)\alpha^2}{\pi^4} \sqrt{\frac{90}{g_*}} m_{\text{Pl}}$$

Requiring $T_R > 150 \text{ GeV}$ we can obtain the lower bound on α

$$\alpha \geq 7.3 \times 10^{-8},$$

Temperature estimate for the reheating II

However, $p_{\text{avg}} \approx T$, the cross-section is enhanced, so

$$\frac{\zeta(3)\alpha^2}{\pi^3} \frac{T^4}{p_{\text{avg}}^3} \sim \frac{T^2}{\sqrt{\frac{90}{8\pi^3 g^*}} M_{Pl}}$$

For this estimate the bound is weaker

$$\alpha \geq 7 \times 10^{-10}$$

Upper bound for the inflaton mass

$$m_\chi \leq 1.5 \left(\frac{m_H}{150 \text{ GeV}} \right) \sqrt{\frac{\beta}{1.5 \times 10^{-13}}} \text{ GeV}$$

Inflaton mass window

Flatness from radiative corrections

$$m_\chi > 120 \left(\frac{m_h}{150 \text{ GeV}} \right) \left(\frac{\beta}{1.5 \times 10^{-13}} \right)^{\frac{1}{2}} \text{ MeV}$$

Sufficient reheating

$$m_\chi \leq 1.5 \left(\frac{m_H}{150 \text{ GeV}} \right) \left(\frac{\beta}{1.5 \times 10^{-13}} \right)^{\frac{1}{2}} \text{ GeV}$$

To be precise, the window also exists

$$2m_H < m_\chi \lesssim 460 \cdot \left(\frac{m_h}{150 \text{ GeV}} \right)^{4/3} \cdot \left(\frac{\beta}{1.5 \times 10^{-13}} \right)^{1/3} \text{ GeV}$$

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Inflaton-SM Interactions

$$\mathcal{L}_{\chi\bar{f}f} = \theta \frac{m_f}{v} \chi \bar{f} f = \sqrt{2\beta} \frac{m_f}{m_\chi} \chi \bar{f} f$$

$$\begin{aligned} \mathcal{L}_{\chi\pi\pi} &= 2\kappa\sqrt{2\beta} \cdot \frac{\chi}{m_\chi} \cdot \left(\frac{1}{2} \partial_\mu \pi^0 \partial^\mu \pi^0 + \partial_\mu \pi^+ \partial^\mu \pi^- \right) \\ &\quad - (3\kappa + 1) \sqrt{2\beta} \cdot \frac{\chi}{m_\chi} \cdot m_\pi^2 \cdot \left(\frac{1}{2} \pi^0 \pi^0 + \pi^+ \pi^- \right) \end{aligned}$$

$$\kappa = 2/9$$

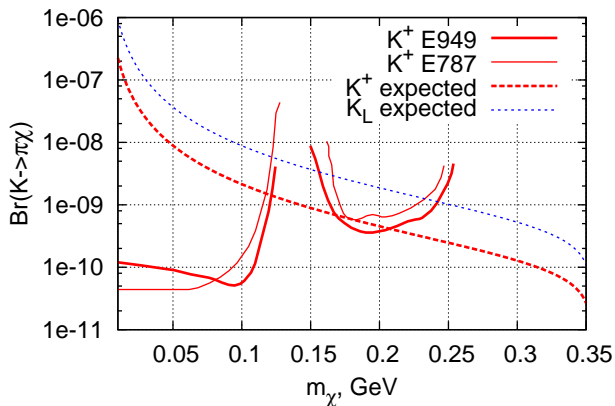
$$\mathcal{L}_{\chi\gamma\gamma} \approx \frac{F_{\gamma\gamma\alpha}}{4\pi} \frac{\sqrt{2\beta}}{m_\chi} \chi F_{\mu\nu} F^{\mu\nu}$$

$$\mathcal{L}_{\chi gg} \approx \frac{F_{gg\alpha_s}}{4\sqrt{8}\pi} \frac{\sqrt{2\beta}}{m_\chi} \chi G_{\mu\nu}^a G^{a\mu\nu}$$

Production: hadron decays

$$\left. \begin{aligned} \text{Br}(K^+ \rightarrow \pi^+ \chi) &\approx 2.3 \times 10^{-9} \\ \text{Br}(K_L \rightarrow \pi^0 \chi) &\approx 1.0 \times 10^{-8} \\ \text{Br}(\eta \rightarrow \pi^0 \chi) &\approx 1.8 \times 10^{-12} \\ \text{Br}(B \rightarrow X_s \chi) &\approx 10^{-5} \end{aligned} \right\} \times \left(\frac{\beta}{\beta_0} \right) \cdot \left(\frac{100 \text{ MeV}}{m_\chi} \right)^2 \cdot k \left(\frac{m_\chi}{m_{\text{hadron}}} \right)$$

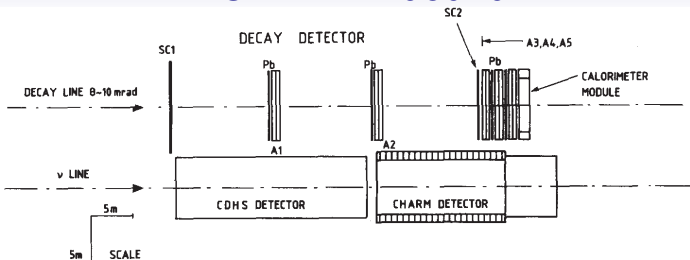
Production: bound from $K^+ \rightarrow \pi^+ + \text{nothing}$



Excluded: $m_\chi \lesssim 120$ MeV

Disfavoured: $170 \text{ MeV} \lesssim m_\chi \lesssim 205 \text{ MeV}$

CHARM – bound

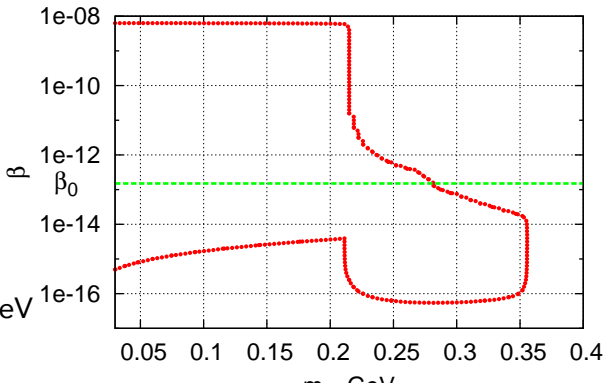


Search for decays of something into












$\gamma\gamma, e^+e^-,$

$\mu^+\mu^- \Rightarrow$

$m_\chi < 270 \text{ MeV}$





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-  ATLAS Collaboration, [arXiv:1207.7214 [hep-ex]]
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