

Double Beta Decay I: Why $0\nu\beta\beta$?

Julieta Gruszko

National Nuclear Physics Summer School

July 13, 2022

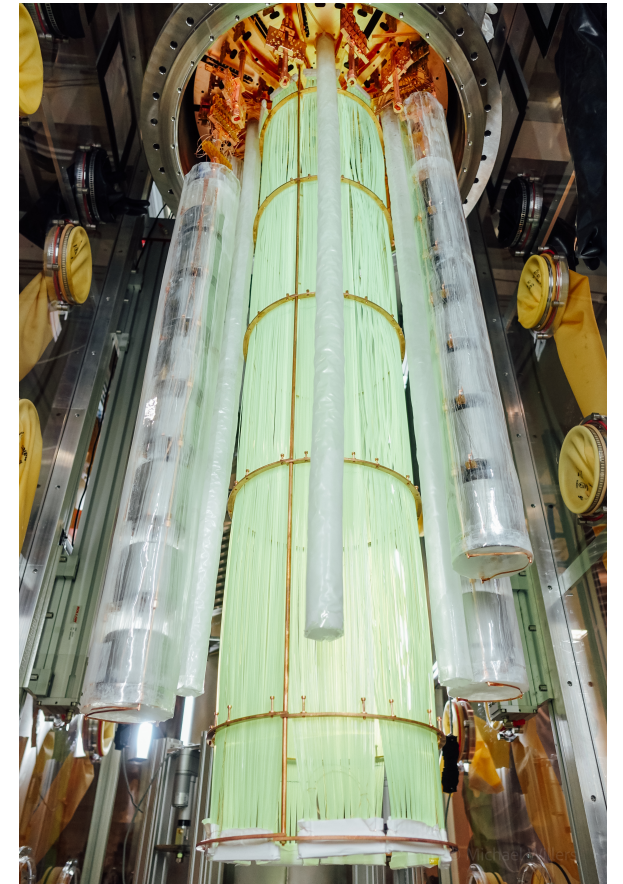


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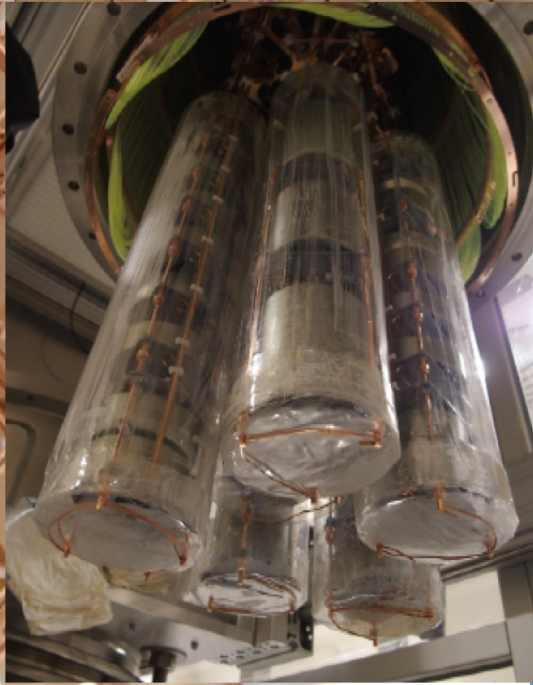
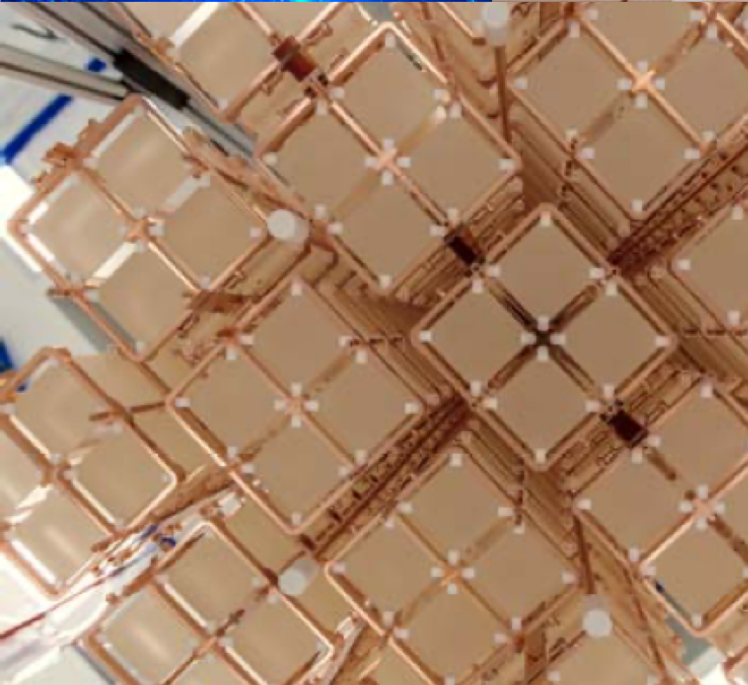
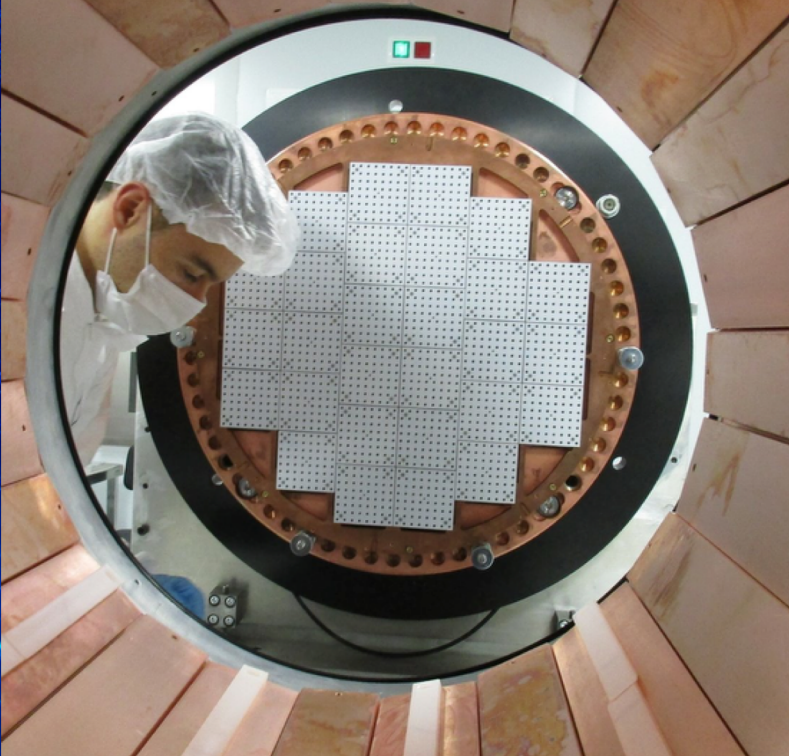
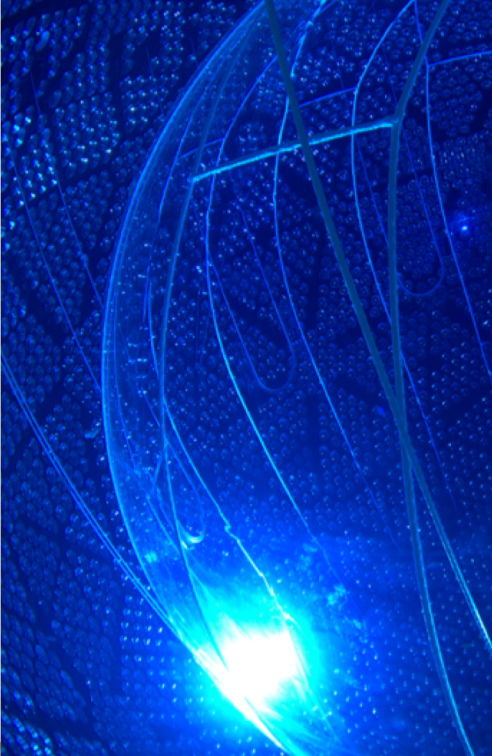


Introduction

- My research focuses on two approaches to searching for $0\nu\beta\beta$:
 - Current and next-generation experiments in ^{76}Ge : The Majorana Demonstrator, LEGEND-200, and LEGEND-1000
 - R&D for next-next-generation experiments in liquid scintillator: NuDot
- Primary interest: improving understanding of the physics in our detectors, and using that information to improve discovery potential.



LEGEND-200 Commissioning



Outline

- Wednesday: Why look for $0\nu\beta\beta$?
 - Intro to Neutrinos and Weak Interactions
 - Neutrino Masses: Dirac and Majorana
 - Intro to Double-Beta Decay
 - The See-Saw Mechanism(s)
 - The Rate of Double-Beta Decay
 - Leptogenesis and Baryogenesis
- Thursday: How to look for $0\nu\beta\beta$?
- Friday: The State of the Field

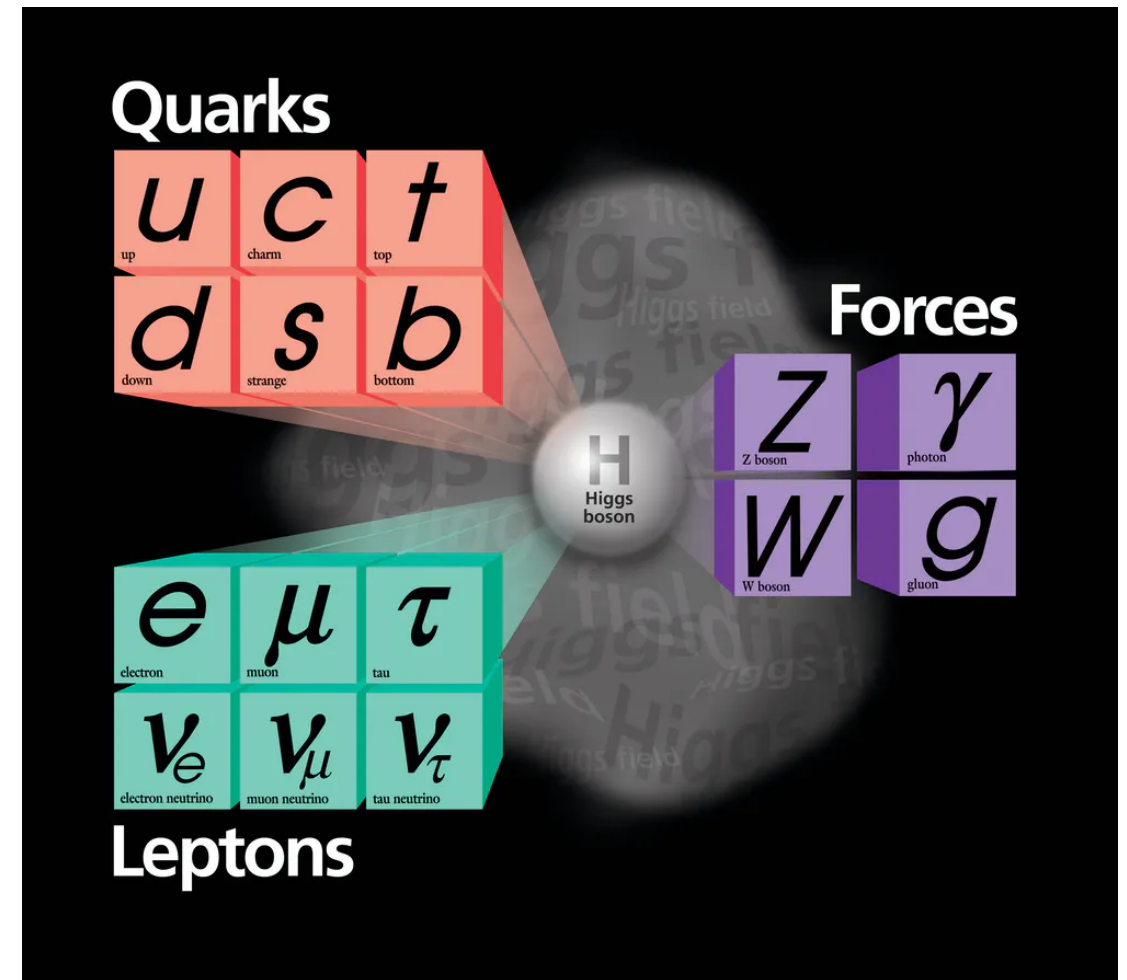
Motivating BSM Physics

- Need answers to:
 - What is dark matter?
 - What is dark energy/the mechanism behind the cosmological constant?
 - What generates neutrino mass?
 - What created the matter/antimatter asymmetry?
- Would like answers to:
 - Naturalness problems
 - CP conservation in QCD
 - Unification, flavor, etc...

Intro to Neutrinos and Weak Interactions

Neutrinos: The Basics

- Neutrinos: neutral fermions that only interact via the weak force
- Interactions are very rare! 10^{11} per cm^2 per second on earth from the sun, but you don't notice them.
- 3 mass states, and 3 flavor states, but these don't match up. They oscillate between flavors as they travel.
- Surprise: neutrinos have non-zero mass!
- We need new physics to explain the mass of neutrinos



Neutrino Mixing

- 3 flavors, 3 mass states
 - Mixing is large!
 - Described by 3 mixing angles and a phase angle

$$U_{\text{CKM}} \parallel \begin{bmatrix} u & & \\ & c & \\ & & t \end{bmatrix} \begin{bmatrix} d & s & b \end{bmatrix}$$

$$U_{\text{PMNS}} \parallel \begin{bmatrix} \nu_e & & \\ & \nu_\mu & \\ & & \nu_\tau \end{bmatrix} \begin{bmatrix} \nu_1 & \nu_2 & \nu_3 \end{bmatrix}$$

Neutrino Mixing

- Mixing angles are measured with neutrino oscillation experiments
- Two of the three mixing angles, $\sin^2(\theta_{12})$ and $\sin^2(\theta_{13})$, have been measured to better than 4% precision
- The octant of $\sin^2(\theta_{23})$ is degenerate with δ_{CP} and has not been determined yet

$$\begin{bmatrix} \nu_e \\ \nu_\mu \\ \nu_\tau \end{bmatrix} = \begin{bmatrix} U_{e1} & U_{e2} & U_{e3} \\ U_{\mu1} & U_{\mu2} & U_{\mu3} \\ U_{\tau1} & U_{\mu2} & U_{\mu3} \end{bmatrix} \begin{bmatrix} \nu_1 \\ \nu_2 \\ \nu_3 \end{bmatrix}$$

$$c_{ij} = \cos \theta_{ij} \text{ and } s_{ij} = \sin \theta_{ij}$$

$$U = \begin{bmatrix} 1 & 0 & 0 \\ 0 & c_{23} & s_{23} \\ 0 & -s_{23} & c_{23} \end{bmatrix} \begin{bmatrix} c_{13} & 0 & s_{13}e^{-i\delta_{CP}} \\ 0 & 1 & 0 \\ -s_{13}e^{-i\delta_{CP}} & 0 & c_{13} \end{bmatrix} \begin{bmatrix} c_{12} & s_{12} & 0 \\ -s_{12} & c_{12} & 0 \\ 0 & 0 & 1 \end{bmatrix}$$

Atmospheric
Reactor
Solar

Neutrino Mass Hierarchy

- Neutrino oscillations depend on $(\Delta m_{ij})^2$ and the mixing angles
- We know the magnitudes of the $(\Delta m_{ij})^2$, but matter effects are needed to measure their signs
- From ν_e oscillations in the sun, we know $m_2 > m_1$
- We don't know where m_3 lies relative to those: need to measure matter effects on ν_μ oscillations
- This is one of the main goals of DUNE and other long-baseline neutrino experiments

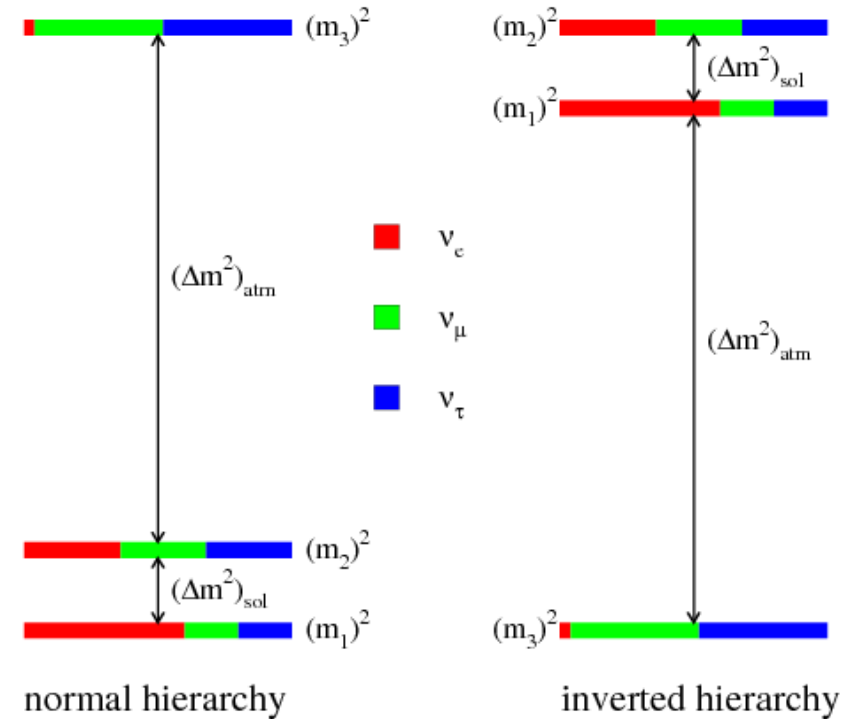
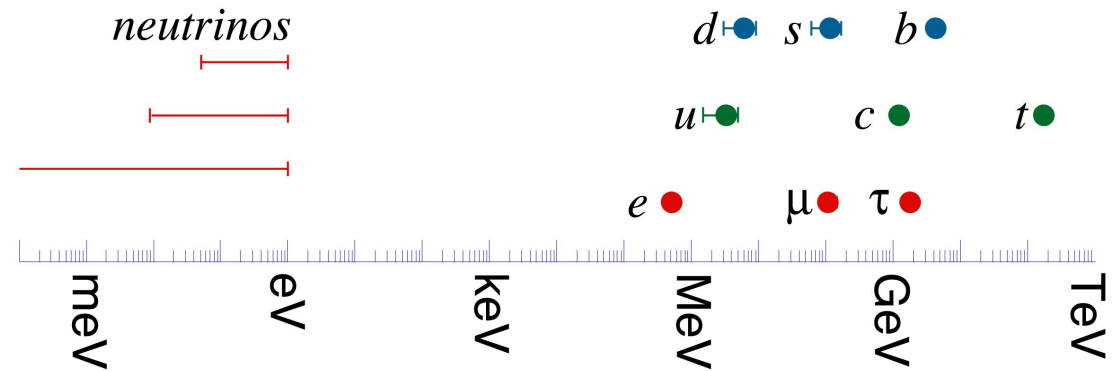


Fig. courtesy of H. Murayama

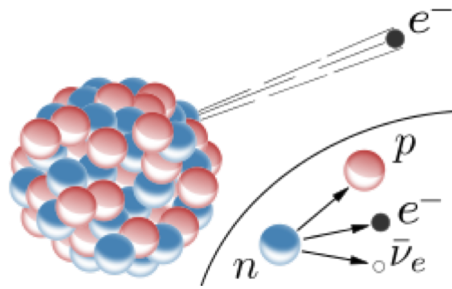
Neutrino Mass

- Because they oscillate, neutrinos must have non-zero mass
- We know neutrino masses are small, but not what they are



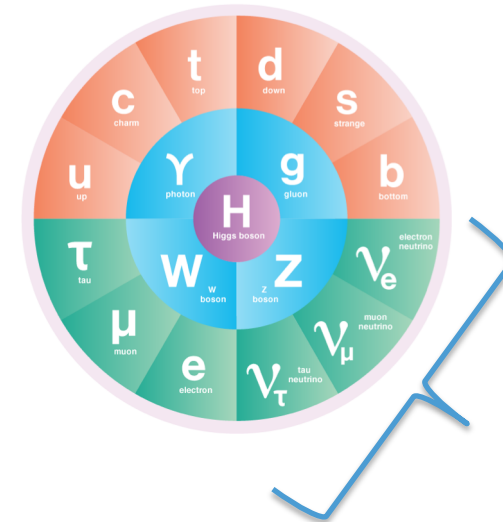
Neutrino Mass

m_β :



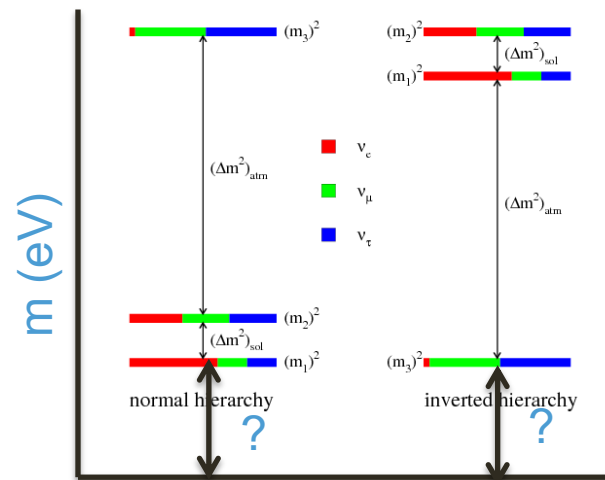
Kinematics experiments

Σm :



Cosmology experiments

m_{lightest} :



Neutrino Mass Measurements

Technique	Sensitivity	Current limit
Neutrino Oscillations	$\Delta m_{ij}^2 = m_i^2 - m_j^2$	IH: $\Sigma m > 98 \text{ meV}$ NH: $\Sigma m > 59 \text{ meV}$
Cosmological modeling of Astrophysical Observations	$\Sigma m_i + \textit{light dof}$	$\Sigma m < 120 - 230 \text{ meV}$, depending on data sets used
Beta Decay Kinematics	$\Sigma U_{ei} ^2 m_i^2$	$m_\beta < 0.8 \text{ eV}$ $\Sigma m < \sim 2400 \text{ meV}$

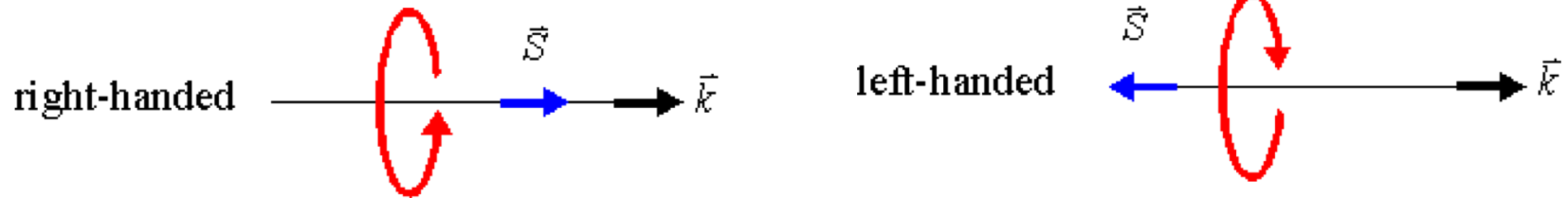
Neutrinos and the Weak Interactions

- To go a bit deeper, let's quickly review some concepts related to fields and weak interactions

Helicity

- Helicity describes the alignment of spin and momentum:

$$\hat{h} = \frac{\vec{S} \cdot \vec{P}}{s|\vec{P}|}$$



- For massless particles, eigenvalues are ± 1
- For massive particles, reference-frame dependent: if you boost to a reference frame moving faster than the particle, p reverses but s does not

Chirality

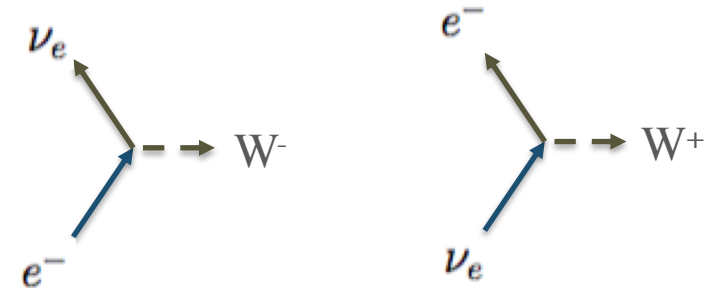
- Chirality describes the field's transformation under γ^5 :
 - Left-chiral: eigenstate of γ^5 with eigenvalue = -1
 - Right-chiral: eigenstate of γ^5 with eigenvalue = 1
 - $\frac{1}{2}(1 - \gamma^5)$ is a projection operator, choosing the left-chiral state
- Mass couples the left- and right-chiral fields together
 - If $E \gg mc^2$, helicity \sim chirality

Weak Interactions

- Charged weak interactions:

- V-A form: $\mathcal{L}_{I,L}^{(CC)} = -\frac{g}{2\sqrt{2}}\bar{\nu}_e\gamma^\mu(1-\gamma^5)eW_\mu + H.c.$

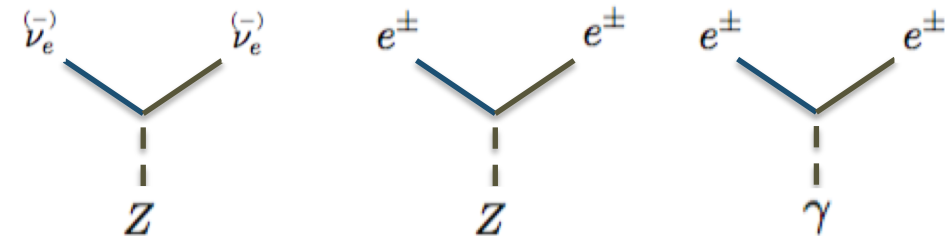
- Notice: only couples to left-chiral states!



- Neutral weak interactions:

- Z coupling: $\frac{-ig_Z}{2}\gamma^\mu(c_V^f - c_A^f\gamma^5)$

- No longer pure V-A, couples to right-handed particles



Weak Interactions and Neutrinos

- Full neutral current Lagrangian:

$$\mathcal{L}_{I,L}^{(NC)} = -\frac{g}{2 \cos \vartheta_W} (\bar{\nu}_e \gamma^\mu (g_V^\nu - g_A^\nu \gamma^5) \nu_e + \bar{e} \gamma^\mu (g_V^l - g_A^l \gamma^5) e) Z_\mu + -e (-\bar{e} \gamma^\mu e) A_\mu \quad \cos(\theta_w) = \frac{m_w}{m_z}$$

- For the neutrinos:

$$(g_V^\nu - g_A^\nu \gamma^5) = \frac{1}{2} (1 - \gamma^5)$$

so right-handed neutrinos don't participate!

	g_V	g_A
ν	$1/2$	$1/2$
l	$-1/2 + 2 \sin(\theta_W)^2$	$-1/2$

Take-away: right handed neutrinos and left-handed antineutrinos don't have **any** interactions

In the SM, it is assumed that neutrino fields have only left-handed components – their observed interactions don't require right-handed components (and we don't have a way to produce them)

Majorana and Dirac Mass Terms

*This section freely borrows from Ben Jones's
"The Physics of Neutrinoless Double Beta Decay:
A Primer": [2108.09364](#)

Spinors and the Dirac Equation

- Neutrinos are massive, relativistic spin $\frac{1}{2}$ particles, so they obey the Dirac equation.
- Solutions to the Dirac equation are 4-component spinors, ψ :
$$(i\gamma^\mu \partial_\mu - m)\psi = 0$$
- You can interpret this as a Schrodinger-like equation for a 4-component wave function: probability of finding four distinct kinds of particle at each point in space
- You can also interpret this as an equation of motion for a 4-component field
- Either way, this equation carries **up to** 4 pieces of information about what exists at each point in space, but the 4 components may or may not be independent, as we'll see

Weyl Basis

- Let's choose a basis that decouples left- and right-chiral components, called the Weyl basis

$\psi = \begin{pmatrix} \xi \\ \eta \end{pmatrix}$, where the two upper components are a left-chiral field ξ and the two lower components are a right-chiral field η

- Then the γ matrices are:

$$\gamma^\mu = \begin{pmatrix} 0 & \sigma^\mu \\ \bar{\sigma}^\mu & 0 \end{pmatrix} \quad \gamma^5 = \begin{pmatrix} -I & 0 \\ 0 & I \end{pmatrix}$$

- We can confirm the chirality of ξ and η by applying the chirality operator γ^5 :

$$\gamma^5 \begin{pmatrix} \xi \\ 0 \end{pmatrix} = - \begin{pmatrix} \xi \\ 0 \end{pmatrix}$$

Left-chiral

$$\gamma^5 \begin{pmatrix} 0 \\ \eta \end{pmatrix} = \begin{pmatrix} 0 \\ \eta \end{pmatrix}$$

Right-chiral

Dirac Equation in the Weyl Basis

- Writing it out the Dirac equation in terms of the chiral components:

$$i(\partial_0 + \vec{\sigma} \cdot \nabla)\eta = m \xi$$

$$i(\partial_0 - \vec{\sigma} \cdot \nabla)\xi = m \eta$$

- The two sub-fields are coupled! Chirality is not conserved unless $m = 0$

Dirac vs. Majorana

- The 4-component spinor representation and Dirac equation are always a valid description of neutrinos, whether or not they are Majorana
- The question is whether ξ and η are independent fields that can have independent values everywhere in space
- Dirac: 4 degrees of freedom at every point in space; we can interpret them as independent left- and right-chiral fermions and anti-fermions
- Majorana: Only 2 degrees of freedom at every point in space; if you know 2 components (say, both components of η), you immediately know the other 2

The Majorana Condition

- We need to construct a spinor such that $\eta = f(\xi)$ at some initial time, and this relationship continues to hold as the field evolves according to the Dirac equation

- Ettore Majorana came up with a solution:

$$\psi = \begin{pmatrix} \xi \\ -i\sigma_2\xi^* \end{pmatrix}$$

- This satisfies the Dirac equation and the Majorana condition. Whatever the top two components are at a given moment in time, the bottom two will stay related to them in the same way.

Majorana Fermions

- The 4-component Dirac equation is no longer needed. Instead, we can write the two-component Majorana equation of motion:

$$\sigma^\mu \partial_\mu \xi + m \sigma_2 \xi^* = 0$$

- Looking at the full 4-component spinor, we see that the Majorana spinor is invariant under charge conjugation:

$$\psi^c \equiv i\gamma^2 \psi^* = \psi$$

- This means Majorana particles are their own antiparticles
- Take-away: Majorana spinors have 2 independent components, which correspond to amounts of left- and right-handed stuff at each point in space. Each of those is both particle and anti-particle at the same time.

Traits of Majorana Particles

A Majorana particle needs to...

- have mass (or the Dirac equations decouple and the distinction is irrelevant)
- be spin $\frac{1}{2}$ (so it obeys the Dirac eqn)
- not interact with any gauge fields

An example of why gauge charges aren't allowed:

Consider a particle that interacts electromagnetically. The equation of motion would be:

$$(i\gamma^\mu(\partial_\mu + iqA_\mu) - m)\psi = 0$$

Taking the complex conjugate and multiplying by $i\gamma^2$ to get an equation of motion for ψ^c :

$$(i\gamma^\mu(\partial_\mu - iqA_\mu) - m)\psi^c = 0$$

If $\psi = \psi^c$, these two equations would be inconsistent unless $q = 0$

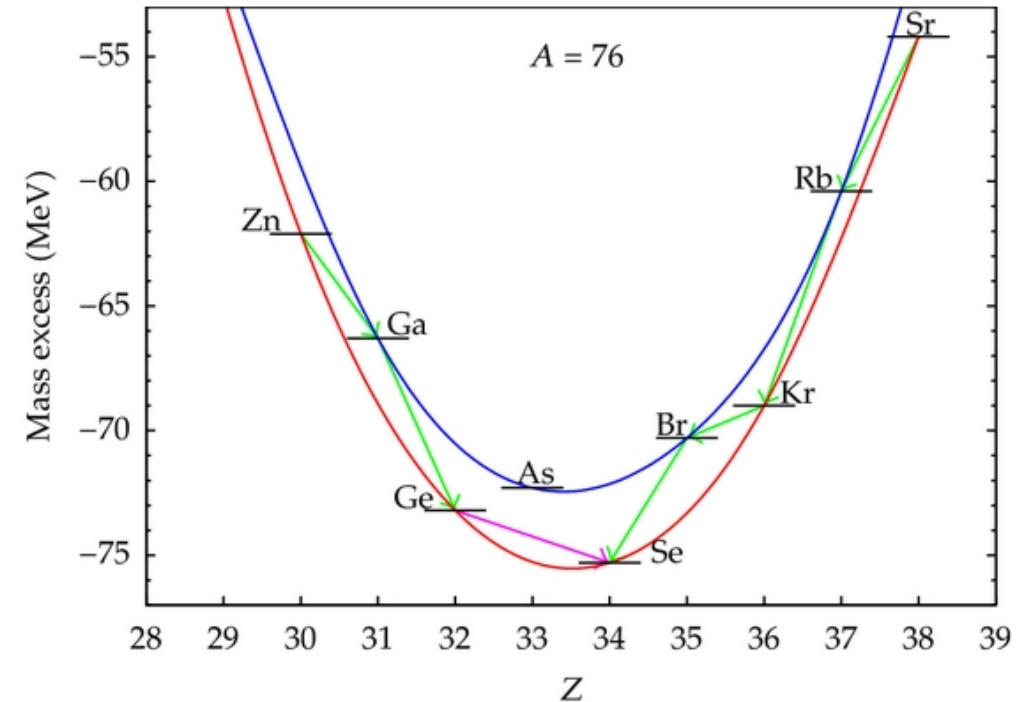
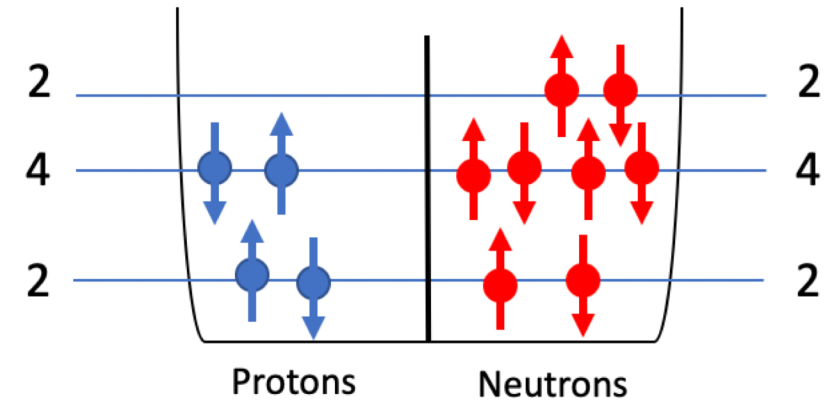
Neutrinos as Majorana Fermions

- The neutrino is the only Standard Model fermion that meets all the conditions, and could therefore be a Majorana particle
- Beyond that, there are good reasons to think neutrinos might be Majorana particles:
 - No need for non-interacting fields to explain non-zero neutrino mass; can naturally get small neutrino masses
 - Lowest-order new physics we can add to the standard model
 - Could resolve the matter asymmetry problem

Intro to Double-Beta Decay

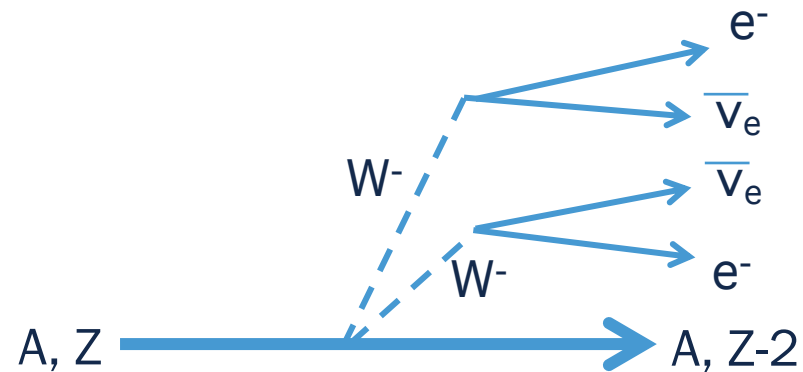
Double-Beta Decay

- Because of Pauli exclusion, nuclei are lower in energy if they have even numbers of protons and neutrons— they prefer to have paired spins
- For certain even-even nuclei, single beta decay is disallowed b/c of energy or momentum
- Instead, they double-beta decay, as predicted in 1935

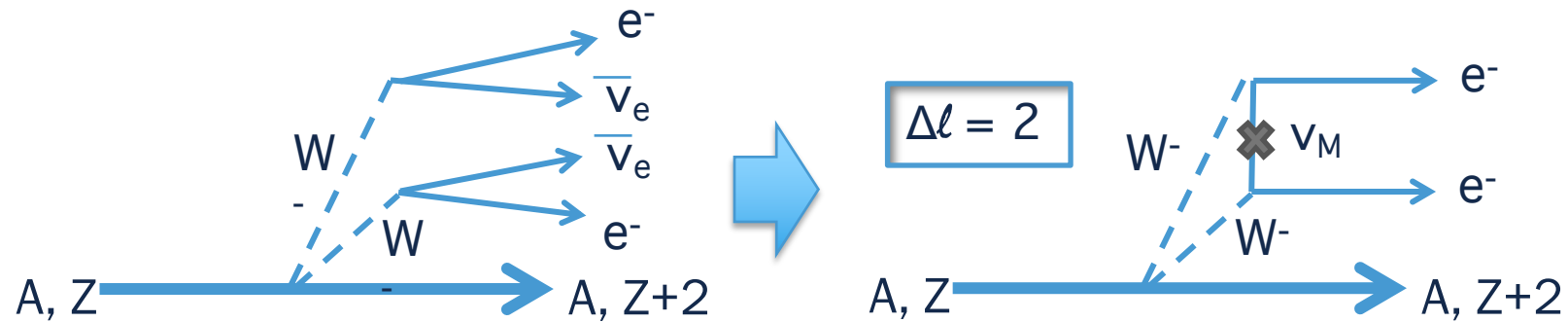


Two-Neutrino Double-Beta Decay

- Second-order weak process, $t_{1/2} \sim 10^{19}$ to 10^{21} years
- One of the longest-lifetime processes we've ever observed. Not seen until 1987!
- In the SM, two electron antineutrinos are emitted

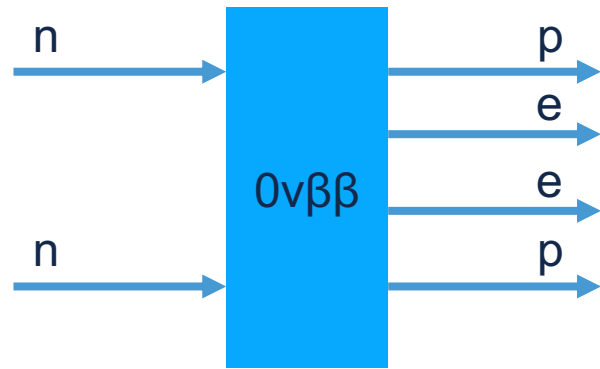


Neutrinoless Double-Beta Decay

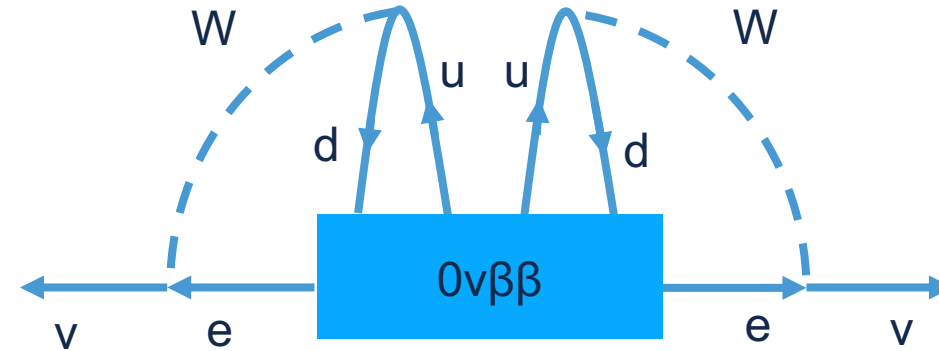


- If neutrinos are Majorana, $0\nu\beta\beta$ could occur
- Lepton number conservation is violated by 2 units
- In this case, I've drawn the exchange of a light neutrino, but you can think of that "x" as a contracted diagram of any sort (with new physics in it)

Majorana Neutrinos and $0\nu\beta\beta$



$$(A, Z) \rightarrow (A, Z+2) + 2e^-$$



$$(A, Z) \rightarrow (A, Z+2) + 2e^-$$

Model-independent implications of $0\nu\beta\beta$:

- Lepton number violation
- Neutrino-antineutrino oscillation, implying a non-zero Majorana mass term

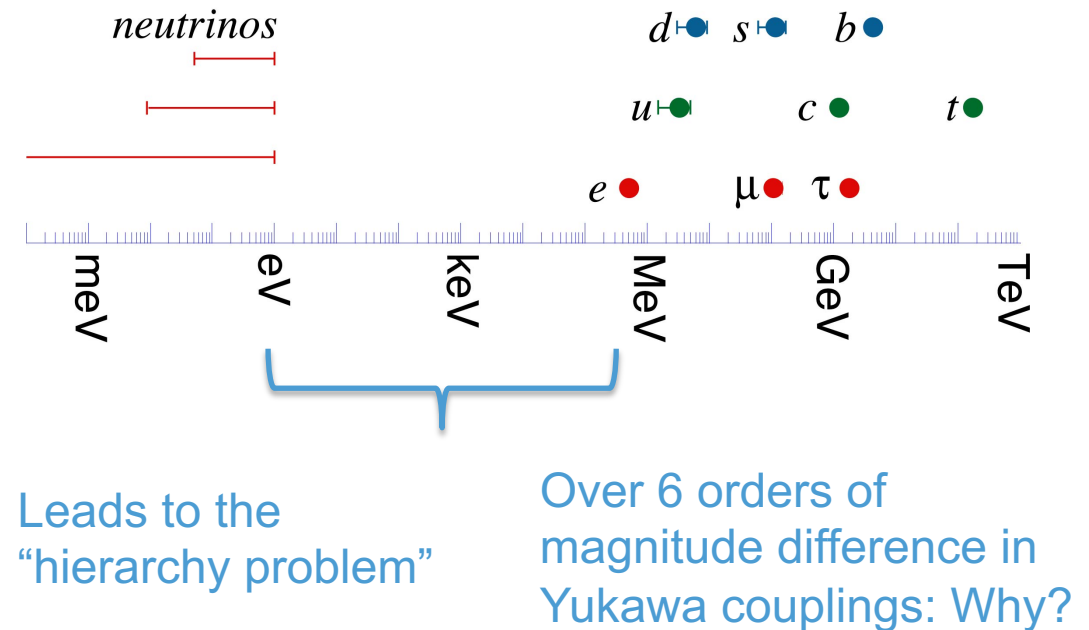
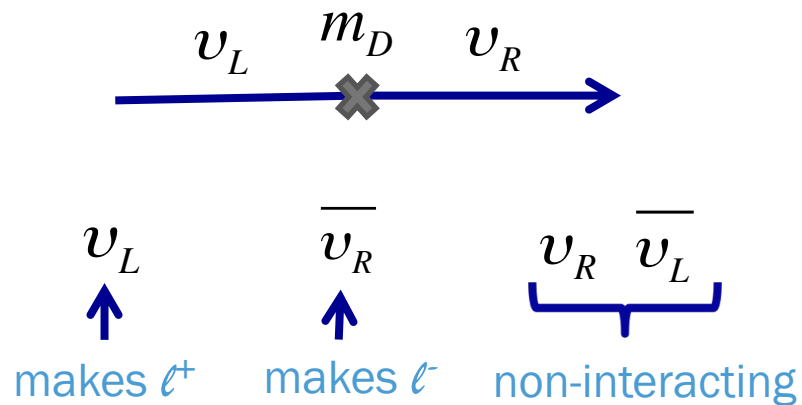
The mechanism of $0\nu\beta\beta$ determines the rate along with the parameters of the model

See-Saw Mechanisms

Dirac Mass Term

- The neutrino could get its mass the same way other leptons do
- Add a non-interacting right-chiral neutrino field to the SM

$$L_{mass}^D = -m_D \left(\overline{\nu}_L \nu_R + \overline{\nu}_R \nu_L \right)$$

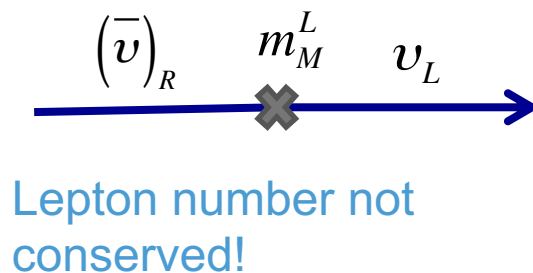


Majorana Mass Term

- If the neutrino is a Majorana fermion, then we can write a non-zero left-handed Majorana mass term:

$$L_{mass}^L = -\frac{1}{2} m_M^L (\bar{\nu}_L \nu_L^c + \bar{\nu}_L^c \nu_L)$$

- We can identify ν_L^c with the particle we observe as the anti-neutrino:




2 mass-degenerate states:

ν_L
↑
makes ℓ^+


ν_R
↑
makes ℓ^-

More on Majorana Mass Terms

- One problem: left-handed term isn't renormalizable in the SM. It's not invariant under $SU(2) \times U(1)$:

$$L_{mass}^L = -\frac{1}{2} m_M^L \left(\overline{\nu}_L \nu_L^c + \overline{\nu}_L^c \nu_L \right) \quad I_3 = 1, Y = -2$$


- This term is allowed if you introduce new physics at high energy to cut off the infinities
- The right-handed Majorana mass term is allowed:

$$L_{mass}^R = -\frac{1}{2} m_M^R \left(\overline{\nu}_R \nu_R^c + \overline{\nu}_R^c \nu_R \right) \quad I_3 = 0, Y = 0$$


The Type I See-Saw Mechanism

- If we include all the terms (Dirac, left-handed Majorana, right-handed Majorana):

$$L_{mass} = \frac{1}{2} \begin{pmatrix} \bar{\nu}_L & \bar{\nu}_R^c \end{pmatrix} \begin{pmatrix} m_L & m_D \\ m_D & m_R \end{pmatrix} \begin{pmatrix} \nu_L^c \\ \nu_R \end{pmatrix} + h.c.$$

- Setting m_L to 0, mass eigenvalues are $\lambda = \frac{m_R}{2} \pm \frac{m_R}{2} \sqrt{1 + \frac{4m_D^2}{m_R^2}}$
- If $m_R \gg m_D$, $\lambda_1 = m_R$ $\lambda_2 = \frac{2m_D^2}{m_R}$

- Called the “see-saw mechanism”:

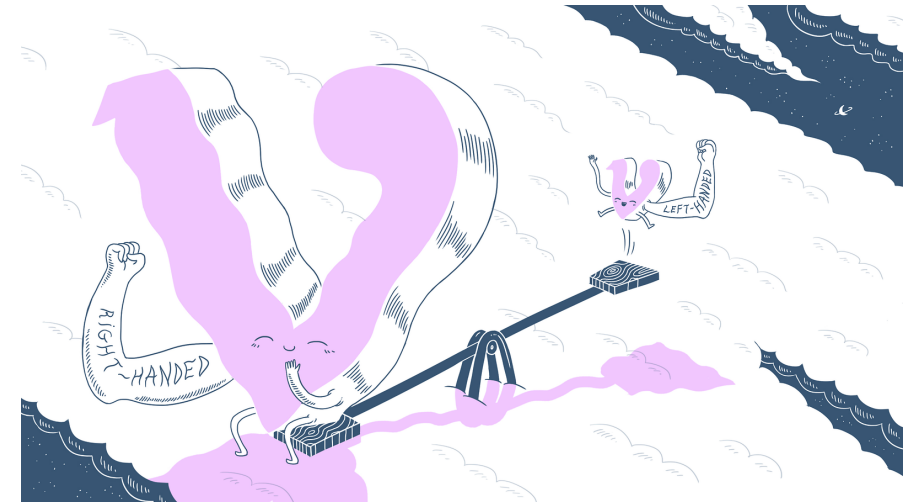


The Type I See-Saw Mechanism

- If m_R is of GUT scale (about 10^{15} GeV) and m_D is EW scale (about 100 GeV), mass eigenvalues are:

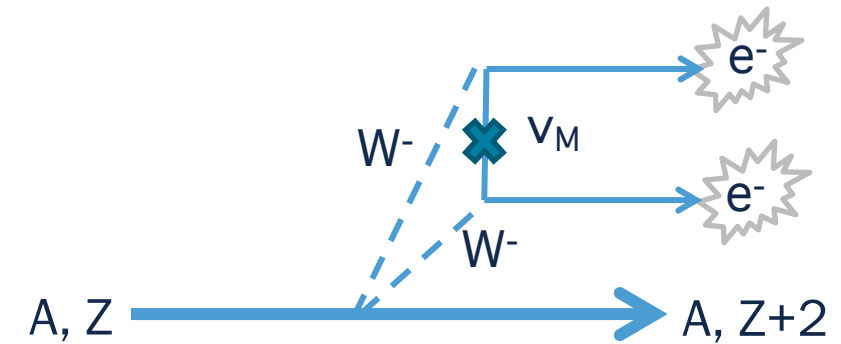
$$M_\nu \sim \frac{m_D^2}{m_R} \sim .01 \text{ eV} \quad M_N \sim m_R \sim 10^{15} \text{ GeV}$$

- So you get a “natural” neutrino of the correct mass by introducing a new GUT-scale particle



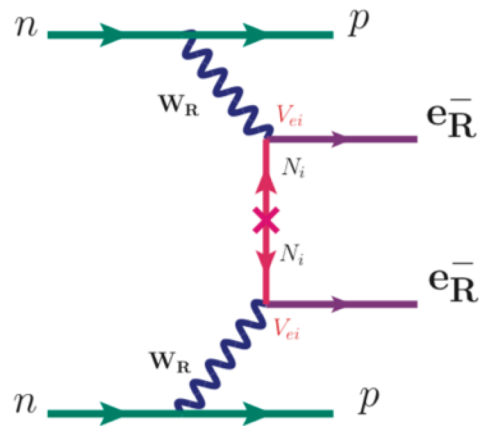
Type I See-Saw and $0\nu\beta\beta$

- In the Type-I see-saw, the right-handed neutrino is heavy, so the neutrino exchanged in $0\nu\beta\beta$ propagates as a light Majorana neutrino
- This is considered the “simplest” model for Majorana neutrinos because it requires only one new particle, at energies where we expect new physics
- Any number of heavy N 's can be added, but you need at least 2



Other See-Saw Mechanisms

- Type II See-Saw: add a complex scalar triplet, $\Delta_L = (1, 3, 2)$
 - No right-handed neutrinos needed to explain neutrino masses and mixing
 - Example: Left-Right Symmetric Model

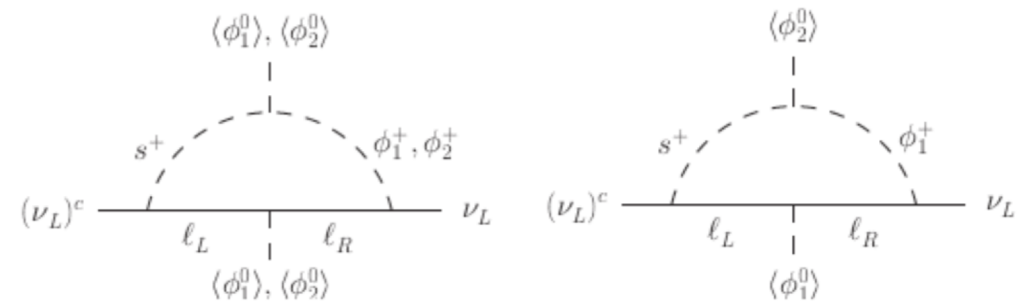


Left-Right Symmetric Model,
 $M_{W_R} \sim 2 \text{ TeV}$, $M_N = 1 \text{ TeV}$,
 $g_R \sim 2/3 g_L$

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Other See-Saw Mechanisms

- Type III See-Saw: add a “fermionic triplet,” $\Delta_L = (1, 3, 0)$
 - Leads to same mass matrix as Type I, but adds heavy charged leptons
 - Example: GUTs, see P. Fileviez Perez, 1501.01886
- Radiative Majorana masses: add new scalars and Majorana fermions
 - See H. Sugiyama, 1505.01738

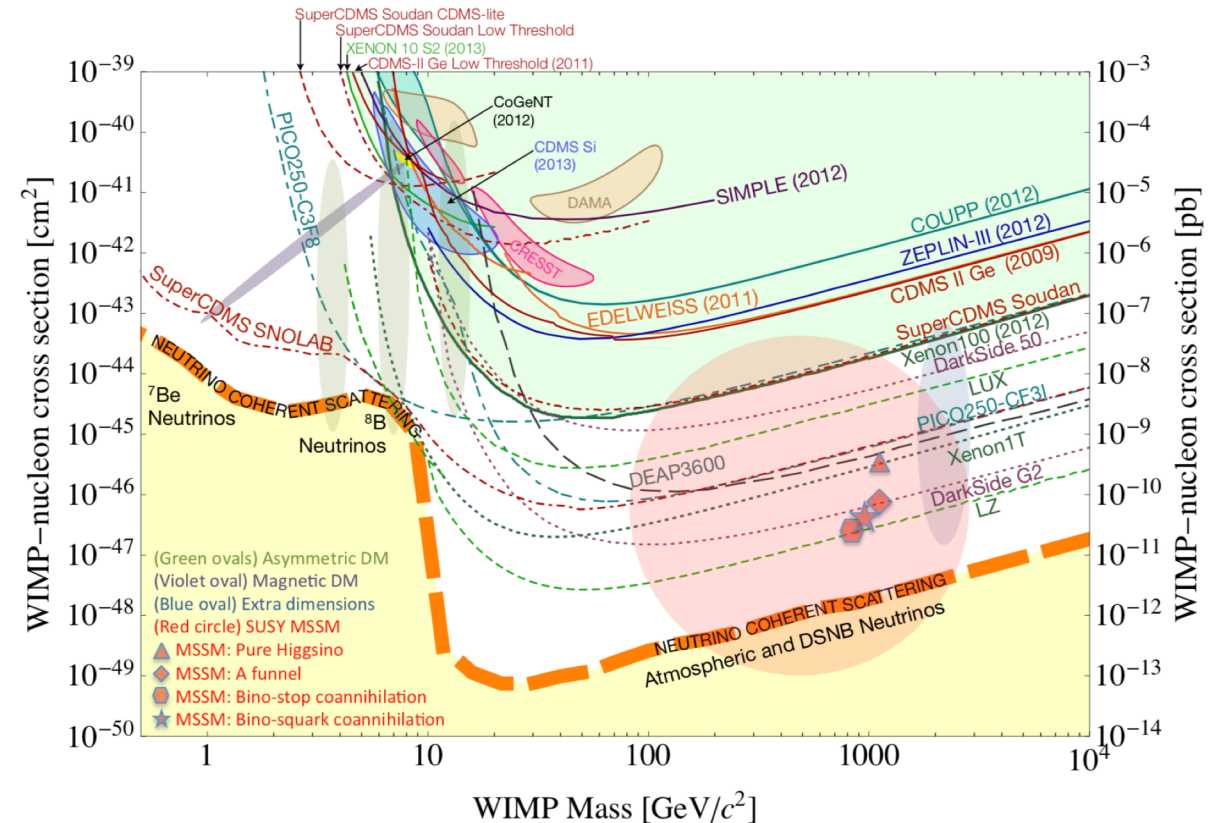


Distinguishing Between Mechanisms

- Different mechanisms make predictions about $m_{\beta\beta}$. If we measure $m_{\beta\beta}$, neutrino mass hierarchy, and neutrino mass, we can see which “theory island” we’re in
- Many mechanisms predict relatively low-energy (TeV-scale) new particles. Collider experiments could see these.
- $0\nu\beta\beta$ -related measurements could also help us distinguish mechanisms: energy and momentum of each outgoing electron, $0\nu\beta\beta$ decays to excited states, and ratios between different $0\nu\beta\beta$ isotopes

”Theory Islands” for $0\nu\beta\beta$

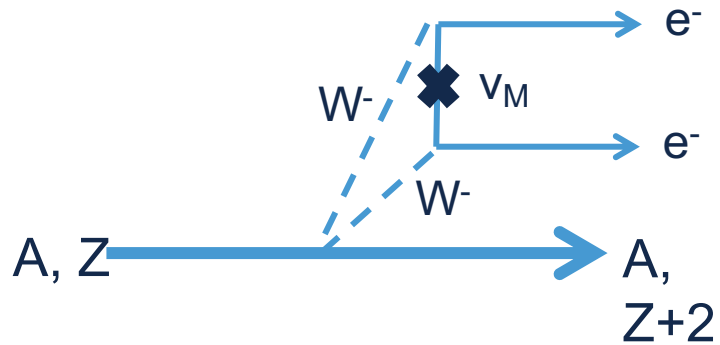
- There’s still a lot we don’t know!
- Simplest Type 1 seesaw model gives us a set of “theory islands” but isn’t the whole story
- Understanding the other properties of neutrinos can give us hints of where to look, but they can’t really rule out parameter space for us



WIMP Searches: Snowmass 2013 Status

The Rate of Double-Beta Decay

The $0\nu\beta\beta$ Rate for Light Majorana Neutrino Exchange



$$(T_{1/2}^{0\nu})^{-1} = G^{0\nu} |M_{0\nu}|^2 \left(\frac{\langle m_{\beta\beta} \rangle}{m_e} \right)^2$$

Effective Majorana mass for light neutrino exchange:

$$\langle m_{\beta\beta} \rangle = \left| \sum_{i=1}^3 U_{ei}^2 m_i \right|$$

$$U = \begin{bmatrix} U_{e1} & U_{e2} & U_{e3} \\ U_{\mu1} & U_{\mu2} & U_{\mu3} \\ U_{\tau1} & U_{\tau2} & U_{\tau3} \end{bmatrix}$$

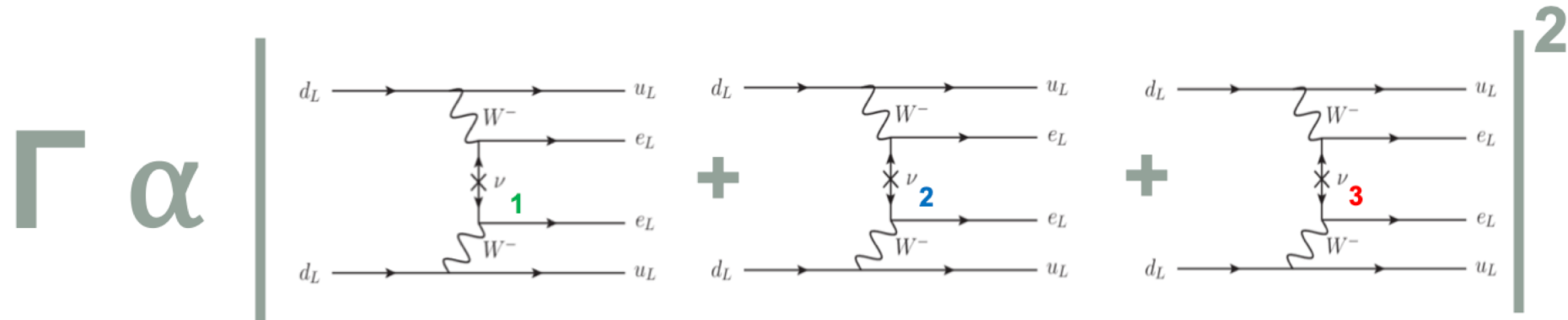
$$= \begin{bmatrix} c_{12}c_{13} & s_{12}c_{13} & s_{13}e^{-i\delta} & e^{i\alpha_1/2} & 0 & 0 \\ -s_{12}c_{23} - c_{12}s_{23}s_{13}e^{i\delta} & c_{12}c_{23} - s_{12}s_{23}s_{13}e^{i\delta} & s_{23}c_{13} & 0 & e^{i\alpha_2/2} & 0 \\ s_{12}s_{23} - c_{12}c_{23}s_{13}e^{i\delta} & -c_{12}s_{23} - s_{12}c_{23}s_{13}e^{i\delta} & c_{23}c_{13} & 0 & 0 & 1 \end{bmatrix}$$

$c_{ij} = \cos \theta_{ij}$, $s_{ij} = \sin \theta_{ij}$, δ = Dirac CP violation, α_i = Majorana CP violation

Even under simple assumptions, the $0\nu\beta\beta$ rate depends on:

- ν mixing angles
- ν masses
- mass hierarchy
- 2 totally unknown phases

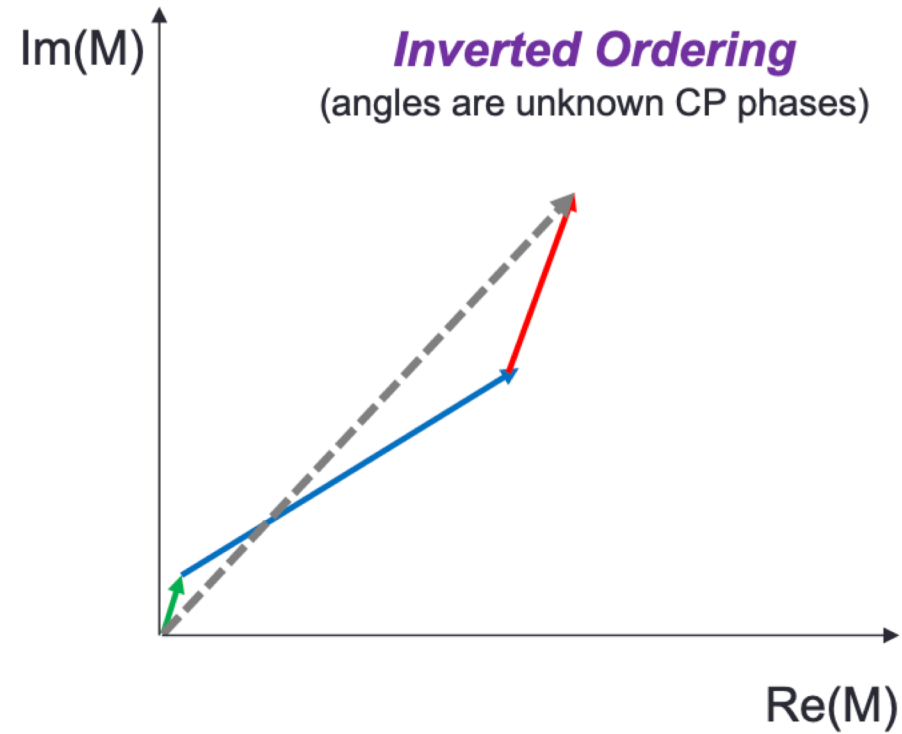
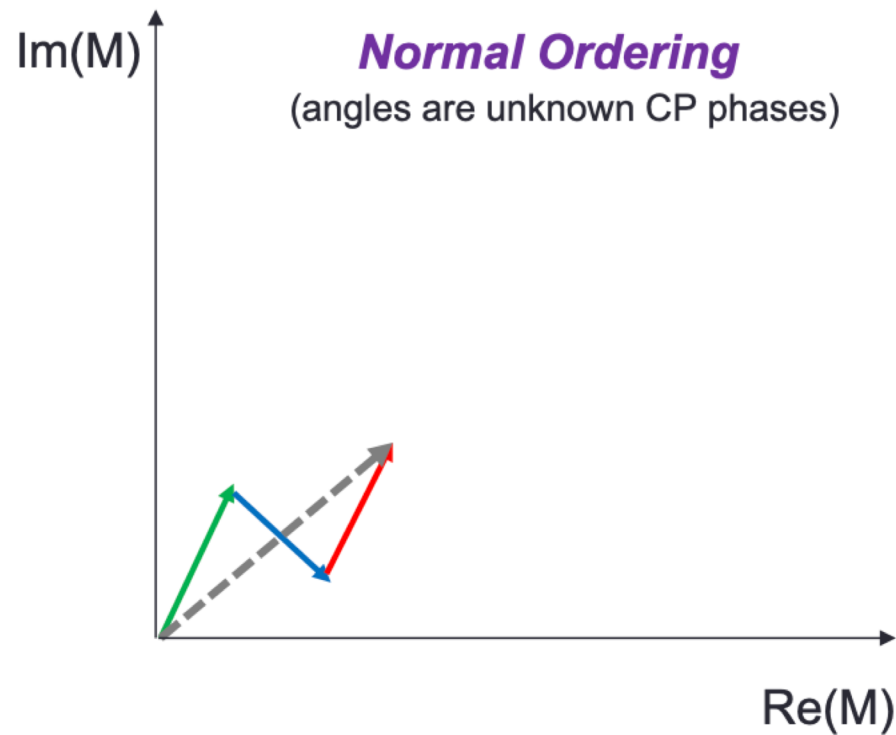
Understanding $m_{\beta\beta}$



$$\langle m_{\beta\beta} \rangle = \left| \sum_{i=1}^3 U_{ei}^2 m_i \right|$$

$$\langle m_{\beta\beta} \rangle = \cos^2\theta_{12}\cos^2\theta_{13}e^{2i\alpha}m_1 + \cos\theta_{12}^2\sin\theta_{12}^2e^{2i\beta}m_2 + \sin^2\theta_{13}m_3$$

Understanding $m_{\beta\beta}$



Figures by B. Jones

Interpretation of Half-Life Sensitivity

$$(T_{1/2}^{0\nu})^{-1} = G^{0\nu} |M_{0\nu}|^2 \left(\frac{\langle m_{\beta\beta} \rangle}{m_e} \right)^2$$

$$\langle m_{\beta\beta} \rangle = \left| \sum_{i=1}^3 U_{ei}^2 m_i \right|$$

- Light Majorana neutrino exchange: assumes new physics is at GUT scale, $0\nu\beta\beta$ mediated by dim. 5 operator
- Used to compare and set goals for future experiments

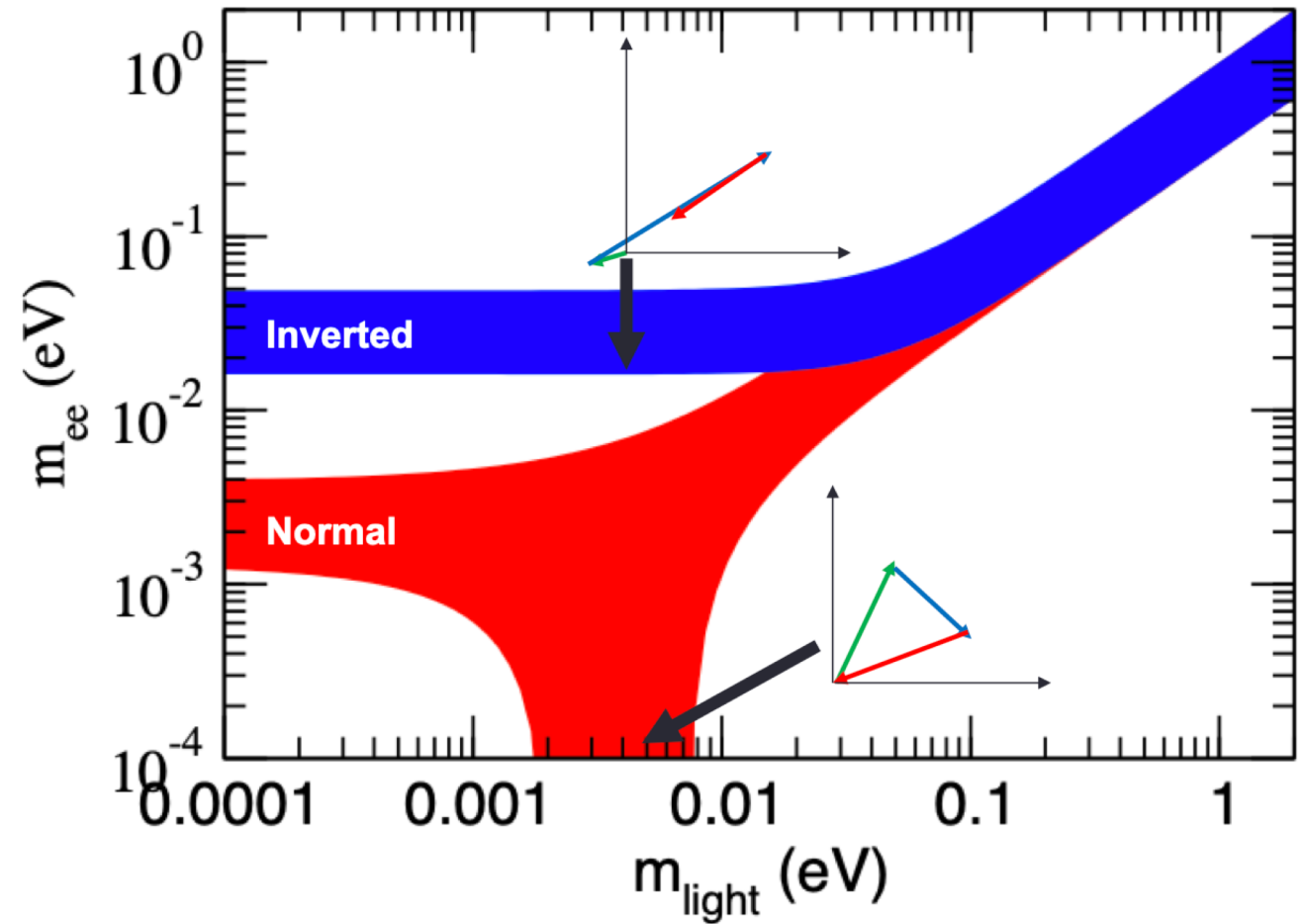
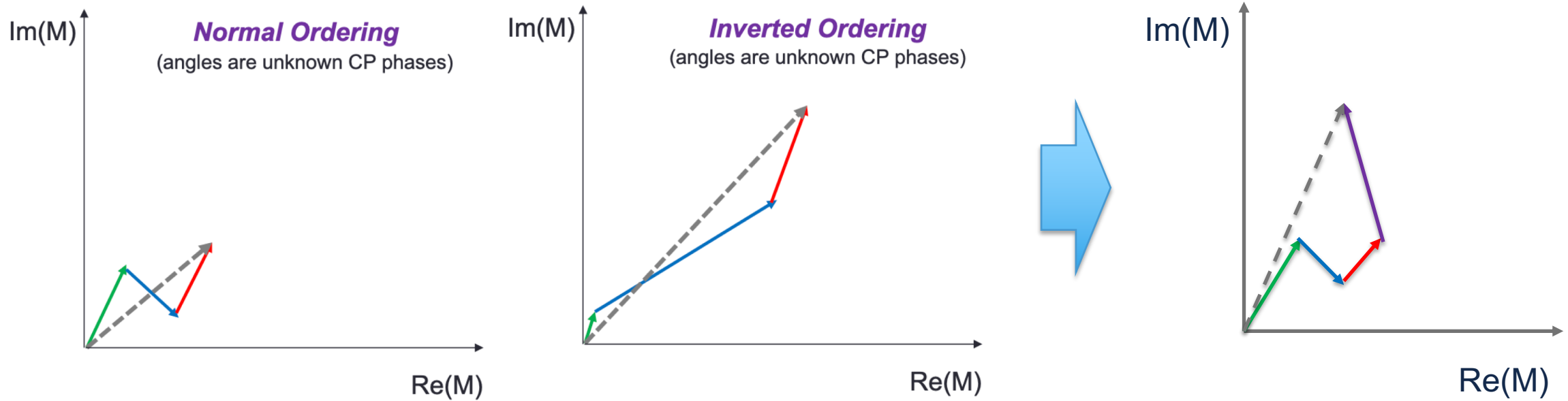


Figure by B. Jones

Adding Sterile Neutrino(s)

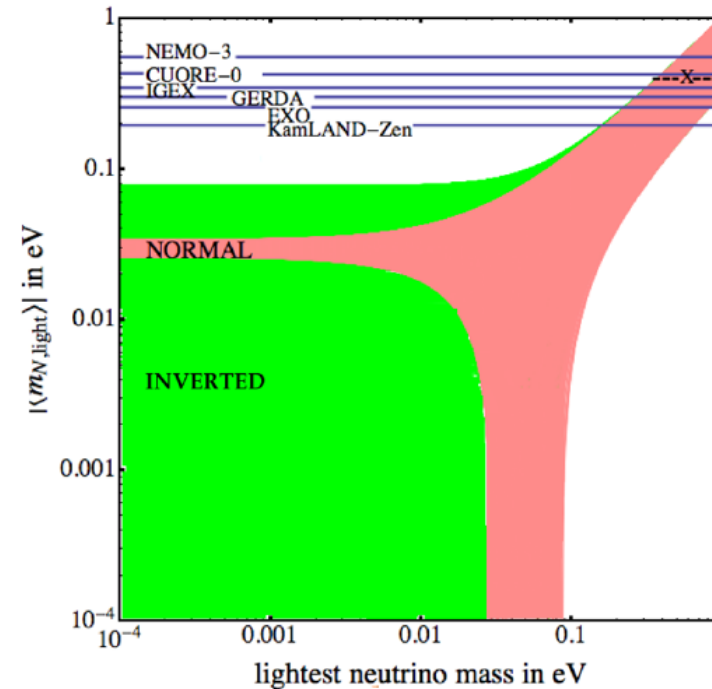
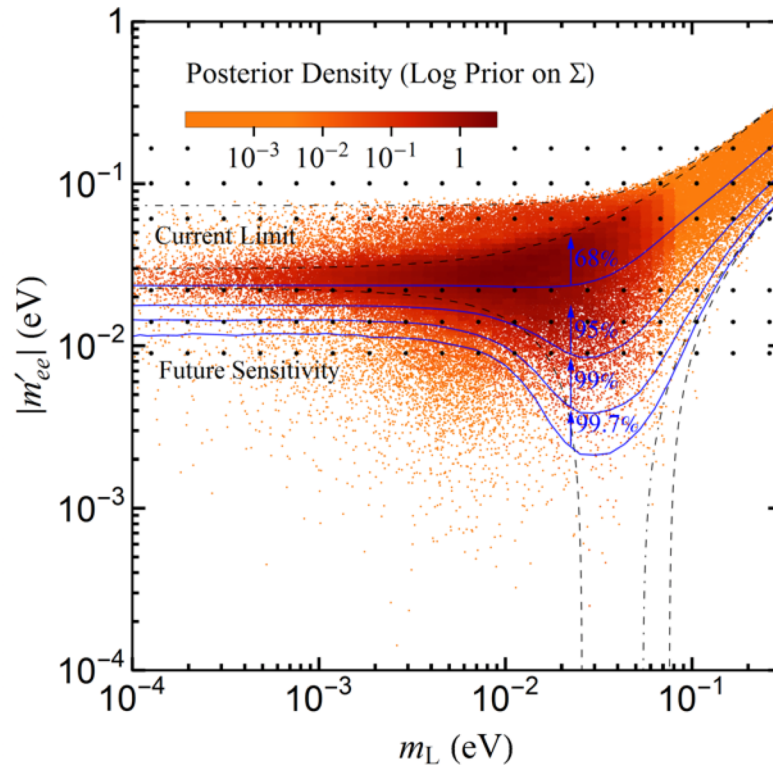


Figures by B. Jones

Sterile Neutrinos and the $0\nu\beta\beta$ Rate

The addition of sterile neutrinos would modify the rate of $0\nu\beta\beta$ and can switch IO/NO allowed regions

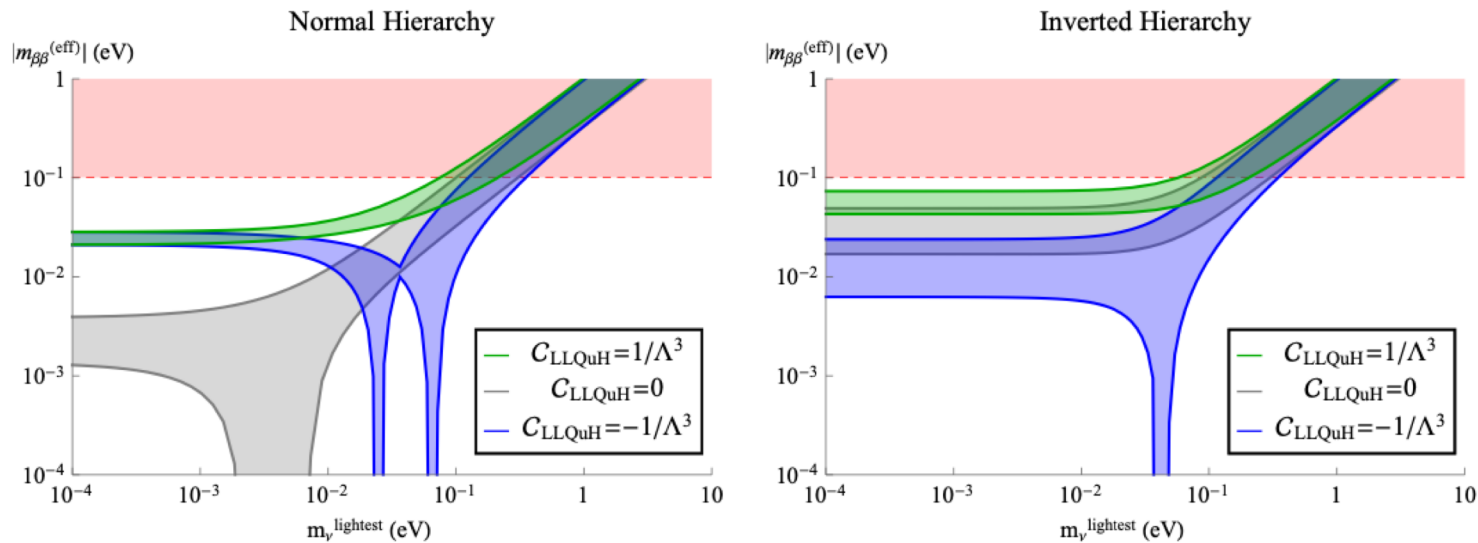
(3+1) ν mixing, flat prior on Σm
 $\Delta m^2_{41} \equiv 1.7 \text{ eV}^2$
 and $\sin^2\theta = 0.019$
Nuc. Phys. B 945, 114691 (2019)



(3+1) ν mixing
 $m_4 = 1 \text{ eV}$ and
 $|U_{e4}|^2 = 0.03$
PRD 92, 093001 (2015)

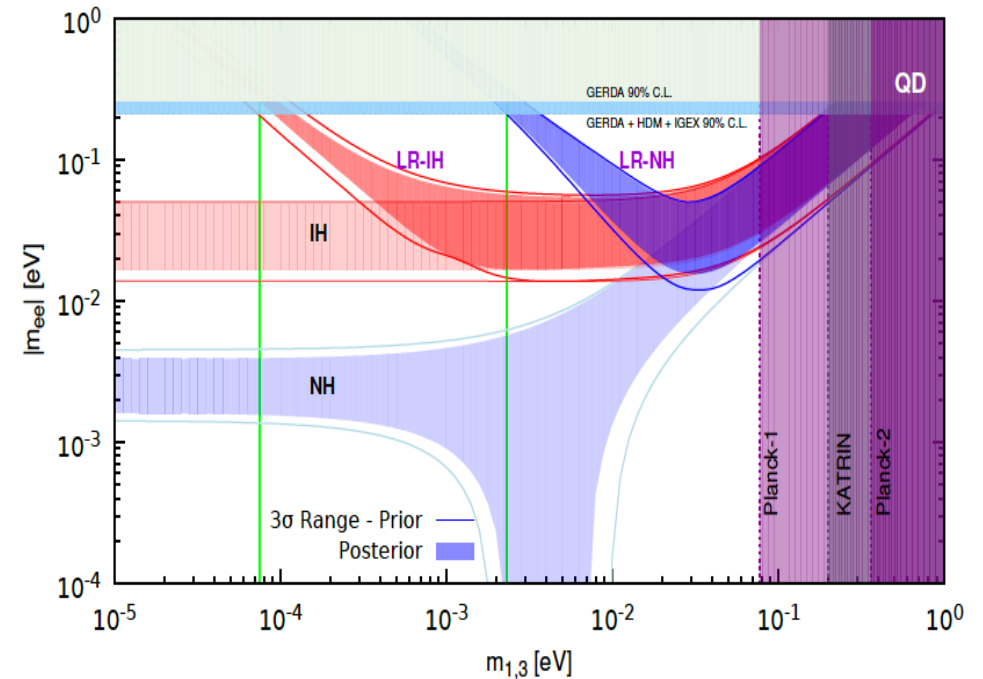
The Rate In Alternative Mechanisms

- The situation changes significantly if new physics is at lower scales
- EFT methods are being used to describe the effects of generic operators, which can then be matched to specific particle physics scenarios



Role of additional dimension-7 operators, $\Lambda = 600$ TeV
JHEP 2017, 82 (2017)

Left-Right Symmetric Model *JHEP* 10 (2015) 077



A Preview...

- Tomorrow we'll go into a lot more detail about calculating the rate of $0\nu\beta\beta$, including:
 - Effective field theory methods
 - The role of lattice QCD calculations
 - Nuclear matrix element calculation techniques

Leptogenesis and Baryogenesis

*This section freely borrows from S. Davidson, E. Nardi, and Y. Nir's "Leptogenesis": [0802.2962](#)

The Matter Asymmetry Problem

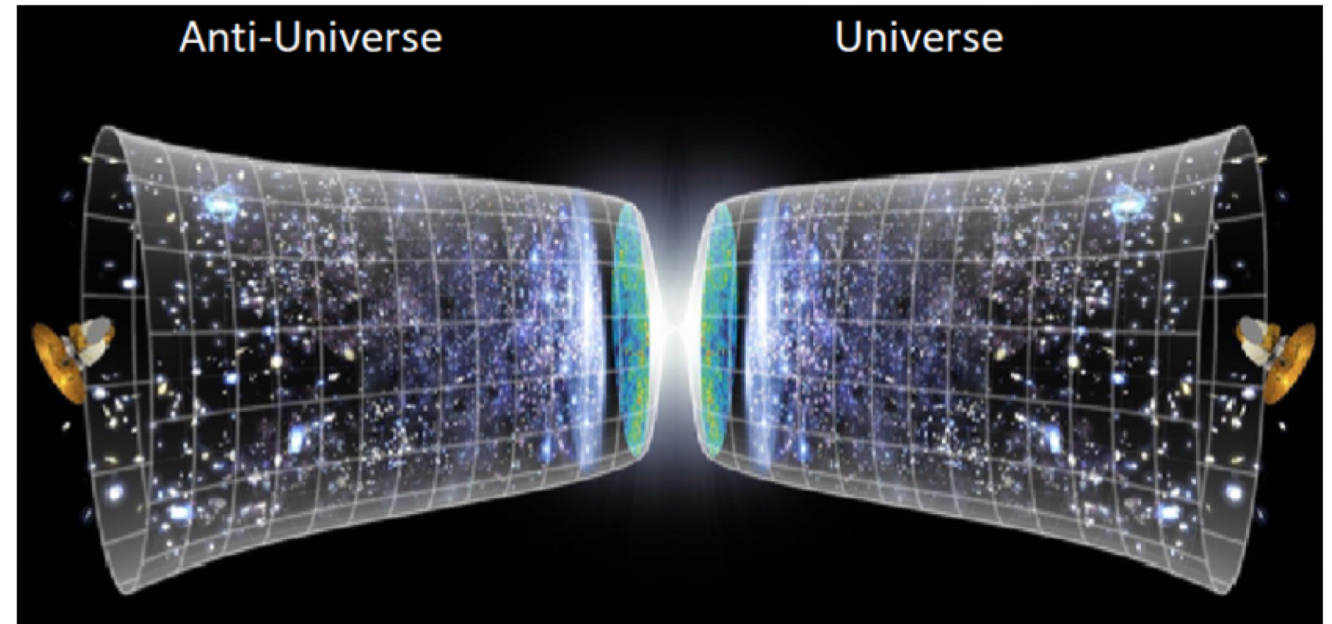
- Today, all the structure we see in the universe is made up of matter, with no significant quantity of antimatter
 - We don't observe annihilation
 - There isn't much antimatter in cosmic rays
 - There is no electric dipole moment of the universe
- The two main ways to measure baryon asymmetry agree
 - Big Bang Nucleosynthesis: abundances of D and ^3H are highly sensitive to baryon density
 - CMB anisotropy: higher baryon density enhances compression in potential wells, leads to higher odd power spectrum peaks
 - Both measurements give $\eta \equiv \frac{n_B - n_{\bar{B}}}{n_\gamma} \sim 6 \times 10^{-10}$

Solving Matter Asymmetry: Initial Conditions?

- Could the asymmetry just be an initial condition of the universe?
 - Initial condition would require fine-tuning: 6,000,001 quarks for every 6,000,000 antiquarks
 - Based on CMB, we think the universe underwent inflation: this would have diluted away any primordial baryon asymmetry

Solving Matter Asymmetry: The “Big Separation”?

- Could there have been a “big separation,” with our observable universe being the matter one?
 - CMB measurements suggest that matter and anti-matter were created homogeneously almost in equal amounts, with active annihilation happening in the first seconds
 - Known laws of physics don’t explain why the matter and anti-matter would go in different directions/separate



Solving Matter Asymmetry: Dynamic Baryogenesis

- We believe this asymmetry has to have been **generated dynamically**, not as an initial condition
- Two options:
 - A process made more matter than anti-matter
 - Matter and anti-matter were created in equal amounts, and an annihilation process destroyed more anti-matter
- Note: you'll hear this described as “baryogenesis,” since baryons make up almost all the mass. We'll get to the leptons soon.

Making an Asymmetry: The Sakharov Conditions

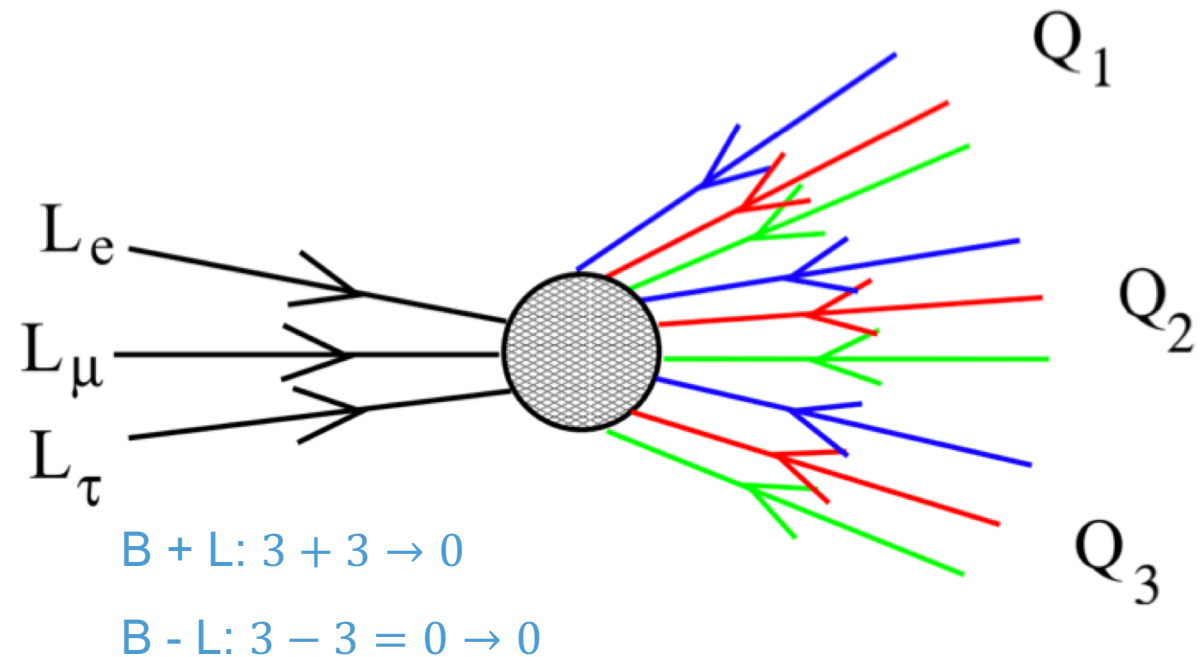
In 1967, Sakharov proposed 3 conditions required for baryon-generating interactions that would generate an asymmetry:

1. Baryon number violation: need to remove anti-baryons without removing all the baryons
2. Interactions out of thermal equilibrium: in equilibrium, backwards and forwards directions of the baryon-creating process would occur at equal rate (i.e. CPT is conserved, and there would be no way to define a time direction)
3. C and CP violation: if either C or CP is conserved, then processes generating baryons would proceed at the same rate as processes generating anti-baryons

Baryon Number Violation in the Standard Model

- At tree level in the SM (i.e. in the renormalizable Lagrangian), B and L are conserved
- At 1-loop level, there are non-perturbative gauge field configurations that violate B and L
- Called the “chiral anomaly” or the “triangle anomaly”: left-handed quarks annihilate with leptons
- Leads to B+L violation
- B-L is still conserved

$$\partial_\mu J_{B+L}^\mu = \frac{3g}{32\pi} \epsilon_{\mu\nu\rho\sigma} W_a^{\mu\nu} W_a^{\rho\sigma}$$



The Chiral Anomaly

- Consider massless fermions in $d = 1 + 1$ dimensions
- In this case, the Pauli matrices are:

$$\gamma^0 = \sigma^1 \quad \gamma^1 = i\sigma^2 \quad \gamma^5 = -\gamma^0\gamma^1 = -i\sigma^1\sigma^2 = \sigma^3$$

- And the Dirac spinors are 2-component objects ψ
- In this case, the action becomes:

$$S = \int d^2x i\bar{\psi} \partial\psi = \int d^2x i\psi^\dagger (\partial_t - \gamma^5 \partial_x)\psi$$

- We can decompose the massless Dirac fermion into chiral components:

$$\psi_\pm = \frac{1}{2}(1 \pm \gamma^5)\psi \quad \psi_+ = \begin{pmatrix} \chi_+ \\ 0 \end{pmatrix} \quad \psi_- = \begin{pmatrix} 0 \\ \chi_- \end{pmatrix}$$

Note: This explanation comes from Ch. 3 of David Tong's "Lectures on Gauge Theory"
(<https://www.damtp.cam.ac.uk/user/tong/gaugetheory.html>)

The Chiral Anomaly

- Then in terms of chiral fermions:

$$S = \int d^2x \, i\chi_+^\dagger \partial_- \chi_+ + i\chi_-^\dagger \partial_+ \chi_- \quad \partial_\pm = \partial_t \pm \partial_x$$

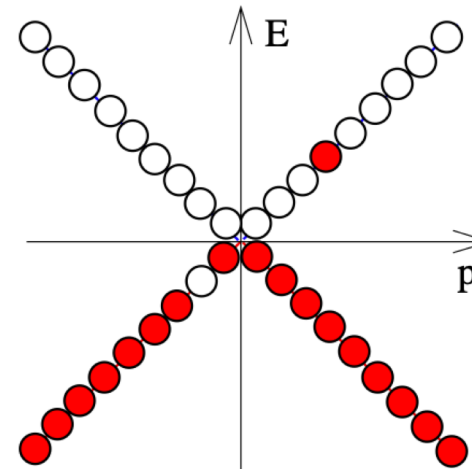
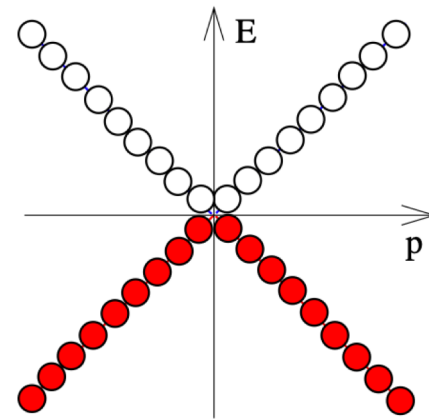
- So we have 2 equations of motion:
 - For left-chiral fermions χ_+ ,: $\partial_- \chi_+ = 0$, solution is $\chi_+ = \chi_+(t + x)$
 - For right-chiral fermions χ_- ,: $\partial_+ \chi_- = 0$, solution is $\chi_- = \chi_-(t - x)$
 - Left-chiral particles move to the left, right-chiral move to the right
 - To make a particle stand still, we need to add a mass term that couples the left-moving and right-moving particles

The Chiral Anomaly

- In this theory, there are particles and anti-particles, and all particles have $E = |p|$; right-moving have $p > 0$, left-moving have $p < 0$
- Two global symmetries: $\psi \rightarrow e^{i\alpha}\psi, \psi \rightarrow e^{i\alpha\gamma^5}\psi$; number of left-moving and right-moving fermions are each separately conserved. This is called “chiral symmetry”

Dirac sea vacuum configuration:

- all negative energy states filled
- all positive energy states vacant



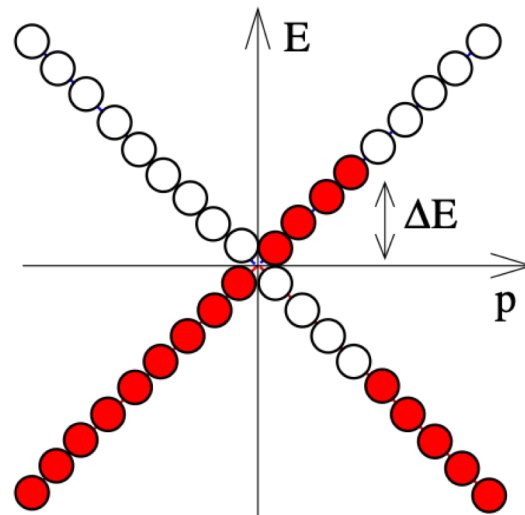
Under operations that preserve chiral symmetry:

- E.g.: right-moving particle/anti-particle pair created
- Left-moving hole = right-moving particle

The Chiral Anomaly

- Adding a constant background electric field \mathcal{E} for some time t , pointing to the right, increases the momentum and energy of all the particles: $\Delta p = e\mathcal{E}t$

Despite the symmetry, we've created left-moving anti-particles and right-moving particles!

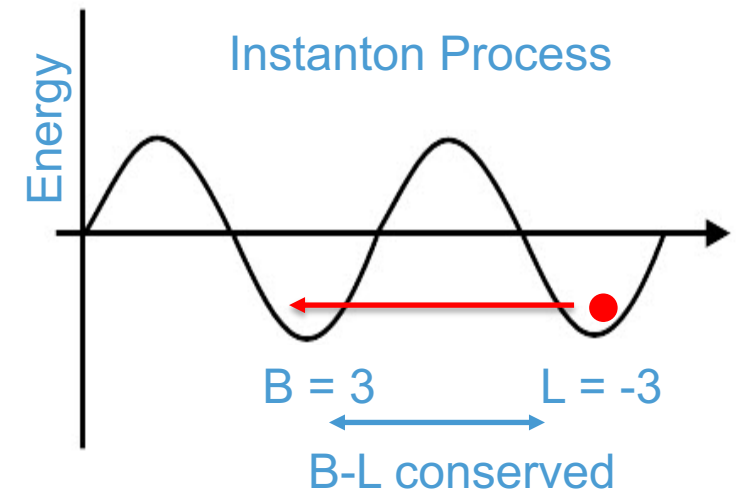


This is called a chiral anomaly: it is enabled by the infinite Dirac sea

The anomaly arises because we're dealing with a continuum quantum theory that has an infinite number of states, rather than a finite quantum system

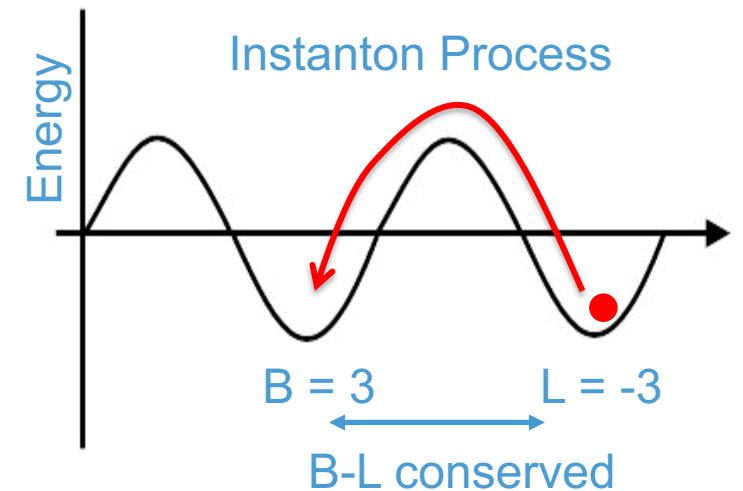
Chiral Anomalies in the Standard Model

- In the SM, SU(2) gauge interactions cause a similar “level crossing”: $\partial^\mu j_\mu^i = \frac{1}{64\pi^2} F_{\mu\nu}^A \tilde{F}^{\mu\nu A}$
- Ground state of the gauge fields is like a period potential: minima are different values of B+L
- At T = 0, driven by tunneling, called “instantons”: rate is highly suppressed, B+L violation is unobservably small



Chiral Anomalies in the Standard Model

- At finite T , thermal fluctuations of the field can climb over the barrier; called the “sphaleron process”
- Rate of $B+L$ violation depends strongly on temperature: $\Gamma_{sph} \propto e^{-\frac{2Bm_W}{\alpha_W T}}$, $B \sim 2$
- From lattice computations: $\frac{\Gamma}{V} \sim 25 \alpha_W^5 T^4$
- **$B+L$ violation happens at high temperature in the SM**



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3. C and CP violation: if either C or CP is conserved, then processes generating baryons would proceed at the same rate as processes generating anti-baryons

From SM at
high T

Out-of-Equilibrium Baryogenesis

- If the expansion rate of the universe is larger than the interaction rate, products of a decay can't "find each other" to undergo inverse decay and the particle is "frozen out"
- How this happens depends on the baryogenesis theory: depends on when the asymmetry is generated and the strength of the interactions
- Leptogenesis scenarios offer a few ways to do this: e.g. in Type I see-saw, high N mass and low interaction rates mean the N decay goes out of equilibrium

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From SM at high T

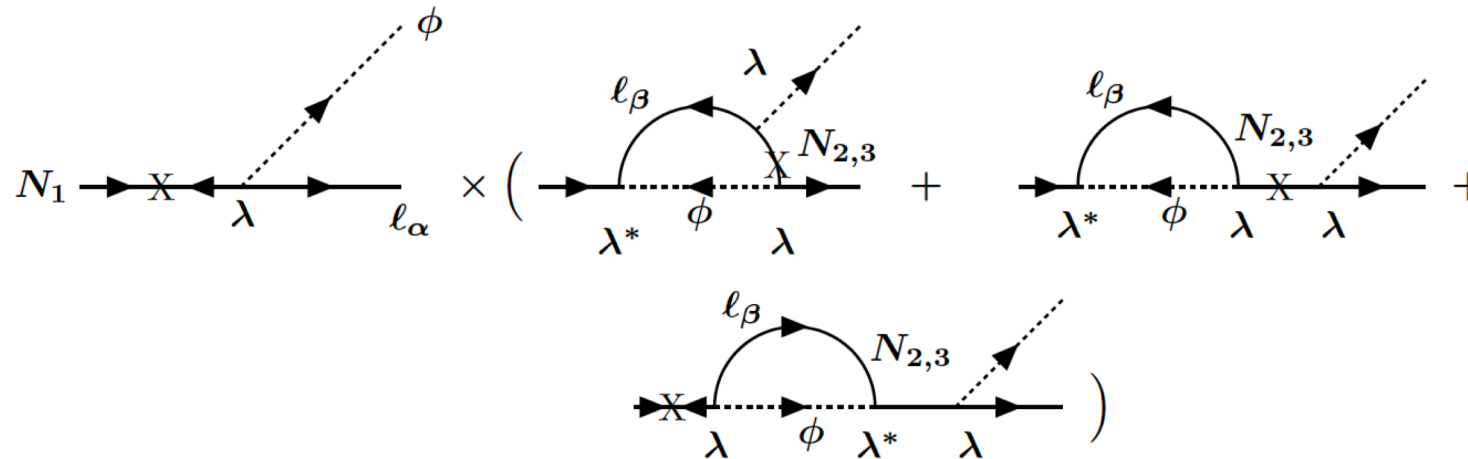
() MJ neutrinos can do this, depending on model

C and CP Violation in the Standard Model

- CP violation occurs in the Standard Model:
 - In the CKM matrix: leads to CP violation in Kaon, B, and D^0 decays
 - Potentially in the PMNS matrix: hints of differences in neutrino and anti-neutrino oscillations from long-baseline experiments
- The amount of CP violation is far too small to produce the observed baryon asymmetry (10 orders of magnitude too small!)
- A new source of CP violation is needed to explain the matter asymmetry

CP Violation and Majorana Neutrinos

- In the Type 1 see-saw, the heavy right-handed neutrino N decays to Higgs (ϕ) + ν
- Interference of tree and loop-level diagrams creates additional CP violation
- Required CP violation gives lower limit on M_N :
 - Assuming strongly hierarchical N 's, $M_N \geq \sim 10^9$ GeV
 - Limit can be loosened if there are multiple degenerate N 's or other new particles (4th lepton generation, multi-Higgs models, etc)



Making an Asymmetry: The Sakharov Conditions

In 1967, Sakharov proposed 3 conditions required for baryon-generating interactions that would generate an asymmetry:

1. Baryon number violation: need to remove anti-baryons without removing all the baryons From SM at high T
2. Interactions out of thermal equilibrium: in equilibrium, backwards and forwards directions of the baryon-creating process would occur at equal rate (i.e. CPT is conserved, and there would be no way to define a time direction) () MJ neutrinos can do this, depending on model
3. C and CP violation: if either C or CP is conserved, then processes generating baryons would proceed at the same rate as processes generating anti-baryons () MJ neutrinos can do this, depending on model

Leptogenesis Summary

- Leptogenesis via Majorana neutrinos, along with the SM, can satisfy all 3 Sakharov conditions!
- Leptogenesis via Majorana neutrinos can “freeze in” matter asymmetry at the right point in time and in the right amounts to lead to the universe we see today

Summary

- Neutrinos are the only SM particles that could be Majorana fermions
- Majorana neutrinos could explain why the neutrino mass is small but non-zero, and the origin of the matter/anti-matter asymmetry
- There are many models that predict Majorana neutrinos
- If neutrinos are Majorana, $0\nu\beta\beta$ **may** occur; if $0\nu\beta\beta$ is observed, the neutrino **must** have a non-zero Majorana mass component
- Tomorrow we'll discuss how to calculate the rate of $0\nu\beta\beta$ and how to look for it in experiments